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1. GENERAL INFORMATION

1.1 IAAF Council Members and International Officials

**IAAF Council**

President: Lord Sebastian COE (GBR)
Senior Vice President: Sergey BUBKA (UKR)
Vice Presidents:
- Dahan AL HAMAD (QAT)
- Hamad KALKABA MALBOUM (CMR)
- Alberto JUANTORENA DANGER (CUB)
Treasurer: José Maria ODRIOZOLA (ESP)
Individual Members:
- Roberto GESTA DE MELO (BRA), South America*
- Nawal EL MOUTAWAKEL (MAR)
- Abby HOFFMAN (CAN)
- Anna RICCARDI (ITA)
- Pauline DAVIS-THOMPSON (BAH)
- Geoff GARDNER (NFI), Oceania*
- Sylvia BARLAG (NED)
- Ahmad AL KAMALI (UAE)
- Frank FREDERICKS (NAM)
- Bernard AMSALEM (FRA)
- Zhaocai DU (CHN)
- Victor LOPEZ (PUR), NACAC*
- Stephanie HIGHTOWER (USA)
- Hiroshi YOKOKAWA (JPN)
- Antti PIHLAKOSKI (FIN)
- Mikhail BUTOV (RUS)
- Adille SUMARIWALLA (IND)
- Nawaf AL SAUD (KSA)
- Svein Arne HANSEN (NOR), Europe*
- David OKEYO (KEN), Africa*
- Karim IBRAHIM (MAS), Asia*

*Area Group Representatives

**International Delegates and Officials**

Organisational Delegate: Cesar MORENO BRAVO (MEX)
Technical Delegate: Maurizio DAMILANO (ITA)
Jury of Appeal:
- Zhaocai DU (CHN)
- Peter MARLOW (GBR)
- Robert KORZENIOWSKI (POL)
Medical / Anti-Doping: Giuseppe FISCHETTO (ITA)
Press Delegate: Yannis NIKOLAOU (GRE)
Television Delegate: Ernest OBENG (GBR)
Int'l Race Walking Judges:
- Candido VELEZ (PUR) - Chief
  - Kirsten CROCKER (AUS)
  - Jean-Pierre DAHM (FRA)
  - Anne FRÖBERG (FIN)
  - Rolf MÜLLER (GER)
  - Joachim Daniel RAMOS DA GRAÇA (POR)
  - Steven TAYLOR (GBR)
1.2 Local Organising Committee

Organizing Committee of 2016 IAAF World Race Walking Team Championships
Federazione Italiana di Atletica Leggera (FIDAL)
Via Flaminia Nuova, 830
Rome - 00191
ITALY
Tel.: +39 06 3348 4735
Fax: +39 06 5656 1069
E-mail: teams@fidal.it
Website: http://www.roma2016.org

LOC Board

President: Alfio GIOMI
Member: Vincenzo PARRINELLO
Member: Fabio PAGLIARA
Member: Anna RICCARDI
Member: Maurizio DAMILANO
Member: Dino PONCHIO

General Director Vincenzo PARRINELLO

Executive Panel

Event Coordinators: Roberta RUSSO
Communication & Marketing: Marco SICARI
Competition: Luca VERRASCINA
Finance: Marco PIETROGIACOMI
Logistics: Biba PUTZU
Medical: Mauro GUICCIARDI
Promotion: Fabio MARTELLI
Venue Management: Gianfranco RENZULLI

General Director Cabinet Fabio MARTELLI

Protocol Anna CANEPONI

Consultant Cooperators

FIDAL Servizi: Luigi D’ONOFRIO
Rome Marathon: Enrico CAISTRUCCI
Half Marathon: Luciano DUCHI

Military Sport Groups
(logistics support) Milko PIERI
1.3 Information about Rome

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<tbody>
<tr>
<td>Population</td>
<td>2,670,000</td>
</tr>
<tr>
<td>Language</td>
<td>Italian</td>
</tr>
<tr>
<td>Currency</td>
<td>Euro</td>
</tr>
<tr>
<td>Time zone</td>
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<td>Altitude</td>
<td>37m</td>
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<tr>
<td>Average rainfall (in May)</td>
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</tr>
<tr>
<td>Climate (average temperature)</td>
<td>24°C</td>
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</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<tbody>
<tr>
<td>Shop opening hours</td>
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<td>Bank opening hours</td>
<td>9:00 ~ 17:00</td>
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<tr>
<td>Electricity voltage</td>
<td>230V</td>
</tr>
<tr>
<td>Water</td>
<td>Tap water is drinkable</td>
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1.4 General Programme

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, 5 May</td>
<td>All day</td>
<td>Team Arrivals and Accreditation</td>
</tr>
<tr>
<td>Friday, 6 May</td>
<td>14:30</td>
<td>Course Inspection</td>
</tr>
<tr>
<td></td>
<td>15:30</td>
<td>Athletes’ training on the course</td>
</tr>
<tr>
<td>Saturday, 7 May</td>
<td>9:30</td>
<td>10km Junior Women</td>
</tr>
<tr>
<td></td>
<td>10:35</td>
<td>10km Junior Men</td>
</tr>
<tr>
<td></td>
<td>16:00</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td></td>
<td>16:30</td>
<td>20km Senior Men</td>
</tr>
<tr>
<td></td>
<td>18:15</td>
<td>20km Senior Women</td>
</tr>
<tr>
<td></td>
<td>21:00</td>
<td>IAAF Dinner at Terrazza Caffarelli (by invitation only)</td>
</tr>
<tr>
<td>Sunday 8 May</td>
<td>9:00</td>
<td>50km Senior</td>
</tr>
<tr>
<td>Monday, 9 May</td>
<td>21:30</td>
<td>Final Party at Hotel Sheraton Parco dei Medici</td>
</tr>
</tbody>
</table>

1.4.1 Opening Ceremony

The Opening Ceremony will take place on Saturday, 7 May at the Course at 16:00. The IAAF Protocol will be followed during the Ceremony which will not require any involvement from the Teams.
2. TRAVEL TO ROME

2.1 Official Airport and Arrival Information
Leonardo da Vinci Fiumicino Airport (FCO) is the only official airport.

The LOC will organise transport by bus from the official airport to teams’ hotel according to the arrival details indicated by the teams in the Final Entries. Expected travel time is about 20 minutes.

2.2 Entry Visas
Member Federations requiring a visa to enter Italy will need to request an invitation letter from FIDAL which must accompany the visa application form to the relevant Consulate. In order to obtain the invitation letter a list of all participants complete with the following details must be provided to FIDAL:

- Family name (as in passport)
- Name (as in passport)
- Sex
- Date of Birth (dd/mm/yyyy)
- Passport number
- Passport Expiry date (dd/mm/yyyy)

Please refer to IAAF Circular Letter M/05/16 of 11 February 2016 for the list of Countries and regions that require a visa.

Visa Invitation Letter requests, and other enquiries, should be submitted to:
Italian Athletics Federation (FIDAL)
Mr. Mauro DE CARLI
Tel. +39 06 3348 4774 – 4733
Fax +39 06 56561069
Email: visas@fidal.it

2.3 Insurance
All Member Federations are responsible for their own insurance to cover illness or injury to any member of their Delegation and/or team when travelling to and from IAAF competitions and during the event itself. The IAAF has negotiated with its insurance company insurance coverage for emergency medical costs during the travel and stay abroad for all athletes and officials entered. More information can be found in IAAF Circular Letter M/04/16.
3. ACCREDITATION PROCEDURES

3.1 Accreditation Centre

The Teams’ Accreditation Centre will be located in the Gattamelata Room, in the lower level of Building number 3 at the Sheraton Hotel Parco dei Medici. Opening Dates and Times will be as follows:

- 4 May 15:00 – 19:00
- 5 May 09:00 – 12:00 14:00 – 19:00
- 6 May 08:30 – 12:30

3.2 Accreditation Procedures and Payments

Team Leader

As soon as possible after his arrival in Rome, the Team Leader will have to report to the LOC / IAAF Offices at the accreditation centre before collecting his card in order to complete the following formalities:

- Uniform Check (make sure you have a sample with you)
- Athletes’ Acknowledgement and Agreement Forms
- LOC Accommodation Invoice
- Confirmation of Travel Reimbursement and IAAF Financial Statement
- Final Confirmation of Entries
- Copies of passports for the Junior athletes – make sure you have the passports with you (or a photocopy)

The Team Leader will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, use of single rooms, extra days, etc.) before he / she can collect the accreditation cards for himself and for the rest of the team, as well as the welcome bags, which will be given upon presenting a document stating all procedures have been completed.

NB: to shorten procedures and avoid delays, it is strongly advisable to submit the rooming list in advance, prior to arrival.

Athletes & Team Officials

All athletes and team officials will be able to check-in at upon arrival according to the information provided with the final entries.

3.3 Quota and Financial Support

3.3.1 Quota

The Quota can be found in Appendix.

3.3.2 Travel

For athletes within the Quota, IAAF will offer 50% of an economy-class airline ticket from the Member Federation Headquarters to Rome Airport and 100% of economy-class airline tickets for Area Champions (subject to certain conditions - see Quota for complete details). The travel costs must be approved by the IAAF before any reimbursement is issued.

Member Federations must have normally submitted travel cost quotes at the same time as the Preliminary Entries and these must, in any case, reach the IAAF no later than 25 April 2016.
3.3.3 Accommodation
For athletes within the quota staying with their teams in one of the official hotels, the IAAF is offering free accommodation in twin rooms for the subsidised period of maximum four nights (arrival Thursday 5 May, departure Monday 9 May). Quota athletes requesting single rooms will be charged a supplement (see costs below).

3.3.4 Reimbursements
Reimbursements will be made by bank transfer after the competition. If an athlete for whom the IAAF/LOC have provided financial support is on site but does not compete, the IAAF/LOC have the right to reclaim the travel and accommodation support.

3.4 Arrivals outside the Accreditation Centre Opening Dates and Times
Teams or individual athletes arriving prior to 5 May will be able to check in upon arrival in Rome. The LOC will then make arrangements for the Team Leader to go to the Accreditation Centre to complete the necessary procedures as soon as practical. Please make sure to inform the LOC well in advance of your early arrival so that dedicated accommodation and transport can be organised accordingly.

3.5 Special Passes
IAAF shall provide special passes as required for the Teams’ Staff at the Personal Refreshments Station.

3.6 Loss of Accreditation Card
The Accreditation Card must be worn visibly at all times and must be presented upon request. It is personal and non-transferable. In case of loss or theft, the Team Leader must report immediately to the Teams’ Accreditation Centre or Information Desk in the hotel.
4. ACCOMMODATION

4.1 Teams’ Hotel
LOC has arranged accommodation for the teams at the following hotel:

Hotel Sheraton Parco dei Medici
Via Salvatore Rebecchini, 39
Rome - 00148
ITALY
Tel.: +39 06 65288
http://www.sheratonparcodemedicirome.com/

4.2 Teams’ Hotel Costs

<table>
<thead>
<tr>
<th>All Prices per person per day Full Board (in USD)</th>
<th>Official Period from 5 to 9 May (4 nights)</th>
<th>Outside Official Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category</td>
<td>Twin</td>
<td>Single</td>
</tr>
<tr>
<td>Athletes within the quota</td>
<td>Paid by IAAF</td>
<td>USD 40</td>
</tr>
<tr>
<td>Athletes outside the quota and all officials</td>
<td>USD 100</td>
<td>USD 140</td>
</tr>
</tbody>
</table>

The accommodation invoices will be based on the information (number of persons and arrival/departure details) provided by the Final Entries deadline, with a tolerance of two persons.

Payment of extra costs can be made:
- by credit card: Mastercard, Visa
- In cash: Euros or USD (maximum cash payment allowed is 3,000€ or equivalent)
- by bank transfer:
  Bank Name: BANCA NAZIONALE DEL LAVORO - SPORT. CONI
  IBAN: IT29 Z 01005 03309 000000010107
  SWIFT CODE BNL II TRR

4.3 Check-in Procedures
Upon arrival, team members must report to the LOC Desk or Hotel Front Desk where, according to the rooming list previously provided, the check-in procedures will be completed and the room keys delivered. A valid Passport needs to be presented for check-in.

4.4 Services in the Team Hotels
Dedicated rooms for teams’ physiotherapy staff and team meetings will be available at the hotel. Internet will be available free of charge in the hotel lobby.

4.5 Meals
Athletes and team officials will be admitted to the restaurants at their respective hotel upon presentation of their accreditation cards. Meal times shall be as follows:
- Breakfast:  06:00  09:00 (from 5:00 on Saturday 7 May and Sunday 8 May)
- Lunch:      12:00  14:30
- Dinner:     19:00  21:30

On Sunday evening athletes and officials will have their dinner in the hotel restaurants like the other days and a Final Party with music will be organised at the Club House of the Sheraton Golf Club starting at 21:30. The accreditation card will be required to access the club House.
5. TRANSPORTATION

As indicated in section 2.1, teams must organise their international travel to Rome Fiumicino airport and then the LOC will organise the transfer to the Hotel.

Concerning local transport in Rome, the LOC will organise a bus service for the following activities:
- Course Inspection
- Competition
- Social functions (as required)

Timetables will be available upon arrival at the Competition Information Desk.
6. INFORMATION CENTRES

6.1 Technical Information Centre (TIC)
During the competition, a Technical Information Desk will be set-up at the course close to the Team tents. It will be equipped with a posting board to display start lists and results (partial and final) and shall deal with any competition-related enquiry during the races, including protests and appeals.

6.2 Competition Information Desk (CID)
A Competition Information Desk will be available at the team hotel. It shall be in charge of, but not limited to, the following:

- Display on the relevant Notice Board of official communications to the teams, including Start Lists, Results, etc.
- Distribution of Urgent notices to the Delegations. It is the Team Leader’s duty to collect this kind of information in due time.
- Distribution of information for issues relating to accommodation, meals, transport and the Competition in general.
- Distribution of unbranded bottles and labels for those athletes that need them.

6.3 IAAF Competitions Department Offices
Staff from the IAAF Competitions Department will be in Rome to assist the LOC with the final preparation and conduct of the Championships and the teams with their participation. They can be contacted as follows:

- 4-6 May Teams Accreditation Centre at Sheraton Hotel
- 7-8 May In the Call Room or at the Start / Finish Area
7. COURSE AND COMPETITION FACILITIES

7.1 Course
The course is located in the Terme di Caracalla (Baths of Caracalla) area with the start line in front of the Arch of Constantine and the Colosseum and finishing in the Terme di Caracalla Athletics Stadium. It is a completely flat and wide course. For the competition, it will be completely closed off from traffic. See maps in Appendices.

Pit Lane
The junior races will be conducted using the “Pit Lane” Rule – see Operational Guidelines in Appendix.

7.2 Refreshment and Drinking / Sponging stations
There will be one Personal Refreshments Station and one Drinking / Sponging Station. Both will be on the right-hand side. One mist station will also be available along the course as well as temporary toilets.

7.2.1 Personal Refreshment Station
- Each team will have its own table
- Tables will be arranged in alphabetical order (by country code)
- A maximum of three representatives from each Member Federation will be allowed at the tables and appropriate special passes, produced by the IAAF, will be provided for the purpose of controlling access – these will be distributed during the accreditation process
- Member Federations will be responsible for bringing refreshments to their tables. If an athlete has no official able to assist him, the LOC will ensure that the refreshment is placed on the athlete’s table. Athletes concerned must hand in their personal refreshments, adequately marked (athlete’s name, country and bib number) at the TIC at least 45 minutes before the start of the race
- The LOC will provide unbranded bottles and labels for those athletes that need them which will be distributed through the CID at the hotel
- A second group of two tables, about 15m from the last personal refreshment table, will offer water provided by LOC in open bottles or plastic cups

7.2.2 Drinking / Sponging Stations
At the Drinking / Sponging Station there will be two sets of tables, each about 6m long, and spaced about 15m apart.
They shall be arranged in the following order:
- water in open bottles or plastic cups
- sponges
It is a requirement that the walkers pick up their water and sponges by themselves

7.3 Training
There will be suitable training areas in and around the premises of the Sheraton Hotel. Athletes will have the possibility to train on the course between 15:30 and 16:30 on Friday 6 May.
8. ENTRIES AND FINAL CONFIRMATIONS

8.1 Final Entries

The IAAF on-line Event Entry System opened on 27 March 2016 for the Final Entries (http://evententry.iaaf.org). The deadline for completing and submitting the Entries is 25 April 2016 (midnight Monaco Time).
No changes or additions will be accepted after the closing date.

8.2 50km

In August 2015, Rule 261 was amended by the Congress to include the Women's 50km Race Walk event as a listed World Record event. For the moment, however, there remains no Women's 50km Race Walk event on the IAAF calendar and an issue presents itself as to female race walkers being allowed to participate in the Men's 50km Race Walk event.

In this regard, the IAAF Council has recently voted to amend, with immediate effect, the Technical Regulations for the IAAF World Race Walking Team Championships in Rome to allow for female athletes to participate in the senior 50km Race Walk event, together with men. Any women’s results in Rome will count equally with the men’s results towards the overall team result.

Should you wish to enter a female athlete in the 50km in Rome, please inform the IAAF Competitions Department (events@iaaf.org) before the Final Entry deadline (25 April 2016) providing the name of the female athlete(s) as well as other biographical information as necessary. The maximum number of athletes allowed to enter and compete in the 50km remains unchanged (seven to enter and five to compete), regardless of the number of men and women.

8.3 Final Confirmations

Teams will receive the Final Confirmation Forms upon arrival in Rome and Team Leaders, or their representatives, must confirm the names of those athletes already entered who will actually take part in the competition. Final confirmation for all events must be made during the accreditation procedure at the Teams Accreditation Centre.

8.4 Athlete Acknowledgement and Agreement

As announced in Circular M/24/09 dated 29 July 2009, each athlete competing in an IAAF World Athletics Series Competition must have an appropriately filled in and signed copy of the Athlete Acknowledgement and Agreement on file at the IAAF. All athletes competing in the IAAF World Race Walking Team Championships must sign and submit this acknowledgement, as soon as possible, and ideally by no later than the Final Entry deadline (25 April 2016). IAAF Member Federations are obliged to submit one for each entered athlete (email: athletes-agreement@iaaf.org ). Any Athlete Acknowledgement and Agreement Form not received by the IAAF before the event will be collected at the time of the Accreditation procedure. The Athlete Acknowledgement and Agreement can be found in Appendix.
Note: Athletes who have already submitted their Agreement do not need to send it again (see corresponding indication in the Event Entry System).
9. COMPETITION PROCEDURES

9.1 Course Inspection
A guided tour of the Start / Finish Area and related facilities will take place on 6 May at 14:30. The meeting point will be the Terme di Caracalla stadium.

9.2 Technical Delegate Availability
There will not be an official Technical Meeting however the Technical Delegate, together with staff from the LOC and IAAF Competitions Departments, will be available after the course inspection for any questions or clarification that may be required. This informal meeting will take place at the Terme di Caracalla stadium around 14.30.

9.3 Timetable
The timetable for Rome was approved by the IAAF Council in 2016 and is provided below:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 7 May</td>
<td>9:30</td>
<td>10km Junior Women</td>
</tr>
<tr>
<td></td>
<td>10:35</td>
<td>10km Junior Men</td>
</tr>
<tr>
<td></td>
<td>11:45</td>
<td>10km Junior Women Medal Ceremonies</td>
</tr>
<tr>
<td></td>
<td>11:55</td>
<td>10km Junior Men Medal Ceremonies</td>
</tr>
<tr>
<td></td>
<td>16:30</td>
<td>20km Senior Men</td>
</tr>
<tr>
<td></td>
<td>18:15</td>
<td>20km Senior Women</td>
</tr>
<tr>
<td></td>
<td>19:50</td>
<td>20km Senior Men Medal Ceremonies</td>
</tr>
<tr>
<td></td>
<td>20:00</td>
<td>20km Senior Women Medal Ceremonies</td>
</tr>
<tr>
<td>Sunday 8 May</td>
<td>9:00</td>
<td>50km</td>
</tr>
<tr>
<td></td>
<td>13:50</td>
<td>50km Medal Ceremonies</td>
</tr>
</tbody>
</table>

Any change to the schedule of the races or of the medal ceremonies shall be communicated through the CID.

9.4 Athletes’ Bibs
The Bibs shall be distributed during the Accreditation procedure. Bibs which are not collected, shall be taken to the Call Room on Saturday morning.
All athletes will receive 3 bibs, which shall coincide with the information written in the start list, as follows:
- 2 bibs with the competition number
- 1 bib with the athlete’s name and the transponder, delivered at the Call Room

Every athlete must wear two bibs during the competition, the one with the name on the front, and the other with the number on the back. The third bib can be put on the bag or on the track suit.
Bibs must be worn in accordance with IAAF Rules and must not be cut, folded or obscured in any way. Failure to comply with the Rules may result in a disqualification or sanction.

9.5 Athletes’ Clothing
All athletes must wear the official national uniform approved by their Delegation. Athletes competing in the same event must wear the same uniform.
IAAF Rule 143.1 recommends that the front and the back of the uniforms should have the same colour. The uniforms will be checked upon arrival at the Team Accreditation Centre. Any infringement of the Rules may result in the disqualification of the athlete. Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room. Any advertising on clothes and bags must comply with IAAF Rules and Regulations. Please note that the IAAF Advertising Rules and Regulations applicable for this competition specify a maximum of 30 cm² for the Manufacturer’s logo on the competition wear and 40 cm² on sweatshirts, T-shirts and jackets. The name/Logo of a national sponsor may be displayed, according to the same dimensions as set out above, instead of one of the national team or Member Federation Logo or flag on the national vest/leotard provided that such national sponsor is not a competitor of a Sponsor of the IAAF or of the event. For the purpose of avoiding such conflicts, Member Federations must seek and receive prior approval from the IAAF.

9.6 Call Room Procedures

The Call Room is situated inside Terme di Caracalla stadium (see map in Appendix). All athletes must present themselves at the Call Room according to the scheduled reporting times as noted below:

<table>
<thead>
<tr>
<th>Event</th>
<th>Open (1st Call)</th>
<th>Close</th>
<th>Departure to Start</th>
<th>Arrival at Start Area</th>
<th>Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Women’s 10km</td>
<td>08:45</td>
<td>08:55</td>
<td>09:05</td>
<td>09:20</td>
<td>09:30</td>
</tr>
<tr>
<td>Junior Men’s 10km</td>
<td>09:50</td>
<td>10:00</td>
<td>10:10</td>
<td>10:25</td>
<td>10:35</td>
</tr>
<tr>
<td>Men’s 20km</td>
<td>15:45</td>
<td>15:55</td>
<td>16:05</td>
<td>16:20</td>
<td>16:30</td>
</tr>
<tr>
<td>Women’s 20km</td>
<td>17:30</td>
<td>17:40</td>
<td>17:50</td>
<td>18:05</td>
<td>18:15</td>
</tr>
<tr>
<td>50km</td>
<td>08:15</td>
<td>08:25</td>
<td>08:35</td>
<td>08:50</td>
<td>09:00</td>
</tr>
</tbody>
</table>

Athletes who fail to appear on time at the Call Room without a valid reason may be excluded from participating. Team officials are not allowed to enter the Call Room.

The procedures in the Call Room shall be as follows:

- Identification of Athletes by means of their bib number
- Distribution of the Bib with the transponder (if not done in advance)
- Checking of Athletes’ Uniform

Athletes must report to the Call Room wearing their competition uniform and ready to compete. Any bags, clothing or personal belongings must be left in the changing area. It will however be possible to drop track suits into baskets at the start area, but only in case of cold weather. These will then be taken back to the teams changing tent by volunteers.

After leaving the Call Room, athletes will be escorted to the Start Area which is about 400m away for a final warm-up.

9.7 Line up for the Start

The Technical Delegate will determine the athletes who will be in the front row. The remaining athletes shall line up behind the front row at random. There will be pre-calls at 5 minutes, 3 minutes and 1 minute before the start.
9.8 Starter’s Commands
The starter’s commands will be given in English. The following commands will be used:
- “On your marks”
- Firing the gun

9.9 Timing
Official timing, including split times, will be provided by SEIKO with transponders. The bibs with the athletes’ names and the transponders will be delivered directly at the Call Room before the race. Athletes must wear the bib with the name on the chest before leaving the Call Room. At the exit of the Call Room, a control mat will be placed in order to check the good functioning and placement of the transponder.

9.10 Posting Board
Red cards and disqualifications will be posted on the electronic posting board provided and operated by SEIKO. This will be positioned on the right hand side of the course about 100m before the finish line.

9.11 Athletes Beyond Time-Limit
For the IAAF World Race Walking Team Championships, the IAAF Council has approved the setting of a time limit within which athletes must finish the race.

Athletes will be required to start their last lap (last 2km) before the following times:
- 20km Men 1h35:00
- 20km Women 1h40:00
- 50km race walk 4h35:00

There is no time-limit for the Junior Races.

Athletes who will fail to start the last lap (last 2km) before these times will be stopped by competition officials and will be asked to leave the course through the Mixed Zone. Although they will not record a time, their position at that point will be recorded and shall therefore count towards the team standings.

9.12 Post Competition Procedures
All athletes, upon completion of their event, must proceed to the Mixed Zone located just ahead of the finish line, where they will meet with Media for flash interviews.
At the end of the Mixed Zone:
- athletes shall be asked to return the transponder
- athletes selected for doping control shall be notified by a doping control officer
- medal winners shall be notified accordingly and eventually escort to the Medal Ceremonies waiting area

Athletes wishing to collect their clothing must walk back to the changing area.
Flash interviews with TV and radio will be conducted immediately after each race in the Mixed Zone, followed by short interviews with written press.
Press Conferences will be conducted with all the medallists.

9.13 Scoring and Ties
In the senior races the first three finishers shall score for the team while in the junior races, the first two finishers shall score.
Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team (including those
eventually stopped because of the time-limit – see above). The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the athletes finishing shall be counted as individuals in the race result and be eligible for the individual awards. No adjustment to the scoring places of the finishing teams shall be made in respect of any non-scoring team athletes or of individual entries. In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place.

9.14 Medal Ceremonies

Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed teams who shall mount the awards podium. For the team awards, the first three teams shall mount the awards podium. Participants who did not finish the race or were disqualified shall not mount the awards podium and shall not receive a medal. The athletes must wear their delegation’s official uniform at Medal Ceremonies. During the playing of the anthem and the raising of the flags, they shall face the flags and conduct themselves in a dignified manner at all times.

9.15 Protests and Appeals

Protests and Appeals shall be handled by the TIC according to IAAF Rule 146.

9.16 Competition Awards

9.16.1 Prize Money

The Prize Money for the Senior events ONLY at the IAAF World Race Walking Team Championships will be as follows:

<table>
<thead>
<tr>
<th>Individual</th>
<th>1st</th>
<th>US $30,000</th>
<th>4th</th>
<th>US $7,000</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2nd</td>
<td>US $15,000</td>
<td>5th</td>
<td>US $5,000</td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>US $10,000</td>
<td>6th</td>
<td>US $3,000</td>
</tr>
<tr>
<td>Team</td>
<td>1st</td>
<td>US $15,000</td>
<td>4th</td>
<td>US $7,500</td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>US $12,000</td>
<td>5th</td>
<td>US $6,000</td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>US $ 9,000</td>
<td>6th</td>
<td>US $3,000</td>
</tr>
</tbody>
</table>

Payments will be made following confirmation of doping control tests and submission of complete Award Forms with full bank details. The Award Form for the individual prize money will be distributed on site by IAAF Competitions Department Staff and is also available under Appendix. Forms will have to be returned by email, the team awards will be paid directly to the Member Federation’s account unless otherwise requested.

The LOC confirmed that there will be no taxes to be paid on prize money.

9.16.2 World Record Bonus

In the event that an athlete breaks a World Record during the IAAF World Race Walking Team Championships, a prize of USD 50,000 will be awarded. The World Record Bonus will only be awarded for performances which improve the existing World Record and which meet all the necessary conditions for recognition as an IAAF World Record, in accordance with IAAF Rules and Regulations and after ratification of the record by the IAAF.
Full details of the regulations regarding this prize are available from the IAAF upon request.

9.16.3 Rights and Obligations in relation to Prize Money and World Record Bonus
Athletes receiving IAAF Prize Money must make themselves available to the IAAF and its sponsors, at least twice in the 12 next months, for promotional activities, upon requests handled by the IAAF.
Should an athlete’s Doping Control results return positive, the awards and bonuses won shall be withheld.
10. MEDICAL SERVICES

10.1 General Plan
During the event there will be medical services available at the accommodation venue as well as at the course on the days of competition. All the Medical Centres and LOC Medical Teams will have direct communication by mobile phones and landlines in the Hotel. Contact numbers will be provided to the teams. All the doctors and nurses will be easy to identify by their uniforms. A full-equipped emergency ambulance will be available on site with a medical team (doctor, nurse or paramedic and driver) during the competition and training period. Ambulances will also be available on-call for hotel and other venues 24 hours a day, as will be partner hospitals.

10.2 Emergency Contact Numbers
Emergency Phone number: 118

10.3 Procedures in case of injury or illness
The LOC Medical Services will focus on the treatment of injured athletes. Patients requiring further treatment shall be transferred to partner hospitals. In any case of injury or illness, please report to one of the LOC Medical Centres at the course or hotel in order to receive the necessary treatment.

10.4 Physiotherapy and Massage Services offered by the LOC
LOC Medical services include physiotherapy and massage services in the team hotel and at the course on competition day for those teams that do not have their own medical staff.

11. DOPING CONTROL
Doping Control will be conducted according to the IAAF Rules and IAAF Anti-Doping Regulations (latest editions available on the IAAF website) and under the supervision of the IAAF Doping Control Delegate. Both blood and urine doping control testing will be carried out in Doping Control Stations located in the athletes’ hotel and at the competition venue. More details will be provided on site.

12. DEPARTURES
All teams are expected to leave Rome on 9 May. Before leaving the hotel please make sure you check-out at the front desk and settle any extras (minibar, telephone, laundry, etc.). Bus departure times for the airport, based on the flight information provided at the time of the Final Entries, will be displayed at the CID. If you have any change to your departure flight make sure you inform the LOC immediately.
Appendix 13.1  COMPETITION AREA OVERVIEW – Junior Course
Appendix 13.2  COMPETITION AREA OVERVIEW – Senior Course 20/50 km
Appendix 13.3

TERME DI CARACALLA STADIUM MAP
Appendix 13.4 QUOTA

Senior Races
All Member Federations are entitled to a basic quota of one athlete in each race. Based on the results achieved in the previous three editions of the competition (2010 Chihuahua – 2012 Saransk - 2014 Taicang), the following Member Federations benefit from a higher quota in some races as below:

<table>
<thead>
<tr>
<th>COUNTRY</th>
<th>20 Km Men</th>
<th>50 Km</th>
<th>20 Km Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUS</td>
<td>3</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>BLR</td>
<td>3</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>BRA</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>CAN</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>CHN</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>COL</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>ECU</td>
<td>2</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>ESP</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>FRA</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>GUA</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>IND</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>IRL</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>JPN</td>
<td>3</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>KOR</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>LTU</td>
<td>1</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>MEX</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>POL</td>
<td>3</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>POR</td>
<td>2</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>SVK</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>UKR</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

Junior Races
All Member Federations have a quota of one athlete in each race (except in the case of Area Champions – see below).

Host Country
ITA (no quota)

Area Champions
If an Area Association has organised, in the year of the Competition, Area Race Walk Championships, 100% travel and full board accommodation (in twin rooms for the four nights of the subsidised period) for the Area Champions participating in the IAAF World Race Walking Team Championships shall be administered as follows:

Individual Competitions the Continental Champion of each individual event shall always benefit from a 100% travel and accommodation grants.

Team Competitions Accommodation Grant
The Continental Champions (up to a maximum of three in the senior races and two in the junior races) of each team event shall always benefit from the accommodation grant.
Team Competitions Travel Grant

The Continental Champions (up to a maximum of three in the senior races and two in the junior races) of each team event shall always benefit from a 50% travel grant. The travel grant will be increased to 100% if:

- The following minimum number of teams competed (with three athletes to score in the senior races and two athletes to score in the junior races) in the corresponding event at the Continental Championships:
  - Africa: 5 teams
  - Asia: 5 teams
  - Europe: 5 teams
  - NACAC: 4 teams
  - Oceania: 3 teams
  - South America: 3 teams
- OR if the team in question finishes in the first half of the IAAF World Race Walking Team Championships.

If the Champions are not entered, the benefit will not be extended to second place.

The concerned Continental Associations must send the results of these competitions to the IAAF in order for the financial benefit to be implemented.

In all cases, and regardless of the number of athletes entered, the quota shall not exceed the number of scoring athletes: i.e., three in the Senior races and two in the Junior races.
Appendix 13.5

“PIT LANE” RULE

GENERAL
After a successful testing phase, the “Pit Lane” has now been officially included in the IAAF Competition Rules: see IAAF Rule 230.7 (c).
The below guidelines have been developed in order to ensure a consistent approach to the practical implementation of the Pit Lane and, although designed for a competition held on a track, similar conditions (number and position of judges, length and position of the pit lane, etc.) should apply in case of a road competition.

PENALTY AREA SET UP
- It should be located in the final straight, in lanes 5 to 7, close to the 80m start line and in front of the Posting Board.
- It shall have one entrance and one exit at opposite ends (both of the same size) and be of 10m in length (maximum). The width can vary but should be such to allow up to 5 athletes at the same time.
- Small barriers or cones should be used to clearly identify the penalty area.
- The athlete is free to stop or continue moving inside the penalty area however there shall be no benches and no access to refreshments, drinking, sponging or other kind of assistance but communication with coaches is allowed.
- Set up for road events should be similar though compatible with existing space constraints.

Example of set-up for a track event

![Diagram of Pit Lane](image)

ADDITIONAL OFFICIALS
- There must be 2 red-card collectors next to each Race Walking Judge to ensure the fastest possible delivery of the red cards to the recorder.
- 1 official and 1 assistant will be required to manage the operation of the Penalty Area (in charge of the athletes’ entry and exit, plus the control of the penalty time).
- 1 Chief Judge’s Assistant will be required to help the Chief Judge communicate the penalty times to the athletes concerned, especially in the last laps.
JUDGING
IAAF Race Walking Rules (230) must be applied with the following adaptations:

- When one athlete receives 3 Red Cards, he must receive a communication from the Chief Judge or his Assistant showing him a paddle with the time penalty on both sides and he must stop in the penalty area at the first opportunity. Depending on the race distance, the following penalty times shall apply:
  - Races up to 5000m: 60 seconds
  - Races longer than 5000m and up to 10,000m: 120 seconds

- At the first opportunity the athlete will be guided by the Chief Judge's Assistant into the Pit Lane.
- The time penalty starts immediately as the athlete enters the Pit Lane.
- The athlete shall be shown an appropriate card notifying him when 10 seconds remain on the penalty.
- After the time penalty, and following the instructions of the official in charge of the penalty area, the athlete shall re-enter the event.
- The athlete is not judged in the Penalty Area.
- If the athlete then receives any additional Red Card(s) (from the judges who had not previously sent him one), he shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives 4 or more Red Cards before stopping in the penalty area, the athlete shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives the third Red Card at the late stage of the race and it's not possible for the Chief Judge or his assistant to notify the athlete that he must stop in the penalty area, the athlete shall finish the race and the penalty time (60 or 120 seconds) shall be added to his official time.
- The Chief Judge maintains the power to immediately disqualify the athlete in the last 100m of a race (no time penalty).
IAAF WORLD RACE WALKING TEAM CHAMPIONSHIPS
Rome, Italy – 7 and 8 May 2016
INDIVIDUAL AWARD
(Senior Races Only)

NAME OF AWARD WINNER: ____________________________________________

RACE: ___________________________ POSITION: __________

COUNTRY: ______________________________

I would like my Rome 2016, IAAF World Race Walking Team Championships’ Award to be paid to (Please tick the box corresponding to your choice):

- My Authorised Athletes’ Representative (name) . . . . . . . . . . . . . . . . . . . . . . . . . .
- Me personally (please provide details below) . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- To my National Member Federation. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .

In case of choice 1 or 2 please print in block letters the bank details hereunder:

BANK NAME: ___________________________________________________________

Bank Branch Address (street and number): ___________________________________________

City: ____________________________ Country: __________ Zip code: __________

ACCOUNT OWNER: (Beneficiary pay to)

ACCOUNT NUMBER: _______________________________________________________

IBAN CODE: _____________________________________________________________

BANK CODE: _____________________________________________________________

SWIFT CODE: _____________________________________________________________

Signature of the Athlete: __________________________

Please return this form before 8 June 2016 to the IAAF Competitions Department:
E-mail: awards@iaaf.org
Appendix 13.7 ACKNOWLEDGEMENT & AGREEMENT FORM

1. In consideration of the right to compete in International Competitions, I,

________________________________________  ______________________________
[Last Name, First Name]  [National Federation]

hereby acknowledge and agree as follows:-

1.1. I am aware of and have had the opportunity to review the IAAF Rules (the "Rules") and the IAAF Regulations (the "Regulations") available on the IAAF website at http://www.iaaf.org/about-iaaf/documents/rules-regulations. I consent and agree to comply with and be bound by the Rules and Regulations (and any amendments to the Rules and Regulations as may be made from time to time).

1.2. I consent and agree in particular to comply with and be bound by the IAAF Anti-Doping Rules (Chapter 3 of the Rules) and by the IAAF Anti-Doping Regulations and the International Standards incorporated into the IAAF Anti-Doping Regulations. I declare that I am not currently using and will not in the future use any substance or method or other practice which violates the IAAF Anti-Doping Rules. I undertake to compete in Athletics drug free at all times.

1.3. I am aware of and have had the opportunity to review the Athlete Information Notice available on the IAAF website at http://www.iaaf.org/about-iaaf/documents/anti-doping#athletes-guides-and-advisory-notes concerning the use of my personal information by the IAAF. I consent and agree that my personal information may be used by the IAAF in accordance with the Athlete Information Notice.

1.4. I consent and agree in particular that my Personal Information including without limitation my Sensitive Personal Information (as those terms are defined in the Anti-Doping Regulations) may be processed for anti-doping purposes in accordance with the IAAF Anti-Doping Rules and the IAAF Anti-Doping Regulations (and the International Standard for the Protection of Privacy and Personal Information incorporated into the Anti-Doping Regulations) by and amongst the IAAF and its Area Associations and Member Federations, the World Anti-Doping Agency, National Anti-Doping Agencies and/or other Anti-Doping Organisations, including, but not limited to, as part of the ADAMS database system.

1.5. I consent and agree that for the limited purpose of promoting the IAAF, the sport of Athletics, or particular athletics competitions, the IAAF may without charge and on a worldwide basis use any images that are taken of me in any media at or in conjunction with any athletics competitions in which the IAAF has an ownership interest, including the World Championships in Athletics and other World Athletics Series events.

1.6. I acknowledge and agree that any dispute arising out of a decision made pursuant to the Rules may be appealed exclusively as provided in the Rules to the Court of Arbitration for Sport (CAS). I acknowledge and agree that all decisions of CAS under the Rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

2. Unless renewed upon the IAAF's request at any time, this Agreement shall be of indefinite duration and shall terminate only upon my retirement from Athletics.

3. This Agreement shall be governed by and construed in accordance with the Laws of Monaco. I acknowledge that, by signing this Acknowledgement and Agreement, I have read and understand this Acknowledgement and Agreement and that it is legally binding.

Date: ____________________________________________

Name: ____________________________________________

[Print Last Name (in Capitals), First Name]

Date of Birth: ______________________________________

[Day/Month/Year]

Signature: _________________________________________

Please return to athletes-agreement@iaaf.org