



**WORLD ATHLETICS
INDOOR CHAMPIONSHIPS
NANJING 2020**

**TEAM MANUAL
(as at 20/01/2020)**



WORLD ATHLETICS PARTNERS



WORLD ATHLETICS MEDIA PARTNER



WORLD ATHLETICS SUPPLIER



TEAM MANUAL

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1. GENERAL INFORMATION

1.1 World Athletics Council Members and International Officials

WORLD ATHLETICS COUNCIL

President	Sebastian COE (GBR)
Senior Vice President	Sergey BUBKA (UKR)
Vice Presidents	Geoff GARDENER (NFI) Nawaf AL SAUD (KSA) Ximena RESTREPO (CHI)
Individual Members	Alberto JUANTORENA DANGER (CUB) Nawal EL MOUTAWAKEL (MAR) Abby HOFFMAN (CAN) Dahlan AL HAMAD (QAT) – Asia* Hamad KALKABA MALBOUM (CMR) – Africa* Anna RICCARDI (ITA) Sylvia BARLAG (NED) Hiroshi YOKOKAWA (JPN) Antti PIHLAKOSKI (FIN) Adille SUMARIWALLA (IND) Svein Arne HANSEN (NOR) – Europe* Nan WANG (CHN) Willie BANKS (USA) Raul CHAPADO (ESP) Dobromir KARAMARINOV (BUL) Beatrice AYIKORU (UGA) Mike SANDS (BAH) – NACAC* Hélio GESTA DE MELO (BRA) – South America*

**Area representative*

International Officials

Technical Delegates	Jose Maria ODRIozOLA (ESP) Brian ROE (AUS)
Jury of Appeal	1 Council Member – Chairman Antonio PEREZ CRISTOBAL (ESP)
Medical Delegate	Daniel MICHAUD (CAN)
Anti-Doping Delegate	Paolo Emilio ADAMI (ITA)
Press Delegate	Richard DRISCOLL (GBR)
Statistician	Olaf BROCKMANN (GER)
English Announcer	Andras SZABO (HUN)
Advertising Commissioner	Paul SWANGARD (USA)
Photo Commissioner	Frederique REYNERTZ (BEL)
International Starter	Raquel CAVACO NUNES (POR)
Int'l Photo Finish Judge	Lisa FERDINAND (CAN)
ITOs	David WEICKER (CAN) Rui LOUCAO (POR) - Chief Pasi OKSANEN (FIN) Giovanni CARDONA GOMEZ (COL) Chris COHEN (GBR) Loreto PEREZ ROMAN (ESP)

1.2 Local Organising Committee (LOC)

General Affairs, Government Relations	XU Wei
Finance and Procurement	WANG Lei
Competition Management	SHOU Lihua
Arrivals & Departures	CHEN Yuhong
World Athletics Liaison and Service, MFs&Teams Service	MA Yanping
IT & Telecommunications	ZHUO Jian
Transportation	LIANG Ge
Accommodation	ZHU Yanja
Medical Service	CHENG Min
Food & Beverage	TANG Jianyuan
Internet & Digital Media, Media Operations, Broadcasting	WANG Xiaoyan
Marketing, Brand Management, Brand Protection	YU Xiaoping
Licensing & Merchandising, Ticketing	WANG Peng
Accreditation, Security	ZHANG Xinbao

LOC Competitions Team

Competition Director	YANG Feng
Meeting Manager	CHENG Yuyang
Technical Directors	SHEN Hongbing / ZHANG Jianning

1.3 China and Nanjing

China

Location: China is located in East Asia, bordered by the Pacific Ocean on its east coast. It shares its land border with 14 countries and maritime boundaries with eight countries.

Area: 9.6 million sq. km

Government: China, officially the People's Republic of China, is a socialist state. The people's congress system is the fundamental political system in China. The incumbent Chinese head of state is Xi Jinping.

Population: 1.39538 billion (mainland China, 2018)

Climate: China's territory spans tropical, subtropical, warm temperate, mid-temperate, and cold-temperate zones from south to north, featuring a diversity of climates, such as temperate monsoon, subtropical monsoon, tropical monsoon, tropical rainforest, temperate continental, and alpine climates.

Language: Mandarin is China's official national language.

Ethnic Groups: China legally recognises 56 distinct ethnic groups comprising the Han Chinese and 55 ethnic minorities.

Capital: Beijing

Local Time: Beijing Time (UTC+8)

Driving: People drive on the right side of the road in left-hand-drive cars. Chinese law requires that everyone travelling in a car or van must wear seatbelts at all times. Chinese law prohibits the use of any handheld mobile device in any way when driving. Driving after drinking is definitely prohibited.

Landline Numbers: Telephone numbers begin with 025.

Telephone Country Code: +86

International Calls: To call either a landline or mobile number using an international phone, dial 00, then the China country code (+86), and then drop the first zero (0) of the number. For example: 025 8765 4321 becomes 0086 25 8765 4321 (for landline) and 135 7987 6541 becomes 0086 135 7987 6541 (for mobile).

Mobile Phone Networks: Mainland China supports CGSM, TD-SCDMA, CDMA, WCDMA, and TD-LTE networks. To determine whether your phone works in China and enable international data roaming and other services, please contact the corresponding network carrier in the country/region that has your phone service. You may also get a local SIM card with your passport at a mobile carrier's service hall in China.

Currency: Chinese Yuan (CNY)

The approximate exchange rate (subject to the current exchange rate):

7.0086 CNY to 1 USD

7.7908 CNY to 1 EUR

Coins: 1 yuan (CNY 1), 5 jiao (CNY 0.5), 1 jiao (CNY 0.1)

Notes: 1 yuan (CNY 1), 5 yuan (CNY 5), 10 yuan (CNY 10), 20 yuan (CNY 20), 50 yuan (CNY 50), 100 yuan (CNY 100)

Credit Cards: Mastercard, VISA, and Union Pay are all accepted in China.

Nanjing



The capital of Jiangsu Province, Nanjing is a key city in East China located downstream of the Yangtze River, the longest river in China. Nanjing lies within a subtropical monsoon climate zone with abundant rainfall, featuring four distinct seasons.

The city covers an area of 6,587 sq. km and has jurisdiction over 11 districts and a national development area—Jiangbei New Area. Nanjing has over 8.4 million permanent residents.

As one of China's four great ancient capitals, Nanjing was founded nearly 2,500 years ago and remained a capital for over 450 years throughout six dynasties. Nanjing is known as a metropolis that has witnessed 10 dynasties. Today, Nanjing boasts modern, open landscapes where 600-year-old fortifications and stylish skyscrapers coexist in harmony with an array of temples, palaces, gardens, parks, and museums.

Home to 53 colleges and universities, Nanjing is also famous for its educational prowess as one of China's three major scientific research centres.

Nanjing is also an Olympic city. Following the Nanjing 2014 Youth Olympic Games, the city has also hosted a number of major international sports events including the FIRS World Championships—Roller Games 2017, the 2018 BWF World Championships, and the FIBA Basketball World Cup 2019.

Nanjing Sports Training Centre (NSTC) sits by the Yangtze River, in the core of Jiangbei New Area, and is backed by Laoshan National Forest Park, which is known as the "green lung of Nanjing and pearl of Jiangbei". Established in April 2016 as an education and training base for national sports talent, NSTC is available for spare-time training, public sports, public welfare undertakings, sports events, and promotion of the Olympic spirit. It is seeking to become the cradle of sports talent, a platform of fitness for all, and a competitive sports arena.

1.4 Getting around in Nanjing

Nanjing has a sound network of public transport comprising trains, metros, buses, and taxis.

Urban Transport App

The easiest way to find out how to reach your destination is to query Baidu Map or Amap on your smart phone.

These apps are updated constantly with the latest travel information and can automatically find the fastest route for you.

Buses

Buses are one of the most convenient means of transport in Nanjing. There are over 700 bus routes. Routes beginning with the letter D or K are for fast travel as they stop at fewer stations; routes beginning with E are for designated travel; routes beginning with G are for sightseeing; routes beginning with Y are for nighttime service.

Most bus routes charge RMB 2 for a ride, whereas some charge by distance. In addition to coins, buses also accept Alipay as a form of payment.

You can check bus schedules, stops, fares and real-time locations on the above mapping apps.

Note: Credit/debit cards are not accepted for bus fare payment. Please carry enough change as buses will neither make nor give change.

Trains

Nanjing connects to the rest of China through an efficient national rail system.

The main stations are:

Nanjing South Railway Station

Nanjing Railway Station

If you need to travel to Nanjing from within China, you can purchase train tickets online.

China Railway official website: <https://www.12306.cn/index/>

Metro

As of June 2019, there are 10 operational metro lines in Nanjing. The Linjiang Station on Metro Line 10 is the nearest metro station to the competition venue.

Calculated based on kilometrage, metro fares start at RMB 2 (for 4 km). If the travel distance is over 4 km, an additional RMB 1 will be charged at 5, 7, 9, 11, 13, and 15 kilometres.

To take the metro, you can purchase tokens from a self-service ticket vending machine or use the Alipay app on your phone as a metro pass. Credit/debit cards are not accepted for metro fare payment. The ticket vending machine accepts RMB 1 coins and RMB 5, RMB 10, and RMB 20 notes only. You may go to the service desk or staff for help in any metro station.

You can check metro schedules and stations at the Nanjing Metro official website: <http://www.njmetro.com.cn/njdtweb/home/go-operate-center.do?tag=yfw>.

Nanjing Public Utility IC Card (Jinlington)

You can purchase a Nanjing Public Utility IC Card (Jinlington), which can be topped up with no maximum or minimum limit to pay for bus and metro fares. Adult holders receive a 5% discount on fares and underage holders receive a 50% discount. There is also an RMB 1 discount for Jinlington holders who transfer between public transport modes within 90 minutes after using Jinlington for a metro ride.

The nearest place to the venue where you can purchase a Jinlington is the Wende Road Station. Registered cards can be returned and refunded, whereas unregistered ones cannot.

Taxi

The flag fall is RMB 11 (the first 3 km) for regular taxis, RMB 11 (the first 2.5 km) for mid-range or electric taxis, and RMB 11 (the first 2 km) for premium taxis. Fares charged by different types of taxis are: RMB 2.4/km for regular taxis, and RMB 2.9/km for mid-range taxis, electric taxis, and premium taxis. Taxi fares can fluctuate within 20% based on the standard rates, depending on the actual situation. Taxi rides charge cumulative fares by kilometrage and waiting time at all times. The fares are differentiated by peak and off-peak hours.

1.5 GENERAL PROGRAMME

Wednesday, 11 March	Team Arrivals and Accreditation
09:00 – 18:00	WA Council Meeting
Thursday, 12 March	Team Arrivals and Accreditation
09:00 – 18:00	WA Council Meeting
10:00 – 12:00	Official training in competition venue
10:00 – 10:45	Teams Orientation Tour
11:00 – 11:45	Training with Official Starters
13:30	WA press conference
Friday, 13 – Sunday, 15 March	World Athletics Indoor Championships
Sunday, 15 March	Final Party (TBC)
Monday, 16 March	Teams Departures

2. TRAVEL TO NANJING

2.1 Official Airport and Arrival Information

The official airport is Nanjing Lukou International Airport (NKG). Transfers to and from the official hotels will be provided for all teams, VIPs and official event personnel from this airport.

Please note that there is no official transport from any other airport.

After leaving the plane, teams and officials will go through passport control. After collecting your luggage, please proceed to the World Athletics Indoor Championships welcome desk. From there you will be escorted to the official vehicle and taken to your hotel.

Vaulting poles

Vaulting poles will be transferred from the airport directly to the competition venue Nanjing Indoor Athletics Arena. Be sure to arrange travel on airlines that are able to transport your vaulting poles.

2.2 Entry Visas

Detailed entry visa information was circulated to Member Federations in November 2019. The list of countries requiring a visa can be found in Appendix A of the Circular Letter M/43/19.

Please note that if you are a citizen of a country/region that requires a Chinese visa, you will NOT be allowed to enter the country without one. China landing visas will not be accepted in this event.

2.3 Insurance

All member federations are responsible for their own insurance to cover illness or injury to any member of their delegation or team, when travelling to and from World Athletics events and during the event.

Circular specifically dedicated to team insurance coverage for emergency medical costs during the travel and stay abroad for all athletes and officials at 2020 World Athletics Series competitions will be issued in February 2020.

3. ACCREDITATION

3.1 Accreditation Centre

The Team Accreditation Centre (TAC) will be located in the International Youth Conference Hotel in meeting room n.730 and the WA/LOC Administrative Office in n.731

Opening Dates and Times will be as follows:

TAC

- 10 March 14:00 – 19:00
- 11 March 08:00 – 20:00
- 12 March 08:00 – 20:00
- 13 March 09:00 – 16:00
- 14 March 09:00 – 16:00
- 15 March 09:00 – 16:00

WA/LOC Administrative Office

- 10 March 14:00 – 19:00
- 11 March 08:00 – 13:00 / 14:00 – 20:00
- 12 March 08:00 – 13:00 / 14:00 – 20:00
- 13 March 09:00 – 13:00 / 14:00 – 16:00
- 14 March 09:00 – 13:00 / 14:00 – 16:00

3.2 Accreditation Procedures and Payments

Team Leader

The Team Leader will have to report to the WA / LOC Office at the accreditation centre before collecting his card in order to complete the following formalities:

- Uniform Check
- Athletes' Acknowledgement (where applicable)
- LOC Accommodation Invoice
- Travel Reimbursement
- WA Financial Statement
- Final Confirmation of Entries
- Bibs and Special Passes Collection

The Team Leader will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, use of single rooms, extra days, etc.) before collecting the accreditation card, which will be given upon the presentation of a document stating all procedures have been completed.

Athletes and Officials

All athletes and officials will check into their hotel before any accreditation is collected. Once checked in, the team manager will be directed to team processing, to settle any outstanding payments.

NB: To shorten procedures and avoid delays, it is strongly advised to settle payment prior to arriving in Nanjing. The LOC Finance Team will get in contact with all teams about settling their accommodation invoice in advance of their arrival.

3.3 Quota and Financial Support

The financial Quota by Member Federation, and the financial support offered by WA / LOC, was detailed in the WA M37/19-Circular Letter. The Quota chart can be found in Appendix B.

3.4 Arrivals outside the Accreditation Centre Opening Times

Athletes and Team Officials arriving at the hotels after the closing of the accreditation centre will be able to access the hotel for the night and for their dinner. The next morning, they must proceed to the team's accreditation centre to finalise the procedures and collect the official accreditation Cards.

3.5 Special Passes

WA shall provide special passes as required for the following categories:

- Combined Events Rest Room (two per athlete for coach and physiotherapist)
- TIC pass
- Team Meeting point pass (for Team Official's access to the Post Event Area)

3.6 Loss of Accreditation Card

The accreditation card must be worn visibly at all times and must be presented upon request. It is personal and non-transferable. In case of loss or theft, please report immediately to the Team Accreditation Centre. In order to obtain a new accreditation card, the team member must go to the accreditation centre or TIC with the passport or an appropriate identification document and they must be accompanied by his/her team leader or a senior official from his/her delegation.

Any Accreditation Card found being used by someone who is not its owner will be confiscated and its owner will be subject to sanction including possible ineligibility for his competitive participation in the Championships.

4. ACCOMMODATION

4.1 Team Hotels

The LOC has arranged accommodation for all participants in two hotels:

International Youth Convention	No.8 Ye Cheng Road, Nanjing (Jiangsu) - http://international-youth-convention-s.hotels-nanjing.com/en/?home-flower#main
Jinling Riverside Hotel	No.8 Wanjingyuan Road (Yangzijiang Avenue) Jianye District – http://jinlingriversidehotel.com/

4.2 Team Hotels Cost

For all athletes in the quota the LOC will offer free accommodation in twin rooms during the official period (arrival on Wednesday, 11 March – departing on Monday, 16 March), for a maximum of five nights. Single rooms will be charged a supplement as detailed below.

All Prices per person per day Full Board	Official Period from 11 March to 16 March (5 nights)		Outside Official Period	
	Twin	Single	Twin	Single
Athletes in quota	Paid by LOC	40 USD		
Athletes above quota and Officials (within 55%)	120 USD	195 USD	140 USD	235 USD
Extra Officials (above 55%)	130 USD	215 USD		

The number of officials that can be accommodated with the team at subsidised rates will be limited to a quota corresponding to 55% of the athletes (see chart in Appendix C). An additional 25% of non-subsidised officials (up to an overall maximum of 80%) will be accommodated in the Team hotels subject to availability.

The accommodation invoices will be based on the information (number of persons and arrival / departure details) provided in the final entries, with a tolerance of two people.

Payment of extra costs can be made:

- By credit card: MasterCard or Visa
- In cash: CNY or USD (the prevailing exchange rate will be agreed on the day the Main Team Accreditation Centre opens).
- Bank Transfer:
 - Bank: Bank of Nanjing
 - Account Number: 0137260000002912 Sort Code NJCBCNBN
 - Account Name: Nanjing 2020 World Athletics Indoor Championships Organizing Committee General Office

4.3 Team Hotels Check-in Procedures

Team Leader must report to the LOC Accommodation Desk, which will be located in the hotel's main reception area, to complete the check in procedure. The accommodation team will confirm the rooming list as previously provided by the 'team' and then issue the room keys. All team members must have a valid identification document (passport or identity card) to check-in.

Once checked in, the Team Leader will be directed to the 'WA/LOC Administrative Office' to settle payment. Once payment has been settled the Team Leader can collect his/her accreditation.

If other hotel services are required, the individual must scan the credit card at the main reception desk to activate these extra services (telephone, laundry, minibar, etc.).

Please note: Each team will check in at the hotel they have been allocated to, but will settle their accommodation payment and pick up their accreditation at the International Youth Convention accreditation centre.

4.4 Services in the Team Hotels

Accommodation Desk

For questions related to check in, hotel registration and local transport the LOC accommodation team will be happy to assist you. Please contact them on teams@worldathletcsnanjing2020.com.

Meeting Rooms

Rooms for meetings are available at both team hotels. Rooms can be reserved via the Accommodation Desk.

Rooms for Physiotherapy

Rooms for physiotherapy will be available at both team hotels. Rooms can be reserved via Accommodation Desk.

Internet access

Wi-Fi will be available in both hotels

4.5 Meals

Athletes and team officials will be admitted to the meal service area in the team hotel upon presentation of their accreditation cards and meal vouchers. However, access to this area will only be possible in the hotel where they are staying. Meals will all be served in buffet style and will be similar in both hotels. Hotels will cater for religious and special dietary requirements and all food shall be appropriately labelled in English. Mealtimes during the official period shall be as follows:

- Breakfast: 06:00 – 10:00
- Lunch: 12:00 – 16:00
- Dinner: 19:00 – 00:00

5. TRANSPORT

5.1 Airport

Travel from Nanjing Lukou International Airport (NKG) to the Team Hotels taken approximately 45 minutes.

Transport will be organised according to the arrival schedule announced in the Final Entries. Please remember to indicate in your Entries whether you will be arriving with poles, physio beds or any other bulky luggage so that the LOC can make the necessary transportation arrangements. A welcome desk will be located in front of the arrivals gate.

For the main departure on Monday 16th, an hourly shuttle will be provided from all hotels back to the airport starting at 3.30am and concluding at 5.30pm. Departures on other days will be managed on an individual basis with notifications posted at each hotel's welcome desk.

5.2 Competition and Training Venue

LOC will provide transport between the teams' hotels and the Nanjing Indoor Athletics Arena as well as to and from the training venue. Detailed schedules will be posted in the official information points of the Championships (CIDs and TIC)

5.3 Final Party

Final Party information will be provided onsite.

5.4 Travel Times

Below are the approximate times and distances between the key locations.

Place	Team Hotels / official venues	Distance	Travel time
Nanjing Lukou International Airport	International Youth Convention	45km	40-50min
	Jinling Riverside Hotel	48km	40-50min
Competition and Training Venues	International Youth Convention	15km	35-45min
	Jinling Riverside Hotel	15km	35-45min

6. INFORMATION CENTRES

6.1. Technical Information Centre (TIC)

The Technical Information Centre is located in the main competition venue, at the warm-up area level, to the left of the main athlete entrance.

The main task of the centre is to ensure a smooth liaison between each delegation and the Local Organising Committee, the WA Technical Delegates and the Competition Management of the Championships regarding technical matters.

The TIC is responsible for, but not limited to, the following:

- Displays on the relevant notice board of official communications to the teams, including start lists, results and call room reporting times. These will also be displayed at the warm-up area.
- Distribution of urgent notices to the delegations from the technical delegates and competition management via the pigeonholes. It is the Team Leader's duty to collect this kind of information.
- Distribution of coaches' seating passes/tickets for field events
- Receipt of relay order confirmations
- Receipt of written appeals.

This will be the main centre for technical information although certain documents produced in the TIC will also be distributed to the CIDs in team hotels for circulation.

The TIC will open on Wednesday 11 March. The TIC's opening hours are from 08.00 until at least one hour after the end of the last event of the day.

6.2. Competition Information Desks (CID)

There will be a CID in both Team Hotels, which will be linked to the TIC. It will be responsible for, but not limited to, the following:

- Display relevant notices and official communications to the teams, including start lists, results and call room reporting times.
- Distribution of urgent notices to the delegations from the technical delegates and competition management. It is the Team Leader's duty to collect this kind of information in due time.
- Receipt of enquiries concerning the Championships (deadline 20.00 on Wednesday 11 March).
- Receipt of final confirmations.
- It will also be possible to submit general enquiries to the TIC through these CIDs.
- Distribution of information and answering queries relating to accommodation, meals, transport and the Championships in general.

CIDs will be open from 11 to 16 March from 08:00 to 22:00

There will be a reduced CID service prior to 11 March, for teams that arrive earlier.

6.3 WA Competitions Department Offices

Staff from the WA Competitions Department will be in Nanjing to assist the LOC with the final preparation and conduct of the Championships and the teams with their participation.

They can be contacted as follows:

10 to 12 March	Teams Accreditation Centre
13 to 15 March	WA Competitions Office at the Stadium – can be contacted through the TIC

6.4 Document Distribution

The distribution of competition related information at the TIC and CIDs will NOT be systematically made through printouts in the team pigeonholes but will be displayed on the notice boards (and also available at the warm-up area).

It will still be possible to request occasional copies of specific event start lists and / or results (at the TIC).

Important notices of general interest (e.g. changes to the timetable) will also be displayed on the notice board.

The pigeonholes will be used to share individual communications with specific teams.

7. COMPETITION FACILITIES, EQUIPMENT AND IMPLEMENTS

7.1 Main Stadium

The Championships will take place at Nanjing Indoor Athletics Arena, which is situated in close proximity to the team hotels and city centre.

The facility has:

- 6 lanes, 1m wide/lane, 200m oval track (Mondo Sportflex Super X)
- 8 lanes, 60m straight (Mondo Sportflex Super X)
- Two high jump sites
- Two pole vault sites
- One long/triple jump site
- One Shot Put site
- Low-penetration pyramid and compression spikes are recommended

7.2 Warm-up Area

The warm-up area will be situated in the same building as the main arena of the Championships.

It will be equipped as follows:

- 6-lane, 60m straight (Mondo Sportflex Super X)
- hurdles, starting blocks
- synthetic surface to allow for jogging
- Shot put circle
- Team medical/physio area
- Combined events rest areas

The entrance to the warm-up area is adjacent to the team drop-off point at Nanjing Indoor Athletics Arena. It will be available every day from 7:30 until one hour after the last event.

7.3 Training Venue

Teams will have access to the six-lane, 400m outdoor, synthetic track located next to the Nanjing Indoor Athletics Arena. There will be a regular bus service to and from Team Hotels.

LOC representatives will be available at the training venue to assist. Athletes are advised to follow the instructions given by the representative and to pay particular attention to safety rules during the training sessions.

implements, equipment (hurdles, starting blocks, shot and relay batons will be available to athletes and coaches at the official training venue. These can be obtained from the equipment store and athletes/coaches using the equipment will be asked to leave their accreditation card with the LOC representative in charge.

7.4 Training at the Competition Venue

Athletes will also be given the opportunity to train on the Field of Play (FOP) from 10.00 to 12.00 on Thursday 12 March.

A training session with the official starters will be held between 11.00 and 11.45 on Thursday 12 March.

7.5 Sports Equipment

All competition equipment will be provided by World Athletics Official Supplier, Mondo.

7.6 Markers

Athletes will not be permitted to use their own markers during the Championships. Athletes who wish to use a marker must use those provided by the LOC. These markers are available at the event site.

7.7 Official Implements

MEN

Catalogue No.	Company	Description	Colour	Certification No.
SHOT 7.26kg				
QQ-4	Jiangsu Jinling	Jinling iron, dia: 120mm	Silver	I-12-0558
F251C	NISHI	Steel, dia: 129mm	Silver	I-99-0083
F251	NISHI	Steel, dia: 125.5mm	Silver	I-99-0087
PK-7,26/128	Polanik	Steel, dia: 128mm	Various	I-04-0305

WOMEN

Catalogue No.	Company	Description	Colour	Certification No.
SHOT 4kg				
QQ-10	Jiangsu Jinling	Jinling iron, dia: 106mm	Silver	I-12-0554
F253C	NISHI	Steel, dia: 109mm	Silver	I-99-0084
F253	NISHI	Steel, dia: 103mm	Silver	I-99-0089
PK-4/110	Polanik	Competition, Turned steel, dia: 110mm	Various	I-12-0581

Personal Implements will also be allowed, providing that:

- they are readily identifiable and are World Athletics certified;
- they are not already on the official list;
- they have been checked for compliance with World Athletics Rules;
- they are made available to all the other athletes.

If you do not find your implement in the list but you believe that it is/was certified, please contact the WA office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time.

Location and Time for submitting	Return
At the TIC by 18.00, the day before competition. A receipt will be given for the implements.	Implements will be returned in exchange for the receipt after the event's final at the TIC.

8 ENTRIES AND FINAL CONFIRMATIONS

8.1 Entry Rules

- **General** (except Combined Events and Relays – see below)
 - Each Member is entitled to enter up to three qualified athletes in each event of the Championships.
 - Entries will be determined by a combination of Entry Standards and performance lists.
 - A maximum of two athletes from any Member Federation may compete in each event.
- **Combined Events**
 - 12 athletes will be invited in the **Heptathlon** and in the **Pentathlon** as follows:
 - the winner of the 2019 Combined Events Challenge
 - the five best athletes from the 2019 Outdoor Lists (as at 31 December 2019), limited to a maximum of one per country
 - the five best athletes from the 2020 Indoor Lists (as at 24 February 2020)
 - one athlete who may be invited at the discretion of World Athletics
 - In total no more than two male and two female athletes from any one Member will be invited. Upon refusals or cancellations, the invitations will be extended to the next ranked athletes in the same lists respecting the above conditions.
- **Relays**
 - No entry standard
 - Each Member Federation will be able to enter up to eight athletes in each team
- **World Indoor Tour:** The individual overall winner of each event of the World Indoor Tour 2019 and 2020 will automatically qualify for the World Athletics Indoor Championships by Wild Card. The Member Federation of the World Athletics Indoor Tour winner will have the ultimate authority to enter the athlete or not, based on its own criteria or qualification system. If a Member Federation has three athletes qualified as a result, all three will be permitted to compete.
- **Unqualified Athletes**
 - Members who have **no male and/or no female qualified athletes** (whether eligible by Entry Standard or by subsequent performance lists) in any event may enter one unqualified male athlete OR one unqualified female athlete in a running event (except the 800m). In exceptional cases, and as agreed by the Technical Delegates, entry of unqualified athletes in the 800m, Long Jump, Triple Jump or Shot Put may be accepted. Applications for such entries must be submitted to World Athletics (events@worldathletics.org) by no later than **24 February 2020**.
 - If the **host country** does not have a qualified athlete in an event, it may enter one athlete in this event regardless of any Entry Standard (except for the Combined Events). For the Field Events and 800m, the entry is at the discretion of the Technical Delegates.

- **Target number of athletes/teams by event**

The target number of athletes/teams by event will be as follows:

Events	Target Number
60m	56
400m	30
800m	18
1500m	18
3000m (Men's)	24
3000m (Women's) – straight final	15
60m hurdles	48
High Jump, Pole Vault	12
Long Jump, Triple Jump, Shot Put	16
Combined Events	12
Relays	n/a

8.2 Age Categories

U20 Athletes: any athlete aged 18 or 19 years on 31 December 2020 (born in 2002 or 2001) may compete in any event.

U18 athletes: any athlete aged 16 or 17 years on 31 December 2020 (born in 2004 or 2003) may compete in any event except the Shot Put.

Athletes younger than 16 years on 31 December 2020 (born in 2005 or later) may not compete in any event.

8.3 Entry Standards

The Entry Standards were approved by the Council in March 2019 and are as follows:

WOMEN		MEN		
Indoor	Outdoor	Event	Indoor	Outdoor
7.30	11.15 (100m)	60m	6.63	10.10 (100m)
52.90	51.00	400m	46.50	45.00
2:01.50	1:58.00	800m	1:46.70	1:44.00
4:09.00 / 4:28.50 (Mile)	4:02.00	1500m	3:40.00 / 3:55.00 (Mile)	3:33.00
8:49.00	8:30.00 / 14:50.00 (5000)	3000m	7:50.00	7:40.00 / 13:10.00 (5000m)
8.16	12.85 (100mH)	60m H	7.70	13.40 (110mH)
No Standard		4x400 R	No Standard	
1.95		HJ	2.34	
4.70		PV	5.80	
6.75		LJ	8.20	
14.30		TJ	16.90	
18.30		SP	20.95	

CONDITIONS FOR THE VALIDITY OF PERFORMANCES:

- Performances must be achieved during the **qualification period** of 1 January 2019 to 2 March 2020 (midnight Monaco time), except for the Combined Events (see above).
- Performances must be achieved during **competitions organised or authorised by World Athletics**, its Area Associations or its National Member Federations. Thus, results achieved at university or school competitions must be certified by the National Federation of the country in which the competition was organised.
- Performances must be achieved during an official competition organised in **conformity with World Athletics Rules**.
- Performances achieved in **mixed competitions in track events** will not be accepted. Exceptionally, in accordance with the Rule 9 of the Technical rules (previously Competition Rule 147), performances achieved in the 5000m event may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender under specific circumstances and conditions (see Rule 9 of the Technical Rules (previously Competition Rule 147)).
- **Wind-assisted performances** will not be accepted.
- **Hand-timed performances** in 60m, 100m, 400m, 800m, 60m Hurdles, and 100m/110m Hurdles will not be accepted.
- For the running events of 400m and over, performances achieved on **oversized tracks** will NOT be accepted.

8.4 Final Entries

The deadline for completing and submitting entries via the World Athletics online Event Entry System is Monday 2 March 2020. (Midnight Monaco Time).

No changes or additions will be accepted after the closing date.

Technical Delegates may request member federations to submit a copy of the official results of the event where the qualifying performances have been achieved.

8.5 Final Confirmations

8.5.1 General

Teams will receive the final confirmation forms upon arrival in Nanjing and Team Leaders, or their representatives, must confirm the names of those athletes already entered, who will actually take part in the competition.

Final confirmation for all events must be made, at the latest, by 12.00 on Thursday 12 March. This should be done preferably during the accreditation procedure at the Teams Accreditation Centre, in the WA/LOC Administrative Office at the International Youth Convention Hotel but it will be possible to return the form also at the TIC or CID in the Teams' Hotels. In case of late arrivals on 12 March, Member Federations must confirm the athletes for the first day by email to statistics@worldathletics.org.

8.5.2 Relays

The final composition of the relay teams and the order of running must be declared at the TIC no later than **one hour before** the scheduled entry to the call room.

DAY 3 - Sunday, 15-Mar					
Event	Gender	Phase	Time	Report to Call Room	Deadline to return Declaration Form
4 x 400m Relay	W	R1	11:10	10:40	09:40
4 x 400m Relay	M	R1	11:35	11:05	10:05
4 x 400m Relay	W	F	19:40	19:10	18:10
4 x 400m Relay	M	F	19:55	19:25	18:25

In case the timetable changes, the deadline to declare the composition of the Team will be modified accordingly and it will always be no later than **one hour before** the scheduled entry to the call room.

Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.

Substitutes may only be taken from the list of entered athletes, whether for the relay or for any other event.

9. COMPETITION PROCEDURES

9.1 Orientation Visit for Team Leaders and Coaches

A visit to the main stadium and warm-up area will take place on Thursday 12 March at 10.00, in order for the Team Leaders and coaches to familiarise themselves with the exact location of the various facilities (warm-up area, call room, team seating etc.).

9.2 Technical Delegates Availability

There will not be an official Technical Meeting however the Technical Delegates, together with staff from the LOC and World Athletics Competition Department, will be available after the orientation visit for any questions or clarification that may be required.

9.3 Timetable

The timetable for Nanjing was approved by the Council in March 2019 can be found at the end of the Team Manual.

Information on any changes to the official timetable will be provided through the TIC.

9.4 Athletes' Bibs

The bibs will be distributed during the accreditation procedure at the International Youth Convention Hotel. Bibs which are not collected, will be taken to the Stadium TIC on Thursday afternoon.

All athletes will receive three bibs as follows:

- One bib with the name for the front of the competition vest
- One bib with the name for the back of the competition vest
- One bib with the name to be used for the tracksuit or the bag

Every athlete must wear two bibs during the competition, except in all jumping events, that athletes can decide to wear only one bib on the front or on the back.

The bibs for the relays (carrying the country code – (e.g. CHN) will be handed out at the call room and placed on the back.

Special bibs (green background) shall be used for the leader of the combined events after each event. These shall be handled directly by the Combined Events Referee and distributed at the combined events rest area.

Bibs must be worn in accordance with World Athletics Rules and must not be cut, folded or obscured in any way. Failure to comply with the Rules may result in a disqualification or sanction.

9.5 Athletes' Clothing

All athletes must compete wearing the official national uniform approved by their Delegation. This also includes the lap of honour and the Medal Ceremonies. Rule 5.1 of the Technical Rules (previously Competition Rule 143.1) recommends that the front and the back of the uniforms should have the same colour while all team members participating in a Relay Event must wear the uniform of the same design.

Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room.

Any advertising on clothes and bags must comply with the latest WA Marketing & Advertising Rules and Regulations which can be found on the WA website: <https://www.worldathletics.org/about-iaaf/documents/book-of-rules>

Member Federations are required to ensure their official team uniform is approved in advance of the event by World Athletics. Please email: kitapprovals@worldathletics.org for further information on how to get approval.

The uniforms will be checked upon arrival in the WA/LOC Administrative Office in the Team Accreditation Centre.

Any infringement of the Rules may result in the disqualification of the athlete.

9.6 Personal Belongings

Athletes will not be permitted to take any backpack, or similar sized bag, or any prohibited items, including tape measure, with them into the competition arena.

Combined Events athletes may bring large bags, but they must be left in the rest area in between events. Athletes are requested not to take with them to the competitions area bulky items or other inappropriate items.

A strict inspection will be made on illegal and prohibited items, which athletes may have in their possession. Smart watches, radios, CD/MP3 players, mobile phones, cameras, etc. shall not be permitted. Any items that do not conform to the WA technical and/or advertising Rules and Regulations will be confiscated. Confiscated items may be retrieved at the Post Event Area after the event.

9.7 Call Room Procedures

The call room will be situated at the side of the warm-up area. All athletes must present themselves to the call room according to the scheduled times as noted below. Times will also be announced over the PA system as well as shown on the electronic display in the warm-up area.

Athletes who fail to appear on time at the call room without a valid reason may be excluded from participating in this and all further events in the Championships, including relays. Team officials are not allowed to enter the call room.

Call Room Reporting Times – all times are prior to the actual starting time of the event :

Event	Report to Call Room	Arrival at Field of Play
Track Events and Relays	30 mins	10 mins
High Jump	60 mins	40 mins
Pole Vault	80 mins	60 mins
Long/Triple Jump	50 mins	30 mins
Shot Put	50 mins	30 mins

Note: Times may change slightly depending on the number of entries and changes will be displayed at TIC and CID.

A dedicated, heat by heat, call-up schedule will be issued once final entries are confirmed.

This will be displayed at the warm-up area and Team Hotels.

The procedures in the call room shall be as follows:

- Identification of athletes by means of their accreditation card and bib number.
- Checking of athletes' uniform
- Inspection of personal belongings
- Checking of shoe spikes (number, shape and size). The maximum sizes allowed are:
 - All events (except for high jump): not more than 6mm
 - High jump: not more than 9mm

If they do not comply with WA Rules, the athletes will be asked to change them to the correct size.

After completion of these procedures, athletes must follow the instructions given by the officials at the call room before being escorted onto the Field of Play.

Athletes who compete in combined events shall report to the call room only for the first event of each day. For the first event of the day, the above reporting times apply. As time allows, between events they will be escorted back to the combined events rest areas, from where the Combined Events Referee will manage movement to subsequent events. Pre-competition checks will take place in the Combined Events Rest Room Areas before the start of each event.

Team Leaders must ensure that all their athletes comply with the above before entering the call room to avoid delays.

9.8 Track Events

9.8.1 General

Athletes competing in track events will be required to change into their competition uniform and spiked shoes in the call room. Their personal belongings will be taken directly from here to the post event area.

The starter's commands will be given in English.

Hip numbers will be provided in the call room.

9.8.2 Women's 3000m

The Women's **3000m** event will be held as a straight Final.

9.9 Field Events

9.9.1 High jump and pole vault

High Jump and pole vault events shall be conducted as straight finals with twelve athletes starting in each event.

9.9.2 Horizontal Field Events

The long jump, triple jump and shot put will be held as straight finals with sixteen athletes starting in each event.

- All athletes have three initial trials
- The top eight athletes after three rounds of trials have two additional trials
- The top four athletes after five rounds of trials have one last trial.

9.10. Coaching Zones

Field Event Coaches will be given access to dedicated coaching zones in the tribunes by tickets which will be distributed through the TIC (one per athlete). The coaches concerned must gather at the TIC according to the same Call Room reporting times as their athletes (see table in Call Room Procedures) from where they will be escorted to the reserved seats.

9.11 Timing and Measurement

Official timing and measurement will be provided by SEIKO. Video Distance Measurement (VDM) will be used as the official measurement system to determine the results in the horizontal jumps. All trials of all athletes are recorded and stored in the system.

9.12 Post Competition Procedures

All athletes will depart from the competition area via the mixed zone. In the mixed zone, the media may conduct short interviews.

After passing through the mixed zone, athletes move on to the post event area where they will be able to recover and collect their clothing. The Medallists of each event will then proceed to the Medallists Press Conference room for the formal media conference.

One official per team will have access to a team meeting point, which will be located at the end of the post event area. Access will be via a team meeting point pass. This will enable teams to contact the athlete in case of urgent need.

Athletes will be notified of requirements for doping control tests after the mixed zone.

One official per team will have access to a team meeting point, which will be located at the end of the post event area. Access will be via a team meeting point pass. This will enable teams to contact the athlete in case of urgent need.

9.13 Medal Ceremonies

Medallist will receive their medals inside Nanjing Indoor Athletics Arena.

The first, second and third placed athletes in each individual event and the first three teams in each relay race will be presented with a gold, silver and bronze medal respectively.

If a team competes in the relay final with different athletes to the first round, only the four athletes in the final will be awarded medals during the official ceremony. The other athletes will be able to collect their medals later from the Technical Information Centre (TIC).

Where medal ceremonies are held during the same session as the respective competition, the ceremony will usually take place before doping control procedures and possibly before the athletes have completed media commitments.

LOC staff will gather the placed athletes or relay teams and escort them to the Medal Ceremonies Preparation Room, via kit collection, where they will be briefed and wait for the ceremony.

For medal ceremonies taking place during the following session or day, medallists will receive an information sheet in post event control which will indicate the time and location they need to

report to the following day, from which they will be escorted to the Medal Ceremonies Preparation Room.

Athletes must wear their delegation's official uniform for medal ceremonies. For medal ceremonies taking place during the same session, where possible, official uniform should be brought in the athlete's bag. If an athlete that wins a medal does not have their official uniform in their bag for the ceremony, team officials should take the athletes official uniform directly to the TIC contact desk.

During the playing of the anthem and the raising of the flags, medallist shall face the flags and conduct themselves in a dignified manner at all times.

Medallists will not be permitted to bring a national flag nor any other items to the ceremony.

After medal ceremonies have taken place, medallists will be escorted back to the Medal Ceremonies Preparation Room.

Where the medal ceremony has taken place during the same session as their event, athletes will then be escorted back to the point of the mixed zone or post event control where they were first escorted from.

Where the medal ceremonies have taken place during the following session or day, athletes will be escorted back to the initial reporting location.

9.14 Protests and Appeals

Protests and Appeals will be handled according to Rule 8 of the Technical Rules (previously Competition Rule 146), an extract of which appears hereunder. Protests and appeals will be handled by the TIC at the Arena but can also be notified via the TIC Contact Desk behind the team seating.

9.14.1 Protests

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event. The Organising Committee of the competition shall be responsible for ensuring that the time of the announcement of all results is recorded. Any protest shall be made verbally to the referee, by an athlete, by someone acting on his behalf or by an official representative of a team. Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates. To arrive at a fair decision, the referee should consider any available evidence which he thinks necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The referee may decide on the protest or may refer the matter to the jury.

If the referee makes a decision, there shall be a right of appeal to the jury. Where the referee is not accessible or available, the protest should be made to him through the Technical Information Centre.

9.14.2 Appeals

An appeal to the Jury of Appeal must be made within 30 minutes:

- a) of the official announcement of the amended result of an event arising from the decision made by the referee; or
- b) of the advice being given to those making the protest, where there is no amendment of any result.

It shall be in writing, signed by a responsible official on behalf of the athlete or team, and shall be accompanied by a deposit of USD 100, or its equivalent, which will be forfeited if the appeal is not allowed.

Note: The relevant referee shall, after his decision on a protest, immediately inform the TIC of the time of the decision. If the referee was unable to communicate this verbally to the relevant team(s) /athlete(s), the official time of the announcement will be that of the posting of the amended results or of the decision at the TIC.

9.15 Competition Awards

9.15.1 Prize Money

During the World Athletics Indoor Championships, the top six athletes or teams in each event will be awarded the following prizes by World Athletics:

Position	Individual	Position	Relay teams
1st	USD 40,000	1st	USD 40,000
2nd	USD 20,000	2nd	USD 20,000
3rd	USD 10,000	3rd	USD 10,000
4th	USD 8,000	4th	USD 8,000
5th	USD 6,000	5th	USD 6,000
6th	USD 4,000	6th	USD 4,000

Payments will be made following confirmation of doping control tests and submission of complete Award Forms with full bank details. The LOC has confirmed that there will be no taxes to be paid on prize money.

The Award Form for Individual Events can be found in Appendix D. It must be returned to awards@worldathletics.org but it will also be possible to return it to the Stadium TIC. The Relay awards will be managed directly with the Member Federations concerned.

9.15.2 World Record Bonus

In the event that an athlete breaks a World Record during the World Athletics Indoor Championships, a prize of USD 50,000 will be awarded. The World Record Bonus will only be awarded for performances which improve the existing World Indoor Record and which meet all the necessary conditions for recognition as World Athletics Indoor Record, in accordance with WA Regulations and after ratification of the record by WA. Full details of the regulations regarding this prize are available from WA upon request.

Rights and Obligations in Relation to the Prize Money and World Record Bonus

Athletes receiving World Athletics Prize Money will make themselves available for promotional activities as set out in the Athlete Agreement.

Should an athlete's Doping Control results return positive, the awards and bonuses won will be withheld.

10. MEDICAL SERVICES

Overview

A specific medical guide is being prepared, for team medical staff, which will contain all relevant information on the medical services at the competition venues and official accommodation. The medical guide will be distributed at the technical meeting or can be collected from the team hotels.

Key Phone Numbers

The National Chinese emergency phone number is: 120

LOC Medical Director	Ms Min Cheng +8615345189713
Athlete Medical Room Manage	Dr Ming Sun +8615851881289
Medical contact in Nanjing Drum Tower Hospital	Dr Jia Li +8613813382617
Medical contact in Nanjing First Hospital	Dr Junning Liu +8618951670213
Medical contact in BenQ Medical Center	Dr Chao Zhang +8613675101224
Medical contact in Pukou District Central Hospital	Dr Xiafei Shi +8613851826900
Jinling Riverside Hotel Medical station:	+86 2551872888
Youth Convention Center Hotel Medical station:	+86 2586538888

Designated Medical Institutions

The event designated hospitals are Nanjing Drum Tower Hospital, Nanjing First Hospital, BenQ Medical Center and Pukou District Central Hospital. Which are 20km, 20km, 15km and 3.5km, respectively, from Nanjing Indoor Athletics Arena.

Medical Service

To request any medical care from the LOC during operational hours, team members who suffer from injury or illness should present themselves at the nearest medical point. Outside operating hours, team members should use the emergency contact number above.

Persons who seek medical care must show valid identity documents, such as an ID card or passport.

Warm Up Medical Services

During the official opening hours of the warm-up area, the medical services available:

- Emergency services (one ambulance with two paramedics)
- Physiotherapy
- Sport massage

Nanjing Indoor Athletics Arena

Athletes' medical Station

Outside of competition and training times, first aid medical services will be available for workforce and staff.

During competition and training times (13th March to 15th March), the following services will be available from one hour before the opening of the venue, until 30 minutes after the end of the competition:

- Emergency services (one ambulance with two paramedics)
- 2 doctors and 2 nurses during the stadium opening hours

Athletes have priority to all services and exclusive access to physiotherapy and sport massage. Other categories (Team Officials, Technical Officials, Workforce) will have access to emergency medical services only.

FOP Medical Teams

Half an hour before the start of the competition until the end of the competition, 4 medical teams will be located on each bends' start and finish segments.

Medical Services in Team Hotels

- Nanjing Jinling Riverside Conference Hotel
- International Youth Convention Hotel

Medical room in Nanjing Jinling Riverside Conference Hotel: **Jianghe room , 1st floor of Meeting Building.**

Physiotherapy room for LOC physiotherapist and teams: **Yangtze room, 2nd floor of Meeting Building.**

Medical room in International Youth Convention Hotel: **733, 7th floor.**

Physiotherapy room for LOC physiotherapist and teams: **736, 7th floor.**

Opening hours for the Medical room will be 09:00-20:00 from 11th March to 15th March. Out of opening times, a doctor will be always available in the hotel but on call.

Opening hours for the physiotherapy services will be 12:00-18:00 from 11th March to 15th March. Physiotherapy rooms will be available for teams 24 hours.

Medical Insurance

All World Athletics member federations are responsible for subscribing to an insurance policy that covers illness and/or illness to any member of their delegation and/or team travelling to and from World Athletics competitions and during the event itself.

Medical Delegate and Procedures during Competition

The World Athletics Medical Delegate, Dr. Paolo Emilio Adami, or his appointed representative, is the only responsible for all kind of special clarification, notification of change for a relay, removal of an athlete from a competition, or designated exceptional permission for team doctors and physiotherapists to enter into restricted areas.

During competition, in case of an athlete's injury or illness, a certificate must be requested from the official medical service and presented to the TIC, in regard to withdrawal from the event. These certificates will be attested by the World Athletics medical delegate or his appointed representative in his absence.

Other Medical Matters

Team Doctor's practice

During the tournament, Team doctors can diagnose and treat athletes of their own team only. It is forbidden to provide treatment for Chinese nations (except in case of emergency) All prescriptions from team doctors must be arranged through the LOC medical team.

Importation of medicines

The team doctors can import drugs and medical supplies to China for personal use or team use, on the principle of "reasonable amount for personal or team use".

The head doctor accompanying a team must provide a list of the medicines the team is bringing into China, including dosages and quantities.

Opium, caffeine, heroin, cannabis, and other narcotics and psychotropic drugs that are addictive are prohibited to enter in China.

Unused drugs and medical supplies shall be re-shipped out of China within one month after the end of the sports event.

Distribution of Ice

Ice will be provided at the competition and training venues and the official Team Hotels.

11 DOPING CONTROL

Sample collection at the World Athletics Indoor Championships in Nanjing 2020 will be conducted in accordance with World Athletics Anti-Doping Rules and Regulations. The programme will be overseen by the World Athletics Anti-Doping Delegate, with the LOC responsible for organising the testing.

The sample collection programme will consist of both pre and in competition testing, carried out from the official opening of the team hotels until the end of the Championships.

Athletes will be selected for testing through a combination of random and intelligence-led methods and will be notified of their selection by trained and accredited Officers. A Team leader or official may be required to help in notifying the athlete who may be accompanied by a representative to the sample collection station.

At the time of notification the sample collection officer will present their accreditation and advise which sample is required. They will then chaperone the athlete to the sample collection station where the sample will be collected. Official photographic identification will be required before providing the sample, so athletes must ensure that they carry photo identification at all times.

An athlete breaking or equalling a World Record (including a World Junior Record) will be required to immediately provide a sample for ratification purposes. Should an athlete request sample collection for the ratification of a National Record etc., such a test will be carried out for a fee at the request of a team official. A request for the record test will need to be completed at the Technical Information Centre (TIC) before the sample can be collected.

Athletes, who therapeutically use substances or methods included on the prohibited list, must ensure they have the appropriate authorisation in place in accordance with the World Athletics Therapeutic Use Exemption (TUE) regulations.

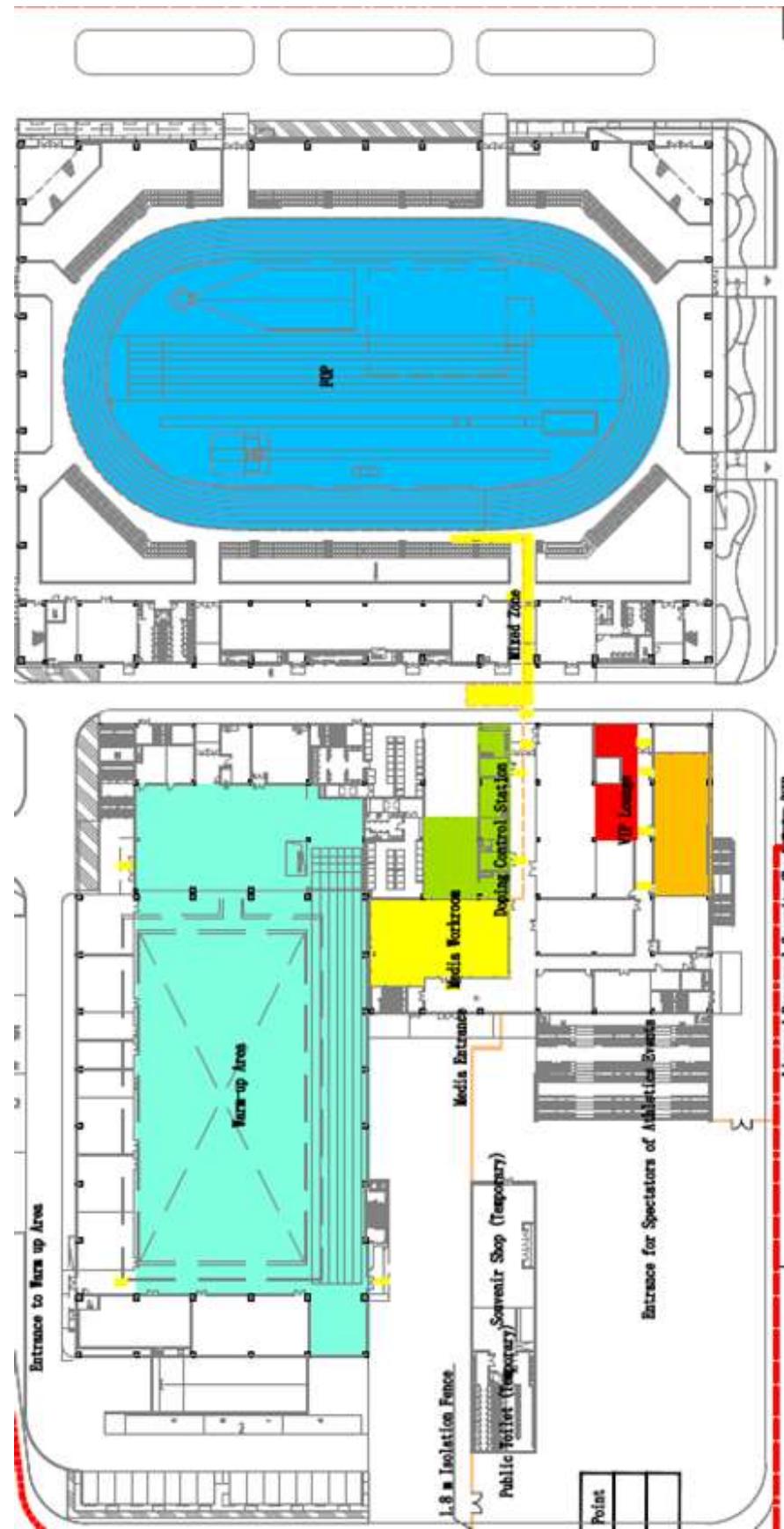
For further information regarding the rules, please go to:

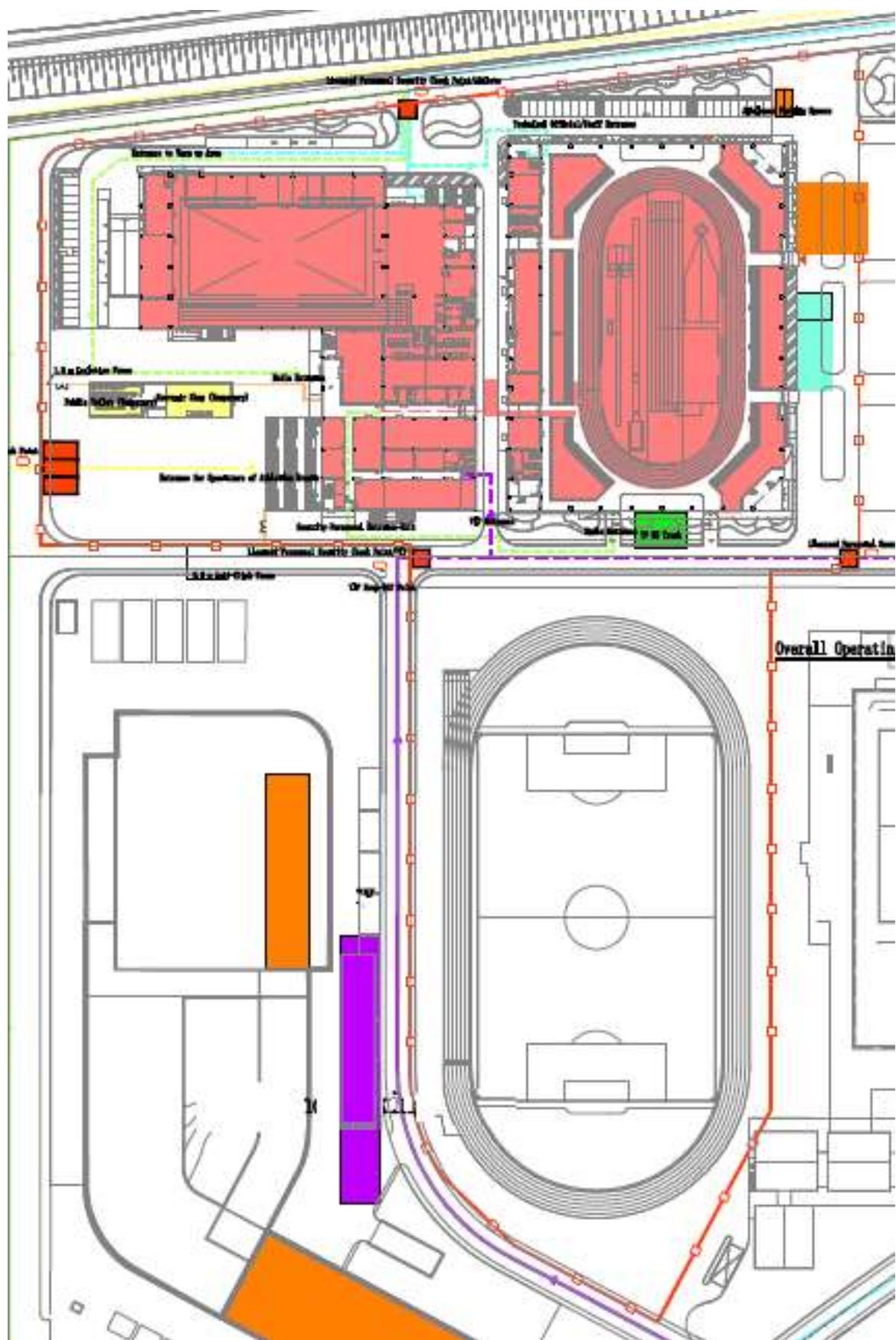
<https://www.athleticsintegrity.org/downloads/pdfs/know-the-rules/en/D3.1-Anti-Doping-Rules.pdf>

WORLD ATHLETICS INDOOR CHAMPIONSHIPS – NANJING 2020
TIMETABLE

DAY 1 - Friday, Morning, 13 March				DAY 2 - Saturday, Morning, 14 March				DAY 3 - Sunday, Morning, 15 March			
09:35	60m Hep	M		09:35	60m H Hep	M		10:05	60m H	M	R1
09:55	60m H Pen	W		09:55	60m	M	R1	10:50	Long Jump	W	F
10:15	60m	W	R1	10:35	Pole Vault Hep	M		10:55	Shot Put	M	F
10:25	Long Jump Hep	M		10:40	Triple Jump	W	F	11:10	4 x 400m Relay	W	R1
11:00	400m	M	R1	10:50	1500m	M	R1	11:35	4 x 400m Relay	M	R1
11:15	High Jump Pen	W		11:15	3000m	W	MC	12:05	Pole Vault	W	MC
11:45	400m	W	R1	11:25	800m	W	R1	12:35	3000m	M	F
11:55	Shot Put Hep	M		12:05	Shot Put	W	MC	12:48	High Jump	M	MC
12:28	Triple Jump	M	F	12:15	60m H	W	R1	12:54	60m H	W	MC
12:30	1500m	W	R1	12:55	Long Jump	M	MC				
13:00	800m	M	R1								
13:15	Shot Put Pen	W									
13:30	3000m	M	R1								
DAY 1 - Friday, Afternoon, 13 March				DAY 2 - Saturday, Afternoon, 14 March				DAY 3 - Sunday, Afternoon, 15 March			
00:00	Opening Ceremony			17:45	60m	W	MC	16:40	60m	M	MC
17:55	Triple Jump	M	MC	17:55	Triple Jump	W	MC	16:46	Shot Put	M	MC
18:05	Long Jump Pen	W		18:05	Pole Vault	W	F	16:52	Long Jump	W	MC
18:10	60m	W	SF	18:10	60m H	W	SF	17:05	60m H	M	SF
18:35	400m	W	SF	18:35	60m	M	SF	17:15	3000m	M	MC
19:00	400m	M	SF	19:05	800m	M	F	17:25	Pole Vault	M	F
19:00	High Jump Hep	M		19:10	High Jump	M	F	17:30	High Jump	W	F
19:20	Shot Put	W	F	19:30	1000m Hep	M	F	18:00	800m	W	F
19:25	Long Jump	M	F	19:50	400m	W	F	18:35	1500m	M	F
19:50	800m Pen	W	F	20:10	400m	M	F	18:50	800m	W	MC
20:15	3000m	W	F	20:30	1500m	W	F	19:30	60m H	M	F
20:55	60m	W	F	20:45	800m	M	MC	19:40	4 x 400m Relay	W	F
21:00	Pentathlon	W	MC	20:51	Heptathlon	M	MC	19:45	1500m	M	MC
				21:05	60m H	W	F	19:55	4 x 400m Relay	M	F
				21:10	400m	W	MC	20:00	High Jump	W	MC
				21:20	60m	M	F	20:06	Pole Vault	M	MC
				21:25	400m	M	MC	20:12	60m H	M	MC
				21:31	1500m	W	MC	20:18	4 x 400m Relay	W	MC
								20:25	4 x 400m Relay	M	MC

MAPS





APPENDIX A

WORLD ATHLETICS INDOOR CHAMPIONSHIPS – NANJING 2020

VISA INFORMATION BY MEMBER FEDERATION

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
AFGHANISTAN	AFG	ASI		X	
ALBANIA	ALB	EUR		X	
ALGERIA	ALG	AFR		X	
AMERICAN SAMOA	ASA	OCE		X	
ANDORRA	AND	EUR		X	
ANGOLA	ANG	AFR		X	
ANGUILLA	AIA	NAM			X
ANTIGUA & BARBUDA	ANT	NAM		X	
ARGENTINA	ARG	SAM		X	
ARMENIA	ARM	EUR		X	
ARUBA	ARU	NAM			X
AUSTRALIA	AUS	OCE		X	
AUSTRIA	AUT	EUR		X	
AZERBAIJAN	AZE	EUR		X	
BAHAMAS	BAH	NAM	X		
BAHRAIN	BRN	ASI		X	
BANGLADESH	BAN	ASI		X	
BARBADOS	BAR	NAM	X		
BELARUS	BLR	EUR	X		
BELGIUM	BEL	EUR		X	
BELIZE	BIZ	NAM			X
BENIN	BEN	AFR		X	
BERMUDA	BER	NAM			X
BHUTAN	BHU	ASI			X
BOLIVIA	BOL	SAM		X	
BOSNIA-HERZEGOVINA	BIH	EUR	X		
BOTSWANA	BOT	AFR		X	
BRAZIL	BRA	SAM		X	
BRITISH VIRGIN ISLANDS	IVB	NAM		X	
BRUNEI	BRU	ASI	X		
BULGARIA	BUL	EUR		X	
BURKINA FASO	BUR	AFR		X	
BURUNDI	BDI	AFR		X	
CAMBODIA	CAM	ASI		X	
CAMEROON	CMR	AFR		X	
CANADA	CAN	NAM		X	
CABO VERDE	CPV	AFR		X	
CAYMAN ISLANDS	CAY	NAM			X
CENTRAL AFRICAN REPUBLIC	CAF	AFR		X	

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
CHAD	CHA	AFR		X	
CHILE	CHI	SAM		X	
CHINESE TAIPEI	TPE	ASI	Mainland travel permit		
COLOMBIA	COL	SAM		X	
Commonwealth of DOMINICA	DMA	NAM		X	
COMOROS	COM	AFR		X	
CONGO	CGO	AFR		X	
COOK ISLANDS	COK	OCE			X
COSTA RICA	CRC	NAM		X	
CROATIA	CRO	EUR		X	
CUBA	CUB	NAM		X	
CYPRUS	CYP	EUR		X	
CZECH REPUBLIC	CZE	EUR		X	
DEM. REP. OF SAO TOME E PRINCIPE	STP	AFR		X	
DEMOC. REPUBLIC OF CONGO	COD	AFR		X	
DENMARK	DEN	EUR		X	
DJIBOUTI	DJI	AFR		X	
DOMINICAN REPUBLIC	DOM	NAM		X	
DPR OF KOREA	PRK	ASI		X	
ECUADOR	ECU	SAM	X		
EGYPT	EGY	AFR		X	
EL SALVADOR	ESA	NAM		X	
EQUATORIAL GUINEA	GEQ	AFR		X	
ERITREA	ERI	AFR		X	
ESTONIA	EST	EUR		X	
ESWATINI	SWZ	AFR			X
ETHIOPIA	ETH	AFR		X	
FIJI	FIJ	OCE	X		
FINLAND	FIN	EUR		X	
FRANCE	FRA	EUR		X	
FRENCH POLYNESIA	PYF	OCE		X	
GABON	GAB	AFR		X	
GEORGIA	GEO	EUR		X	
GERMANY	GER	EUR		X	
GHANA	GHA	AFR		X	
GIBRALTAR	GIB	EUR			X
GREAT BRITAIN & N.I.	GBR	EUR		X	
GREECE	GRE	EUR		X	
GRENADA	GRN	NAM	X		
GUAM	GUM	OCE		X	
GUATEMALA	GUA	NAM			X

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
GUINEA	GUI	AFR		X	
GUINEA-BISSAU	GBS	AFR		X	
GUYANA	GUY	SAM		X	
HAITI	HAI	NAM			X
HONDURAS	HON	NAM			X
HONG KONG, CHINA	HKG	ASI	Mainland travel permit		
HUNGARY	HUN	EUR		X	
ICELAND	ISL	EUR		X	
INDIA	IND	ASI		X	
INDONESIA	INA	ASI		X	
IRAQ	IRQ	ASI		X	
IRELAND	IRL	EUR		X	
ISLAMIC REPUBLIC OF IRAN	IRI	ASI		X	
ISRAEL	ISR	EUR		X	
ITALY	ITA	EUR		X	
IVORY COAST	CIV	AFR		X	
JAMAICA	JAM	NAM		X	
JAPAN	JPN	ASI	X		
JORDAN	JOR	ASI		X	
KAZAKHSTAN	KAZ	ASI		X	
KENYA	KEN	AFR		X	
KIRGHIZSTAN	KGZ	ASI		X	
KIRIBATI Rep of	KIR	OCE			X
KOREA	KOR	ASI		X	
KOSOVO	KOS	EUR			X
KUWAIT	KUW	ASI		X	
LAOS	LAO	ASI		X	
LATVIA	LAT	EUR		X	
LEBANON	LBN	ASI		X	
LESOTHO	LES	AFR		X	
LIBERIA	LBR	AFR		X	
LIBYA	LBA	AFR		X	
LIECHTENSTEIN	LIE	EUR		X	
LITHUANIA	LTU	EUR		X	
LUXEMBOURG	LUX	EUR		X	
MACAO	MAC	ASI	Mainland travel permit		
MADAGASCAR	MAD	AFR		X	
MALAWI	MAW	AFR		X	
MALAYSIA	MAS	ASI		X	
MALDIVES	MDV	ASI		X	
MALI	MLI	AFR		X	
MALTA	MLT	EUR		X	

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
MARSHALL ISLANDS	MHL	OCE			X
MAURITANIA	MTN	AFR		X	
MAURITIUS	MRI	AFR	X		
MEXICO	MEX	NAM		X	
MICRONESIA	FSM	OCE		X	
MOLDOVA	MDA	EUR		X	
MONACO	MON	EUR		X	
MONGOLIA	MGL	ASI		X	
MONTENEGRO	MNE	EUR		X	
MONTSERRAT	MNT	NAM			X
MOROCCO	MAR	AFR		X	
MOZAMBIQUE	MOZ	AFR		X	
MYANMAR	MYA	ASI		X	
NAMIBIA	NAM	AFR		X	
NEPAL	NEP	ASI		X	
NETHERLANDS	NED	EUR		X	
NEW ZEALAND	NZL	OCE		X	
NICARAGUA	NCA	NAM			X
NIGER	NIG	AFR		X	
NIGERIA	NGR	AFR		X	
NORFOLK ISLAND	NFI	OCE			X
NORTH MACEDONIA	MKD	EUR		X	
NORTHERN MARIANA ISLANDS	NMI	OCE			X
NORWAY	NOR	EUR		X	
OMAN	OMA	ASI		X	
PAKISTAN	PAK	ASI		X	
PALESTINE	PLE	ASI		X	
PANAMA	PAN	SAM		X	
PAPUA NEW GUINEA	PNG	OCE		X	
PARAGUAY	PAR	SAM			X
PERU	PER	SAM		X	
PHILIPPINES	PHI	ASI		X	
POLAND	POL	EUR		X	
PORTUGAL	POR	EUR		X	
PR OF CHINA	CHN	ASI			
PUERTO RICO	PUR	NAM			X
QATAR	QAT	ASI	X		
Rep of NAURU - Pacific	NRU	OCE			X
Rep of PALAU - Pacific	PLW	OCE			X
REPUBLIC Of YEMEN	YEM	ASI		X	
ROMANIA	ROU	EUR		X	
RUSSIA	RUS	EUR		X	
RWANDA	RWA	AFR		X	

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
SAINT KITTS AND NEVIS	SKN	NAM			X
SAINT LUCIA	LCA	NAM			X
SAINT VINCENT	VIN	NAM			X
SAMOA	SAM	OCE		X	
SAN MARINO	SMR	EUR	X		
SAUDI ARABIA	KSA	ASI		X	
SENEGAL	SEN	AFR		X	
SERBIA	SRB	EUR	X		
SEYCHELLES	SEY	AFR	X		
SIERRA LEONE	SLE	AFR		X	
SINGAPORE	SGP	ASI	X		
SLOVAK REPUBLIC	SVK	EUR		X	
SLOVENIA	SLO	EUR		X	
SOLOMON ISLANDS	SOL	OCE			X
SOMALIA	SOM	AFR		X	
SOUTH AFRICA	RSA	AFR		X	
SOUTH SUDAN	SSD	AFR		X	
SPAIN	ESP	EUR		X	
SRI LANKA	SRI	ASI		X	
SUDAN	SUD	AFR		X	
SURINAME	SUR	SAM		X	
SWEDEN	SWE	EUR		X	
SWITZERLAND	SUI	EUR		X	
SYRIA	SYR	ASI		X	
TAJIKISTAN	TJK	ASI		X	
TANZANIA	TAN	AFR		X	
THAILAND	THA	ASI		X	
THE GAMBIA	GAM	AFR		X	
TIMOR LESTE	TLS	ASI		X	
TOGO	TOG	AFR		X	
TONGA	TGA	OCE	X		
TRINIDAD AND TOBAGO	TTO	NAM		X	
TUNISIA	TUN	AFR		X	
TURKEY	TUR	EUR		X	
TURKMENISTAN	TKM	ASI		X	
TURKS AND CAICOS ISLANDS	TKS	NAM			X
TUVALU	TUV	OCE			X
UGANDA	UGA	AFR		X	
UKRAINE	UKR	EUR		X	
UNITED ARAB EMIRATES	UAE	ASI	X		
UNITED STATES	USA	NAM		X	
URUGUAY	URU	SAM		X	

Federation	Code	Area	Do not need visas	Visas & CHN Embassy	Vias & No CHN Embassy
UZBEKISTAN	UZB	ASI		X	
VANUATU	VAN	OCE		X	
VENEZUELA	VEN	SAM		X	
VIETNAM	VIE	ASI		X	
VIRGIN ISLANDS	ISV	NAM			X
ZAMBIA	ZAM	AFR		X	
ZIMBABWE	ZIM	AFR		X	

APPENDIX B

WORLD ATHLETICS INDOOR CHAMPIONSHIPS – NANJING 2020 QUOTA

Host Country	CHN
16 athletes	USA
14 athletes	GBR
10 athletes	AUS, GER, JAM
9 athletes	CAN, FRA, POL
7 athletes	ESP, ITA
6 athletes	BRA, JPN, KEN, NED, RSA, SWE
5 athletes	BLR, CUB, CZE, NGR, NOR, UGA, UKR
4 athletes	BEL, ETH, FIN, GRE, MAR, NZL, POR, TUR
3 athletes	BAH, BAR, BRN, BUL, HUN, LTU, SLO, SUI, TTO
2 athletes	ALG, ARG, AZE, BIH, BOT, CIV, COL, CRO, CYP, DEN, DJI, ECU, EGY, IRL, ISR, IVB, KAZ, KUW, LAT, MEX, PUR, QAT, ROU, SRB, SVK, TPE, UZB, VEN

All other Member Federations are given a quota of one athlete ONLY.

APPENDIX C

WORLD ATHLETICS INDOOR CHAMPIONSHIPS – NANJING 2020
TEAM OFFICIALS CHART

Athletes	Officials accommodated with the Team (55%)	Extra Officials (25%)	Athletes	Officials accommodated with the Team (55%)	Extra Officials (25%)
1	1	1	41	23	11
2	2	1	42	24	11
3	2	1	43	24	11
4	3	1	44	25	11
5	3	2	45	25	12
6	4	2	46	26	12
7	4	2	47	26	12
8	5	2	48	27	12
9	5	3	49	27	13
10	6	3	50	28	13
11	7	3	51	29	13
12	7	3	52	29	13
13	8	4	53	30	14
14	8	4	54	30	14
15	9	4	55	31	14
16	9	4	56	31	14
17	10	5	57	32	15
18	10	5	58	32	15
19	11	5	59	33	15
20	11	5	60	33	15
21	12	6	61	34	16
22	13	6	62	35	16
23	13	6	63	35	16
24	14	6	64	36	16
25	14	7	65	36	17
26	15	7	66	37	17
27	15	7	67	37	17
28	16	7	68	38	17
29	16	8	69	38	18
30	17	8	70	39	18
31	18	8	71	40	18
32	18	8	72	40	18
33	19	9	73	41	19
34	19	9	74	41	19
35	20	9	75	42	19
36	20	9	76	42	19
37	21	10	77	43	20
38	21	10	78	43	20
39	22	10	79	44	20
40	22	10	80	44	20

INDIVIDUAL AWARD

WORLD ATHLETICS INDOOR CHAMPIONSHIPS
NANJING, 13-15 MARCH 2020

NAME OF AWARD WINNER	
RACE	
POSITION	
COUNTRY	

I would like my Nanjing World Athletics Indoor Championships' Award to be paid to *(please tick the box corresponding to your choice)*

1. My Authorised Athletes' Representative	<input type="checkbox"/>	NAME::
2. Me personally <i>(please provide details below)</i>	<input type="checkbox"/>	
3. My National Member Federation	<input type="checkbox"/>	

In case of choice 1 or 2 *(above)*, please fill in below in block letters the bank details hereunder

BANK NAME			
BANK BRANCH ADDRESS <i>(street and number)</i>			
City	Country	Postal code	
ACCOUNT OWNER <i>(Beneficiary, pay to:)</i>			
ACCOUNT NUMBER			
IBAN CODE			
BANK CODE			
SWIFT CODE			

I confirm that I will make myself available for promotional activities as set out in the athlete agreement. I will be solely responsible for the payment of any taxes, duties and/or levies of any nature and will agree to hold World Athletics and its partner(s) harmless in this regard.

Signature of the Athlete
(Digital signature allowed)

Please return this form before 15 April 2020 to World Athletics Competition & Events Department
awards@worldathletics.org