COVID-19 SANITARY PROTOCOLS FOR TEAMS
(Athletes and Team Officials)

as at 16 September 2020

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1. General Protocols

Following these protocols are mandatory for all Team Members taking part into the 2020 World Athletics Half Marathon Championships, Gdynia 2020. Any breach of these protocols may result in the cancellation of her/his accreditation and participation in the World Athletics Half Marathon Championships, which will be held in Gdynia on 17 October.

Wearing a mask covering the mouth and the nose is mandatory in all public areas at all time, except:

✓ When seated at a table to have your meal (you must wear your mask if you get up from the table for any reason and even if it is for a short moment);

✓ For Athletes only: once on the Racecourse, Warm-up and Training areas (mask will have to be worn while going to these areas and the hotel).

The mask used for the purpose of these protocols should be either surgical masks or N95 masks or FFP-2 type masks.

Please avoid as much as possible any interaction with an individual who is not accredited or directly involved in the organisation of the World Athletics Half Marathon Championships Gdynia 2020.

The sanitary protocols of the event, described in this document, are subject to change according the covid-19 pandemic situation in the city of Gdynia and in Poland.

2. Medical Clearance Protocol

The Medical Clearance Protocol contains two stages. All Team Members attending the World Athletics Half Marathon Championships, will have to comply with the Medical Clearance Protocol, Stage 1 and Stage 2.

2.a – Stage 1: Before your travel to Gdynia

✓ Have a consultation with a medical doctor performed at your living/training place at the earliest on the 8 October and the latest on the 14 October to check for the presence of symptoms of a COVID-19 infection. The result of this consultation must be reported on the Medical Examination Form (Appendix A) which should be filled, signed, and uploaded on the secured WA weblink (see below).

✓ Perform one nasal swab for PCR analysis at the earliest on the 9 October and the latest on the 14 October. The swab must return negative result. Results from blood serological tests will NOT be accepted as a part of the Medical Clearance Protocol.

✓ Fill in and sign the Permission Form – Medical Information Release (Appendix B)

✓ Member Federations shall submit the personal email address of every Member of their Team (Athletes and Officials) through Event Entry System (EES). Everyone will then receive a secured weblink by email for them to:
  • Provide basic administrative and personal information
  • Upload:
    - the Medical Examination Form (Appendix A)
    - the Negative PCR analysis result
    - and the Permission Form – Medical Information Release (Appendix B)
Appendices A and B will be also available in the link that everyone will receive on his/her declared personal email address.

Any cost related to the above medical consultation and tests are at the cost of the Member Federation

2.b – Stage 2: At your arrival in Gdynia
The LOC Medical in coordination with the World Athletics Medical Delegate will organise a second nasal swab for PCR analysis for every Member of the Team:

- **Where**: Team Hotel – Mercure Gdynia Centrum Hotel. The room will have a dedicated entry and exit and allow appropriate social distancing.
- **When**: After arriving in Gdynia, at the earliest on Wednesday 14 October at 8:00 am and at the latest on Friday the 16 October at noon (12pm)
- **Who**: LOC and World Athletics healthcare staff will carry out the sample collections
- **Mandatory**: every person will have to remain strictly isolated in his/her hotel room (according to the rooming list submitted by the MF) until he/she receives the result of the test (6h/8h). Any infringement will be subject to sanction and in the case of the Athlete will include ineligibility for his/her competitive participation in the Championships.

**The swab returns negative result:**
The Team Member will go through the accreditation procedure.

**The swab returns positive result:**
The Team Member will not be issued with his/her accreditation and will have to follow a quarantine and an isolation process in accordance with the Polish Public Health Regulations (see paragraph 2.c).

Failure to comply with either stage 1 or stage 2 of the Medical Clearance Protocol will prevent the Team Member to be accredited, stay at any Official Hotel, be at any Official WCH site and/or take part in the competition.

The cost of the nasal swab for PCR analysis onsite will be covered by Gdynia LOC and World Athletics

2.c – Management of a positive COVID-19 PCR test reported by a Team Member while staying on the Polish territory
According to the Polish Public Health Authority, each person who is tested positive (PCR) for COVID-19 while staying on the Polish territory will have to be isolated for a period of 10 days. The place where this person will be isolated is decided by the Local Health Authority and will be in Gdansk.

The infected person can also decide to take his/her quarantine, at his/her own expenses, in another place (rental apartment or hotel room) which should first be agreed by the Local Health Authority (a list to be proposed upon request).

After this period of 10 days the person will be released from quarantine, without performing PCR test, if he/she is symptom-free. The person has the possibility to try to shorten the duration of the quarantine.
if he/she can show two consecutive negative PCR test results (own expenses) after agreeing with the World Athletics Medical Delegate and the Local Health Authorities.

All persons who had prolonged and close contact with an infected one (roommate, contact without mask and no respect of social distancing) will be in quarantine as described above. Determination of the “contact persons” will be done by both the LOC Chief Medical Officer and the World Athletics Medical Delegate as described below.

2.d. Definition of the risk levels of “contact subjects”
The following scenario are considered at high risk for a contact subject of a positive PCR test individual:

- has shared the living/hotel room (without mask) of an infected person,
- had a direct contact of less than 1 metre, whatever the duration (face to face without mask) with an infected person: meal, conversation, flirt, hugging, kissing,
- stayed face to face with an infected individual who had several episodes of coughing or sneezing (with or without mask),
- shared a confined space without mask for at least 15 minutes with an infected person (car, meeting or working room)

The following scenario are considered at low risk for a contact subject of a positive PCR test individual:

- speaking to an infected person through a (plexi) glass or window,
- surgical mask or FFP2 mask worn by the contact person or the infected person while both are in contact,
- home-made mask worn by both the contact and the infected persons
- crossing an infected person in a corridor or a room for a short duration of time (few seconds)

3. Arrival and stay in Gdynia

3.a – Travel

Arrival in Gdansk Airport

Everyone will have to comply with travel regulations in force at the time of their trip and will need to ensure it has enough masks and hand sanitizers to protect him/herself during the trip at all time. The purchase of this material is at the Member Federation’s cost.

From Gdansk Airport to Team Hotel

Each individual arriving there will be given, by the LOC welcome desk, a kit including masks and hand sanitizers for their personal use during their stay.

Transfers from Gdansk Airport to the Team Hotel will be conducted with respect of sanitary rules in force at that time and furthermore:

- Vehicles used for transportation purpose will not be used at more than 50% of their maximum capacity, to keep sanitary distancing.
- Vehicles will be disinfected before and between each trip.
- Masks will always be worn, by everyone in the bus or shuttle, including within the vehicles.
• Passengers will be invited to use hands sanitizers given to them at the welcome desk before entering in the buses and shuttles.
If Team Members arrive directly to the Team Hotel, they will need to warn WA and Gdynia LOC through Event Entry System (EES) as soon as possible and not later than the deadline to submit the Final Entries (28 September). They will need to provide with the arrival date and expected time so that their PCR test onsite is planned and organised. They will follow all the same procedure detailed in Stage 2, above section 2.b.

From Team Hotel to Gdansk Airport
Transfers from the Team Hotel to Gdansk Airport will be conducted with respect of sanitary regulations in force at the time of your return and same above additional measures will be taken:
• No more than 50% of the maximum capacity of the vehicles will be used, to keep social distancing.
• Vehicles will be disinfected before and between each trip.
• Masks will always be worn by everyone within the vehicles.
• Passengers will be invited to use hands sanitizers that were provided to them by the LOC before entering in the buses and shuttles.

3.b At the Team Hotel
For obvious sanitary reasons interactions between Team Officials and other accredited people should be as low as possible. The nominative accreditation will have to be worn visible at all time within the MFs will have to send their rooming list to WA (events@worldathletics.org) and LOC (mf.gdynia2020@gmail.com) by the time of the Final Entry deadline (28 September). Only Athletes and Team Officials that are part of the same MF and successfully underwent stage 1 and stage 2 of the Medical Clearance Protocol will be allowed to share room.

Meals
All meals will be served at the restaurant of the Team Hotel (while waiting for the stage 2 PCR test result, food will be exceptionally delivered directly to the room). Accreditation must be presented to be admitted in the restaurant.

Wearing a mask is mandatory at all time in the restaurant, except and only when seated at the table. Everyone entering in the restaurant will have to clean his/her hands with a sanitizing gel.

Service will be made according to Polish Government regulations in force at the time, as well as hotel internal rules regarding sanitary restrictions. For instance, for all groups who have already shared meals and rooms during the previous week or more, group table can be organised with a maximum of 4 people seating at the same table. For other Athletes or Team Officials, the layout of the dining room will allow physical distancing of at least 1.5 metres. To facilitate this process, there will be extended hours of services and we kindly ask you for your cooperation to reduce to the maximum your time at the restaurant.

Physiotherapists
Treatment will be available the two days before and the day of the Competition.

All services will be provided according to medical regulations in force at the time and we confirm that:
• Single-use sheets will be used.
• Massage tables will be disinfected before and between each treatment.
4. Training

Training
The beach promenade is an open area for training at walking distance from the Team Hotel.

Only Athletes will be allowed not to wear their masks while being in this training area. Physical distancing will have to be respected at all time when possible.

5. Competition

Warm-up
The Warm-up Area, which is just in front of the Mercure Gdynia Centrum hotel (Park Rady Europy), is in a closed area accessible to Team Members only. The access will be from the Team Hotel via a designated route.

After the last call of their event, Athletes will walk to the Call-room, guided by a dedicated Competition Official. Athletes will have to wear their mask during this transfer.

Hotel toilets located in the lobby will be available for the use of the Athletes during the warm-up.

Call-room
The Call-room will be a dedicated room inside the Team Hotel where seats will allow physical distancing. Each seat and area will be disinfected before and between events by dedicated personnel from the LOC. Athletes must report to the Call Room wearing their mask, 2 bibs, 2 transponders, competition uniform and ready to compete. Any bags or personal belongings must be left in their hotel rooms (Call Room is located inside the team hotel). Athletes will be authorized to remove their masks only when standing at the start line. Dedicated personnel from the LOC (equipped with masks and gloves) will collect masks left by Athlete at the start line and treat this material as a potential contaminated waste.

Racecourse
Four (two males, two females) portable toilets will be available for Athlete’s use only along the loop of the racecourse. They will be inspected and cleaned by dedicated personnel every 15 minutes during the duration of the male and female competitions. Sanitizing gels or equivalent will be available at the entrance of these portable toilets.

Refreshments stations.
The LOC staff in charge of the refreshment station will wear gloves and mask. Only sealed bottles of water and beverages will be offered to Athletes at these refreshments station. Manipulation of bottles or other items for Athletes by either team official or neutral LOC volunteers will be done with extreme caution and regular handwashing will be implemented by all these staff members. The waste generated by these refreshment stations should be treated as a potentially contaminated waste.

Finish Line
Dedicated volunteers from the LOC will provide Athletes with mask once they have crossed the finish line and are entering the mixed zone.
Mixed Zone
A physical distancing of 2 metres will be applied between the interviewer and the Athlete. The interviewer and its assisting staff will have to wear a mask, as the Athlete may not wear a mask to answer questions.

Antidoping
Athletes will be required to wear their accreditation to allow identification in case they are designated to get tested. All antidoping staff, Athletes and accompanying persons will wear mask during the entire procedure.

Medical
Medical will be located along the racecourse and at the finish line. All medical staff will wear mask and gloves and operate according to strict medical protocol to prevent any COVID-19 contamination during their contact with a patient.

Team Officials
Team Officials will have access to the warm-up area, as well as dedicated spots nearby the racecourse where they will be able to watch the races. They must wear their mask all time

6. Pre-Event Official Press Conference
The Pre-Event Official Press Conference will be held at the WA Family hotel organised with seating respecting social distancing and each guest on the head table having his/her own microphone. Selected athletes will attend, schedule will be prepared so one athlete will be present at a time. Each athlete interview will be maximum 10 min. WA Media Team will contact the relevant Member Federation to coordinate the availability of their Athlete.

Only accredited media will be allowed to attend.

The head table for the speakers will be 2.5-3 m away from the 1st row of seats. On the head table no extra microphones will be allowed except the one from the audio system.
APPENDIX A

MEDICAL EXAMINATION FORM - COVID-19

Last name
First name
Date of birth
Private and confidential

I confirm that I have conducted an examination on [insert individual’s name] to assess whether or not he/she displays or reports any symptoms of COVID-19. The examination did not include the use a SARS CoV2 genetic material test (PCR or LAMP) or any antibody virus test.

I confirm that this individual [does/does not]* display or report any symptoms of COVID-19.
[Note – this form will need to be checked for compliance with local legislation around release of medical information]
*DELETE AS APPROPRIATE

Signed:
Name of Doctor:
Address of Doctor:
Doctor’s contact details (email address and phone number):
Date:

Signed:
Name of individual:
Date:

By signing this examination form, I consent to my Doctor disclosing to World Athletics this examination form and whether I do or do not display any symptoms of COVID-19. Accordingly, I have signed the attached Medical Information Release Form. I confirm have read and understood the Medical Clearance Protocol Privacy Policy (‘Privacy Policy’) and that this form and the Medical Information Release Form will both be disclosed to third parties (as referenced in the Privacy Policy) for the purposes of deciding whether or not I pose a risk to public health in order to issue my accreditation to the World Athletics Half Marathon Championships Gdynia, Poland 2020. I also acknowledge that the Medical Clearance Protocol is subject to local legislation, regulations, and local government and public health authorities’ guidance to safeguarding against the COVID-19 pandemic generally and the health and safety of all attendees at the event.
APPENDIX B

PERMISSION FORM - MEDICAL INFORMATION RELEASE - COVID-19

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<tr>
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<tbody>
<tr>
<td>First name</td>
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<td>Date of birth</td>
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<td>Today's Date (dd/mm/yyyy)</td>
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Private and confidential

I understand that World Athletics wishes to obtain:
1. the results of tests detecting SARS CoV2 genetic material (PCR or LAMP) on the samples collected from my nasopharyngeal swab; and
2. the results of the medical examination carried out on me by my personal or team doctor or the doctor working with World Athletics to determine whether or not I display or report signs of COVID-19.

This information is required to allow World Athletics to assess whether I may participate in the World Athletics Half Marathon Championships GDYNIA 2020 without causing a risk to public health.

I understand that if I do not allow the above information to be provided to World Athletics, I will not be permitted to participate in World Athletics Half Marathon Championships GDYNIA 2020 as they will not be able to assess whether or not I pose a risk to public health.

I confirm that I [do/do not] consent you to send the above information to Dr Stéphane Bermon, medical delegate at the World Athletics Half Marathon Championships GDYNIA 2020; and World Athletics’ service provider for data hosting purposes, being noted that the servers can be located outside of Europe.

*DELETE AS APPROPRIATE

Signed: ________________________________
Name of individual: __________________