

Women's 400 Metres

Entrants: 51 Event starts: August 3

	Age	(Days)	Born	SB	PB
1066 OBOYA Bendere AUS	21y	103d	2000	51.61	51.21 -19
2019 Oceanian Champion // 200 pb: 24.33 -19 (24.91 -21). 1 Commonwealth Youth Games 2017; ht COM 2018; 1 Oceanian 2019; sf WCH 2019. 1 Australian 2021. Born-Gambela (Ethiopia), her family came to Australia in 2003. Coach-John Quinn In 2021: 4 Sydney Illawong 200; 1 Wollongong; 1 Australian Capital Territory; 1 Sydney; 1 New South Wales State; 1 Sydney Classic; 1 Melbourne Track Classic; 1 Brisbane Classic; 1 Australian; 1 Gold Coast Oceania Mixed 4x400; 1 Townsville; 1 Gold Coast Winter Series #1 200/400; 1 Cairns					
1112 WALLI Susanne AUT	25y	85d	1996	51.99	51.99 -21
13x Austrian Champion at 400m (8 in + 5 out) // 200 pb: 23.54 -21. sf World Youth 2013; 8 WJC 2014; ht EIC 2019/2021; 1 Balkan 2021. 1 Austrian 2017-2021. 1 indoor 2013/2014/2015/2016/2018/2019/2020/2021 (1 indoor 200 2014/2016/2019/2020/2021) In 2021: 3 Vienna T&F; 2 Ostrava Czech Indoor Gala 'B'; 7 Linz 60 (Feb 6); 4 Linz 60 (Feb 13); 1 Vienna 'Road to Toruń'; 1 Austrian indoor 200/400; 4ht EIC; 1ht Linz 300; 3 Šamorín PTS; 1 Austrian Clubs 100; 6 Chorzów Kusocinski; 1 Austrian; 1 Balkan; 1 Linz 200; 1 Graz 200					
1131 MILLER-UIBO Shaunae BAH	27y	106d	1994	49.08	48.37 -19 NR
2016 Olympic 400m Champion after a memorable finish versus Allyson Felix (then another memorable finish in London 2017, for different reasons) 200 pb: 21.74 -19 (22.03 -21). 100 pb: 11.19 -16/17. 1 WJC 400 2010 (2012-4); 1 World Youth 2011; dnf ht OLY 400 2012 (hamstring); 3 WIC 400 2014; 6 COM 400 2014; 2 WCH 400 2015/2019 (2017-4 – "I mis-placed my foot and completely lost balance"); 1 OLY 400 2016; 3 WCH 200 2017 (2013-4). 1 NCAA indoor 400 2013. 1 Bahamian 400 2014/2016/2019. Married 8356 Decathlete Maicel Uibo (EST) in Nassau on February 4, 2017. Her great uncle Leslie Miller ran in the Mexico Olympics and though eliminated in his 400m heat, became the first Bahamian to break 47 seconds with a time of 46.99. Coach-Lance Brauman . 1.85 tall (6-1) In 2021: 1 Fayetteville American Track League #2 200 (22.40 indoors); 1 Staten Island 'Gold' Tour 400 (50.21 indoors); 1 Clermont FL 'Pure Spring' 200; 1 Eugene Grand Prix 400; 1 Boston Games 200 Straight; 1 Bahamian 200/400; 2 Székesfehérvár Gyulai 200 (lost to Shericka Jackson, her first defeat in a completed 200m since 2017); 1 Monaco Diamond 200; Not possible to double up at 200m/400m in Tokyo as the events overlap					
1151 WILLIAMS Sada BAR	23y	241d	1997	51.50	51.31 -19
Barbadian record holder at 200m // 200 pb: 22.61 -16 (23.08 -21). 100 pb: 11.66 -17. sf WJC 200 2014; 8 Youth Olympic 2014; dnf WJC 200 final 2016 (hamstring); 6 Pan-Am Games 2019; sf WCH 2019 (2017-ht). 1 Barbadian 2016/2019 (1 200 2016/2017). Coach-Alwyn Babb In 2021: 2 Spanish Town Dual Meet; 2 Spanish Town Triangular Trial; 2 Kingston 200 (Feb 27); 1 Kingston 200 (Mar 13); 2 Kingston 'B' (Apr 17); 3 Miramar NACAC Invitational; 3ht Jamaican(guest); 2 Lignano Sabbiadoro; 5 Tomblaine; 1 Trieste; 6 Gateshead Diamond/July					
1174 BOLINGO Cynthia BEL	28y	199d	1993	50.29	50.29 -21
Full name-Cynthia Bolingo Mbongo So near (0.01) to European Indoor gold in 2019 after setting Belgian records in all three rounds 200 pb: 23.11 -15. 100 pb: 11.57 -14. 3 Francophone Games 200 2013; 8 under-23 ECH 2015; ht WCH 200 2015; ht OLY 200 2016; sf ECH 2018 (4 4x400); 2 EIC 2019 (5 4x400); sf EIC 2021. 1 Belgian indoor 2015/2019/2021; 1 Belgian 100/200 2017 & 200 2018. Coach-Carole Bam A tough time for her since her 2019 European indoor medal. Achilles injury that summer, then in 2020 her father passed away (to Covid) In 2021: 1 Ostrava Czech Indoor Gala; dq Dortmund; 1 Val-de-Reuil; 1 Belgian indoor; 6sf EIC; 4 World Relays Mixed 4x400; 2 Oordegem Flanders Cup 200; 2 Montreuil; 1 Hengelo FBK Games; 1 Nivelles 100/200; 4 Belgian 200; 1 Heusden Night of Athletics; 1 Tomblaine (Substantial improvement to 50.29)					
1226 DIRKS Sam BIZ	28y	223d	1992	55.10	53.19 -16 NR
Belizean record holder // 200 pb: 23.56w -17, 23.66 -16 (54.20 -21). ht WCH 2017; 1 Central American 200 2021 (3 400). Studied Food Technology, Nutrition at California State University In 2021: 3 Virginia Beach East Coast Invitational; 3 Carolina 100 (4 200); 4 Bradenton Florida International 'pro' 100 'B'/200 'B'; 4 Clermont FL 'Pure Spring' 200 'C'; 8 Gainesville Tom Jones Olympic 'B'; 3 Fort Worth US F&F Open 'C'; 2 Jacksonville Duval County Challenge (7 200 'B'); 1 Nashville Music City Carnival 'B'; 1 Central American 200 (3 400); 7 Marietta Stars & Stripes; She was the Belizean flagbearer at the opening ceremony in Tokyo (along with 100m runner Shaun Gill)					
1266 BOTLOGETSWE Christine BOT	25y	302d	1995	54.27	50.48 -19
Fourth at 2018 Commonwealth Games (where she set personal bests in all three rounds) 200 pb: 23.14 -18. ht WJC 2012; 1 African Games 4x400 2015; 6 African Champs 2016; ht OLY 2016; ht WCH 2017/2019; 4 COM 2018 (3 4x400); 2 African Champs 2018 In 2021: 1 Gaborone Botswana 'Event' 'B'; 2 Botswanan; 3 Pretoria Gauteng North League #3					
1267 MONTSHO Amantle BOT	38y	26d	1983	52.67	49.33 -13 NR
Former World Champion. Twice Commonwealth Champion // 200 pb: 22.88w -11, 22.89 -12 (24,19 -21). 1 African Games 2007/2011; 1 African Champs 2008/2010/2012 (2006-2); 3 WIC 2010 (2008-sf); 1 IAAF Continental Cup 2010; 1 COM 2010 (2006-sf, 2014-dq); 1 WCH 2011 (2005/2007/2017-sf, 2009-7, 2013-2); 4 OLY 2012 (2004-ht, 2008-6); 1 COM 2018 (3 4x400); 2 African Games 4x400 2019. In 2013 she lost her world title to Christine Ohuruogu (GBR) by a margin of four thousandths of a second (49.404 to 49.408). Served two-year doping suspension in 2014-2016 In 2021: 3 Gaborone 200; 1 Roodepoort; 1 Potchefstroom ACNW Open; 1 Gaborone Botswana 'Event'; 3ht World Relays 4x400; She was the Botswanan flagbearer at the opening ceremony in Tokyo (along with boxer Rajab Mahomed); She says that she plans to retire after Tokyo					
1268 MOROKO Galefele BOT	24y	105d	1997	56.03	50.59 -19
2019 African Games Champion. Down from 51.30 to 50.59 in her heat at the 2019 World Chsmptions, but then pulled up injured in the semi-final 3 African Youth 2013; 1 African Games 4x400 2015; ht WJC 2016; 7 WCH 4x400 2017; sf COM 2018 (3 4x400); ht African Champs 2018; 1 African Games 2019 (2 4x400); dnf sf WCH 2019. 1 Botswanan 2018 In 2021: 5 Gaborone Botswana 'Event'; 3ht World Relays 4x400; 4 Pretoria Gauteng North League #3					
1301 MARINHO Tiffani BRA	22y	85d	1999	51.88	51.84 -19
Full name-Tiffani Beatriz Domingos Silva do Nascimento Marinho Reigning South American Champion both indoors & out 200 pb: 23.52 -19 (24.40 -21). sf WJC 2018; 1 South American 2019/2021; ht WCH 2019; 1 South American indoor 2020. 1 Brazilian 2009 In 2021: 1 La Mirada 'B'; 1 Azusa Bryan Clay Invitational; 2 Chula Vista High Performance #2 200 'B'; 2 World Relays Mixed 4x400 (leg 2, 52.61); 1 South American; 1 Brazilian (3 200); 1 Bragança Paulista International; 1 Bragança Paulista 'Meeting Towards Tokyo'					
1388 CONSTANTINE Kyra CAN	22y	363d	1998	50.87	50.87 -21
2019 NACAC Champion (North/Central American & Caribbean under-23) 4 World Youth 2015; 5 Youth Olympic 2014; 5 Pan-Am Games 2019; 1 North/Central American & Caribbean under-23 2019. 1 Canadian 2019. Studied Communications at the University of Southern California . Coach-Wellesley Johnson In 2021: 1 University of Southern California Invitational 200 'B'; 3 San Diego Aztec Invitational 200; 5 Florida Relays; 1 Long Beach Invitational; 3 UCLA v USC; 1 Los Angeles 'Pacific 12'; 3 NCAA (2 4x400)					

1400	McDONALD Natassha CAN	24y	184d	1997	50.91	50.91 -21
200 pb: 23.10 -21. 7 WJC 2016 (3 4x400); 2 Francophone Games 2017; ht WCH 4x400 2017; 2 North/Central American & Caribbean under-23 200 200 2019; 2 Pan-Am Games 4x400 2019. 1 Canadian 2017 In 2021: 1 Mobile Jaguar Opener 200; 2 Auburn Tiger Track Classic; 1 Starkville; 1 Starkville Bulldog Relays 200; 6 Florida Relays; 2 Tuscaloosa Crimson Tide Invitational 200; 3 Baton Rouge LSU Alumni 200; 2 Southeastern Conference (6 200); 4sf NCAA						
1450	WRAY Shalya CAY	22y	85d	1999	54.11	54.11 -21
53.40i -21. ht World Youth 100/200 2015; 5 Island Games 200 2017; sf WJC 2018; 4 North/Central American & Caribbean under-23 200 2019 & 400 2021 In 2021: 1 Lubbock Texas Tech 'Shootout'; 3 Lubbock 'Big 12' indoor; 4 Tucson Jim Click Shootout 200; 2 Waco Michael Johnson Invitational 100; 2 Manhattan; 4 NACAC under-23						
1583	GOMEZ Roxana CUB	22y	204d	1999	50.76	50.76 -21
3x Cuban Champion Anchored Cuba to victory at 2021 World Relays // 5 World Youth 2015; 6 WJC 2016; 1 Pan-Am Junior 2017; sf WCH 2017; 4 Pan-Am Games 2019; sf WCH 2019; 1 World Relays 4x400 2021. 1 Cuban 2016/2017/2019 In 2021: 1 Havana (3x); 1 World Relays 4x400 (team of Zurian Hechavarría, Rose M. Almanza, Lisneidy Veitía, her); 2 Chorzów Kusocinski; 2 Castellón; 3 Tomblaine; 1 Sotteville-lès-Rouen						
1606	ARTYMATA Eleni CYP	35y	75d	1986	51.79	51.14 -18 NR
2009 World finalist and Cypriot record holder at 200m, now also national record holder at 400m 200 pb: 22.61 -10. 100 pb: 11.37 -09. 3 EJC 100 2005 (5 200); 1 Small European States Games 100 2005/2007/2009 (1 200 2007/2009); sf COM 100/200 2006; sf ECH 200 2006/2016; 1 Mediterranean Games 200 2009/2013; 8 WCH 200 2009 (2013-ht); 5 ECH 200 2010 (2012-7); dq/sf COM 200 2010; sf OLY 200 2012 (2008-qr, 2016-ht); ht EIC 400 2017/2019; ht WCH 400 2017; sf COM 400 2018. 1 Greek 200 2005/2006. She lost the chance of a probable Commonwealth Games 200m medal in 2010 when she was disqualified for running out of her lane in the semi-final In 2021: 1 Limassol; 1 Cypriot 'Spring'; 1 Haniá; 1 Cypriot; 6 Geneva; 1 ETCh 3rd League						
1624	MALIKOVA Barbora CZE	19y	212d	2001	51.23	51.23 -21
Won the Youth (under-18) grand slam – Olympic, World & European // 200 pb: 24.21 -19 (24.24 -21). 800 pb: 2:03.14 -20. 1 World Youth 2017; 1 European Youth 2018 (2 Medley Relay); 1 Youth Olympic 2018; 3 EJC 2019; 2 under-23 ECH 2021 (1 4x400). 1 Czech 2017/2020/2021. She will start studies at Virginia tech University after Tokyo 2021 In 2021: 5ht World Relays Mixed 4x400; 2 Ostrava Golden Spike National; 1 Ostrava Mitink CAS (5 200); 1 Opava; 5 Marseille; 1 Olomouc 200/400; 1 Kladno; 1 Czech; 2 under-23 ECH (1 4x400)						
1629	VONDROVA Lada CZE	21y	327d	1999	51.19	51.19 -21
New European under-23 Champion, leading a Czech 1-2 (2nd was Barbora Malíková) 400H pb: 56.78 -19. sf World Youth 400H 2015; 7 EJC 400H 2017; sf WIC 400 2018; ht ECH 400 2018; ht EIC 400 2019/2021; 2 under-23 ECH 400 2019 (6 400H); sf WCH 400 2019; 1 under-23 ECH 400/4x400 2021. 1 Czech 400 2019 & indoor 400 2019/2020/2021 (1 indoor 200 2020) In 2021: 1 Czech indoor 400; 3ht EIC 400; 5ht World Relays Mixed 4x400; 4 Ostrava Golden Spike National 100 (6 400); 4 Šamorín PTS; 4 Hengelo FBK Games; 1 Brno; 2 Kladno 200/400 (1 Mixed Relay); 1 under-23 ECH 400/4x400						
1684	PAULINO Marileidy DOM	24y	277d	1996	49.99	49.99 -21 NR
Dominican Republic record holder at 200m & 400m // 200 pb: 22.86 -21. 100 pb: 11.27w, 11.39 -18. 4 Central American & Caribbean Games 100/200 2018; 7 Pan-Am Games 200 2019; sf WCH 200 2019; 3 World Relays Mixed 4x400 2021. Her first sport was handball. Coach-Yassen Gómez CUB In 2021: 3 World Relays Mixed 4x400; 1 Ibiza; 1 Savona; 1 Castiglione della Pescaia; 1 Andújar; 1 Montreuil; 1 Huelva (49.99); 1 Santo Domingo Felix Sanchez Invitational 200; 1 Castellón						
1762	BOKESA Auri Lorena ESP	32y	227d	1988	51.95	51.66 -14
Full name-Auri Lorena Bokesa Abia 12x Spanish Champion (7 out + 5 in) ht OLY 2012/2016; ; 4 WSG 2013; sf WCH 2013 (2015-ht); 8 ECH 2014 (2012/2016-sf); sf EIC 2017 (2013/2015/2019/2021-ht); 2 ETCh 2021 (2009-9, 2011-10, 2013-5, 2014-6, 2015-7, 2019-ht). 1 Spanish 2009/2011/2012/2013/2015/2016/2019 (1 indoor 2012/2013/2014/2016/2021). Former basketball professional, moved to athletics in 2008. Born-Madrid of Equatoguinean parents. Coach-Jorge Marin In 2021: 1 Spanish indoor; 5ht EIC; 2 Langenthal 300; 2 Basle Hurdles/Sprints 300 (4 150); 2 ETCh; 7 Hengelo FBK Games; 2 Spanish						
1920	BROSSIER Amandine FRA	25y	349d	1995	51.25	51.25 -21
2019 World Student Games bronze // 200 pb: 23.13w, 23.33 -18 (23.63i, 23.70 -21). 100 pb: 11.52w -21, 11.66 -17 (11.67 -21). 2 under-23 ECH 4x100 2017; sf EIC 2019 (4 4x400); 3 WSG 2019; ht WCH 2019; ht EIC 2021. 1 French indoor 2020/2021 (1 200 2018). Coach/partner-Sullivan Breton In 2021: 1 French indoor; 3ht EIC; 3ht World Relays 4x400 & Mixed 4x400; 3 Savona; 3 Angers 200 'B'; 6 Andújar; dq ETCh 4x400; 4 Montreuil; 4 Marseille; 1 French; 1 Saint-Berthevin 100/200; 1 Cerizay 100/200						
2021	PIPI Ama GBR	25y	246d	1995	51.08	51.08 -21
Full name-Amarachi Pipi Third leg for team which won 2021 European indoor relay silver (Zoey Clark, Jodie Williams, her, Jessie Knight) 200 pb: 22.83w, 22.95 -17 (23.13 -21). 100 pb: 11.35w, 11.72 -17 (11.75 -21). sf EIC 400 2021 (2 4x400). 1 UK indoor 200 2010; 3 UK 400 2021. Studied Sociology at Oklahoma Christian University (7 NCAA indoor 400 2018). She's a talented singer. Coach-Linford Christie Great advancement for her in 2021, down from 52.26 to 51.08 In 2021: 3sf EIC (2 4x400); 3 World Relays 4x400; 1 Manchester Invitational; 2 ETCh 4x400; 1 Gothenburg Grand Prix 200; 1 Copenhagen Games 200; 1 Sollentuna; 1 Kladno (51.08); 3 UK (4 200); 7 Gateshead Diamond/July						
2033	WILLIAMS Jodie GBR	27y	305d	1993	50.94	50.94 -21
Commonwealth Games & European silvers at 200m in 2014, European indoor 400m bronze in 2021 200 pb: 22.46 -14 (22.60 -21). 100 pb: 11.13w -14, 11.17 -19 (11.25w, 11.46 -21). 1 World Youth 100/200 2009; 1 WJC 100 2010 (2 200); 4 EIC 60 2011; 1 EJC 100/200 2011; ht WIC 60 2012; 1 under-23 ECH 200 2013 (2 100/4x100); sf WCH 200 2013; 2 COM 200 2014 (3 4x100); 2 ECH 200 2014 (1 4x100); 4 WCH 4x100 2015; 6 ECH 200 2016 (2018-sf); sf OLY 200 2016; sf WCH 200 2019 (4 4x400 with sub-50 split); 3 EIC 400 2021 (2 4x400). 1 UK 200 2014/2019/2021 & 400 2021. Unbeaten in 151 races until her second place in the 2010 World Junior 200m final. Younger sister-Hannah Williams (1 UK 200 2020). Coach-Ryan Freckleton In 2021: 2 Manchester Invitational 400; 3 EIC (2 4x400); 2 Waco Michael Johnson Invitational 200 (4 100); 1 Austin Texas Invitational 400/200 'B'; 1 Walnut Golden Games 200; 2 Irvine 'Track Meet'; 4 Jacksonville Duval County Challenge 200; 3 Miramar NACAC Invitational 200; 1 UK 200/400; 2 Gateshead Diamond/July 200/400; Her younger sister Hannah is also in Britain's Tokyo squad for the relay, having improved greatly to 51.60 in the British Trials						
2034	YEARGIN Nicole GBR	23y	353d	1997	50.96	50.96 -21
New Scottish #1 at 400m, via the University of Southern California 200 pb: 23.18 -21. 2 NCAA indoor 4x400 2021; 4 NCAA 2021 (& 2 4x400, where she put her team into the lead on leg 3 before Athing Mu clocked 48.84 to win for Texas A&M). Former gymnast, she says she took up athletics with the intention of becoming a high jumper. Studied Real Estate Development at the University of Southern California. Father-American, mother (Lynn) born-Scotland and moved to the USA in her 20s (to work for the British embassy) In 2021: Full US collegiate indoor season culminating, in second place at the NCAA indoor 4x400; 1 University of Southern California Invitational 200; 5 San Diego Aztec Invitational 200; 1 Florida Relays 'B'; 3 Long Beach Invitational 200; 5 UCLA v USC; 3 Los Angeles 'Pacific 12' (5 200); 4 NCAA (2 4x400); 2 UK; 6 Székesfehérvár Gyulai; 5 Gateshead Diamond/July						

2137	SCHWAB Corinna GER	22y	116d	1999	51.65	51.65 -21
<p>Second leg for team which won 2018 world junior sprint relay gold (team of Viktoria Dönicke, her, Sophia Junk, Denise Uphoff) 100 pb: 11.22w -21, 11.38 -210. 200 pb: 22.99 -21. 400H pb: 59.18 -15. 4 EJC 2017 (2 4x400); 6 WJC 200 2018; 1 WJC 4x100 2018 (5 4x400); sf EIC 2021 (6 4x400). 1 German 2020 & indoor 2020/2021 In 2021: 1 German indoor; 4ht EIC (6 4x400); 1 Vecindario 200/300; 1 Gran Canaria Open #2 (3 100); 6 World Relays 4x400; 1 Mannheim 'Road To Tokyo' #1; 3 ETCh; 1 German; 3 Kladno; 1 Regensburg Gala Mixed 4x400; 1 Wetzlar 100/200</p>						
2218	VASILIOU Irini GRE	31y	134d	1990	52.89	51.75 -19
<p>2019 Balkan Champion // 52.76i -21. 200 pb: 23.31 -19 (23.51i -21). sf ECH 2016; ht OLY 2016 (2018-ht); 6 ETCh 2017; sf WCH 2017 (2019-ht); 1 Balkan 2019 (2015-2); sf EIC 2021. 1 Greek 2015/2016/2017 & indoor 2015/2016/2021. 1 Greek 200 2019 & indoor 2021). Graduate of Economics at Athens University (Did not compete from 2009 to 2013 in order to pursue her studies). Her twin Anna (pb 52.50) is also an international 400m runner and was herself a semi-finalist at the 2016 European Championships In 2021: 1 Vienna T&F 'E' & 200 'B'; 2 Ostrava Czech Indoor Gala; 1 Greek indoor 200/400; 5sf EIC; 5 Dessau Anhalt; 3 Haniá; 1 Greek (4 200); 4 ETCh 1st League; 3 Balkan</p>						
2234	RODNEY Meleni GRN	23y	33d	1998	51.32	51.32 -21
<p>200 pb: 23.25 -17. 3 Youth Olympic 2014; sf World Youth 2015. Studying Sociology at the University of California, Los Angeles. Coach-Avery Anderson In 2021: 1 Stanford Invitational; 1 Tucson West Coast Classic; 2 Los Angeles 'Pacific 12'; 3sf NCAA (3 4x400)</p>						
2249	ABRAMS Aliyah GUY	24y	118d	1997	51.46	51.13 -19
<p>Allegiance transferee from USA – has held Guyanese citizenship since birth [both parents being Guyanese] and never competed for the USA, so was formerly cleared by World Athletics to represent Guyana from July 29, 2016 200 pb: 23.33 -19 (23.72 -21). ht OLY 2016; 7 Pan-Am Games 2019; sf WCH 2019. 2 NCAA indoor 2019 (5 outdoors). Born-New York of Guyanese parents. Student of Exercise Science at the University of South Carolina, Columbia. Coach-Curtis Frye Her older sister Jasmine Abrams (100 pb 11.19) is also an Tokyo 2020 Olympian In 2021: 1 Auburn Tiger Track Classic; 7 Florida Relays; 2 Columbia Gamecock Invitational 'C'; 3 University of South Carolina Open 200; 2 Jacksonville North Florida Invitational; 4 Southeastern Conference; 6sf NCAA (6 4x400); 1 Guyanese; 5 Marietta Stars & Stripes (2 200 'B')</p>						
2333	HEALY Phil IRL	26y	253d	1994	51.50	51.50 -21
<p>14x Irish Champion across 60m, 100m, 200m & 400m // 100 pb: 11.16w, 11.28 -18 (11.43 -21). 200 pb: 22.99 -18 (23.24 -21). 4 EJC 100 2013; ht ECH 100 2014; sf EIC 60 2017 (ht 400); sf WIC 400 2018; sf ECH 100/200 2018; ht WCH 200 2019; 4 EIC 400 2021 (2019-sf). 1 Irish 100 2014/2020 & 200 2017/2018/2019/2020/2021 & 400 2021; 1 Irish indoor 60 2016, 200 2016/2020 & 400 2017/2018/2019. Extraordinary 400m relay leg at the 2016 Irish Universities Championships, coming "from the depths of hell" to win, watched 3.4 million times on YouTube. Her older sister Joan Healy is also an international sprinter. Coach-Shane McCormack In 2021: 1 Dublin 400; 4 EIC 400; 1 Málaga 100/200; 7 World Relays Mixed 4x400; 1 Belfast IMC 200/400; 4 Gothenburg Grand Prix 200; 5 Hengelo FBK Games 400; 1 Irish 200/400</p>						
2500	McGREGOR Roneisha JAM	23y	294d	1997	50.02	50.02 -21
<p>Two medals from 2019 World Championships: Mixed 4x400 silver and then Women-only 4x400 bronze after she ran in the heats only 200 pb: 22.99 -21. 100 pb: 11.35 -21. sf WJC 200 2016. 2 North/Central American & Caribbean under-23 2019; 3 Pan-Am Games 4x400 2019; 2 WCH Mixed 4x400 2021 (Nathon Allen, her, Tiffany James, Javon Francis); bronze WCH 4x400 2019 (ran heat) In 2021: Lowered her sprint pbs to 11.35 & 22.99 at various Kingston Jamaican AAA meetings; also 2 / 5 wins at 400m; 3 Jamaican</p>						
2501	McLEOD Candice JAM	24y	256d	1996	49.91	49.91 -21
<p>Down from 52.28 to 49.91 already in 2021; she says her improvement is the reward of having been able to train 'non-stop' throughout 2020, because of the pandemic 200 pb: 23.82 -21. 400H pb: 57.54 -19. 2 Pan-Am Junior 4x400 2015. 1 Jamaican Intercollegiate 400H 2018. Coach-Fitz Coleman In 2021: 1 Kingston 200 'B' (Feb 27); 2 Kingston (Mar 13); 2 Kingston (Mar 20); 2 Kingston (Apr 17); 2 Kingston 200 (May 1); 1 Kingston (May 22); 2 Kingston (Jun 5); 2 Jamaica; 2 Marietta Stars & Stripes</p>						
2502	MCPHERSON Stephenie Ann JAM	32y	246d	1988	49.61	49.61 -21
<p>2013 World bronze, 2014 Commonwealth Champion // 200 pb: 22.90 -21 (22.90 -21). 800 pb: 2:10.2 -15. 400H pb: 57.46 -12. 3 WCH 400 2013 (2015-5, 2017-6); 2 WIC 4x400 2014; 1 COM 400/4x100 2014; 1 WCH 4x400 2015; 4 WIC 400 2016 (2018-dq sf); 6 OLY 400 2016 (2 4x400); dq WIC 400/4x400 2018 (lane/exchange); 3 COM 2018 (1 4x400); ; 6 WCH 2019 (3 4x400). 1 Jamaican 2016/2018/2021. Coach-Stephen Francis In 2021: 1 Spanish Town Dual Meet 400; 1 Spanish Town Triangular Trial 400; dnf Kingston 200 (Feb 20); 2 Kingston 200 (Feb 27); 2 Kingston 200 (Mar 20); 4 Miramar Invitational 400; 2 Kingston 200 (Apr 17); 1 Kingston 200 (May 1); 2 Spanish Town Jamaica Time Trial 200; 2 Gateshead Diamond/May 400; 1 Kingston 200 (May 29); 1 Jamaican 400 (pb 49.61 after 8 years at 49.92); 1 Székesfehérvár Gyulai 400; 1 Gateshead Diamond/July 400</p>						
2534	WILLIAMS Stacey-Ann JAM	22y	144d	1999	50.14	50.14 -21
<p>2 WJC 4x400 2016; 6 WJC 2018 (3 4x400); 1 NAIA 2019 indoors & out (NAIA = US National Association of Intercollegiate Athletics) In 2021: 1 U of Texas v Texas A&M; 2 Baton Rouge LSU Alumni Gold 200 'B'; 2 Austin Texas Invitational (1 200 'C'); 1 Manhattan 'Big 12'; 6 NCAA; 4 Jamaican</p>						
2660	BOSHNAK Aliya JOR	20y	222d	2000	56.05	55.38 -17
<p>Full name-Aliya Khattab Omar Boshnak Jordanian record holder at 200m & 400m 200 pb: 24.64 -18. ht WJC 200 2016; 7 Asian Champs 2017 (sf 200); sf World Youth 2017; sf Asian Indoor Games 2017; 1 Arab junior 200 2018; 8 Asian Junior 200 2018. Coach-Hussein Fiddhi In 2021: 2 Gdańsk 400 (3 100); 2 Gliwice 400 (7 100); 5 Toruń Dunecki 100 'B' (6 200)</p>						
2757	SYOMBUA Hellen KEN	23y	356d	1997	52.45	51.09 -19 NR
<p>Full name-Hellen Syombua Kalii Kenyan record holder // 2 African Games 4x400 2015; 2 African Champs 4x400 2018; 3 World Relays Mixed 4x400 2019; ht WCH 2019 (injured). 3 Kenyan 2016 In 2021: 1 Nairobi Athletics Kenya Weekend #1; 1 Kenyan 'Pre-Trials'; 1 Kenyan Olympic Trial 400/Mixed 4x400</p>						
2863	SERKSNIENE Agnė LTU	33y	162d	1988	52.20	50.99 -18 NR
<p>2018 European Championship finalist outdoors, then fourth indoors in 2019 52.12i -21. 200 pb: 22.99 -18. 100 pb: 11.51 -14. 200 pb: 23.24 -14. 6 EJC 2007; 5 under-23 ECH 2009; 6 ECH 2018 (2012/2014-sf); 4 EIC 2019 (202-sf). 1 Lithuanian 2008/2009/2011/2012/2013/2018/2020/2021 & indoor 2007/2009/2010; 1 Swiss 2017. Based in Switzerland, where she is a member of LC Zürich In 2021: 1ht Swiss indoor 200/400 (guesting); 5sf EIC; 1 Basle Hurdles/Sprints 150/150; 1 Basle Meier; 4 Geneva 'B'; 1 ETCh 2nd League; 1 Lithuanian; 1 Vilnius</p>						
2924	MORAN Paola MEX	24y	155d	1997	51.34	51.02 -19
<p>Full name-Paola Morán Errejón Mexico's top 400m woman since 2003 World Champion Ana Guevara 400H pb: 56.55 -19. 1 Central American & Caribbean Junior 400H 2014; sf WJC 400 2016; 1 WSG 400 2019 (2 4x400); 2 Pan-Am Games 400 2019; sf WCH 2019. Took up athletics, she says, after the excitement of working as a kit carrier at the 2011 Pan-American Games in Guadalajara In 2021: 1 Monterrey; 4 Irvine 'Track Meet'; 4 Fort Worth US F&F Open; 1 Mexican</p>						

2991	DE WITTE Lisanne NED	28y	322d	1992	52.08	50.77 -18 NR
European bronzes indoors (2019) & out (2018) // 800 pb: 2:05.39 -13 (2:09.85 -21). 200 pb: 23.67i -19, 24.35 -18. 8 under-23 ECH 2013; sf WIC 2014/2016; 1 ETCh 2017; 3 ECH 2018; 3 EIC 2019 (2017-ht, 2021-sf); sf WCH 2019 (2017-ht); 1 EIC 4x400 2021. 1 Dutch 2016/2017/2019/2021 (1 800 2015); 1 Dutch indoor 2016 (1 200 2019). Her younger sister Laura De Witte is also an international 400m runner, they were both on the relay team which set a Dutch 4x400m record at the Rio Olympics In 2021: 4sf EIC 400 (1 4x400); 4 World Relays 4x400; 6 Lisse 800; 7 Gateshead Diamond/May; 6 Hengelo FBK Games; 3 Geneva 'B'; 8 Chorzów Kusocinski; 1 Dutch; 8 Gateshead Diamond/July						
2995	KLAVER Lieke NED	22y	344d	1998	50.98	50.98 -20/21
Led off the winning Netherlands 4x4 team at the 2021 European Indoors (team of her, Marit Dopheide, Lisanne de Witte, Femke Bol) 200 pb: 22.66 -20 (22.83 -21). 6 EJC 200 2015/2017; 7 WCH 4x400 2019; 5 EIC 2021 (1 4x400). 1 Dutch 200 2020, indoor 200 2017 & indoor 400 2020. Training partner of 53.79 400m hurdler Femke Bol. Their coaches-Laurent Meuwly (SUI) & Bram Peters In 2021: 2 Dutch indoor; 5 EIC (1 4x400); 4 World Relays 4x400; 3 Gateshead Diamond/May; 1 Oordegem Flanders Cup 200 (3 100); 3 Montreuil; 3 Hengelo FBK Games; 1 Geneva; 2 ETCh 1st League 200; 2 Dutch 200; 3 Székesfehérvár Gyulai; 3 Gateshead Diamond/July						
3046	GEORGE Patience NGR	29y	247d	1991	52.24	50.71 -15
Full name-Patience Okon George 2015 African Games silver & African Championship bronzes in 2014/2016 200 pb: 23.49 -16/17. 2 COM 4x400 2014/2018; 3 African Champs 2014 (1 4x400); sf WCH 2015/2017/2019; 2 African Games 2015; 3 African Champs 2016; sf OLY 2016; 5 African Champs 2018 (1 4x400); 5 African Games 2019 (1 4x400) 1 Nigerian 2015/2016/2017/2019/2021. She's not related to former Nigerian international 400m runner Regina George In 2021: 2 Benin City Sports Festival; 1 Prairie View Invitational Mixed 4x400; 1 Fort Worth US F&F Open 'C'; 1 Nigerian; 1 Lagos 'Making of Champions' Relay Mixed 4x400						
3155	BAUMGART-WITAN Iga POL	32y	110d	1989	51.92	51.02 -19
2019 World finalist & relay silver // 4 under-23 ECH 4x400 2011; ht WCH 2015; 6 OLY 4x400 2016; sf EIC 2017 (1 4x400); 3 ETCh 2017; 3 WCH 4x400 2017; 5 ECH 2018 (1 4x400); sf EIC 2019 (1 4x400); 8 WCH 2020 (2 4x400). 1 Polish 2017 & indoor 2019. Married Polish second division footballer Andrzej Witan on December 25, 2017. Coach/mother-Iwona Baumgart In 2021: 2 Poznań Grand Prix; 5 Chorzów Kusocinski; 4 Polish						
3164	KACZMAREK Natalia POL	23y	194d	1998	50.72	50.72 -21
2021 European Team Champion, she's moved up to Polish #1 // 200 pb: 23.67w -19, 23.88 -20. sf World Youth 2015; sf WJC 2016; 7 EJC 2017; silver WIC 4x100/2018; gold ECH 4x400 2018 (ran heat); 1 under-23 ECH 400/4x400 2019 (ran down Great Britain's Hannah Williams on the anchor); 3 EIC 4x400 2021; 1 ETCh 2021. 1 Polish 2021. Partner is the 129kg shot putter Konrad Bukowiecki (2 ECH 2018). Club-WKS Śląsk Wrocław In 2021: 4 Polish indoor; 3 EIC 4x400 (led off); 2 World Relays 4x400; 1 Ostrava Golden Spike National; 1 Polish Universities (51.03, cut her pb by 1.2); 1 ETCh 400/4x400; 1 Marseille; 1 Polish; 5 Székesfehérvár Gyulai; 4 Gateshead Diamond/July						
3182	SWIĘTY-ERSETIC Justyna POL	28y	238d	1992	51.04	50.41 -18
2018 European Champion, then anchored Poland to relay gold 90 minutes later 3 under-23 ECH 2013 (1 4x400); 4 WIC 2014/2018 (2016-5); sf EIC 2015 (3 4x400); 6 ETCh 2015 (2014-9); 2 WIC 4x400 2016/2018; 6 ECH 2016 (2014-sf); sf OLY 2016; 3 EIC 2017 (1 4x400); 3 WCH 4x400 2017; 3 Athletics World Cup 2018; 1 ECH 400/4x400 2018; 6 IAAF Continental Cup 2018; 6 EIC 2019 (1 4x400); 1 ETCh 2019; 7 WCH 2019 (2 4x400); 2 EIC 2021 (1 4x400). 1 Polish 2013/2016/2020 & indoor 2012/2014/2015/2016/2017/2018/2020/2021. Married Polish international wrestler Dawid Ersetic on September 16, 2017. Club-AZS AWF Katowice. Coach-Aleksander Matusinski In 2021: 1 Toruń PZLA 'Control' 200/300; 2 Toruń 'Gold' Tour; 1 Polish indoor; 2 EIC (1 4x400); 3 Chorzów Kusocinski; 2 Polish; 2 Bydgoszcz Szewińska; It is reported that she has a torn quadricep and is doubtful for Tokyo						
3223	AZEVEDO Cátia POR	27y	143d	1994	50.59	50.59 -21 NR
Portuguese record holder, improved twice so far in 2021 (first 51.61, then all the way down to 50.59) 800 pb: 2:05.96i -19, 2:06.11 -17. 5 EJC 2013; sf ECH 2016/2018 (2014-ht); ht OLY 2016; ht WCH 2017/2019; 5 WSG 2017; ht WIC 2018; ht EIC 2019/2021; 5 WSG 2019. 1 Portuguese 2016/2017/2018/2019/2020/2021 & indoor 2015/2016/2017/2018/2019/2021 In 2021: 1 Portuguese indoor; 5ht EIC; 6ht World Relays Mixed 4x400; 2 Andújar; 4 ETCh; 2 Huelva; 2 Geneva; 1 Portuguese; 3 Bydgoszcz Szewińska; 1 Portuguese Club Champs; 2 Sotteville-lès-Rouen						
3363	MIKLOS Andrea ROU	22y	104d	1999	-	52.07 -18
World & European Junior silvers, then European under-23 bronze // 51.92i -21. 7 World Youth 2015; 3 WIC 4x400 2016 (at age 16); 2 EJC 2017; 2 WJC 2018; sf ECH 2018; ht EIC 2019; 3 under-23 ECH 2019; 6 EIC 2021. 1 Romanian 2018/2019 (1 indoor 2018-2021) In 2021: 1 Balkan indoor; 6 EIC						
3462	HORVAT Anita SLO	24y	325d	1996	52.12	51.22 -18 NR
Slovenian record holder // 800 pb: 2:04.84i -21, 2:14.46 -12.. 100 pb: 11.79 -17. 200 pb: 23.47 -17. 400H pb: 59.72 -15. ht EJC 400/400H 2015; 4 under-23 ECH 400 2017; ht WCH 400 2017/2019; ht WIC 400 2018; sf ECH 400 2018; sf EIC 400 2019; ht EIC 800 2021. 1 Slovenian 400H 2015 & 400 2016/2018/2019/2020 (1 indoor 2016/2017). 1 Slovenian 100/200 2017 (1 200 2018). Coach-Tevz Korent (formerly Rok Predanic) In 2021: 2 Slovenian indoor 800; 1 Balkan indoor 400 'B'; 5ht EIC 800; 3 World Relays Mixed 2x2x400 Relay; 8 Ostrava Golden Spike; 5 Andújar; 2 Slovenska Bistrica; 1 Slovenian; 2 Brno; 4 Kladno; 3 ETCh 2nd League; 2 Balkan; 2 Velenje 100/200						
3707	SHIDA Leni UGA	27y	69d	1994	51.81	51.47 -19 NR
Ugandan record holder at both 200m & 400m // 200 pb: 23.43 -19 (23.60 -21). sf COM 2014/2018; sf WSG 2015/2017; 5 African Games 2015; 5 Islamic Solidarity Games 2017; 8 COM 4x400 2018; 6 African Champs 2018 (2016-6); 2 WSG 2019; 6 African Games 2019 (3 4x400); ht WCH 2019. 1 Ugandan 2016/2017/2018/2019 (1 200 2017/2019). Coaches-Kevin and Sue O'Connor In 2021: 1 Kampala Ugandan Trials #4; 4 Lusaka International; 1 Kampala Ugandan Trials #6 200/400; 1 Vienna 'Mid Summer Track Night'; 2 Castiglione della Pescaia 'B'; 4 Andújar; 2 Haniá; 5 Huelva; 5 Geneva; 1 Nembro						
3748	MELNYK Tetyana UKR	26y	119d	1995	54.26	51.92 -16
Twice Ukrainian Indoor Champion // 400H pb: 57.40 -16. sf WJC 400H 2014; 6 ECH 4x400 2016; 5 OLY 4x400 2016; ht EIC 2017 (3 4x400); 4 WIC 4x400 2018; sf ECH 2018; ht EIC 2019. 1 Ukrainian 2018 (1 indoor 2018/2019) In 2021: 1 Erzurum Relay Cup Mixed 4x400; 7 Ukrainian						
3845	ELLIS Kendall USA	25y	143d	1996	50.10	49.99 -18
Relay golds from London 2017 & Doha 2019 // 200 pb: 22.71 -18 (22.81 -21). ht WCH 2017 (gold 4x400); sf WCH 2019 (gold 4x400). 1 NCAA indoor 2018 (2017-2); 2 NCAA 1018 (2017-3); 2 US 2019 (2017/2018-3, 2021-4). Studied Business Administration at the University of Southern California In 2021: 3 Staten Island 'Gold' Tour; 3 Miramar Invitational; 4 Eugene Grand Prix; 5 Walnut Golden Games 200; 1 Irvine 'Track Meet'; 1 Gateshead Diamond/May; 4 US						

3847 FELIX Allyson USA **35y** 254d 1985 **50.02** **49.26 -15**

Winner of more Olympic golds (six) than any other woman in athletics. Thirteen World Championships golds. Medals from the past four Olympic Games
 100 pb: 10.89 -12 (11.25w, 11.30 -21). 200 pb: 21.69 -12 (22.11 -21). 1 World Youth 100 2001; 5 WJC 200 2002; sf WIC 200 2003; 2 OLY 200 2004/2008; 1 WCH 200 2005 (2003-qf); 1 WCH 200/4x100/4x400 2007; 1 OLY 4x400 2008; 1 WCH 200/4x400 2009; 1 WCH 4x100/4x400 2011 (2 400, 3 200); 1 OLY 200/4x100/4x400 2012 (5 100); dnf WCH 200 2013 (tear in her right hamstring); 1 WCH 400 2015 (2 4x100/4x400); 2 OLY 400 2016 (1 4x100/4x400); 3 WCH 400 2017 (1 4x100/4x400); 1 WCH Mixed 4x400 2019 (& gold 4x400, ran heat). 1 US 200 2004/2005/2007/2008/2009/2012, 100 2010 & 400 2011. Husband-Kenneth Ferguson (2 WJC 400H 2002), their daughter Camryn born in November 2018. Coach-Bob Kersee. Manager/brother Wes Felix (it was he who originally encouraged her to do athletics)
 In 2021: 1 Fayetteville American Track League 4 200 (2 60); 1 Pheonix Grand Canyon University Invitational 100; 7 Eugene Grand Prix 100; 2 Walnut Golden Games 200; 1 Fort Worth US F&F Open; 1 Jacksonville Duval County Challenge 'C'; 2 US (6th to 2nd in last 100m) (5 200)

3853 HAYES Quanera USA **29y** 144d 1992 **49.78** **49.72 -17**

World Championship relay golds (indoors or out) in 2016, 2017, 2018
 200 pb: 22.55 -17 (22.58 -21). 3 WIC 2016 (1 4x400); sf WCH 2017 (1 4x400); 1 WIC 4x400 2018. 1 NCAA div 2 2013/2014/2015 (1 200 2015); 1 US indoor 2016; 1 US 2021. Son Demetrius born October 2018. Was at Livingstone College in Salisbury, North Carolina. Coach-Vince Henderson
 In 2021: 1 Fayetteville American Track League #1; 2 Fayetteville American Track League #3 200; 2 Clermont FL 'Pure Spring' 200 (3 200); 2 Miramar Invitational; 1 US (sf 200)

3857 JONATHAS Wadeline USA **23y** 161d 1998 **50.03** **49.60 -19**

Fourth, then relay gold, at 2019 Worlds // 100 pb: 11.41w -18, 11.84 -17. 200 pb: 22.91 -21. LJ pb: 6.15w, 5.84 -18. 4 WCH 2019 (1 4x400, ran anchor). 1 NCAA div 3 200/400 2017/2018; 1 NCAA div 3 indoor 400 2017 & 60/200/400/LJ 2018 (representing the University of Massachusetts Boston, she personally outscored every other women's team); 1 NCAA 2019 (representing the University of South Carolina); 3 US 2019. Born-Gonaives, Haiti, moved to US at about 10. Coach-Karim Abdel Wahab. Agent-John Regis
 In 2021: 1 Columbia Gamecock Invitational 'C'; 5 Eugene Grand Prix; 1 Jacksonville North Florida Invitational; 3 Boston Games; 2 Jacksonville Duval County Challenge 'C'; 1 Miramar NACAC Invitational; 3 US; 2 Székesfehérvár Gyulai

<u>WORLD ALL-TIME LIST</u>	<u>2021 WORLD LIST</u>
1.....47.60.....Marita Koch GDR..... 1985	1.....48.54.....Christine Mboma NAM
2.....47.99.....Jar. Kratochvilová TCH..... 1983	2.....49.08.....Shaunae Miller-Uibo BAH
3.....48.14.....Salwa Eid Naser.....2019	3.....49.53.....Beatrice Masilingi NAM
4.....48.25.....Marie-José Pérec FRA..... 1996	4.....49.57.....Athing Mu USA
5.....48.27.....Olga Bryzgina UKR..... 1985	5.....49.61.....Stephenie Ann McPherson JAM
6.....48.37.....Shaunae Miller-Uibo BAH..... 2019	6.....49.78.....Quanera Hayes USA
7.....48.54.....Christine Mboma NAM..... 2021	=7...49.91.....Shamier Little USA
8.....48.59.....Tatjana Kocembová TCH..... 198349.91.....Candice McLeod JAM
9.....48.63.....Cathy Freeman AUS..... 1996	9.....49.99.....Marileidy Paulino DOM
10...48.70.....Sanya Richards USA..... 2006	=10.50.02.....Allyson Felix USA
50.02.....Roneisha McGregor JAM

Women's Javelin Throw

Entrants: 30 Event starts: August 3

	Age	(Days)	Born	SB	PB
1040 BARBER Kelsey-Lee AUS (Née Roberts) 2019 World Champion, when she moved from fourth to first in round 6 dnq OLY 2016; 10 WCH 2017 (2015-dnq); 2 COM 2018 (2014-3); 1 Oceanian 2019. 1 Australian 2017/2019. Shoulder injury in late 2019, she didn't compete in 2020. Her uncle Tom Murtagh has been a special effects specialist, working on James Bond films. Born-East London, South Africa. Coach/husband-Mike Barber. 1.75/72kg In 2021: 1 Australian Capital Territory; 2 Canberra Classic; 3 Brisbane Classic; 2 Australian; 4 Gold Coast Oceania Invitational #1; 1 Kuortane; 3 Oslo Diamond	29y	312d	1991	61.09	67.70 -19
1062 LITTLE Mackenzie AUS Former World Youth Champion. Twice US Collegiate Champion // 1 World Youth 2013; 2 Oceanian 2019; 8 WSG 2019. 1 NCAA 2018/2019 (2017-4). Studied Human Biology at Stanford University. Coach-Angus McEntyre. Born-Rochester, Minnesota, lives-Sydney (she has dual citizenship with the USA) In 2021: 1 Canberra 'Super Summer'; 1 New South Wales State; 1 Canberra Classic; 2 Brisbane Classic; 3 Australian; 1 Australian Universities; 2 Gold Coast Oceania Invitational #1; 2 Gold Coast Oceania Invitational #2; 1 Townsville	24y	219d	1996	60.90	61.42 -20
1064 MITCHELL Kathryn AUS 2018 Commonwealth Champion // 12 WSG 2003; 5 WCH 2013 (2015/2017-dnq); 4 COM 2014 (2006-6, 2010-5); 6 OLY 2016 (2012-9). 1 Australian 2018. Born-Hamilton, lives-Ballarat. Partner/coach-Uwe Hohn. 1.68/70kg In 2021: 1 Ballarat; 1 Melbourne; 1 Gold Coast Oceania Invitational #1; 1 Gold Coast Oceania Invitational #2; 3 Townsville; 1 Cairns	39y	20d	1982	63.50	68.57 -18 AR
1110 HUDSON Victoria AUT Austrian record holder // dnq World Youth 2013; 7 EJC 2015; 7 WSG 2019; dnq WCH 2019. 1 Austrian 2016/2017/2021. Austrian mother, British father. Coach-Elisabeth Eberl In 2021: 1 Eisenstadt; 4 European Throws Cup; 1 Vienna 'Mid Summer Track Night'; 5 Ostrava Golden Spike; 2 Rehlingen; 5 Turku Paavo Nurmi Games; 1 Eisenstadt; 1 Austrian; 7 Monaco Diamond	25y	62d	1996	64.68	64.68 -21 NR
1233 KHALADOVICH Tatsiana BLR Former European Champion // SP pb: 14.91 -16. dnq WJC 2008/2010; 2 ETCh 2015/2017 (2013-6); 1 WSG 2015; 1 ECH 2016 (2014/2018-5); 5 OLY 2016; 6 WCH 2017/2019 (2015-dnq). 1 Diamond League 2018. 1 Belarusian 2012-2021. 1.81/83kg In 2021: 1 Belarusian winter; 1 Brest Shukevich Prizes; 3 European Throws Cup; 1 Belarusian Cup; 1 Belarusian (10th time); 2 Lucerne; 5 Oslo Diamond; 5 Székesfehérvár Gyulai; 4 Monaco Diamond	30y	39d	1991	63.85	67.47 -18 NR
1291 de LIMA Jucilene BRA Full name-Jucilene Sales de Lima Brazilian record holder & 2015 South American Champion 10 World Youth 2008 (2005-dnq); 11 WJC 2010 (2008-dnq); dnq WCH 2013; 1 Ibero-American 2014; 1 South American 2015 (2021-3); 3 Pan-Am Games 2015 (2007-10); dnq WCH 2016. 1 Brazilian 2012/2013/2014/2015/2021. Her older sister is Jailma Sales de Lima, 1 South American 400H 2011 1.74/63kg In 2021: 1 Bragança Paulista São Paulo Trophy; 2 Bragança Paulista City Tournament; 1 Praia Grande São Paulo Trophy; 3 South American; 1 Brazilian; 2 Bragança Paulista International; 2 Bragança Paulista 'Meeting Towards Tokyo'; 1 São Paulo Champs	30y	319d	1990	61.36	62.89 -14 NR
1294 FERRER Laila BRA Twice South American Champion ... as is her husband // dnq OLY 2012; 2 Ibero-American 2014/2016 (2012/2018-3); 4 Pan-Am Games 2015 (2011-15, 2019-5); dnq WCH 2017/2019; 1 South American Games 2018; 8; 1 South American 2019/2021 (2011-4, 2013-2). 1 Brazilian 2010/2011/2016/2017/2018/2019. Her husband Wagner Domingos is 2x South American Champion at Hammer Throw In 2021: 2 Bragança Paulista São Paulo Trophy; 2 Bragança Paulista City Tournament; 1 Praia Grande São Paulo Trophy; 1 South American; 2 Brazilian; 1 Bragança Paulista International; 1 Bragança Paulista 'Meeting Towards Tokyo'; 2 São Paulo Champs	39y	today	1982	60.85	62.52 -17
1395 GLEADLE Liz CAN 2015 Pan-American Games Champion. 9x Canadian Champion // 5 World Youth 2005; 12 WJC 2006; 6 WSG 2009 (2011-8); 11 OLY 2012 (2016-dnq); 1 Pan-Am Games 2015 (2019-2); 11 WCH 2015 (2017-12, 2019-dnq); 4 COM 2018 (2014-5). 1 Canadian 2009/2012/2014-2019/2021. She defeated Barbora Špotáková to win at the 2014 Birmingham Diamond League. The tattoo on the left side of her torso reads "Keep your feet on the ground and eyes on the stars". Graduated from the University of British Columbia in 2014 with a degree in Kinesiology. 1.88/90kg In 2021: 3 Tucson USATF 'Throws Fest'; 2 Chula Vista 'Field Fest'; 1 Prairie View USATF 'Showcase'; 1 Canadian	32y	236d	1988	63.33	64.83 -15 NR
1479 LIU Shiyang CHN 2018 Asian Games Champion // 1 Asian Junior 2012; 2 WJC 2012; 1 Asian Champs 2015; dnq OLY 2016; 8 WCH 2017; 1 Asian Games 2018. 4 Chinese National Games 2013 (2017-5). Led going into the final round at Doha 2019, but then overtaken by Kelsey Barber AUS. From-Shandong Province. Coach-Guo Qingxia. 1.79/78kg In 2021: 1 Chengdu Throws Grand Prix; 2 Chengdu Grand Prix; 1 Dalian; 2 Fuzhou; 2 Chinese; 2 Chinese National Games Trial	27y	309d	1993	64.56	67.29 -20
1481 LU Huihui CHN Asian record holder. Medals at the last three World Championships 5 OLY 2012 (2016-7); 2 WCH 2015 (2017/2019-3); 3 Athletics World Cup 2017; 2 Asian Games 2018; 1 Asian Champs 2019. 1 Australian 2016. Led going into the final round at Beijing 2015, but then overtaken with the final throw of the contest by Katharina Molitor GER. From-Henan Province. Served one-year doping suspension in 2013/2014. Coach-Lu Gang. 1.71/68kg In 2021: 2 Chengdu Throws Grand Prix; 1 Chengdu Grand Prix; 1 Zhaoqing; 1 Xi'an; 1 Chinese; 1 Chinese National Games Trial	32y	34d	1989	66.55	67.98 -19 AR
1538 MURILLO Maria Lucelly COL 2011 South American Champion // 4 WJC 2010; 1 South American 2011 (2013-5, 2019/2021-2); dnq WCH 2011; 2 South American Games 2019 (2014-4); 1 Central American & Caribbean Games 2018 (2010-3); 1 Ibero-American 2018; 4 Pan-Am Games 2019 In 2021: 1 Cali; 1 Colombian Clubs; 1 Ibagué; 2 South American; 4 Bragança Paulista 'Meeting Towards Tokyo'; 3 São Paulo Champs	30y	86d	1991	59.92	61.46 -19
1566 KOLAK Sara CRO DEFENDING OLYMPIC CHAMPION In Rio 2016 she was the biggest surprise winner, setting Croatian records in both qualifying and final dnq WJC 2012; 3 EJC 2013; 3 WJC 2014; 3 ECH 2016 (2014-dnq) 1 OLY 2016; 1 under-23 ECH 2017; 4 WCH 2017 (2019-7). 1 Croatian 2012/2014. Shoulder surgery in 2014, elbow surgery in 2018 (arthroscoy and reconstruction of ligaments, she was not sure if she could throw again). Lives-Norway, coach-Andreas Thorkildsen (1 OLY JT 2004/2008). 1.70/74kg In 2021: 3 Ostrava Golden Spike	26y	38d	1995	60.04	68.43 -17 NR

1618	GILLAROVA Irena CZE	29y	192d	1992	55.70	61.32 -19
(Née Sediva) 2015 US Collegiate Champion // dng World Youth 2009; 6 EJC 2011; dng under-23 ECH 2013; 3 WSG 2015; 7 ECH 2018 (2016-dng); 3 ETCh 2019; 12 WCH 2019. 1 NCAA 2015. 1 Slovak 2015. Was at representing Virginia Tech University (in Blacksburg, Virginia). Coach-Jan Železný In 2021: 3 Czech; 8 Lucerne						
1626	OGRODNIKOVA Nikola CZE	30y	346d	1990	65.13	67.40 -19
2018 European silver. Former heptathlete // pbs in Heptathlon events: 100H: 13.75; HJ: 1.72; SP: 12.59; 200: 25.67; LJ: 5.79w/5.77; JT: 67.40; 800: 2:21.92 Heptathlon pb: 5607 -07. 7 World Youth Heptathlon 2007; 3 EJC Heptathlon 2007; 22 WJC Heptathlon 2008 (dng JT); 7 EJC 100H 2009; 2 ECH JT 2018; 11 WCH JT 2019 (2017-dng). 1 Czech JT 2018/2020. Coach-Jan Železný In 2021: 1 Ostrava Litmeeting; 2 Ostrava Golden Spike; 1 Linz; 1 ETCh 1st League; 2 Székesfehérvár Gyulai; 6 Monaco Diamond						
1627	SPOTAKOVA Barbora CZE	40y	30d	1981	63.08	72.28 -08 WR
Two Olympic golds, three World golds, and now two sons // Heptathlon pb: 5880 -13. 4 WJC Heptathlon 2000; 6 under-23 ECH 2003; 1 WSG 2005 (2003-4); 2 ECH 2006 (2002-dng, 2010-3); 1 WCH 2007/2011/2017 (2005-dng, 2009-2, 2015/2019-9); 1 OLY 2008/2012 (2004-dng, 2016-3); 1 ETCh 2014/2017 (2009-2, 2011-3); 1 ECH 2014 (2002-dng, 2006-4, 2010-3, 2016-5).. 1 Czech 2003/2005-2012/2015/2016/2017/2019/2021. She's now the rightful 2011 World Champion following the mass disqualifications of Mariya Abakumova RUS. Partner-Lukas Novotny, their sons Janek born May 24, 2013 and Darek on July 14, 2018. Coach-Jan Tylce. 1.82/80kg In 2021: 8 European Throws Cup; 4 Ostrava Golden Spike; 1 Pizen Mitink CAS; 1 Prague Odložil; 1 Czech (14th time); 4 Oslo Diamond; 1 Monaco Diamond (world over-40 best, though it was Maria Andrejczyk POL who had the longest throw of the contest, 63.63)						
2108	HUSSONG Christin GER	27y	135d	1994	69.19	69.19 -21
2018 European Champion, with a personal best and the widest winning margin since Ruth Fuchs in 1978 4 Youth Olympic 2010; 1 World Youth 2011; 7 WJC 2012; 2 EJC 2013; 1 under-23 ECH 2015; 12 OLY 2016; 5 WSG 2017; 1 ECH 2018 (2014-7, 2016-dng); 4 WCH 2019 (2015-6, 2017-dng); 1 ETCh 2021. 1 German 2016/2018. Coach/father-Udo Hussong ("He's my coach on the field and not my father"). Student of Health Management in Saarbrücken. 1.86/84kg (so she is one of the tallest of javelin throwers at high world class) In 2021: 2 European Throws Cup; 1 Ostrava Golden Spike; 1 Rehlingen; 1 ETCh (69.19, 8th world all-time); 1 German; 1 Turku Paavo Nurmi Games; 1 Zweibrücken; 1 Lucerne; 1 Oslo Diamond; 3 Monaco Diamond						
2270	SZILAGYI Réka HUN	25y	192d	1996	61.69	62.45 -20
Fourth at 2019 World Student Games // 4 World Youth 2013; dng WJC 2014; 4 EJC 2015; dng ECH 2016; 9 under-23 ECH 2017; 4 WSG 2019 (2017-13); dng WCH 2019. 1 Hungarian 2015/2016/2019/2020/2021 In 2021: 1 Hungarian winter; 11 European Throws Cup; 1 Hungarian Team Champs (East) semi-final; 2 Andújar; 1 Tatabánya; 4 Prague Odložil; 2 Eisenstadt; 5 Kladno; 1 Hungarian; 4 Lucerne; 4 Székesfehérvár Gyulai						
2291	RANI Annu IND	28y	334d	1992	63.24	63.24 NR
Indian record holder // dng COM 2014; 2 Asian Champs 2019 (2013-7, 2015-5, 2017-3); 8 WCH 2019 (2017-dng). 1 Indian 2012/2013/2015/2016/2019. Her brother encouraged her to take up the sport after noticing her throwing ability at a cricket match. She is benefiting from the help of German javelin experts working in India (including Uwe Hohn) In 2021: 1 Patiala Grand Prix #2; 1 Patiala Grand Prix #3; 1 Indian Federation Cup; 1 Patiala Grand Prix #4; 1 Indian Inter-State						
2671	KITAGUCHI Haruka JPN	23y	136d	1998	61.49	66.00 -19 NR
Japanese record holder. Second at 2019 World Student Games // 8 WJC 2016; 2 WSG 2019 (2016-8); dng WCH 2019. 1 Japanese 2019/2021. Coach- David Sekerak In 2021: 2 Ostrava Litmeeting; 6 Ostrava Golden Spike; 5 Rehlingen; 1 Tama; 1 Japanese						
2832	KOCIŅA Anete LAT	25y	175d	1996	63.70	64.47 -17
2017 European under-23 silver // 3 World Youth 2013; dng WJC 2014; 2 EJC 2015; 2 under-23 ECH 2017; dng WCH 2017/2019; 6 WSG 2017; dng ECH 2019. 1 Latvian 2021. Coach-Valentina Eiduka In 2021: 2 Jelgava Jānis Lūsis Cup; 1 Polish Universities; 1 Talsi; 1 Latvian						
2833	MUZE Lina LAT	28y	237d	1992	64.81	64.87 -19
2013 European under-23 Champion // 6 World Youth 2009; 2 WJC 2010; 2 EJC 2011; 10 ECH 2012 (2014/2016/2018-dng); dng OLY 2012; 1 under-23 ECH 2013; dng WCH 2013/2019; 2 WSG 2015. 1 Latvian 2013/2018/2020. Partner-Zigismunds Sirmis (1 ECH JT 2016). 1.82/75kg In 2021: 1 Jelgava Jānis Lūsis Cup; 1 Andújar; 2 Turku Paavo Nurmi Games; 1 Kladno; 3 Talsi; 7 Oslo Diamond						
2834	PALAMEIKA Madara LAT	34y	42d	1987	60.10	66.18 -16 NR
Latvian record holder & 7x champion // dng WJC 2006; 1 under-23 ECH 2009 (2007-3); 11 WCH 2011 (2009/2013/2015/2017/2019-dng); 8 OLY 2012 (2016-10); 4 ECH 2014 (2010-7, 2012-8, 2016-7, 2018-9). 1 Latvian 2009/2010/2011/2014/2015/2017/2019. Partner-Jaysuma Saidy Ndure NOR (9.99 for 100m). Coach/father-Ginta Palameika. 1.84/76Kg In 2021: 3 Jelgava Jānis Lūsis Cup; 1 Tartu; 2 Ventspils; 3 Turku Paavo Nurmi Games; 2 ETCh 2nd League; 2 Latvian; 7 Lucerne						
2861	JASIUNAITE Liveta LTU	27y	4d	1994	62.73	63.98 -19 NR
2018 European bronze. 2019 World Student Games Champion // 8 WJC 2012; 9 EJC 2013; 3 under-23 ECH 2015; dng WCH 2017/2019; 7 WSG 2017; 3 ECH 2018 (2016 -12); 1 WSG 2019. 1 Lithuanian 2013/2016/2017/2018/2019/2020/2021. She was judged to be Latvian athlete of the year for 2018. Coach-Teresė Nekrošaitė (12 WCH JT 1993) In 2021: 1 Birtonas; 2 Polish Universities; 2 Tatabánya; 4 Turku Paavo Nurmi Games; 3 Kladno; 1 ETCh 2nd League; 1 Lithuanian; 1 Székesfehérvár Gyulai						
3153	ANDREJCZYK Maria POL	25y	142d	1996	71.40	71.40 -21 NR
Two centimetres short of the bronze at the 2016 Olympics, now third world all-time dng World Youth 2013; 5 WJC 2014; 1 EJC 2015; dng WCH 2015/2019; dng ECH 2016; 4 OLY 2016 (with 64.78, having thrown 67.11 in qualifying, which would have won gold in the final); 2 ETCh 2019. Shoulder surgery in 2017, bone cancer diagnosis in 2018, but "It was a soft cancer and I didn't have to go through chemotherapy.". 1 Polish 2019/2020/2021. Coach-Karol Sikorski. 1.74/77kg In 2021: 1 European Throws Cup (71.40, the world's longest throw in a decade); 1 Polish; 2 Oslo Diamond; 2 Monaco Diamond (beaten only according to the 'Final 3' format, hers was the longest throw of the day); 1 Cetniewo						
3391	VAN DYK Jo-Ané RSA	23y	300d	1997	61.19	61.19 -21
Second at African Championships in 2016/2018, then African Games in 2019 6 World Youth 2013; 7 Youth Olympic 2014; 1 African Junior 2015; 2 African Champs 2018/2016; 2 WJC 2016; 6 WSG 2019 (2017-9); 2 African Games 2019 (2015-3). 1 South African 1018/2021 In 2021: 2 South African Athletics Central North West Open (Mar 2); 1 South African Athletics Central North West; 3 Potchefstroom Athletics Central North West Open (Mar 16); 3 Roodepoort; 1 South African; 1 South African Universities; 4 Tatabánya; 6 Prague Odložil; 2 Kladno; 2 Talsi; 2 Kuortane; 3 Lucerne						
3481	VUCENOVIC Marija SRB	28y	118d	1993	62.25	62.25 -21
3x Balkan Champion // 4 World Youth 2009; 3 WJC 2012 (2010-dng); 3 under-23 ECH 2013 (2015-7); 1 Balkan 2017/2018/2019; 11 ECH 2018. 2 NCAA 2013/2017 (2016 -5). 1 Serbian 2015/2016/2018/2019/2020/2021. Was at the University of Florida. Coach-Feda Kamasi. 1.72/70kg In 2021: 5 European Throws Cup; 1 Novi Sad; 1 Serbian; 4 Kladno; 1 ETCh 3rd League; 3 Balkan; 6 Lucerne						

3662 TUGSUZ Eda TUR **24y** 125d 1997 **60.19** **67.21 -17 NR**

Turkish record holder // 5 World Youth 2013; dnq WJC 2014; dnq Youth Olympic 2014; 8 EJC 2015; 1 Mediterranean under-23 2016; 11 ECH 2016 (2018-dnq); 3 WJC 2016; 1 Balkan 2016; 5 WCH 2017 (2019-dnq); 4 WSG 2017; 2 under-23 ECH 2019 (2017-4)
In 2021: 1 Bursa; 1 Mersin; 6 European Throws Cup; 5 Prague Odložil; 1 Istanbul; 1 Istanbul Or; 1 Izmir

3855 INCE Ariana USA **32y** 138d 1989 **61.64** **63.54 -19**

dnq WCH 2017/2019; 1 North/Central American & Caribbean 2018; 3 Pan-Am Games 2019. 1 US 2019 (2013/2017-2). Was at Rice University in Houston, Texas (where she's now a volunteer coach). Coach-Juan de la Garza
In 2021: 2 Texas Relays; 1 Chula Vista High Performance #2; 1 College Station Alumni Muster; 1 College Station 'Aggie' Invitational; 1 Tucson Elite Classic; 2 Tucson USATF 'Throws Fest'; 3 Chula Vista 'Field Fest'; 3 Prairie View USATF 'Showcase'; 4 US

3866 MALONE Maggie USA **27y** 212d 1993 **67.40** **67.40 -21 NR**

In 2016 became the first woman to win the javelin throw at the US Collegiate and US Olympic Trials in the same year
1 NCAA 2016 (2013-10, 2014-4, 2015-9); 1 US 2016/2021. Took a break from athletics in 2018 ("I didn't have the hunger for it."). Her younger sister Audrey is a 57.06 javelin thrower (in 2016). Was at Texas A&M University (A&M = Agricultural and Mechanical). Coach-Tom Pukstys. 1.73/77kg
In 2021: 1 Montevallo; 1 Texas Relays; 1 Starkville Maroon & White; 1 Fort Worth US F&F Open; 1 Tucson USATF 'Throws Fest'; 1 Chula Vista 'Field Fest' (US record 66.82); 1 US; 1 East Stroudsburg American 'JavFest' (US record 67.40)

3899 WINGER Kara USA **35y** 111d 1986 **61.47** **66.67 -10**

(Née Patterson)
2019 Pan-American Games Champion // dnq OLY 2008/2012/2016; 1 North/Central America & Caribbean 2015; 2 Athletics World Cup 2018; 1 Pan-Am Games 2019 (2015-2); 5 WCH 2019 (2009/2017-dnq, 20-15-8). 1 US 2008/2009/2010/2011/2014/2015/2017/2018. Was a student of interior design at Purdue University, West Lafayette. Her husband Russ Winger is a 66.04 discus thrower and placed second in the 2015 US Championships (dnq WCH 2015). Knee surgery in 2020. 1.83/83kg
[Ritual: licks her immediately fingers before throwing in order to get a better grip]
In 2021: 4 Tucson USATF 'Throws Fest'; 2 US

WORLD ALL-TIME LIST

1.....	72.28.....	Barbora Spotáková	CZE.....	2008
2.....	71.70.....	Osleidys Menéndez	CUB.....	2005
3.....	71.40.....	Maria Andrejczyk	POL.....	2021
4.....	70.53.....	Mariya Abakumova	RUS.....	2013
5.....	70.20.....	Christina Obergföll	GER.....	2007
6.....	69.48.....	Trine Hattestad	NOR.....	2000
7.....	69.35.....	Sunette Viljoen	RSA.....	2012
8.....	69.19.....	Christine Hussong	GER.....	2021
9.....	68.92.....	Kathryn Mitchell	AUS.....	2018
10...	68.43.....	Sara Kolak	CRO.....	2017

2021 WORLD LIST

1.....	71.40.....	Maria Andrejczyk	POL
2.....	69.19.....	Christin Hussong	GER
3.....	66.82.....	Maggie Malone	USA
4.....	66.55.....	Lu Huihui	CHN
5.....	65.13.....	Nikola Ogrodniková	CZE
6.....	64.98.....	Yu Yuzhen	CHN
7.....	64.81.....	Lina Müze	LAT
8.....	64.68.....	Victoria Hudson	AUT
9.....	64.56.....	Liu Shiyang	CHN
10...	63.85.....	Tatsiana Khaladovich	BLR