

Men's Marathon

Entrants: 115 Event starts: August 8

	Age	(Days)	Born	SB	PB
1027 ARBE Joaquín ARG	30y	347d	1990	-	2:11:02 -19
Full name-Joaquín Emanuel Arbe He's been Argentinian Champion at distances from 800m to the marathon, steeplechase (4x) included Half Mar pb: 62:57 -19. 10,000 pb: 29:51.66 -20. 5000 pb: 13:50.62 -21. 1500 pb: 3:43.94 -18. 3000SC pb: 8:40.21 -16. 2 Ibero-American 3000SC 2016; 4 South American 1500 2017 (5 3000SC); 77 World Half Mar 2020. He works as a bricklayer In 2021: 3 Concepción del Uruguay 5000 (7 1500)					
1029 MUNOZ Eulalio ARG	26y	23d	1995	-	2:09:59 -20
6 South American XC 2017; 1 Argentinian 5000 2017 Marathons (4): 17 Rotterdam 2019, 7 Buenos Aires 2019, 28 Valencia 2019; 30 Valencia 2020					
1075 ADAMS Liam AUS	34y	338d	1986	-	2:10:48 -10
Fifth & seventh at the last two Commonwealth Games marathons // Half Mar pb: 62:51 -19. 10,000 pb: 28:11.76 -12. 5000 pb: 13:31.21 -13. 23 World Half Mar 2012. At WXC: 29970102, 2008-69, 2009-68, 2010-36, 2011-77, 2013-23, 2015-49, 2017-63. Works as an electrician. Born-Melbourne, coach-Ken Hall Marathons (14): 6 Melbourne 2013, 7 COM 2014, 11 Chicago 2015, dnf Otsu 2016, 5 Warsaw 2016, 31 OLY 2016, 9 Berlin 2017, 5 COM 2018, 1 Sydney 2018, 1 Melbourne 2018, 2 Kobe 2018, 5 Cold Coast 2019, 1 Sydney 2019, 3 Otsu 2020 In 2021: 2 Hobart 10K; 8 Melbourne Box Hill 'Burn' 5000; 9 Melbourne 5000 (Mar 2); 2 Melbourne 5000 (Mar 5); 7 Sydney Classic 5000; dnf Melbourne Box Hill Classic 3000					
1094 RAYNER Jack AUS	25y	232d	1995	-	2:11:06 -19
2018 Commonwealth Half Marathon Champion (in Cardiff), when he improved from 63:12 to 61:01 and defeated strong Ugandan & Kenyan opposition 10,000 pb: 27:59.59 -19 (28:13.42 -21). 5000 pb: 13:34.68 -21. 1 Cardiff (Commonwealth Champs) Half Mar 2018; 2 Oceanian 10,000 2019. At WXC: 2017-40, 2019-62. 1 Australian 12K/Half Mar 2018. Coach-Nick Bideau Marathons (2): 13 London 2019, 22 New York 2019. Helped pace Sinead Diver to her 2:25:19 clocking at Melbourne 2018 (up to 37Km). "He (Rayner) was an absolute legend," she said "I wouldn't have done it with him." He was part of Eliud Kipchoge's marathon pacing team when the Kenyan clocked 1:59:41 in Vienna in 2019 In 2021: 2 Melbourne 'Zatopek' 10,000; 1 Hobart 10K; 3 Sydney Classic 5000					
1096 ROBINSON Brett AUS	30y	92d	1991	-	2:10:55 -19
2013 World 5000m finalist, 2016 World Indoor 3000m finalist, 2016 Olympic 5000m finalist (though that final was delayed because Robinson forgot his bib) Half Mar pb: 64:01 -17. 10,000 pb: 27:58.97 -19 (28:00.25 -21). 5000 pb: 13:15.91 -18 (13:23.69 -21). 3000 pb: 7:45.97 -15. 1500 pb: 3:38.94 -12. 8 WJC 1500 2010; 15 WCH 5000 2013 (2015-ht); 11 WIC 3000 2016; 14 OLY 5000 2016. At WXC: 2009-46J, 2013-29, 2015-28, 2017-dnf, 2019-30. Coach-Nic Bideau Marathons (4): dnf Fukuoka 2018, 12 London 2019, 23 New York 2019, dnf London 2020, In 2021: 1 Melbourne 'Zatopek' 10,000; 3 Melbourne Box Hill 'Burn' 5000; 2 Sydney Classic 5000					
1113 HERZOG Peter AUT	34y	7d	1987	-	2:10:06 -20 NR
Austrian record holder // Half Mar pb: 63:22 -18. 53 World Half Mar 2018. 1 Austrian XC 2018. 1 Austrian 5000 2020 Marathons (4): 18 Frankfurt 2016, 16 Vienna 2017, 27 Berlin 2017, 10 Vienna 2018, 10 ECH 2018, 18 Vienna, 12 Berlin 2019, 12 London 2020 In 2021: 6 Berlin 10K; dnf Dresden Half Mar					
1114 KETEMA Lemawork AUT	35y	290d	1985	-	2:10:44 -19
Full name-Lemawork Ketema Weldearegaye Allegiance transferee from Ethiopia – has lived in Austria since June 11, 2013, acquired Austrian citizenship in February 2016 and cleared by World Athletics to represent Austria from June 27, 2016 Half Mar pb: 63:50 -14/18. 20 ECH Half Mar 2016; 67 World Half Mar 2018. At EXC: 2017-62. Marathons (8): 1 Graz 2014, 2 Rio 2015, 18 Hamburg 2016, 4 Linz 2017, 6 Linz 2018, 8 ECH 2018, 11 Vienna 2019, 41 WCH 2019					
1164 IRABARUTA Olivier BDI	30y	348d	1990	-	2:09:48 -18 NR
Burundian record holder at marathon // Half Mar pb: 62:12 -19 (64:24 -21). 10K pb: 28:11 -19. 10,000 pb: 27:55.92 -16. 5000 pb: 13:17.98 -16 (13:49.92 -19). 3000 pb: 7:50.98 -16. 1500 pb: 3:48.70 -16. 5 African Champs 5000 2012 (2010-13); 6 African Champs 10,000 2012; ht OLY 5000 2012; 2 Francophone Games 10,000 2013 (5 5000); 6 African Champs 5000 2014 (7 10,000); 10 African Games 10,000 2015; 27 OLY 10,000 2016 (ht 5000); 54 World Half Mar 2018. At WXC: 2015-63, 2017-54, 2019 -56. Based in Italy. He was the Burundian flag bearer at the opening ceremony in Rio 2016 Marathons (5): 2 Porto 2018, 5 Wuxi 2019, dnf WCH 2019, 2 Izmir 2020, 1 Reggio Emilia 2020 In 2021: 1 Trieste 10K; 1 Fucecchio 5000; 4 Verona Half Mar; 6 Telesse Terme 10K					
1188 ABDI Bashir BEL	32y	179d	1989	-	2:04:49 -20 NR
Fourth in 2012 European 10,000m, fifth in 2014, then silver in 2018 Half Mar pb: 60:42 -18. 10,000 pb: 27:24.41 -21. 5000 pb: 13:04.91 -18. 3000 pb: 7:40.44 -15. 1500 pb: 3:36.55 -14 . 4 ECH 10,000 2012 (8 5000); 23 WCH 10,000 2013 (2015-dnf); 5 ECH 10,000 2014 (16 5000); 20 OLY 10,000 2016 (ht 5000); ht WCH 5000 2017; 2 ECH 10,000 2018; 3 'Great' North Run 2018 (2015-6, 2019-5). At EXC: 2010-41u23, 2013-8 (team silver). Born-Mogadishu, moved to Belgium in 2002 to avoid the conflict in Somalia. Training partner of Mohamed Farah. Coach-Gary Lough Marathons (2): 7 Rotterdam 2018, 7 London 2019, 2 Tokyo 2020 In 2021: 2 Djibouti Half Mar; 2 ECP 10,000; dnf Manchester Invitational 10,000					
1197 KERSTEN Dieter BEL	24y	286d	1996	2:10:22	2:10:22 -21
2015 European junior bronze at 10,000m // Half Mar pb: 62:43 -21. 10,000 pb: 28:46.25 -18. 5000 pb: 13:50.09 -17. 3 EJC 10,000 2015 (10 5000); 14 under-23 ECH 10,000 2017; 12 WSG 10,000 2019. At EXC: 2015-8J, 2016-10u23, 2018-21u23. 1 Belgian indoor 3000 2016. Coach-Tim Moriau Marathon (1): 12 Enschede 2021 (2:10:22 on his debut) In 2021: 12 Dresden Half Mar; 12 Enschede Marathon					
1199 NAERT Koen BEL	31y	339d	1989	-	2:07:39 -19
2018 European Marathon Champion // Half Mar pb: 61:38 -21. 10,000 pb: 28:32.29 -12. 5000 pb: 13:32.83 -14. 1500 pb: 3:42.99 -14. 7 under-23 ECH 10,000 2009; 11 ECH 10,000 2014; 73 World Half Mar 2020. At EXC: 2008-35J, 2009-40u23, 2010-39u23, 2013-9, 2015-28. 1 Belgian 5000 2015/2016. He worked full-time as a nurse before taking a career break in 2016 to concentrate on running. Coach-Raymond Van Paemel Marathons (8): 13 Hamburg 2015, 7 Berlin 2015, 22 OLY 2016, 8 Frankfurt 2016, 10 Rotterdam 2017, 1 ECH 2018, 7 Rotterdam 2019, 17 Fukuoka 2019 He says: "Your own body is your best training partner, so listen to it." In 2021: 4 Dresden Half Mar (pb 61:38); 4 Morton 10K					
1314 CHAVES Daniel BRA	33y	28d	1988	-	2:11:10 -19
Full name-Daniel Chaves da Silva // Half Mar pb: 63:19 -13. 10,000 pb: 28:19.3 -15. 5000 pb: 13:46.56 -10. 16 WJC 10,000 2006; dnf Pan-Am Games 10,000 2015. At WXC: 2009-dnf. 9 'Great' North Run 2011 (Half Marathon début) Marathons (2): 18 Valencia 2018, 14 London 2019					

1315	PAULA Paulo Roberto BRA	42y	31d	1979	-	2:10:08 -20
Full name-Paulo Roberto de Almeida Paula Eighth in London Olympic marathon, then seventh at 2013 Worlds Half Mar pb: 62:30 -11. 10,000 pb: 28:58.03 -02. At WXC: 97-69J. His twin brother Luis Fernando de Almeida Paula (aka Luiz Paula), Half Mar pb: 63:03 -12, was South American Junior Cross Country Champion in 1998 and also competed at the World Cross Country & World Half Marathon Championships Marathons (18): 17 Amsterdam 2011, 7 Barcelona 2012, 3 Padua 2012, 8 OLY 2012, dnf Otsu 2013, 1 Padua 2013, 7 WCH 2013, dnf London 2014, dnf Prague 2015, 6 Fukuoka 2015, 9 Vienna 2016, 15 OLY 2016, 8 Vienna 2017, 18 Fukuoka 2017, 8 Vienna 2018, 23 Hamburg 2019, 19 WCH 2019, 24 Seville 2020						
1316	do NASCIMENTO Daniel BRA	23y	11d	1998	2:09:05	2:09:05 -21
Full name-Daniel Ferreira do Nascimento. Nickname-"Danielzinho" 2021 South American Champion at 10,000m Half Mar pb: 64:27 -20. 10,000 pb: 29:13.34 -17 (29:18.06 -21). 5000 pb:14:17.07 -20. 3000SC pb: 8:49.84 -16. 8 World Youth 2000SC 2015; 1 South American junior 5000/10,000 2017; 93 World Half Mar 2020; 1 South American 10,000 2021. At WXC: 2015-41J, 2017-30J. 1 Brazilian 10,000 2017 (while still a junior) Marathon (1): 1 Lima 2021 In 2021: 1 Lima Marathon; 1 South American 10,000						
1350	BEKELE Alemu BRN	31y	138d	1990	-	2:06:02 -19
Full name-Alemu Bekele Gebre Allegiance transferee from Ethiopia – his father threw him out of home for training when he could have been studying, according to IAAF's "Focus on Athletes". It was Bekele who made the first contact with Bahrain expressing his interest to compete for that country 2013 Asian Champion at 10,000m Half Mar pb: 61:46 -14. 10,000 pb: 27:56.20 -12. 5000 pb: 13:18.00 -13. 3000 pb: 7:54.47 -10. 1 Asian junior XC 2009; 2 Asian Indoor Games 1500/3000 2009; 6 Asian Champs 5000 2009; 3 Asian Indoor Champs 2012; ht WIC 3000 2012; 1 Asian Champs 10,000 2013 (2 5000); 1 Asian XC 2012 (2014-3); dnf WCH 10,000 2013; 25 World Half Mar 2014. At WXC: 2009-26J, 2010-30, 2011-66, 2013-dnf. Fifth of nine children Marathons (7): 1 Mungyeong 2015, 15 Dubai 2016, dnf OLY 2016, 6 Madrid 2018, 6 Vienna 2018, 1 Barcelona 2019, 2 Seoul 2019						
1351	DECHASA Shumi BRN	32y	72d	1989	2:06:59	2:06:43 -14
Full name-Shumi Dechasa Leche Allegiance transferee from Ethiopia – acquired Bahraini citizenship on September 11, 2013 and cleared by World Athletics to compete for Bahrain from September 10, 2014 Marathon pb: 2:06:43 -14. 1 Arab Half Mar 2015 Marathons (14): 4 Hamburg 2012, 13 Amsterdam 2012, 2 Seoul 2013, 6 Dubai 2014, 1 Hamburg 2014, 8 Ottawa 2014, 4 Tokyo 2015, 5 WCH 2015, 8 Stockholm, 15 WCH 2017, 4 Mumbai 2018, 2 Geneva 2019, 1 World Military Games 2019, 1 Geneva 2020 In 2021: 1 Geneva Marathon						
1352	EL ABBASSI El Hassan BRN	37y	116d	1984	-	2:04:43 -18 AR
Former Asian Champion & Asian Games Champion at 10,000m // Half Mar pb: 59:27 -18. 10,000 pb: 27:25.02 -15. 5000 pb: 13:19.36 -16. 1 Marrakech Half Mar 2013; 1 Casablanca 10K 2013/2016; 1 Asian Games 10,000 2014; 1 Arab 10,000 2015; 1 Asian Champs 10,000 2015; 12 WCH 10,000 2015; 1 World Military Games 10,000 2015; 1 Gulf 10,000 2015; 26 OLY 10,000 2016; 21 World Half Mar 2018. At WXC: 2015-15. Allegiance transferee from Morocco – acquired Bahraini citizenship on August 13, 2013, cleared by World Athletics to compete for Bahrain from August 12, 2014. Allegiance transferee from Morocco – acquired Bahraini citizenship on August 13, 2013, cleared by World Athletics to compete for Bahrain from August 12, 2014 Marathons (8): 56 Otsu 2017, 2 Lisbon 2017, 2 Asian Games 2018, 2 Valencia 2018, dnf Tokyo 2019; 7 WCH 2019; 2 Shanghai 2019; 6 Tokyo 2020						
1428	HOFBAUER Trevor CAN	29y	152d	1992	-	2:09:51 -19
Half Mar pb: 64:30 -15. At WXC: 2017-71. 3 Canadian XC 2016. 1.92 tall (he's a former basketball player). Lives-Calgary. Coach-Deon Flynn Marathons (3): 9 Toronto 2017, 25 Hamburg 2019, 7 Toronto 2019 (after which he was selected for the Tokyo Olympics)						
1432	LEVINS Cam CAN	32y	133d	1989	2:10:14	2:09:25 -18 NR
Canadian record holder (at Toronto 2018, he finally broke Jerome Drayon's mark [of 2:01:09] which had stood for 43 years) 10,000 pb: 27:07.51 -15. 5000 pb: 13:15.19 -13. 1 North/Central American & Caribbean XC 2012; 11 OLY 10,000 2012 (14 5000); 3 COM 10,000 2014; 5 Pan-Am Games 5000 2015; 14 WCH 10,000 2015 (ht 5000); ht WIC 3000 2016; 30 World Half Mar 2018. At WXC: 2011-55, 2013-41. 1 NCAA 5000/10,000 2012. 1 Canadian XC 2010/2011/2013 & 5000 2012/2013/2014. In 2012 he became the first ever student from Southern Utah University to win a US Collegiate title. Graduated in 2012 with a Bachelor of Science in Physical Education. Coach-Jim Finlayson Marathons (5): 4 Toronto 2018, 12 Toronto 2019, dnf London 2020, 15 Chandler 2020, 1 Bad Loipersdorf 2021 In 2021: Clocked 61:04 in an unofficial half marathon time trial near Portland – quicker than the Canadian record; 1 Bad Loipersdorf Marathon						
1437	PREISNER Ben CAN	25y	138d	1996	-	2:10:17 -20
2014 World Junior Steeplechase finalist // Half Mar pb: 63:08 -19. 10,000 pb: 29:08.17 -18. 5000 pb: 13:57.97i -18, 14:04.94 -17. 3000SC pb: 8:49.44 -17. ht World Youth 2000SC 2013; 11 WJC 3000SC 2014; 9 WSG 10,000 2019. At WXC: 2015-83J, 2019-76. Won Half Marathons in Vancouver & Toronto in 2019. Coach-Richard Lee Marathon (1): 8 Chandler 2020 (2:10:17 on his debut)						
1441	WOODFINE Tristan CAN	28y	51d	1993	-	2:10:51 -20
(RESERVE) // Half Mar pb: 63:19 -21 Marathons (5): 40 Rotterdam 2015, 10 Ottawa 2018, 13 Houston 2019, 11 Toronto 2019, 14 London 2020 In 2021: 2 Mission BC Half Mar						
1493	DONG Guojian CHN	34y	145d	1987	2:11:20	2:08:28 -19
Thirteenth at 2011 World Championships. Multiple Chinese Champion at 5000m, 10,000m and Cross Country Half Mar pb: 62:51 -09. 10,000 pb: 28:17.60 -09 (29:49.77 -21). 5000 pb: 13:43.47 -09 (13:59.00 -21). 5 Asian Champs 10,000 2009. 1 Chinese 5000 2007 & 10,000 2009/2015/2020/2021. At WXC: 2007-62, 2008-141, 2013-95. 1 Chinese XC 2008/2009/2010/2012/2017 & short course XC 2007/2009/2010/2012/2016/2017. From-Yunnan Province. Coach-Zhang Guowei Marathons (20): 4 Dalian 2010, 4 Asian Games 2010, 16 Daegu 2011, 13 WCH 2011, 17 Chongqing 2012, 54 OLY 2012, 11 Yingkou 2013, 1 Qinhuangdao 2015, 7 Hefei 2015, 2 Chongqing 2016, 29 OLY 2016, 1 Tianjin 2017, 1 Xuzhou 2018, 7 Asian Games 2018, 10 Xiamen 2019, 2 Xuzhou 2019, 4 Wuhan 2019, 1 Macau 2020, 2 Xiamen 2020, 3 Xuzhou 2021 In 2021: 3 Xuzhou (Chinese Champs) Marathon; 1 Chinese 10,000 (2 5000)						
1498	PENG Jianhua CHN	24y	232d	1996	2:11:16	2:08:50 -20
Twice Chinese Marathon Champion // Half Mar pb: 63:03 -20 (64:53 -21). 10,000 pb: 29:17.98 -18. 1 Asian XC 2018; 6 Asian Champs 10,000 2019; 5 WSG Half Mar 2019. 1 Chinese 5000 2018/2020 (1 10,000 2018). Former triathlete. From-Jiangxi Province. Coach-Xiao Li Marathons (7): 3 Xuzhou 2019, dnf Berlin 2019, 6 Changsha 2019, 4 Nanchang 2019, 6 Guangzhou 2019, 1 Nanjing 2020 (Chinese Champs), 1 Xuzhou 2021 (Chinese Champs) In 2021: 1 Xuzhou (Chinese Champs) Marathon; 1 Beijing Half Mar; 4 Chinese 5000 (dnf 10,000)						
1500	SU Guoxiong CHN	29y	73d	1992	2:11:28	2:11:28 -21
(RESERVE) // 10,000 pb: 29:02.60 -12 (29:37.12 -21). 5000 pb: 14:06.56 -12 (14:23.09 -21). 64 World Half Mar 2012. 1 Chinese 5000 2013 Marathons (12): 8 Asian Games 2014, 7 Chongqing 2015, 9 World Military Games 2015, 12 Hefei 2015, 7 Tianjin 2016, 9 Hefei 2016, 16 Tianjin 2017, 4 Xuzhou 2018, 14 Xiamen 2019, 1 Hangzhou 2020, 3 Shanghai 2020, 4 Xuzhou 2021 In 2012: 12 Chinese XC; 3 Chinese short course XC; 1 Wuhan 10,000 (1 5000 'B'); 1 Tianjin 5000 (10 10,000); 6 Fuzhou 5000 (7 10,000)						

1510	YANG Shaohui CHN	29y	29d	1992	2:11:19	2:08:56 -20	
<p>Twentieth at 2019 World Championships // Half Mar. pb: 65:26 -19. 10,000 pb: 29:34.11 -21. 5000 pb: 14:12.29 -12 (14:30.71 -21). 8 Chinese XC 2015 (2016-10). From-Yunnan Province. Coach-Zhang Guowei Marathons (16): 7 Beijing 2014, 19 Chongqing 2015, 11 Hefei 2015, 12 Xiamen 2016, 10 Hefei 2016, 7 Kunming 2016, 4 Tianjin 2017 (Chinese National Games), 7 Dongguan 2017, 29 Xuzhou 2018, 9 Hengshui 2018, 4 Suzhou 2018, 4 Xuzhou 2019, 13 Wuhan 2019, 20 WCH 2019, 2 Nanjing 2020, 2 Xuzhou 2021 In 2021: 2 Xuzhou (Chinese Champs) Marathon; 2 Zaozhuang 10,000 (10 5000 'C'); 5 Chinese 10,000 (7 5000)</p>							
1542	GONZALEZ Ivan COL	33y	359d	1987	2:11:07	2:11:07 -20	
<p>Full name-Iván Darío González 2018 South American Games Champion at 10,000m Half Mar pb: 62:31 -20. 10,000 pb: 28:19.94 -18 (28:37.34 -21). 5000 pb: 13:33.55 -19 (13:39.75 -21). 1500 pb: 3:43.60 -12. 5 Ibero-American 3000 2012/2016 (2014-8); 3 South American 5000 2017 (2015-9, 2019-5); 1 South American Games 10,000 2018; 7 Pan-Am Games 10,000 2019 (12 5000); 48 World Half Mar 2020. 1 Colombian 1500 2011/2014, 5000 2016/2017 & 10,000 2021 Marathon (1): 37 Valencia In 2021: 1 Bogotá 10,000; 2 Concepción del Uruguay 5000; 1 Azusa Bryan Clay Invitational 10,000 (4 5000); 1 Colombian 10,000</p>							
1550	SUAREZ Jeisson Alexander COL	30y	140d	1991	2:10:51	2:10:51 -21	NR
<p>Full name-Jeison Alexander Suarez Bocanegra 2018 Central American & Caribbean Games Marathon Champion 10K pb: 28:58 -19. 105 World Half Mar 2020 Marathons (6): 14 Rotterdam 2018, 1 Central American & Caribbean Games 2018, 5 Düsseldorf 2019, dnf Pan-Am Games 2019, dnf Valencia 2020, 14 Enschede 2021 In 2021: 14 Enschede Marathon</p>							
1666	NIJHUIS Thijs DEN	28y	321d	1992	-	2:10:57 -20	
<p>Full name-Thijs Matthias Nijhuis 4x Danish Champion at 5000m // Half Mar pb: 62:46 -21. 10,000 pb: 28:38.53 -20. 5000 pb: 13:43.47 -16. 3000 pb: 7:58.95 -15. 10 EJC 5000 2011; 10 under-23 ECH 10,000 2013; 4 WSG 5000 2015 (2015-15); 64 World Half Mar 2016 (2014-95, 2020-87); 10 WSG 10,000 2017. At WXC: 2019-115. At EXC: 2009-67J, 2010-34J, 2011-68J, 2013-36u23, 2014-21u23, 2015-25, 2016-55, 2017-33, 2018-44, 2019-58. 1 Danish 1500 2016, 5000 2014/2016/2017/2020 & indoor 3000 2014/2016. Born-Holland (Enschede), his Dutch parents moved to Denmark before his first birthday. Was at Eastern Kentucky University. Coach-Niels Kim Hjorth (12 ECH 1500 1986). Club-Viborg AM Marathons (6): 2 Odense 2018, 3 Düsseldorf 2019, 31 WCH 2019, 30 Seville 2020, 40 Valencia 2020, dnf Enschede 2021 In 2021: 10 Monaco 5K; 18 Dresden Half Mar; dnf Enschede Marathon; 1 Bad Loipersdorf Half Mar; 11 Gothenburg Grand Prix 5000</p>							
1668	ULAD Abdi Hakin DEN	30y	55d	1991	-	2:11:03 -19	
<p>Thirteenth in 2017 World Championship Marathon // Half Mar pb: 62:15 -18 (63:01 -21). 10,000 pb: 28:39.14 -14. 5000 pb: 13:56.64 -13. 3 under-23 ECH 10,000 2013; 15 ECH 10,000 2014; 5 ECH Half Mar 2016; 29 World Half Mar 2018 (2012-44, 2014-34). At WXC: 2019-67. At EXC: 2011-29u23, 2012-11u23, 2013-23u23, 2014-58, 2015-11, 2016-12, 2017-25, 2018-27. 1 Nordic XC 2012/2013. 1 Danish 5000 2015, 10,000 2013/2014/2020 & XC 2019. Came to Denmark in 2002 at age 10 as a refugee from Somalia. Coach-Leo Madsen. Club-Hvidovre AM Marathons (6): 19 Frankfurt 2015, 11 Hamburg 2016, 35 OLY 2016, 13 WCH 2017, dnf ECH 2018, 7 Fukuoka 2019 In 2021: 9 Danish 10K; 1 Flakkebjerg 10K; 3 Bad Loipersdorf Half Mar</p>							
1731	GABRIYESOS Tachlowini EOR	23y	219d	1998	2:10:55	2:10:55 -21	
<p>Half Mar pb: 62:21 -20. 10,000 pb: 29:25.75 -19 (30:29.91 -21). 5000 pb: 14:15.05 -19 (14:00.53 -20). ht WCH 5000 2019. Eritrean origin (formerly known as Takluini Malaka). Based-Israel Marathons (2): 1 Tiberias 2020, 6 Hula Valley 2021 In 2021: 6 Hula Valley (Northern Israel) Marathon; 34 ECP 10,000; He was the Refugee Olympic Team's flagbearer at the opening ceremony in Tokyo (along with swimmer Yusra Mardini)</p>							
1746	GHEBREGERESH Yohannes ERI	32y	219d	1989	2:06:28	2:06:28 -21	
<p>Seventh at 2017 World Championships // Half Mar pb: 60:16 -18. 5 East African Half Mar 2015 Marathons (10): 7 Prague 2016, 8 Berlin 2016, 1 Asmara 2016, 7 Tokyo 2017, 7 WCH 2017, 10 London 2018 (where we were told his birth year was 11 Jan 1994), 10 Prague 2019, 6 Berlin 2019, 24 Valencia 2020, 4 Ampugnano 2021 In 2021: 4 Ampugnano Marathon</p>							
1749	KIFLE Goitom ERI	27y	248d	1993	2:08:07	2:08:07 -21	
<p>Seventh at 2013 World Cross Country Championships // Half Mar pb: 60:20 -14. 10,000 pb: 27:32.00 -13. 5000 pb: 13:22.92 -12. 3 World Youth 3000 2009; 17 WCH 10,000 2013; 24 OLY 10,000 2016. At WXC: 2009-14J, 2010-15J, 2011-17J, 2013-7, 2015-23, 2017-23. He is the younger brother of Eritrean marathon record holder Yonas Kifle Marathons (3): 4 Ljubljana 2019, 4 Ljubljana 2019, 3 Enschede 2021 In 2021: 3 Enschede Marathon</p>							
1750	RUESOM Oqbe Kibrom ERI	23y	219d	1998	-	2:05:53 -20	NR
<p>Eritrean record holder // Half Mar pb: 61:42 -20 Marathons: 8 Lisbon 2019, 9 Oita 2020, 11 Valencia 2020, where is 2:05:53 was a world best for someone not placing inside the top 10</p>							
1751	TSEGAY Okubay ERI	35y	219d	1986	2:10:22	2:06:46 -19	
<p>(RESERVE) Full name-Okubay Tsegay Gebretnsae Former Eritrean record holder Half Mar pb: 61:42 -20 He was the designated pacemaker at Seville 2019 and went through halfway in 63:18 as planned, leading a group of 10 – but then he stayed in the race and set Eritrean record Based-Madrid, coach-Jerónimo Bravo (the former coach of Zersenay Tadese) Marathons (5): 3 Porto 2017, 8 Madrid 2018, 7 Berlin 2018, 4 Seville 2019, 4 Asmara 2019, dnf WCH 2019, 25 Valencia 2020, 17 Milan 2021 In 2021: 17 Milan Marathon</p>							
1785	BEN DAOUD Hamid ESP	25y	170d	1996	-	2:07:03 -20	
<p>(RESERVE) Full name-Hamid Ben Daoud // Half Mar pb: 62:52 -18. 10K pb: 29:22 -18. 5000 pb: 13:52.48 -17. At WXC: 2019-53. At EXC: 2019-52. Born-Errachidia (Morocco), migrated to Spain at age 14 and gained Spanish citizenship on December 26, 2018 Marathons (5): 15 Valencia 2017, 12 Valencia 2018, 5 Prague 2019, 12 Seville 2020, 14 Valencia 2020</p>							
1795	GUERRA Javier ESP	37y	271d	1983	-	2:07:27 -20	
<p>Full name-Javier Guerra Polo Twice fourth in European Championship marathons Half Mar pb: 61:21 -20. 5000 pb: 13:46.12 -07. 10,000 pb: 28:53.03 -09. 15 WJC 5000 2002; 7 WSG 5000 2009 (2007-12); 38 World Half Mar 2014. At WXC: 2001-89J, 2002-44J, 2005-dnf long, 2010-78. At EXC: 2001-9J, 2002-18J, 2005-45, 2008-15, 2009-30, 2010-39, 2011-5, 2012-8, 2013-41, 2017-14, 2018-31. Coach-Antonio Serrano Marathons (11): 1 La Coruña 2013, 15 WCH 2013, 4 ECH 2014, 7 London 2015, 9 Tokyo 2016, 9 London 2017, 17 WCH 2017, 4 Seville 2018, 4 ECH 2018, 5 Madrid 2019, 10 Seville 2020</p>							

1799 LAMDASSEM Ayad ESP 39y 301d 1981 - 2:06:35 -20 NR

Full name-Ayad Lamdassem El Mouhcine
Twice second at European Cross Country Championships
Half Mar pb: 61:21 -20. 10,000 pb: 27:45.58 -08. 5000 pb: 13:17.49 -06. 4 ECH 10,000 2010 (2012-6); 2 ECP 10,000 2012; 23 OLY 10,000 2012 (2008-24); 17 World Half Mar 2014 (2016-18, 2018-18, 2020-31). At WXC: 2000-114J (for Morocco), 2008-36 (for Spain), 2009-30, 2010-49, 2011-11, 2019-65. At EXC: 2008-4, 2009-5, 2010/2011 -2, 2012-6, 2015-4, 2016-7, 2017-10. 1 Spanish 10,000 2007/2010 (1 XC 2007/2011/2018). Allegiance transferee from Morocco – cleared by World Athletics to represent Spain from August 2007. Coach-Antonio Cánovas
Marathons (7): 22 Otsu 2012, 9 London 2013, dnf WCH 2013, 8 Fukuoka 2013, 11 London 2017, dnf WCH 2017, 21 Valencia 2019, 12 Valencia 2020 (30 minute pb to set Spanish record 2:06:35 at age 39)
In 2021: 5 Spanish XC; 1 Granollers 10K

1803 MATEO Daniel ESP 31y 342d 1989 - 2:08:22 -18

Full name-Daniel Mateo Angulo
Tenth at 2019 World Championships // Half Mar pb: 61:34 -19. 10,000 pb: 28:43.03 -16. 5000 pb: 13:42.31 -15. 2 Ibero-American 5000 2016; 7 ECH 10,000 2016 (2018-12). At WXC: 2008-61J, 2015-53. At EXC: 2008-33J, 2009-14u23, 2010-35u23, 2011-17u23, 2014-21, 2017-8, 2018-16. He and his brother run a cattle farm in Almazan. Coach-Enrique Pascual
Marathons (3): 9 Rotterdam 2019, 10 WCH 2019, 18 Valencia 2020
In 2021: 4 Ibiza 3000

1823 FOSTI Roman EST 38y 63d 1983 2:10:46 2:10:46 -21

Multiple Estonian Champion at distances from 800m up // 10,000 pb: 29:40.29 -21. 5000 pb: 14:21.24 -17 (14:40.70 -21). 1500 pb: 3:46.18 -11. sf WJC 800 2002; ht EIC 1500 2011; 31 ECH Half Mar 2016; 59 World Half Mar 2020 (2014-73, 2018-62). At WXC: 2005-132 short. 1 Estonian 800 2004/2009 (1 indoor 2011); 1 Estonian 1500 2002 (1 indoor 800 2011 & 1500 2005); 1 Estonian 5000/10,000/Half Mar 2014 (1 Half Mar 2015)
Marathons (20): 27 Paris 2013, 6 Tallinn 2013, 13 Seville 2014, 18 ECH 2014, 10 Tiberias 2015, 20 WCH 2015, 9 Shanghai 2015, 61 OLY 2016, 4 Shanghai 2016, 20 Gold Coast 2017, 52 WCH 2017, 10 Toronto 2017, 13 Hamburg 2018, 17 ECH 2018, 1 Tallinn 2018, 8 Riga 2019, 33 WCH 2019, 34 Valencia 2019, 50 Valencia 2020, 29 Ampugnano 2021
In 2021: 29 Ampugnano Marathon; 18 ECP 10,000 'B'; 12 ETCh 1st League 5000

1825 NURME Tiidrek EST 35y 263d 1985 - 2:10:02 -20

Estonian record holder at 1500m & 3000m // Half Mar pb: 62:20 -20. 10,000 pb: 28:37.85 -21. 5000 pb: 13:31.87 -10 (13:56.31 -21). 3000 pb: 7:48.24 -14. 1500 pb: 3:38.59 -08. 5 under-23 ECH 5000 2007; ht OLY 1500 2008; ht WCH 1500 2009; 4 WSG 5000 2011 (2007-10, 2009-5, 2013-8); 10 ECH 5000 2014 (2012-16); 41 World Half Mar 2020. 1 Estonian 1500 2006/2008/2009/2010 (1 5000 2007/2017/2018/2019/2020 & 10,000 2019). At WXC: 2005-129 short. At EXC: 2007-dnf u23, 2008-71, 2011-32, 2012 -27, 2014-43
Marathons (8): 24 Hamburg 2016, 63 OLY 2016, 40 WCH 2017, 1 Birmingham AL 2018, 9 ECH 2018, 26 WCH 2019, 6 Hannover 2019, 20 Seville 2020
In 2021: 16 Djibouti Half Mar; 1 Tartu 5000; 3 ECP 10,000 'B'; 1 Estonian 5000

1863 DESISA Lelisa ETH 31y 206d 1990 - 2:04:45 -13

Full name-Lelisa Desisa Benti
2019 World Champion. Twice Boston winner, the first in tragic circumstances. 2018 New York Marathon Champion
Half Mar pb: 59:30 -11. 10,000 pb: 27:11.98 -02. 5000 pb: 13:22.91 -12. 1 African Junior 10,000 2009; 7 World Half Mar 2010; 1 African Games Half Mar 2011. Born-Oromia State. Coach-Haji Adilo
Marathons (18): 1 Dubai 2013, 1 Boston 2013 (gave his winner's medal to the city as a mark of respect in view of the terrorist bombings, saying "sport should never be used as a battleground"), 2 WCH 2013, dnf Boston 2014, 2 New York 2014, 2 Dubai 2015, 1 Boston 2015, 7 WCH 2015, 3 New York 2015, 2 Boston 2016, dnf New York 2016, 3 New York 2017, dnf Boston 2018, 1 New York 2018, 2 Boston 2019, 1 WCH 2019, dnf New York 2019, 35 Valencia 2020 (was affected by a gruelling 72-hour journey to Spain). Also placed third in the 2017 Monza "Breaking2" Exhibition (in 2:14:10)
In 2021: 2 Ethiopian Olympic Marathon Trial 35K (0.6 behind winner and training partner Shura Kitata)

1868 KITATA Shura ETH 24y 335d 1996 - 2:04:49 -18

Full name-Shura Kitata Tola
2020 London Marathon winner (where the dethroned Eliud Kipchoge placed 8th)
Half Mar pb: 59:16 -18. We've never seen him run anything other than marathons or half marathons. "Because of athletics I am living a life I never imagined." Born-Oromia, coach-Haji Adilo
Marathons (11): 3 Shanghai 2015, 2 Xiamen 2016, 16 Otsu 2016 (62:35/73:34), 2 Ottawa 2016, 2 Istanbul 2016, 3 Xiamen 2017, 1 Rome 2017, 1 Frankfurt 2017, 2 London 2018, 4 London 2019, 1 London 2020
In 2021: 1 Ethiopian Olympic Marathon Trial 35K (0.6 ahead of training partner Lelisa Desisa) ("I am not surprised I won.")

1870 LEMMA Sisay ETH 30y 239d 1990 - 2:03:36 -19

Full name-Sisay Lemma Kasaye
Former world record holder at 30Km // Half Mar pb: 61:22 -21. He says he only started training at the age of 17 and did so barefoot at first. He went to the same school as Deresse Mekonnen (1 WIC 1500 2008/2010). Coach-Mohamed Kila
Marathons (20): 1 Carpi 2012, 5 Tiberias 2013, 1 Warsaw 2013, 4 Eindhoven 5 Dubai 2015, 1 Vienna 2015 (won by more than four minutes), 1 Frankfurt 2015, 4 Dubai 2016, 7 London 2016, 4 Berlin 2016, 3 Dubai 2017, dnf Boston 2017, 4 Chicago 2017, 5 Dubai 2018, 2 Prague 2018, 1 Ljubljana 2018, 30 Boston 2019, 3 Berlin 2019, 3 Tokyo 2010, 3 London 2020
In 2021: 2 Ethiopian Half Mar; 3 Ethiopian Olympic Marathon Trial 35K

1939 AMDOUNI Morhad FRA 33y 199d 1988 - 2:09:14 -20

In 2018 became France's first ever European Champion at 10,000m // 10,000 pb: 27:23.39 -21. 5000 pb: 13:11.18i -17, 13:14.19 -09. 3000 pb: 7:37.50 -09. 1500 pb: 3:34.05 -15. ht WJC 1500 2006; 1 EJC 5000 2007; dnf ETCh 3000 2009; ht WCH 5000 2009; 1 ETCh 5000 2015; sf WCH 1500 2015; 5 ECH 5000 2016 (13 1500); 1 ECH 10,000 2018 (3 5000); 1 ECP 10,000 2021; 10 OLY 10,000 2021. 1 French 1500 2015 & 5000 2016. At WXC: 2007-38J, 2009-62. At EXC: 2006-12J, 2007-1J, 2008-8u23, 2010-5, 2015-9, 2016-17. Born-Porto-Vecchio (Corsica) to Tunisian parents. Coach-Abderrazak Zbairi
Marathon (1): 8 Paris 2019
In 2021: 4 Monaco 5K; 1 ECP 10,000 (led most of the way);
Here: 10,000 10/Final-27:53.58

1948 CHAHDI Hassan FRA 32y 93d 1989 - 2:10:20 -17

Full name-Sidi Hassan Chadi
2010 European under-23 Cross Country Champion, then silver as a senior in 2012 & close fourth in 2017
Half Mar pb: 61:38 -15 (65:13 -21). 10,000 pb: 29:06.25 -14. 5000 pb: 13:38.93 -18. 10 WJC 5000 2008; 16 under-23 ECH 5000 2009; 19 World Half Mar 2016; 7 ECH Half Mar 2016. At WXC: 2007-61J, 2008-23J, 2011-23, 2015-dnf. At EXC: 2007-8J, 2008-3J, 2009-2u23, 2010-1u23, 2011-3, 2012-2, 2013-5, 2014-39, 2017-4, 2018-25. 1 French indoor 3000 2015; 1 French XC 2015. Born-Cluses (south-eastern France). Coach-Bernard Faure
Marathons (3): 14 Rotterdam 2016, 12 Paris 2017, dnf ECH 2018 (virus)
In 2021: 5 French indoor 3000; 8 Djibouti Half Mar

1949 CHOQUERT Benjamin FRA 35y 113d 1986 - 2:11:12 -19

(RESERVE) // Half Mar pb: 61:32 -19. 10,000 pb: 28:21.38 -20 (28:35.29 -21). 5000 pb: 13:53.49 -17 (14:02.60 -21). 9 World Junior Mountain Running Champs 2005; 38 European Mountain Running Champs 2013; 32 World Half Mar 2020 (2018-40). In 2020 paced Brussels 1Hr world record (of Mohamed Farah). At EXC: 2005-59J, 2017-34. 2 French 5000 2015/2017; 3 French 10,000 2016
Marathons (3): 20 Paris 2018, 81 Berlin 2019, 26 Valencia 2019
In 2021: 17 Djibouti Half Mar; 4 French European Cup Trial 10,000; 3 Décines-Charpieu 5000

1970	NAVARRO Nicolas FRA	30y	149d	1991	-	2:09:17	-20
Voted French athlete of the month for December 2019, after he cut five minutes from his marathon best in Valencia 10K pb: 29:16 -19. 45 World Half Mar 2020. Works full-time as a bike and ski technician for a major French sports retailer in Aix-En-Provence. Coach-Jeremy Cabadet. Marathons (7): (For three successive years he contested Paris in the spring and Valencia in the autumn, improving his placing each time) 22 Paris 2017, 20 Valencia 2017, 18 Paris 2018, 16 Valencia 2018, 10 Paris 2019, 14 Valencia 2019, 23 Valencia 2020 In 2021: 6 Bad Loipersdorf Half Mar; 3 Karlovac 10K							
2041	CONNOR Ben GBR	28y	294d	1992		2:12:06	2:11:20 -20
Team goal at 2016 European Cross Country Championships, then sixth individually in 2017 Half Mar pb: 60:55 -20. 10,000 pb: 27:57.60 -19. 5000 pb: 13:19.47 -19. 10 ECP 10,000 2016; 63 World Half Mar 2018; 11 ECH 5000 2018; ht WCH 5000 2019. At WXC: 2011-67J. At EXC: 2010-23J, 2016-16, 2017-6, 2019-8. 1 English 'National' XC 2017. His late father David Connor played football for the Nottingham Forest junior squad in the 1980s. Based-Manchester. Coach-Steve Vernon Marathons (2): 16 5 London 2020, 2 Kew Gardens 2020 (British Olympic Trial). Also paced London 2019 In 2021: 2 British Olympic Trial Marathon							
2048	HAWKINS Callum GBR	29y	46d	1992		2:08:14	-19
Twice fourth in World Championship marathons // Half Mar pb: 60:00 -17 (69:18 -21). 10K pb: 28:02 -20. 10,000 pb: 28:49.57 -14. 5000 pb: 14:03.37i -12, 14:06.57 -15. 1 European Youth Olympic Festival 3000 2009; 20 COM 10,000 2014; 11 'Great' North Run 2015; 15 World Half Mar 2016. At WXC: 2010-47J. At EXC: 2009-19J, 2013-7u23, 2014-5u23, 2016-3. Coach/father-Robert Hawkins, also advised by Steve Jones MBE. His older brother Derek was ninth (first Briton) in the 2014 Commonwealth Games Marathon; another brother Scott (born 1990) was 7th in the 2004 AAA under-17 1500m (now retired) Marathons (7): 12 Frankfurt 2015, 8 London 2016, 9 OLY 2016 (brother Derek 114th), 4 WCH 2017, dnf COM 2018 (had a two-minute lead at 40Km but then collapsed with heat exhaustion), 10 London 2019, 4 WCH 2019. dns Fukuoka 2018 (right hamstring niggle) In 2021: 6 East Fortune Half Mar							
2067	THOMPSON Chris GBR	40y	113d	1981		2:10:52	2:10:52 -21
2010 European 10,000m silver. 2003 European under-23 Champion at 5000m (ahead of Mohamed Farah) Half Mar pb: 61:00 -12. 10,000 pb: 27:27.36 -11. 5000 pb: 13:11.51 -10. 3000 pb: 7:43.34 -10. 1500 pb: 3:41.04 -04. ht WJC 3000SC 98; 12 EJC 5000 99; 11 WJC 5000 2000; 8 WSG 5000 2001; 1 under-23 ECH 5000 2003 (2001-5); ht ECH 5000 2006; 2 ECH 10,000 2010 (8 5000); 5 COM 5000 2010 (8 10,000); 25 OLY 10,000 2012; 7 ECP 10,000 2018; 9 ECH 5000 2018 (11 10,000). At EXC: 98-17J, 99-11, 2000-2J, 2003-46, 2004-18, 2006-23, 2009-55. 1 AAA 5000 2004 & UK 5000 2010. Lives-Camberly wife-Jemma Simpson (1:58.74 800m), their son Theo History of untimely injuries: 2010/2011-hernia; 2012/2013-back; Achilles operation 2014 and continuing problems in 2015/2016 – "I have the engine of a Ferrari in the body of a Ford Focus" Marathons (7): 11 London 2014, 16 London 2016, 52 London 2017, 53 New York 2018, 1 Kew Gardens 2019, 19 London 2020, 1 Kew Gardens 2021 (British Olympic Trial) In 2021: Son Theo born on March 22; 1 British Olympic Trial Marathon							
2152	BOCH Simon GER	27y	112d	1994		2:10:48	2:10:48 -21
(RESERVE) Former German Champion at 10,000m // Half Mar pb: 61:36 -20. 10,000 pb: 28:22.75 -21. 5000 pb: 13:34.97 -21. 3000 pb: 7:56.87 -20. At EXC: 2010-77J, 2016-36u23, 2019-14. 35 World Half Mar 2020. 1 German 10,000 2017 Marathon (1): 1 Dresden 2021 In 2021: 2 Berlin 10K; 1 Dresden Marathon; 1 Regensburg 3000; 2 German 10,000; 1 Pfungstadt 3000 (7 1500); 3 German 5000; 1 Regensburg 5000; 1 Ingolstadt 1500; 10 Heusden Night of Athletics 5000; 1 Regensburg 10,000							
2170	PETROS Amanal GER	26y	83d	1995		62:18	62:18 -20 NR
2015 European under-23 cross country bronze, then silver at 10,000m in 2017 Half Mar pb: 61:37 -21. 10,000 pb: 27:52.25 -19. 5000 pb: 13:22.52 -19. 3000 pb: 8:03.33 -18. 3 ETCh 5000 2017; 2 under-23 ECH 10,000 217 (4 5000); 16 ECH 10,000 2018; 2 ECP 10,000 2019; dq ETCh 5000 2019 (finished third, but ran inside lane); 2 World Military Games 5000 2019; 100 World Half Mar 2020. At EXC: 2015-3u23, 2016 -4u23, 2017-21u23. 1 German 10,000 2016. Born-Eritrea, moved to Ethiopia at age 2, came to Germany as a asylum seeker in 2012 aged 16. Gained German citizenship in 2015 Marathons (2): 19 Valencia 2019; 16 Valencia 2020 (set German record 2:07:38) In 2021: 3 Dresden Half Mar; 14 Istanbul Half Mar							
2171	PFEIFFER Hendrik GER	28y	143d	1993		2:10:18	-20
Half Mar pb: 62:05 -21. 10,000 pb: 29:16.14 -14. 5000 pb: 14:04.56 -14. 12 under-23 ECH 10,000 2013; dnf ECH Half Mar 2016. At EXC: 2011-22J, 2013-52u23, 2014 -17u23, 2015-35u23. Coach-Tono Kirschbaum Marathons (3): 3 Düsseldorf 2016, 1 Cologne 2019, 28 Seville 2020 In 2021: 10 Dresden Half Mar; 9 Bad Loipersdorf Half Mar							
2176	RINGER Richard GER	32y	162d	1989		2:08:49	2:08:49 -21
European bronzes outdoors at 5000m & indoors at 3000m. 2018 European Cup winner at 10,000m 10,000 pb: 27:36.52 -18 (27:55.39 -21). 3000 pb: 7:46.18i -15, 7:46.59 -16 (8:04.74 -19). 1500 pb: 3:38.83 -16. 13 EJC 5000 2007; ht WJC 1500 2008; 7 under-23 ECH 5000 2011; 1 ETCh 3000 2014/2015 (2013-5); 14 WCH 5000 2015 (2017/2019-ht); 3 EIC 3000 2017 (2015-5); dq ht WIC 3000 2018; 1 ECP 10,000 2018; dnf ECH 10,000 2018. At EXC: 2010-31u23, 2011-4u23, 2013-7, 2017-12. 1 German XC 2013/2014/2021, 5000 2014/2015/2016/2017/2019, 10,000 2014/2019 (1 indoor 3000 2015/2017/2018). His partner Nada Pauer AUT is also an international distance runner Marathons (2): 36 Valencia 2020; 17 Ampugnano 2021 In 2021: 1 Dresden Half Mar; 17 Ampugnano Marathon; 2 Dutch 10,000							
2262	ZARCO Ivan HON	37y	181d	1984		2:21:41	2:21:41 -16
Full name-Ivan Zarco Alvarez // Half Mar pb: 64:08 -20. 10,000 pb: 30:11.93 -13. 5000 pb: 14:28.03 -13. 85 World Half Mar 2020. Allegiance Transferee from Spain, cleared by World Athletics to represent Honduras from January 1, 2020 Marathons (4): 21 Seville 2016, 29 Valencia 2016, 25 Seville 2019, dq Valencia 2019 (for taking refreshments outside official station, he would have finished 53rd in 2:18:19) In 2021: He was reported to have clocked 2:17:46 in Dresden. That would have been an Honduran record, but apparently his bib was being worn by another runner							
2348	POLLOCK Paul IRL	35y	44d	1986		2:10:25	-19
Thirty-second at Rio Olympic Marathon // Half Mar pb: 62:10 -14. 10,000 pb: 28:32.18 -14. 5000 pb: 14:07.89 -14. 19 COM 10,000 2014; 14 World Half Mar 2016 (2012-34, 2018-76); 17 ECH Half Mar 2016. 1 Northern Irish 1500 2005/2007 & XC 2011; 1 Irish XC 2017. At WXC: 2005-116J. At EXC: 2005-46J, 2008-57u23, 2011-25, 2013-25, 2014-23, 2015-45, 2016-36, 2017-48. Older brother Noel Pollock (3:44.56 1500m in 2005) is now Sports Medicine Doctor for UK Athletics. Paul also works part-time as an Accident and Emergency doctor. Coach-Andy Hobdell Marathons (8): 9 Dublin 2012, 13 London 2013, 21 WCH 2013, 30 Berlin 2015, 32 OLY 2016, 18 Oita 2017, 47 ECH 2018, 18 Valencia 2019 In 2018: 28 Barcelona Half Mar; 77 World Half Mar							
2350	SCULLION Stephen IRL	32y	271d	1988		2:09:49	-20
Twice Northern Irish Champion at 5000m // Half Mar pb: 61:08 -20. 10,000 pb: 28:36.05 -18. 5000 pb: 13:50.04 -18. 1500 pb: 3:43.60 -10. ht EIC 3000 2013; 91 World Half Mar 2018; 23 ECH 10,000 2018. 1 Northern Ireland 5000 2009/2010 (1 1500 2009); 1 Irish 10,000 2018/2019. At WXC: 2006-82J. At EXC: 2009-27u23, 2013-62; 112 World Mountain Running Champs 2012. Briefly retired from running both in 2016 (to play rugby union) and 2020 (in light of the pandemic). Coach-Robert Denmead Marathons (8): 12 Belfast 2012, 25 London 2017, 12 London 2018, 10 Houston 2019, 43 WCH 2019, 2 Dublin 2019, 5 Houston 2020, 11 London 2021							

2351	SEAWARD Kevin IRL	35y	282d	1985	-	2:10:09 -20
Fourth at 2018 Commonwealth Games Marathon (for Northern Ireland), then 15th at the European Championships (for Ireland) Half Mar pb: 62:58 -20. 10,000 pb: 30:29.30 -11. 5000 pb: 14:19.05 -15. 42 World Half Mar 2016 (2018-84, 2020-58); 34 ECH Half Mar 2016. At EXC: 2012-107J. 1 Northern Ireland junior 5000 2002. Lives-Loughborough. Coach-Andy Hobdell Marathons (10): 3 Manchester 2014, 28 ECH 2014, 21 Berlin 2015, 64 OLY 2016, 22 London 2017, 19 Berlin 2017, 4 COM 2018, 15 ECH 2018, 21 Berlin 2019, 26 Seville 2020						
2368	ALAME Haimro ISR	31y	61d	1990	2:08:38	2:07:45 -20
(He has also appeared under the names Himro / Aimeru / Almeya / Almaya, making it a challenge to keep track of his results) Israeli record holder at 10,000m Half Mar pb: 62:58 -19. 10,000 pb: 28:09.42 -15. 5000 pb: 13:52.76 -15 (14:00.89-21). 1500 pb: 3:47.73 -16. 17 ECH 10,000 2014 (2016-dnf); 16 ECP 10,000 2015 (2018 -31, 2019-25); 45 World Half Mar 2018. 1 Israeli 1500 2014, 5000 2013/2014/2015 & 10,000 2014. Emigrated from Ethiopia in 2004 Marathons (5): 22 Rotterdam 2017, 1 Tiberias 2019, 23 Valencia 2020, 13 Seville 2020, 4 Hula Valley 2021 In 2021: 4 Hula Valley (Northern Israel) Marathon; 2 Israeli 5000						
2369	AMARE Girmaw ISR	33y	286d	1987	2:07:50	2:07:28 -20
Former Israeli marathon record holder // Half Mar pb: 62:03 -20. 10,000 pb: 28:10.32 -15. 5000 pb: 13:50.27 -14. 21 World Student Games Half Mar 2013; 18 ECH 10,000 2014 (2016-dq, 2018-25); 39 World Half Mar 2020 (2018-52). 1 Israeli 10,000 & Half Mar 2015. Emigrated from Ethiopia in 2006 Marathons (6): 2 Tiberias 2017, 61 WCH 2017, 1 Tiberias 2018, 7 Prague 2019, 11 Seville 2020, 2 Hula Valley 2021 In 2021: 4 Tel Aviv 5K; 2 Hula Valley (Northern Israel) Marathon; 2 Tel Aviv 10,000						
2370	TEFERI Maru ISR	29y	172d	1992	2:07:44	2:07:20 -20 NR
Israeli marathon records at the 2018 European Championships, Seville 2019 & Seville 2020 Half Mar pb: 60:52 -19. 10,000 pb: 28:48.93 -21. 5000 pb: 13:40.37 -19. 17 under-23 ECH 10,000 2013; 56 ECH Half Mar 2016; 28 World Half Mar 2020 (2018-33). At EXC: 2018-64. Emigrated from Ethiopia in 2006. Wife-Selamawit Teferi (also called Selamawit Bayougn or Selamawit Dagnachew) was 10 OLY 5000 2021. Coach-Dan Salpeter Marathons (13): 47 Berlin 2015, 23 Rotterdam 2016, 73 OLY 2016, 4 Tel Aviv 2017, 18 Paris 2017, dnf WCH 2017, 2 Tiberias 2018, 7 ECH 2018, 8 Seville 2019, 2 Tiberias 2019, 5 Frankfurt 2019, 8 Seville 2020, 1 Hula Valley 2021 In 2021: 5 Tel Aviv 5K; 1 Hula Valley (Northern Israel) Marathon; 6 Tel Aviv 10,000; [Mrs Teferi is due to run also in the 10,000 at Tokyo 2021]						
2420	EL FATHAOUI Yassine ITA	39y	138d	1982	-	2:10:10 -20
Half Mar pb: 64:11 -21. 10,000 pb: 29:40.23 -21. Born-Morocco, arrived in Italy in 1999 aged 17 and gained Italian citizenship in 2013. Coach-Giorgio Reggiani Marathons (8): 6 Florence 2017, 4 Reggio Emilia 2017, 12 Milan 2018, 12 Hamburg 2018, 11 Rome 2019, 5 Padua 2019, 13 Berlin 2019, 27 Seville 2020 In 2021: 3 Asti 10,000; 8 Rubiera 10,000; 13 Italian 10,000; 3 Verona Half Mar						
2425	GHEBREHIWET Eyob ITA	28y	254d	1992	-	2:07:19 -20 NR
Full name-Eyob Ghebrehiwet Faniel Italian marathon record holder. Fifth at 2018 European Championships Half Mar pb: 60:07 -21. 10,000 pb: 29:04.55 -17. 11 ECP 10,000 2017; 2 Mediterranean Games Half Mar 2018; 26 World Half Mar 2020 (2018-37). 3 Italian 10,000 2017. Born-Asmara (Eritrea), has lived in Italy since February 2004, obtained Italian citizenship in October 2015 Marathons (6): 3 Florence 2016, 1 Venice 2017, 3 Verona 2017, 5 ECH 2018, 15 WCH 2019, 7 Seville 2020 In 2021: 3 Siena Half Mar (Italian record 60:07); 1 Muggia 10K; 1 Verona Half Mar						
2435	RACHIK Yassine ITA	28y	58d	1993	-	2:08:05 -19
2018 European Marathon bronze, leading Italy to team golds // Half Mar pb: 62:13 -17. 10,000 pb: 28:50.45 -14. 5000 pb: 13:37.88 -15. 1500 pb: 3:40.56 -16. 3 under-23 ECH 10,000 2015 (8 5000); 6 Mediterranean Games Half Mar 2018. At EXC: 2016-41. Winner of 32 Italian titles across age groups at distances from 1500m to Half Marathon. Born-Morocco, has lived in Italy since 2004, acquired Italian citizenship on June 16, 2015 and cleared by World Athletics to compete for Italy from July 3, 2015. His first sport was karate. Coach-Alberto Colli Unhappy that Rachik was being kept waiting in the system, the Italian Democratic Party MP Khalid Chaouki in 2015 launched an online petition for Rachik to be granted citizenship. It collected 21,000 signatures Marathons (5): 6 Milan 2017, 8 Hangzhou 2017, 6 Milan 2018. 3 ECH 2018, 9 London 2019, 12 WCH 2019						
2691	HATTORI Yuma JPN	27y	268d	1993	-	2:07:27 -18
2018 Fukuoka winner // At WXC: 2011-42J. He was a student at Sendai Ikuei High School, an area hard-hit by the 2011 earthquake and tsunami. Younger brother-Hazuma Hattori (3 Asian Champs 5000 2019). Competes for the club of a Japanese multinational car manufacturer based in Toyota. Coach-Toshinobu Sato Marathons (5): 12 Tokyo 2016, 13 Tokyo 2017, 5 Prague 2018, 1 Fukuoka 2018, 2 Tokyo Japanese 'Grand Championship' 2019 (which clinched his Olympic selection) In 2021: 24 Sapporo Half Mar						
2706	NAKAMURA Shogo JPN	28y	325d	1992	-	2:08:16 -18
Half Mar pb: 61:40 -20. 10,000 pb: 28:05.79 -13. 5000 pb: 13:38.93 -16. 3 WSG Half Mar 2013; 28 World Half Mar 2014 (2016-36). 1 Japanese Universities Half Mar 2013. Was at Komazawa University. Coach-Tadashi Fukushima Marathons (5): dnf Fukuoka 2015, 7 Otsu 2018, 4 Berlin 2018, 15 Tokyo 2019, 1 Tokyo Japanese 'Grand Championship'						
2707	OSAKO Suguru JPN	30y	77d	1991	-	2:05:29 -10
Japanese record holder at 3000m & 5000m and formerly at marathon (until broken in February 2021 by Kengo Suzuki and his 2:04.56 in Otsu) Half Mar pb: 61:13 -17. 10,000 pb: 27:36.93 -20 (27:56.44 -21). 5000 pb: 13:08.40 -15. 3000 pb: 7:40.09 -14. 1 WSG 10,000 2011; 21 WCH 10,000 2013; ht WCH 5000 2015; 17 OLY 10,000 2016 (ht 5000); 24 World Half Mar 2018. At WXC: 2010-32J. 1 Japanese 10,000 2012/2013/2016/2017 (1 5000 2016). A former member of the abandoned 'Oregon Project', his coach now is Pete Julian Marathons (2): 3 Boston 2017, 3 Fukuoka 2017, 3 Chicago 2018, dnf Tokyo 2019, 3 Tokyo 2019, 6 Honolulu 2019, 4 Tokyo 2020 In 2021: 1 Portland Track Festival 10,000						
2708	OTSUKA Shohei JPN	26y	360d	1994	-	2:07:38 -20
(RESERVE) // Half Mar pb: 61:09 -20 (61:56 -21). 10,000 pb: 28:25.42 -19 (28:37.41 -21) Marathons (7): 16 Otsu 2017, 3 Oita 2018, 4 Sapporo 2018, 11 Tokyo 2019, 4 Tokyo Japanese 'Grand Championship' 2019, 30 Otsu 2020, 2 Fukuoka 2020 In 2021: 18 Nobeoka 10,000; 4 Hyogo Relays 10,000 'B'; 7 Sapporo Half Mar						
2769	CHERONO Lawrence KEN	32y	365d	1988	-	2:03:04 -20
Won the Boston/Chicago double in 2019, now 8th world-all-time with his 2:03:04 Half Mar pb: 60:46 -19. Marathons (16): 2 Algiers 2014, 1 Seville 2015, 2 Lanzhou 2015, 7 Shanghai 2015, 2 Hong Kong 2016, 1 Prague 2016, 2 Hengshui 2016, 1 Honolulu 2016, 2 Rotterdam 2017, 1 Amsterdam 2017, 1 Honolulu 2017, 7 London 2018, 1 Amsterdam 2018, 1 Boston 2019, 1 Chicago 2019 (outkicked Ethiopian pair of Dejene Debelu & Asefa Mengstu), 2 Valencia 2020. Coach/brother-Benson Cheronu (1 Milan 2006)						

2776	KIPCHOGE Eliud KEN	36y	275d	1984	2:04:30	2:01:39 -18	WR
DEFENDING OLYMPIC CHAMPION World 5000m Champion in 2003 at age 18, Olympic Marathon Champion in 2016 at age 31, world marathon record at 33. High world class performances every year for 16 successive years Half Mar pb: 59:25 -12. 10,000 pb: 26:49.02 -07. 5000 pb: 12:46.53 -04. 3000 pb: 7:27.66 -11. Two Miles pb: 8:07.68 -05. Mile pb: 3:50.40 -04. 1500 pb: 3:33.20 -04. 1 WCH 5000 2003 (2005-4, 2007-2, 2009-5, 2011-7); 3 WIC 3000 2006; 2 OLY 5000 2008 (2004-3); 2 COM 5000 2010; 6 World Half Mar 2012. At WXC: 2002-5J, 2003-1J, 2004-4 long, 2005-5 long. He has not raced on the track since 2012 when he clocked 12:55.34 for 5000m, but failed to make Kenya's Olympic team that year (7th in their trials at both 5000m & 10,000m). Father of two, Lynne (15) & Griffin (10) Marathons (13): 1 Hamburg 2013, 2 Berlin 2013, 1 Rotterdam 2014, 1 Chicago 2014, 1 London 2015, 1 Berlin 2015, 1 London 2016, 1 OLY 2016, 1 Berlin 2017, 1 London 2018, 1 Berlin 2018 (world record 2:01:39), 8 London 2020 ("I had a problem with my right ear after it blocked and then I really cramped and had problems with my hip"), 1 Enschede 2021 Also clocked 2:00:25 in 2017 Monza "Breaking2" Exhibition, the 1:59:41 in 2019 Vienna "1:59" Exhibition (wearing shoes with propulsive springboard-type carbon plates) He says "In marathon, experience is the best teacher" In 2021: 1 Enschede Marathon							
2777	KIPRUTO Amos KEN	35y	65d	1986	-	2:03:30 -20	
2019 World Championship bronze // Half Mar pb: 60:24 -17. Coach-Claudia Berardelli Marathons (7): 1 Rome 2016, 13 Amsterdam 2016, 1 Seoul 2017, 5 Amsterdam 2017, 3 Tokyo 2018, 2 Berlin 2018, 3 Prague 2019, 3 WCH 2019, 18 Tokyo 2020, 4 Valencia 2020. Also paced Dubai 2016/2017 In 2021: 11 Berlin 10K 'B'; dnf Dresden Half Mar							
2814	OH Joo-han KOR	32y	260d	1988	-	2:05:13 -16	
Formerly known as Wilson Loyanae Erupe or Wilson Loyanai of Kenya, moved from Kenya to Korea in 2011, gained South Korean citizenship through naturalisation on September 2018 and cleared by World Athletics to represent Korea from March 7, 2018 (though the Korea Association of Athletics Federations say they may not yet recognise his times as Korean records) Half Mar pb: 61:46 -12. He adopted the family name of coach Oh Chang-Seok, who encouraged his 2011 move. Attempted to gain Korean citizenship in time for Rio 2016, but this was effectively blocked by The Korean Olympic Committee who did not recommend him for special treatment. Their reason: he served two-year doping ban 2013 -2015. Marathons include: 1 Mombasa 2011, 1 Gyeongju 2011, 1 Seoul 2012, 1 Gyeongju 2012, 1 Seoul 2015, 1 Gyeongju 2015, 1 Seoul 2016, 5 Gyeongju 2016, 5 Seoul 2017, dnf Gyeongju 2017, 1 Seoul 2018, 2 Gyeongju 2019							
2815	SHIM Jong-Sub KOR	30y	168d	1991	2:11:24	2:11:24 -21	
10,000 pb: 29:07.23 -18. 1 Korean National Games 10,000 2015 Marathons (9): 10 Asian Games 2014, 15 Seoul 2015, 12 Seoul 2016, 137 OLY 2016, 9 Seoul 2017, 17 Seoul 2018, 6 Hofu 2018, 7 Seoul 2019, 1 Yecheon 2021 In 2021: 1 Yecheon Marathon							
2860	SEUTLOALI Khoarahlane LES	29y	130d	1992	-	2:11:04 -19	
(aka Suttoali Khoarahlima) // Half Mar pb: 61:56 -19 (64:22 -21) Marathons (3): 3 Soweto 2016, 15 Cape Town 2017, 5 South African 2019 In 2021: guest South African Half Mar							
2884	EL AARABY Mohamed Reda MAR	31y	269d	1989	2:10:06	2:09:16 -11	
2019 African Games Half Marathon silver // Half Mar pb: 60:17 -20. 10K pb: 27:58 -19. 10,000 pb: 28:44.25 -19. 5000 pb: 13:42.53 -16. 1500 pnb: 3:45.98 -20. 3 Francophone Games 10,000 2017; 1 Mediterranean Games Half Mar 2018; 2 African Games Half Mar 2019; 1 World Military Games 10,000 2019; 13 World Half Mar 2020 Marathons (11): 3 Daegu 2017, 30 WCH 2017, 8 Beijing 2017, 11 Tokyo 2018, 11 Chicago 2018, 1 Beirut 2018, 16 Boston 2019, dnf WCH 2019, 2 Hefei 2019, 2 Osaka 2019, 24 Ampugnano 2021 In 2021: 3 Rabat 5000 (Feb 7); 2 Rabat 10,000 (Feb 20); 24 Ampugnano Marathon							
2886	EL GOURMI Othmane MAR	29y	71d	1992	2:06:18	2:06:18 -21	
2019 Dublin Marathon winner // Half Mar pb: 60:30 -20. 10,000 pb: 28:16.76 -21. 5000 pb: 13:13.72 -13. 1500 pb: 3:37.79 -13. 2 Mediterranean Games 5000 2013; dq ht WCH 5000 2013/2015; dq Francophone Games 5000 2013 (originally 1st); dq ht WIC 3000 2014; dq African Champs 5000 2014 (originally 11th); dq European Clubs Cup XC 2015 (originally 1st); 17 World Half Mar 2020. At WXC: 2010-33J, 2011-27J. 1 Moroccan 1500 2013; dq French XC 2014 (originally 1st) Marathons (3): 2 Rabat 2019, 1 Dublin 2019, 3 Ampugnano 2021 Served a two-year ban in 2016-2018 and also had three years of results annulled in 2013-2016, including those from several major championships In 2021: 1 Rabat 10,000; 3 Ampugnano Marathon							
2893	SAHLI Hamza MAR	28y	90d	1993	-	2:08:01 -20	
Eighth at 2019 World Championship Marathon // Half Mar pb: 62:45 -19. 10K pb: 28:50 -19. 1500 pb: 3:43.48 -07. 800 pb: 1:48.18 -07. 3 African Games Half Mar 2019 Marathons (7): 1 Agadir 2017 (2:07:52, but distance was short), 6 Marrakech 2018, 6 Rabat 2018, 3 Kobe 2018, 6 Rabat 2019, 8 WCH 2019, 1 Oita 2020							
2929	ESPARZA Jesús Arturo MEX	30y	347d	1990	-	2:11:04 -19	
Full name-Jesus Arturo Esparza Perez // Half Mar pb: 62:51 -19 (63:49 -21). 10,000 pb: 29:17.06 -16. 5000 pb: 13:55.66 -21. 1500 pb: 3:42.85 -13. 10 WSG 5000 2013 (& 11 1500, three places behind his brother); 23 WSG Half Mar 2017; 96 World Half Mar 2020 His twin José Juan Esparza (1500 pb 3:40.73) was fifth in the 2015 Pan-American Games 1500m Marathons (4): 15 Düsseldorf 2016, 20 London 2017, 4 Porto 2017, 25 Valencia 2019 In 2021: 2 Mazatlán 10,000; 10 Azusa Bryan Clay Invitational 5000; 5 Bad Loipersdorf Half Mar; 7 Mexican 10,000							
2931	PACHECO Juan MEX	30y	240d	1990		2:09:45 -20	
Full name-Juan Joel Pacheco Orozco 2019 Pan-American Games marathon bronze Half Mar pb: 61:20 -20. 10,000 pb: 28:34.47 -19 (29:08.94 -21). 5000 pb: 14:04.56 -18. 30 World Half Mar 2020 Marathons (5): 6 Mexico City 2018, 5 Houston 2019, 3 Pan-Am Games 2019, 21 Dubai 2020, 26 Valencia 2020 In 2021: 3 Mazatlán 10,000; 6 Mexican 10,000							
2933	SANTANA MARIN Jose Luis MEX	31y	313d	1989	-	2:10:54 -19	
2019 Pan-American Games marathon silver // Half Mar pb: 61:11 -20 (62:57 -21). 1 Jalisco Half Mar 2018 Marathons (5): 11 Hamburg 2017, 2 Pan-Am Games 2019, 10 Sacramento 2019, 22 Dubai 2020, 52 Atlanta (US Olympic Trial) 2020							

2943 **BAT-OCHIR Ser-Od** MGL **39y** 305d 1981 **2:09:26** **2:08:50 -14** **NR**

Mongolia record holder at Marathon, Half Marathon, 10,000m & 5000m. Carried the Mongolian flag at the Opening Ceremony for London 2012
Half Mar pb: 62:10 -16 (63:21 -21). 5000 pb: 14:12.86 -16. 10,000 pb: 29:17.72 -20. 96 World Half Mar 2002; 9 Asian Champs 10,000 2009 (12 5000); 6 Asian Champs 10,000 2011 (9 5000)

Marathons (63): 19 Hong Kong 2003, 63 WCH 2003, 12 Hong Kong 2004, 75 OLY 2004, 61 WCH 2005, 27 Beijing 2006, 17 Asian Games 2006, 6 Zhengzhou 2007, 55 WCH 2007, 14 Beijing 2007, 9 Shanghai 2007, 5 Hong Kong 2008, 1 "Good Luck" Beijing 2008, 52 OLY 2008, 6 Hofu 2008, 29 WCH 2009, 7 Hofu 2009, 3 Hong Kong 2010, 6 Zhengzhou 2010, 1 Brighton 2010, 1 Ulan Bator 2010, 10 Berlin 2010, 1 Hofu 2010, 8 London 2011, 19 WCH 2011, 6 Beijing 2011, 1 Hofu 2011, 2 Beppu-Oita 2012, 4 Brighton 2012, 51 OLY 2012, 18 Oita 2013, 15 Hong Kong 2013, 15 Daegu 2013, 35 WCH 2013, 2 Osaka 2013, 4 Oita 2014, 11 Nagano 2014, 1 Ulan Bator 2014, 4 Asian Games 2014, 6 Osaka 2014, 3 Fukuoka 2014 (pb 2:08:50 in his sixth marathon of the year and on a tough course), 3 Otsu 2015, 6 Hamburg 2015, 38 WCH 2015, 3 Osaka 2015, 9 Fukuoka 2015, 92 Otsu 2016, 2 Nagano 2016, 1 Kaohsiung 2016, 1 Ulan Bator 2016; 12 Gold Coast 2016, 91 OLY 2016, 3 Osaka 2016, 2 Nagano 2017, 48 WCH 2017, 16 Fukuoka 2017, 36 Tokyo 2018, 5 Asian Games 2018, 2 Hofu 2018, 18 Mumbai 2019, 54 WCH 2019, 24 Fukuoka 2020, 33 Lake Biwa 2020
In 2021: 120 Japanese Corporate Half Mar; 33 Lake Biwa Marathon; 37 Sapporo Half Mar

2944 **TSEVEENRAVDAN Byambajav** MGL **31y** 32d 1990 - **2:09:03 -20**

Forty-sixth at 2017 World Championships, and 11 marathons since then

Half Mar pb: 64:36 -12. 10,000 pb: 30:27.1 -14. 10 Asian Games 10,000 2014; 7 WSG Half Mar 2017 (2013-dnf, 2015-11)

Marathons (30): 13 Asian Games 2010, 10 Xiamen 2012, 8 Beijing 2014, 23 Mungyeong 2015, 15 Seoul 2016, 2 Ulan Bator 2016, 19 Gold Coast 2016, 129 OLY 2016, 14 Hong Kong 2017, 15 Seoul 2017, 20 Gunsan 2017, 3 Ulan Bator 2017, 46 WCH 2017, 3 Dongguan 2017, 9 Wuxi 2018, 13 Dongying 2018, 1 Ulan Bator 2018, 10 Taiyuan 2018, 18 Shanghai 2018, 19 Mumbai 2019, 58 Otsu 2019, 19 Chongqing 2019, 12 Dongying 2019, 10 Gold Coast 2019, 11 Taiyuan 2019, 40 WCH 2019; 4 Military World Games 2019, 13 Shanghai 2019, 5 Oita 2020, 17 Otsu 2020

2977 **RAINHOLD Tomas Hilifa** NAM **30y** 182d 1991 **2:10:24** **2:10:24 -21**

Half Mar pb: 63:14 -18. 10,000 pb: 31:01.50 -17. 5000 pb: 14:33.79 - 18. 111 World Half Mar 2018. 1 Namibian 5000/10,000 2017/2018

Marathons (4): 14 Cape Town 2018, 21 Hamburg 2019, 17 WCH 2019, 28 Ampugnano 2021

In 2021: 28 Ampugnano Marathon

3018 **CHOUKOU Khalid** NED **35y** 138d 1986 **2:09:55** **2:09:55 -21**

Half Mar pb: 61:53 -13. 10,000 pb: 28:26.82 -12. 5000 pb: 13:39.33 -09. dnf ECH Half Mar 2016. At WXC: 2005-95J. At EXC: 2005-11J, 2006-9u23, 2010-32, 2011-7, 2012 -20, 2013-19, 2015-dnf, 2017-22, 2018-38. Born-Morocco. ex-Thai boxer. Served two-year doping suspension to June 2009

Marathons (6): 7 Rotterdam 2014, 14 Amsterdam 2015 & 2016, 12 Rotterdam 2019, 9 Eindhoven 2019, 23 Ampugnano 2021

In 2021: 23 Ampugnano Marathon

3024 **NAGEEYE Abdi** NED **32y** 159d 1989 - **2:06:17 -19** **NR**

Eleventh at Rio Olympics. Dutch record holder at Marathon & Half Marathon

Half Mar pb: 59:55 -18. 10,000 pb: 28:21.29 -13. 5000 pb: 13:38.86 -12. 3000 pb: 7:57.07 -09. 4 under-23 ECH 5000 2009 (11 1500); 6 ECH Half Mar 2016. At EXC: 2007

-24J, 2008-12J, 2009-7u23, 2010-33u23. 3 'Great' North Run 2019. Born-Somalia

Marathons (12): 3 Enschede 2014, 9 Rotterdam 2015, 8 Amsterdam 2015, 8 Boston 2016, 11 OLY 2016, 9 Rotterdam 2017, 9 Amsterdam 2017, 7 Boston 2018, dnf ECH 2018, 4 Rotterdam 2019, 9 Amsterdam 2019, 15 Valencia 2020. Helped pace Monza "Breaking2" Exhibition Marathon in 2017.

In 2021: dnf Djibouti Half Mar

3029 **VAN NUNEN Bart** NED **25y** 318d 1995 - **2:10:16 -20**

Half Mar pb: 61:47 -21. 10,000 pb: 28:57.73 -17. 5000 pb: 14:11.01 -16. 5 EJC 5000 2013; 12 WJC 10,000 2014; 4 under-23 ECH 10,000 2015 (2017-19); 39 ECH Half Mar 2016. At EXC: 2013-36J, 2014-43J, 2015-40u23, 2017-29u23

Marathons (2): 10 Berlin 2018, 33 Valencia 2020

In 2021: 8 Berlin 10K; 6 Dresden Half Mar; 13 Sapporo Half Mar

3082 **MOEN Sondre Nordstad** NOR **30y** 208d 1991 - **2:05:48 -17** **NR**

Set short-lived European marathon record in Fukuoka 2017 // Half Mar pb: 59:48 -17 (61:42 -21). 5000 pb: 13:20.16 -17. 10,000 pb: 27:24.78 -19. 5 EJC 5000 2009; 1 under -23 ECH 10,000 2011; 9 ECH 10,000 2014 (2010-14); 9 ETCh 5000 2015; ht WCH 5000 2017; 11 WCH 10,000 2019. At WXC: 2008-28J, 2009-74J, 2010-31J, 2011-36. At EXC: 2007-6J, 2008-2J, 2009-4J, 2010-5J (fell), 2011-3u23, 2014-13, 2016-13. 1 Nordic junior XC 2008/2009. Former cross country skier, he was Norwegian Youth Champion in 2006 in that sport. Underwent tendon replacement surgery in 2013 "I had to re-learn how to walk as my foot had lost its strength". Coach-Renato Canova (since 2016 when he became a full-time athlete), the same as top Kenyans such as Abel Kirui (1 WCH 2009/2011)

Marathons (5): 4 Florence 2015, 19 OLY 2016, 3 Hannover 2017, 1 Fukuoka 2017 (former European marathon record of 2:05:48 with splits of 63:19/62:29), dnf ECH 2018, 9 London 2020

In 2021: He has begun working with a new sponsor, Dæhlie Sportswear (the company of Bjørn Dæhlie, Norway's greatest male cross-country skier); 5 Dresden Half Mar; On March 29, it was reported that he was stopped at Oslo airport when attempting to travel to his training base in Kenya, after that country extended their lockdown restrictions; 3 Morton 10K; 1 Disenå Half Mar; 1 Oslo Night of Highlights 10,000

3102 **HICKS Malcolm** NZL **33y** 293d 1987 - **2:10:04 -20**

Half Mar pb: 64:49 -17 (66:36 -21). 10,000 pb: 28:58.90 -15. 5000 pb: 13:37.31 -19. 1 New Zealand 3000 2012, 10K 2013/2015, 5000 2014, XC 2015. Works as an

Engineer, based in London. Coach-Paul Hamblyn

Marathons (4): 18 Berlin 2018, 2 Düsseldorf 2019, 27 WCH 2019, 22 Seville

3104 **ROBERTSON Zane** NZL **31y** 267d 1989 - **2:08:19 -19** **NR**

2014 Commonwealth bronze at 5000m. New Zealand marathon record holder

Half Mar pb: 59:47 -15. 10,000 pb: 27:33.67 -16. 5000 pb: 13:13.83 -13. 3000 pb: 7:41.37 -14. Mile pb: 3:53.72 -14. 1500 pb: 3:34.19 -14. 14 WCH 5000 2013; 12 WIC 3000

2014; 3 COM 5000 2014 (ht 1500); 12 OLY 10,000 2016; 16 WCH 10,000 2017. At WXC: 2011-90. Twin of Jake Robertson (one minute younger and also an international runner of high world class). They emigrated in 2007 to live and train in Iten, Kenya. Then in 2011 Zane moved to train in Addis Ababa in Ethiopia

Marathons

Marathons (3): dnf Amsterdam 2017, 3 Gold Coast 2019, 10 Santa Monica 2020

3124 **CASTELBLANCO Jorge** PAN **33y** 319d 1987 - **2:09:49 -20** **NR**

Full name-Jorge Enrique Morales Castelblanco

Panamanian record holder, he was [in 2016] the first Panamanian to run a marathon at the Olympics

Marathons (9): 1 Padenghe Sul Garda 2015, 15 Hamburg 2016, 134 OLY 2016, 9 Hannover 2017, dnf WCH 2017, 2 Panama City 2018, 36 Hamburg 2019, 42 Valencia 2019, 27 Valencia 2020

In 2017: 15 South American XC; 9 Hannover

3135 **AYALA Derlis** PAR **31y** 213d 1990 - **2:10:11 -20** **NR**

Full name-Derlis Ramon Ayala Sanchez

Paraguayan record holder at 10,000m, Half Marathon & Marathon

Half Mar pb: 63:19 -18. 10,000 pb: 28:56.39 -18. 5000 pb: 13:53.20 -18. ht World Youth 3000 2007; ht WJC 1500 2008; 3 Pan-Am junior 3000SC 2009; 11 South American 5000 2017. He led the 2019 World Championship Marathon by as much as 62 seconds (at 15K), but later dropped out (leaving questions about his intention to ever complete the race, given that he'd race the Buenos Aires marathon only 13 days earlier)

Marathons (15): 21 Valencia 2015, 19 Rotterdam 2016, 135 OLY 2016, 2 Asunción 2016, 13 Valencia 2016, 2 Temuco 2017, 25 WCH 2017, 1 Asunción 2018, 4 Buenos Aires 2018, 19 London 2019, 5 Pan-Am Games 2019, 5 Buenos Aires 2019, dnf WCH 2019, 26 Otsu 2020, 32 Valencia 2020

3138	PACHECO Christian PER	28y	74d	1993	-	2:09:31 -19	NR
(RESERVE) Full name-Christian Pacheco Mendoza 2019 Pan-American Champion Half Mar pb: 63:15 -18. 50 World Half Mar 2018 (2014-85). His older brother Raúl Manuel Pacheco; has a similar career: 2 Pan-Am Games 2015 & Peruvian record 2:11:01 in 2015 Marathons (7): 8 Rotterdam 2016, 52 OLY 2016, 2 Huancayo 2016, 1 Huancayo 2017, 3 Buenos Aires 2018, 1 Pan-Am Games 2019, 39 Fukuoka 2019 In 2021: 2 Lima 5000							
3188	CHABOWSKI Marcin POL	35y	72d	1986		2:10:17	2:10:07 -12
He tried to win the 2014 European Marathon title from the front and had a 65 second after halfway, but then was caught at dropped out exhausted Half Mar pb: 62:24 -18. 10,000 pb: 28:27.59 -09. 3000SC pb: 8:25.90 -08. 5 World Youth 2000SC 2003; 9 WJC 3000SC 2004; 1 EJC 3000SC 2005; 5 under-23 ECH 3000SC 2007; 6 ECP 5000 2008; 5 ECP 10,000 2010; 11 ECH 1,000 2010. At WXC: 2004-30J. At EXC: 2005-8J, 2008-12u23. 1 Polish 10,000 2008/2009 Marathons (11): 6 Warsaw 2011, 4 Düsseldorf 2012, 5 Łódź 2014, dnf ECH 2014, 8 Eindhoven 2014, 2 Mungyeong 2015, dnf London 2016, 9 Beirut 2018, 4 Warsaw 2019, 7 Military World Games 2019, 10 Enschede 2021 In 2021: 10 Enschede Marathon							
3193	GARDZIELEWSKI Arkadiusz POL	35y	57d	1986		2:10:31	2:10:31 -21
Half Mar pb: 63:28 -11. 10,000 pb: 28:44.19 -10. 5000 pb: 13:53.56 -08. 8 EJC 10,000 2005; 8 under-23 10,000 2007. At WXC: 2005-81J, 2013-38. At EXC: 2005-10J, 2006 -43u23, 2007-14u23, 2008-41u23, 2010-74 Marathons (6): 5 Athens 2010, 4 World Military Games 2011, 10 Valencia 2011, 10 Vienna 2012, 15 Berlin 2013, 8 Warsaw 2013, 21 ECH 2018, 15 Beirut 2018, 6 Military World Games 2019, dnf Valencia 2020, 1 Debno 2021 In 2021: 1 Debno Marathon							
3203	NOWICKI Adam POL	30y	349d	1990		2:10:21	2:10:21 -21
2020 Polish Half Marathon Champion // Half Mar pb: 63:57 -17b (64:15 -20). 10,000 pb: 29:12.85 -18. 5000 pb: 14:07.87 -20. 95 World Half Mar 2020. Professional soldier Marathons (5): 3 Warsaw 2018, 3 Warsaw 2019, 18 Frankfurt 2019, 2 Olesno 2020, 11 Enschede 2021 In 2021: 11 Enschede Marathon							
3403	GELANT Elroy RSA	34y	348d	1986		2:11:22	2:10:31 -19
South African record holder at 5000m // Half Mar pb: 61:00 -19. 10,000 pb: 27:41.30 -13. 5000 pb: 13:04.88 -16. 3000 pb: 7:39.55i -14, 7:41.38 -15. 1500 pb: 3:37.97 -15. 800 pb: 1:47.74 -08. 3 WSG 5000 2009; 12 WCH 5000 2013 (2011-ht); 7 WIC 3000 2014 (2012-12); 13 World Half Mar 2014 (2018-41); 2 African Champs 5000 2016 (2014 -9); 13 OLY 5000 2016. At WXC: 2013-20, 2017-44. 1 South African 10,000 2011 & XC 2012. Coach-Jean Verster Marathons (4): 5 Cape Town 2017, 4 Cape Town 2019, dnf London 2020, 1 Cape Town In 2018: 1 Potchefstroom 5000/10,000							
3422	MOKGOBU Pheeha RSA	32y	257d	1988	-	2:09:13 -20	
(aka Desmond Mokgobu) Three World Championship appearances // Half Mar pb: 61:50 -18 (64:35 -21). 5000 pb: 14:16.04 -19 (14:16.22 -21). At WXC: 2013-87 Marathons (14): 8 Johannesburg 2013, 7 Cape Town 2014, 5 Durban 2015, 3 Santiago de Chile 2015, 41 WCH 2015, 7 Santiago de Chile 2016, 5 Cape Town 2016, 12 Rotterdam 2017, 21 WCH 2017, 1 Oita 2018, 10 Cape Town 2018, 9 Oita 2019, 32 WCH 2019, 21 Valencia 2020 In 2021: 2 Boksburg 5000 (Feb 20); 11 Stellenbosch 5000; 3 Boksburg 5000 (Mar 27)							
3423	MOKOKA Stephen RSA	36y	189d	1985	-	2:07:40 -19	
23 South African titles across three surfaces. Fifth in 2019 World Championship marathon Half Mar pb: 59:35 -20 (61:24 -21). 10,000 pb: 27:40.73 -12. 5000 pb: 13:11.44 -15 (13:46.34 -21). 1500 pb: 3:38.55 -10. 9 WSG 10,000 2005; 13 WCH 10,000 2011 (2013/2017-20); 1 WSG 10,000 2013 (2007-3, 2011-2); 6 African Games 5000 2015; 1 African Champs 10,000 2016 (2012-8); 18 OLY 10,000 2016; 6 COM 10,000 2018; 7 World Half Mar 2020 (2008-67, 2009/2012-8, 2014-12, 2016-10, 2018-16). At WXC: 2008-74, 2009-32, 2010-22, 2015-29. 1 South African 1500 2010, 5000 2013/2015/2016, 10,000 2009/2010/2011/2012/2013/2015/2016/2018, 10K 2009/2010/2015, 12K 2010/2015, Half Mar 2008/2009/2011/2012/2013, XC 2014. Lives-Pretoria. 50kg/1.57 tall Marathons (18): 4 Seoul 2010, 3 Pretoria 2011, 2 Shanghai 2011, 49 OLY 2012, 4 Shanghai 2012, 1 Shanghai 2013, 1 Shanghai 2014, 2 Shanghai 2015, 1 Shanghai 2016, 36 Tokyo 2017, 1 Shanghai 2017; 1 Pretoria Tuks 2018, 7 Pretoria Deloitte 2018, 1 Cape Town 2018, 3 Otsu 2019, 5 WCH 2019, 1 Pretoria Phobians 2020, 2 Otsu 2020. Also helped pace Otsu (Lake Biwa) 2010 & Beijing 2011 In 2021: 1 Durban 5000; 5 Stellenbosch 5000; 2 South African Half Mar							
3454	HAKIZIMANA John RWA	24y	282d	1996	-	2:11:19 -19	
Half Mar pb: 62:26 -18 (63:45 -19). 6 African Junior 10,000 2015; 34 World Half Mar 2018; 3 World Military Games Marathon 2019 In 2021: He was the Burundian flagbearer at the opening ceremony in Tokyo (along with swimmer Alphonsine Agahozo)							
3518	ABRAHAM Tadesse SUI	38y	361d	1982	-	2:06:40 -16	NR
Allegiance transferee from Eritrea – has lived in Switzerland since March 30, 2004, gained Swiss citizenship on June 10, 2014 and cleared by World Athletics to compete for Switzerland from July 19, 2014 Marathon pb: 2:06:40 -16. 10,000 pb: 28:41.37 -15 (29:06.28 -21). 1 ECH Half Mar 2016; 51 World Half Mar 2020. At WXC: 2003-dqJ (originally 16th), 2004-J (originally 58th); 1 Swiss 10,000 2014/2020. In the process of his transfer it became clear that he was born in 1982 and not 1986 as he presented when he competed as a junior for Eritrea at the World Cross Country Championships in 2003 and 2004; we was therefore disqualified from those events for age manipulation Marathons (20): 1 Zürich 2009, 2 Gongju 2009, 3 Otsu 2010, 7 Berlin 2010, 5 Toronto 2011, 7 Daegu 2012, 1 Zürich 2013, 7 Honolulu 2013, 9 ECH 2014, 10 Seoul 2015. 19 WCH 2015, 4 Seoul 2016, 7 OLY 2016, 5 New York 2017, dnf Otsu 2018, 2 ECH 2018, 10 Dubai 2019, 2 Vienna 2019, 9 WCH 2019; dnf Enschede 2021 In 2021: dnf Enschede Marathon; 3 Swiss 10,000							
3583	GEAY Gabriel Gerald TAN	24y	331d	1996		2:04:55	2:04:55 -21 NR
Tanzanian record holder // Half Mar pb: 59:42 -20. 10,000 pb: 28:04.98 -16. 5000 pb: 13:20.35 -17. 4 African Junior 5000 2015. At WXC: 2017-22, 2019-87 1 Atlanta 'Peachtree' 10K 2016; 1 Utica Boilermaker 15K 2018. Studied Business Administration at the University of Dar es Salaam Marathon (1): 6 Milan 2021. Also paced Otsu 2019/2020 In 2021: 6 Milan Marathon (Tanzanian record 2:04:55 in his first completed marathon)							
3584	SIMBU Alphonse TAN	29y	175d	1992	-	2:08:27 -19	
Full name-Alphonse Felix Simbu Fifth at Rio Olympics, after which he was chosen to carry the flag for Tanzania at the closing ceremony. 2017 World Championship bronze Half Mar pb: 61:59 -16. 10,000 pb: 29:58.20 -08. 8 African Games 10,000 2011. At WXC: 2015-48. He is from the Singida region of Tanzania Marathons (13): 6 Gold Coast 2015, 12 WCH 2015, 3 Otsu 2016, 5 OLY 2016, 1 Mumbai 2017, 5 London 2017, 3 WCH 2017, dnf New York 2018, 6 Otsu 2019, 16 WCH 2019; 2 Military World Games 2019, 6 Otsu 2019, 6 Otsu (yet again) 2020							
3663	AGRALI Yavuz TUR	29y	120d	1992		2:19:57	2:10:41 -20
Half Mar pb: 64:17 -19 73 ECH Half Mar 2016 Marathons (15): 14 Istanbul 2014, 37 Frankfurt 2015, 18 Rotterdam 2016, 9 Istanbul 2016, 4 Zagreb 2017, 18 Istanbul 2017, 23 ECH 2018, 2 Gallipoli 2018, 13 Istanbul 2018, 39 Hamburg 2019, 8 Istanbul 2019, 29 Seville 2020, 7 Istanbul 2020, 5 Trabzon 2021, 12 Bad Loipersdorf 2021 In 2021: 5 Trabzon Marathon; 12 Bad Loipersdorf Marathon							

3665	ARIKAN Polat Kemboi TUR	30y	239d	1990	-	2:08:14 -19
<p>Allegiance transferee from Kenya – formerly Paul Kipkosgei Kemboi. Became a Turkish citizen on June 9, 2011 and under World Athletics competition ruling, was not due to be eligible to compete for Turkey until June 2013. On February 27, 2012 the IAAF Council agreed to end the waiting period for him (and İlham Tanui Öz bilen), enabling them to enter the 2012 World Indoor Championships</p> <p>Twice European Champion at 10,000m. He set his pb at 10,000m for ninth at the London Olympics, where he was the second European finisher (after Mo Farah)</p> <p>Half Mar pb: 60:27 -19 (63:10 -20). 10,000 pb: 27:35.50 -16. 5000 pb: 13:05.98 -11. 3000 pb: 7:42.31 -12. ht WIC 3000 2012; 1 ECP 10,000 2012; 1 ECH 10,000 2012 (3 5000); 9 OLY 10,000 2012 (ht 5000); 10 EIC 3000 2013; 1 Mediterranean Games 10,000 2013; dnf WCH 10,000 2013/2017; 16 World Half Mar 2014 (2020-61); 4 ECH 10,000 2014 (2018-dnf); 1 ECH 10,000 2016 (dnf Half Mar); 13 OLY 10,000 2016. At WXC: 2017-dnf. At EXC: 2013-2 (in spite of a heavy fall over the one obstacle on the course); 2014-1, 2015-dnf, 2016-2, 2017-9, 2018-7. Coach-Berk Peki</p> <p>Marathons (4): 5 Istanbul 2019, 6 Paris 2019, dnf WCH 2019, dnf Valencia 2020</p>						
3672	OZBİLEN Kaan Kigen TUR	35y	205d	1986		2:04:16 -19 ER
<p>Allegiance transferee from Kenya – full original name-Mike Kipruto Kigen. Has lived in Turkey since March 23, 2015, gained Turkish citizenship on June 24, 2015 and cleared by World Athletics to represent Turkey from June 24, 2016</p> <p>Half Mar pb: 59:48 -19 (62:26 -21). 10,000 pb: 27:03.49 -12. 5000 pb: 12:58.58 -06. 3000 pb: 7:35.87 -06. 2 African Champs 5000/10,000 2006; 2 WCP 5000 2006; 2 ECH Half Mar 2016; 9 World Half Mar 2018; 10 ECH 10,000 2018; 54 World Half Mar 2020. At WXC: 2006-5 long. At EXC: 2016-10, 2017-1, 2018-4. 1 Kenyan 5000 2006. Wife-Violet Chebet, their daughter Shantel born June 29, 2009</p> <p>Marathons (15): 8 Dubai 2013, 11 Chicago 2013, 7 Paris 2014, 2 Frankfurt 2014, 4 Paris 2015, 3 Amsterdam 2015, 3 Seoul 2016 (March), 17 OLY 2016, dnf Seoul 2016 (November); 14 WCH 2017, 9 Istanbul 2017, 5 Amsterdam 2018, 2 Rotterdam 2019, 2 Valencia 2019, 19 Valencia 2020. Also paced London 2013</p> <p>In 2021: 10 Istanbul Half Mar</p>						
3709	CHEMONGES Felix UGA	25y	302d	1995	2:05:12	2:05:12 -19 NR
<p>Ugandan record holder, set in Toronto 2019 // Half Mar pb: 61:03 -19 (63:12 -21). 5 World Mountain Running Champs 2016; 26 World Half Mar 2018. Competes for Ugandan Prisons Athletic Club</p> <p>Marathons (5): 2 Beirut 2018, 2 Linz 2019, 3 Toronto 2019, 9 Otsu 2020, 8 Enschede 2021</p> <p>In 2021: 8 Enschede Marathon</p>						
3713	KIPROTICH Stephen UGA	32y	112d	1989	2:09:04	2:06:33 -15
<p>2012 Olympic Champion, 2013 World Champion. In 2012 he became Uganda's second Olympic athletics champion, after John Aki-Bua 40 years earlier</p> <p>Half Mar pb: 61:15 -13 (63:55 -21). 10,000 pb: 27:58.03 -10. 5000 pb: 13:23.70 -08. 3000SC pb: 8:26.66 -10. ht WCH 5000 2007; 5 WJC 10,000 2008; 6 African Champs 10,000 2010; 2 African XC 2011. At WXC: 2006-24J, 2007-19J, 2008-12J, 2009-23, 2011-6, 2017-17. 1 UK 10,000 2010; 1 'Great' North 10K 2014. Born-Uganda, he says he moved to Kenya (Eldoret) to train with former World 5000m Champion Eliud Kipchoge because of a lack of training partners in Uganda. Father of three</p> <p>Marathons (20): 1 Enschede 2011, 8 WCH 2011, 3 Tokyo 2012, 1 OLY 2012, 6 London 2013, 1 WCH 2013, 12 New York 2013, 12 London 2014, 5 New York 2014, 2 Tokyo 2015, 6 WCH 2015, 4 Tokyo 2016, 14 OLY 2016, 2 Hamburg 2017, 2 Fukuoka 2017, 5 Hamburg 2018, 7 Toronto 2018, 3 Hamburg 2019, 18 WCH 2019, 5 Enschede 2021</p> <p>In 2021: 5 Enschede Marathon</p>						
3716	MUSOBO Fred UGA	24y	360d	1996	2:08:24	2:06:56 -19
<p>2015 World Mountain Running Champion (by 44 seconds). Thirteenth at 2019 World Championships</p> <p>Half Mar pb: 61:08 -18. 10,000 pb: 29:10.56 -17. 5000 pb: 13:43.83 -17. 1 World Mountain Running Champs 2015 (2017-3); 20 World Half Mar 2018. At WXC: 2015-9J. Competes for Uganda Prisons Service</p> <p>Marathons (6): 4 Milan 2018, 5 Seoul 2018, 3 Daegu 2019, 13 WCH 2019, 2 Kampala 2019, 15 Ampugnano 2021</p> <p>In 2021: 15 Ampugnano Marathon</p>						
3776	HORODYSKYI Bogdan-Ivan UKR	27y	82d	1994	-	2:10:52 -19
<p>Ukrainian Half Marathon record holder (set when 20th at 2020 World Half)</p> <p>Half Mar pb: 60:20 -20. 10,000 pb: 28:27.44 -19. 5000 pb: 14:37.42 -17. 1500 pb: 3:43.99 -14. ht World Youth 3000 2011; 5 EJC 1500 2013; 20 World Half Mar 2020. At EXC: 2011-77J, 2013-21J, 2015-46u23, 2016-27u23, 2018-74, 2019-26. 1 Ukrainian 10,000 2019/2020</p> <p>Marathon (1): 1 Bila Tserkva 2019 (Ukrainian Champs)</p>						
3792	NYZHNYK Mykola UKR	26y	13d	1995	-	2:11:12 -19
<p>Half Mar pb: 63:14 -18. 5000 pb: 13:37.95 -15. 10,000 pb: 28:50.71 -19 (28:52.98 -21). 26 WJC 10,000 2014; 5 under-23 ECH 5000 2015; 18 ECH 5000 2016; 8 under-23 ECH 10,000 2017 (11 5000); 26 ECP 10,000 2019. At EXC: 2014-50J, 2015-57u23, 2016-30u23, 2017-48u23. 1 Ukrainian 10,000 2018</p> <p>Marathon (1) 2 Bila Tserkva 2019 (Ukrainian Champs)</p> <p>In 2021: 4 Ukrainian 10,000; 6 ECP 10,000 'B'</p>						
3799	SITKOVSKYY Oleksandr UKR	43y	60d	1978	--	2:09:11 -15
<p>12th & 20th at the last two Olympic Marathons // Half Mar pb: 63:41 -20. 10,000 pb: 28:52.9 -06. 5000 pb: 13:56.44 -00. 1 European Police 5000 2006; 5 ECP 5000 2007; 71 World Half Mar 2020</p> <p>Marathons (35): 4 Ljubljana 2006, 1 Ljubljana 2007, 2 Turin 2008, dnf OLY 2008, 13 Prague 2009, 5 San Diego 2009, 1 La Rochelle 2009, 16 Rome 2010, dnf ECH 2010, 4 La Rochelle 2010, 19 Daegu 2011, 5 Łódź 2011, 1 Bila Tserkva 2011, 5 Shanghai 2011, 20 Tokyo 2012, 12 OLY 2012, dnf Bila Tserkva 2012, 3 Lanzhou 2013, 1 Florence 2013, dnf Rome 2014, 5 Vienna 2014, 3 Marrakech 2015, 2 Bila Tserkva 2015, 20 OLY 2016, dnf Istanbul 2016, 19 Guangzhou 2016, 21 Dubai 2017, 5 Beijing 2017, 9 Seoul 2018, 24 ECH 2018, 11 Lisbon 2018, 8 Santa Monica 2019, 18 Liupanshui 2019, 5 Beijing 2019, 16 Kunming 2019</p> <p>In 2018: 9 Seoul Marathon; 16 Prague Half Mar; dnf Vinnytsya 10,000 race 1; 6 Karlovy Vary Half Mar; 4 Ceské Budejovice Half Mar; 13 Olomouc Half Mar</p>						
3900	ABDIRAHMAN Abdi USA	44y	219d	1977	-	2:08:56 -06
<p>4x US Champion at 10,000m. Tokyo 2021 due to be his fifth Olympics</p> <p>Half Mar pb: 60:29 -07. 10,000 pb: 27:16.99 -08. 5000 pb: 13:13.32 -05. 3000 pb: 7:47.63 -01. 10 OLY 10,000 2000 (2004/2008-15); 7 WCH 10,000 2007 (2001-19, 2005 -13). At WXC: 2000-45 long, 2001-15 long, 2002-11 long, 2003-35 long, 2004-34 long. 1 US 10,000 2004/2005/2007/2008. Born-Somalia, lives-Tucson Received US citizenship on January 28, 2000. Studied retail consumer studies at the University of Arizona. Coach-James Li</p> <p>Marathons (17): 14 New York 2004, 5 New York 2005, 4 Chicago 2006, dnf New York 2007 (US Olympic Trial), 6 New York 2008, 9 New York 2009, 3 Houston 2012 (US Olympic Trial), dnf OLY 2012, 15 Boston 2014, 3 New York 2016, 6 Boston 2017, 7 New York 2017, 15 Boston 2018, dnf New York 2018, 26 Boston 2019, 9 New York 2019, 3 Atlanta 2020 (US Olympic Trial)</p> <p>In 2021: dnf Djibouti Half Mar; 15 US 10K</p>						
3945	KORIR Leonard USA	34y	241d	1986	-	2:07:56 -19
<p>(RESERVE)</p> <p>(Sergeant Leonard Essau Korir)</p> <p>Allegiance transferee from Kenya – acquired US citizenship on May 3, 2016 having been resident in the USA since October 2014. Cleared by World Athletics to compete for the USA from May 23, 2016</p> <p>Half Mar pb: 59:52 -17. 10,000 pb: 27:20.18 -17 (28:13.84 -21). 5000 pb: 13:15.45 -13 (13:28.04 -21). 14 OLY 10,000 2016; dnf World Half Mar 2018; 12 WCH 10,000 2019 (2017-13). At WXC: 2017-20, 2019-72. 1 NCAA indoor 5000 2011; 1 NCAA 10,000 2011; 1 US XC / 10K / 15K 2017; 1 US XC / 15K 2018; 1 US 20K / Half Mar 2019. Was a student of Political Science at Iona College, New Rochelle. In 2015 joined the US Army's World Class Athlete programme, which combines soldiering with competition. Based at Fort Carson in Colorado Springs. His younger sister Vallery Korir is a 33:16.89 10,000m runner</p> <p>Marathons (2): 11 Amsterdam 2019, 4 Atlanta 2020 (US Olympic Trial)</p> <p>In 2021: 6 Des Moines Drake Relays 5000 (15 1500); 15 Irvine 'Track Meet' 10,000; 15 US 10,000</p>						

3962 RILEY Jake USA

33y 178d 1988 - 2:10:02 -20

(Jacob) // Half Mar pb: 62:56 -14. 10,000 pb: 27:59.37 -15. 5000 pb: 13:32.82 -12 (14:13.02 -21). 3 NCAA 10,000 2010; 2 US 10M 2012; 2 'Great' Edinburgh XC 2015. Did not race in 2017/2018 (Achilles). Graduate of Biomechanical Engineering from Stanford University. Lives-Boulder. Coach-Lee Troop Marathon (1): 11 Chicago 2014, 15 Los Angeles 2016 (US Olympic Trial), 9 Chicago 2019, 2 Atlanta 2020 (US Olympic Trial) In 2021: 11 Nashville Music City Carnival 5000; 9 US 10K

3965 RUPP Galen USA

35y 92d 1986 - 2:06:07 -18

2012 Olympic silver at 10,000m, 2016 Olympic bronze at marathon // Half Mar pb: 59:47 -18. 10,000 pb: 26:44.36 -14. 5000 pb: 12:58.90 -12. 7 World Youth 3000 2003; 1 Pan-Am junior 5000 2003; 9 WJC 5000 2004; 13 OLY 10,000 2008; 5 WIC 3000 2010; 2 OLY 10,000 2012 (7 5000); 4 WCH 10,000 2013 (2007-11, 2009-8, 2011-7, 2015-5); 8 WCH 5000 2013 (2011-9, 2015-5); 4 WIC 3000 2014; 5 WCH 10,000 2015; 5 OLY 10,000 2016. At WXC: 2005-20J. 1 US 10,000 2009-2016 (1 5000 2012). Married 33:54.55 10,000m runner Keara Sammons in September 2011, their twins Grayson and Emmie born July 29, 2014. Unusual habit: he always keeps the television volume level at an even number. Coach-Mike Smith Marathons (9): 1 Los Angeles 2016 (US Olympic Trial), 3 OLY 2016, 2 Boston 2017, 1 Chicago 2017, dnf Boston 2018, 1 Prague 2018, 5 Chicago 2018, dnf Chicago 2019, 1 Atlanta 2020 (US Olympic Trial) In 2021: 4 Portland Track Festival 10,000; 6 US 10,000; 8 US 10K

WORLD ALL-TIME LIST

- 1.....2:01:39....Eliud Kipchoge KEN.....2018
 - 2.....2:01:41....Kenenisa Bekele ETH.....2019
 - 3.....2:02:48....Berhanu Legesse ETH.....2019
 - 4.....2:02:55....Mosinet Geremew ETH.....2019
 - 5.....2:02:57....Dennis Kimetto KEN.....2014
 - 6.....2:02:57....Titus Ekiru KEN.....2021
 - 7.....2:03:00....Evans Chebet KEN.....2020
 - 8.....2:03:02a..Geoffrey Mutai KEN.....2011
 - 9.....2:03:04....Lawrence Cherono KEN.....2020
 - 10...2:03:06a..Moses Mosop KEN.....2011
- (a = aided course - Boston 2011)

2021 WORLD LIST

- 1.....2:02:57....Titus Ekiru KEN
- 2.....2:03:55....Reuben Kiprop Kipyego KEN
- 3.....2:04:17....Barnabas Kiptum KEN
- 4.....2:04:29....Seifu Tura ETH
- 5.....2:04:30....Eliud Kipchoge KEN
- 6.....2:04:31....Leul Gebrselassie ETH
- 7.....2:04:55....Gabriel Gerald Geay TAN
- 8.....2:04:56....Kengo Suzuki JPN
- 9.....2:05:01....Nicolas Kirwa KEN
- 10...2:05:19....Joel Kimurer KEN