

Women's 100 Metres Hurdles

Entrants: 44

Event starts: July 31

	Age	(Days)	Born	SB	PB
1051 CLAY Elizabeth AUS	26y	81d	1995	12.72	12.72 -21
100 pb: 11.79w, 11.93 -20. 1 Australian 2021 (2017-5, 2018-6). Works as a Graphic Designer. Coach-Sharon Hannan (who also coached Sally Pearson before London 2012) In 2021: 5 Brisbane Boyd Shield 100 (6 200); 1 Brisbane Pearson Shield; 1 Australian Capital Territory; 1 Sydney Classic; 1 Brisbane Classic; 1 Australian; 2 Gold Coast Winter Series #1 100; 1 Cairns; 1 Cairns					
1128 CHARLTON Devynne BAH	25y	245d	1995	12.61	12.61 -21 NR
2018 World indoor finalist // 100 pb: 11.30w, 11.31 -17. 200 pb: 23.05w -17, 23.76 -15. sf World Youth 100 2011; 3 Central American & Caribbean youth 2012; 1 Central American & Caribbean junior 2014; sf WJC 2014 (2012-ht); 6 North/Central America & Caribbean 2015; sf WCH 2017 (2015-ht); 8 WIC 2018. 5 NCAA 2017 (2 indoor). Studied Marine Biology at Purdue in West Lafayette, Indiana. Coach-Lonnie Greene In 2021: 1 Clermont FL Pure Spring; 6 Miramar Invitational; 1 Lexington Kentucky Invitational; 4 Walnut Golden Games; 2 Irvine 'Track Meet'; 1 Tatabánya; 2 Florence Diamond; 1 Bahamian					
1133 SEYMOUR Pedrya BAH	26y	61d	1995	12.88	12.64 -16
Huge breakthrough in 2016 to set five Bahamian records and reach to Olympic final 400H pb: 60.18 -12. ht WJC 400H 2012; ht WIC 2016; 2 North/Central America & Caribbean under-23 2016; 6 OLY 2017; 5 Pan-Am Games 2019. 1 Bahamian 400H 2012; 3 NCAA indoor 2017. Coach-Ron Garner In 2021: 7 Miramar Invitational; 3 Auburn War Eagle Invitational; 6 Des Moines Drake Relays Elite; 4 Irvine 'Track Meet'; 7 Gateshead Diamond/May; 3 Miramar NACAC Invitational; 7 Florence Diamond; 2 Bahamian; 1 Nassau Marlin					
1187 ZAGRE Anne BEL	31y	138d	1990	12.87	12.71 -15 NR
Belgian record holder // 100 pb: 11.42 -12. 3 World Youth 2007 (qf 100); 5 WJC 2008 (ht 100); 1 EJC 2009; dnf under-23 ECH 2011; 4 ECH 2012/2014 (2010-ht, 2016-5); sf OLY 2012/2016; sf WCH 2013/2015/2017/2019 (2011-ht); 1 Francophone Games 2013; sf EIC 2021 (2015/2017-ht). 1 Belgian 100/100H 2012/2013/2015/2016 (1 100H 2017/2019/2020/2021). Coach-Juan Da Silva In 2021: 1 Belgian indoor; 4sf EIC; 1 Oordegem 100; 3 Šamorin PTS; 8 Hengelo FBK Games; 3 Turku Paavo Nurmi Games; 2 Geneva; 2 ETCh 1st League; 1 Belgian; 1 Liège; 3 Heusden Night of Athletics (6 100)					
1232 HERMAN Elvira BLR	24y	201d	1997	12.62	12.62 -21
Full name-Elvira Uladzimiraua Herman Surprise European Champion in 2018, when she defeated two top Germans on their home ground 200 pb: 23.46 -19. 1 EJC 2015; 1 WJC 2016; sf WCH 2017/2019; 2 WSG 2017; sf WIC 2018; 1 ECH 2018 (2016-sf); 4 IAAF Continental Cup 2018; 3 EIC 2019 (2021-sf); 1 under-23 ECH 2019 (2017-3). 1 Belarusian 2017/2018/2019/2020/2021 & indoor 2017/2019/2021. After her Berlin win she revealed "at the start, I said to myself, or gold, or nothing." Partner-Maksim Hrabarenka (1 Belarusian 400 2017). Coach-Viktor Myasnikov was an Olympic finalist in 1976 for the USSR In 2021: 2ht Karlsruhe 'Gold' Tour; 4 Karlsruhe 'Gold' Tour; 1 Belarusian indoor; 3sf EIC; 2 Dessau Anhalt; 1 Montreuil; 3 Florence Diamond; 1 ETCh 1st League; 1 Belarusian; 1 Bydgoszcz Szewińska; 2 Székesfehérvár Gyulai					
1286 BATISTA Ketiley BRA	22y	16d	1999	13.00	13.00 -21
New South American Champion // 12.96w -21. 1 South American 2021. 1 Brazilian 2019/2021 In 2021: 1 Bragança Paulista São Paulo Trophy; 1 Bragança Paulista City Tournament; 1 Praia Grande São Paulo Trophy; 1 South American; 1 Brazilian					
1379 KOALA Marthe Yasmine BUR	27y	143d	1994	12.81	12.81 -21 NR
Multiple African Championship medallist. Burkinabé record holder at 100m Hurdles, Long Jump & Heptathlon pbs in Heptathlon events 100H: 12.81; HJ: 1.80; SP: 13.96; 200: 23.74; LJ: 6.64; JT: 46.08; 800: 2:17.15 Heptathlon pb: 6250 -21. ht World Youth 100H 200 2011; ht WJC 100H 2012; 5 African Games Heptathlon 2011; ht OLY 100H 2012/2016; 1 African Junior 100H 2013; 1 African Champs Heptathlon 2014 (2016-2); dnf WCH Heptathlon 2015/2019; 2 African Champs 100H/Heptathlon 2016; 2 African Champs LJ/Heptathlon 2018; 2 WSG Heptathlon 2019. Lives-Mauritius In 2021: 3 Lana 'Multistars' Heptathlon (NR 6238); 1 Dakar SP; 1 Senegalese League Championships; 10 Götzis 'Hypo' Heptathlon (NR 6250); 1 Poitiers LJ (2 100H); 1 Pontoise 100H; 1 Chorzów Kusocinski 100H; 3 Sotteville-lès-Rouen 100H; Personal bests in 5 / 7 Heptathlon events this year					
1467 CHEN Jiamin CHN	25y	88d	1996	13.01	13.01 -21
2019 Asian Championships silver // 2 Asian Champs 2019. 6 Chinese National Games 2017; 1 Chinese Grand Prix Final 2018 In 2021: 1 Chengdu Grand Prix; 3 Zhaoqing; 2 Rizhao; 2 Chinese; 2 Chinese National Games Trial					
1563 VARGAS Andrea Carolina CRC	25y	61d	1996	12.90	12.64 -19 NR
2019 World Championship finalist, where she set Costa Rican records in all three rounds 12.75w-21. ht World Youth 2013; sf WJC 2014; 1 Central American 2016/2018/2019/2021; ht WIC 60/60H 2018; 1 Central American & Caribbean Games; 3 North/Central American & Caribbean 2018; 1 Ibero-American 2018; 1 Pan-Am Games 2019 (her country's first-ever medal in athletics at the Games). She trains at home, coached by her mother and using hurdles made by her father. Her younger sister Noelia is an international race walker. Daughter Abril born 2015. Lives-Portland, Oregon In 2021: 5ht Miramar Invitational; 8 Eugene Grand Prix; 1 Costa Rican; 2 Miramar NACAC Invitational; 1 Central American; She was the Costa Rican flagbearer at the opening ceremony in Tokyo (along with judo player Ian Sancho Chinchila)					
1765 ERRANDONEA Teresa ESP	26y	256d	1994	13.04	13.04 -21
LJ pb: 6.31w -17, 6.27 -15. sf World Youth 2011; 6 EJC 2013; sf EIC 2021; 3 ETCh 2021 (2014-11, 2017-dq final). 1 Spanish 2019 & indoor 2021 In 2021: dq/ht Spanish indoor; 2 Madrid 'Gold' Tour; 4sf EIC; 1 San Sebastián Spanish League; 1 Tolosa; 1 Zaragoza Spanish League; 3 ETCh; 1 Spanish Club Champs 'Iberdola' League; 5 'Meeting' Madrid; 1 Spanish; 1 Castellón; 1 Spanish Inter-Federation					
1889 HURSKÉ Reetta FIN	26y	75d	1995	12.96	12.78 -19
2019 World Student Games silver // 5 EJC 2013; 7 WJC 2014; sf ECH 2016/2018; 5 under-23 ECH 2017; sf WIC 2018; 4 EIC 2019 (2017-ht); 2 WSG 2019 (2017-sf); sf WCH 2019. 1 Finnish 2019. Coach-Marjukka Suihko In 2021: 2 Jyväskylä; 4 Turku Paavo Nurmi Games; 1 Espoo; 6 ETCh 1st League; 2 Kuortane; 2 Vaasa; 1 Joensuu					
1892 KORTE Annimari FIN	33y	111d	1988	12.91	12.72 -19 NR
Down from 13.14 to a Finnish record 12.72 in 2019 // 12.82w -21. sf World Youth 2005; sf WJC 2006; dq EJC final 2007 (false start); ht ECH 2018; sf WCH 2019. 1 Finnish junior 2006; 2 Finnish 2018 (2019-3). Studied Communications at Clemson University and Sports Journalism at St Mary's University College, Twickenham. She was well known as a journalist on the Diamond League circuit. Coach-Mikael Ylostalo In 2021: 1 Jyväskylä; 2 Turku Paavo Nurmi Games; 1 Lappeenranta; 1 Kuortane					

1899	NEZIRI Nooralotta FIN	28y	261d	1992	13.11	12.81 -16
7th-6th-6th-4th at the last four European Indoor Championships // 100H pb: 12.69w -15, 12.81 -16. 100 pb: 11.48 -16. 1 European Youth Olympic Festival 2009; 5 World Youth 2009; 5 WJC 2010; 1 EJC 2011; 2 under-23 ECH 2013; sf WCH 2013; ht WIC 2014; sf ECH 2016/2018 (2012/2014-ht); sf OLY 2016; 4 EIC 2021 (2013-7, 2015/2019-6). 1 Finnish 2012/2013/2014/2015/2016 & indoor 2010/2012/2014/2015/2016/2017/2018/2019/2020. Born-Turku, mother-Finnish, father-Macedonian/Albanian In 2021: 4 EIC (preceded by full indoor season including a Finnish indoor record 7.91 in Berlin); 1 Vaasa						
1934	SAMBA-MAYELA Cyréna FRA	20y	270d	2000	12.75	12.73 -20
2017 World Youth silver, 2021 European under-23 silver // 2 World Youth 2017; 8 WJC 2018; ht EIC 2021; 2 under-23 ECH 2021. 1 French 2020 indoors & out. Coach-Teddy Tamgho In 2021: 2 French indoor; 5ht EIC; 6 Hengelo FBK Games; dnf Geneva; 1 'Meeting' Madrid; 1 French; 2 under-23 ECH						
1937	VALETTE Laura FRA	24y	163d	1997	12.87	12.87 -19/21
2014 Youth Olympic Champion // 1 Youth Olympic 2014; 3 EJC 2015; 8 WJC 2016; 5 ETCh 2017; sf WSG 2017; sf ECH 2018; 3 under-23 ECH 2019 (2017-8); ht WCH 2019. 1 French 2019 & indoor 2018. Coach-Richard Cursaz Lucky socks: "I have a pair of socks that I've worn twice and each time I broke my record, so I made a little hole in them to remember which ones they were." In 2021: 1 Miramas 'Elite'; 1 Nantes; 1 Mondeville 'Elite'; 2 Eaubonne; dnf French indoor; 1 Angers; 8 Gateshead Diamond/May; 1 Poitiers; 1 Geneva; 2 French; 2 Tomblaine						
2022	PORTER Tiffany GBR	33y	258d	1987	12.62	12.51 -14 NR
Full name-Tiffany Aday Porter (Née Ofili) 2014 European Champion. European indoor medals in 2011 & 2021 12.47w -12 (12.57w -21). LJ pb: 6.48 -09. 100 pb: 11.70 -09. 3 WJC 2006; 2 EIC 2011 (dislocated her right shoulder when falling over the line); 2 WIC 2012 (2014/2016-3); 1 ETCh 2013 (2011-4); 3 WCH 2013 (2011-4, 2015-5, 2017-ht); 2 COM 2014 (2018-6); 1 ECH 2014 (2016-3); 7 OLY 2016 (2012-sf). 1 NCAA in/out 2009; 1 UK 2011/2013/2014/2015/2016/2021. Coach/husband-Jeff Porter (110H pb 13.08 -12), their daughter Chidera Linda born July 25, 2019. Younger sister-Cindy Ofili-Sember (12.60). Allegiance transferee from USA – she has had British and American citizenship since birth and competed for the USA as a junior but opted for Britain in 2010 and was cleared by World Athletics to do so that September that year In 2021: 3 Fayetteville American Track League 1; 1 Fayetteville American Track League 3; 2 Staten Island 'Gold' Tour; 3 EIC; 3 Prairie View Sprint Summit; 3 Miramar Invitational; 2 Gainesville Tom Jones Olympic; 3 Des Moines Drake Relays Elite; 6 Walnut Golden Games; 4 Gateshead Diamond/May; 6 Jacksonville Duval County Challenge; 1 UK; 3 Marietta Stars & Stripes						
2026	SEMBER Cindy GBR	26y	358d	1994	12.53	12.53 -21
(Née Ofili) Fourth at the Rio Olympics (with her older sister 7th) 100 pb: 11.39 -15. sf WCH 2015/2019; 4 OLY 2016; 4 ETCh 2019; 2 EIC 2021. 2 NCAA 2015 (2016-4); 1 NCAA indoor 2016 (2014-6); 1 UK 2019/2020. 1 UK indoor 2019. Younger sister of 2014 European Champion Tiffany Ofili Porter. They both have dual nationality as their mother, Lilian, was born in London (though unlike Tiffany, Cindy never competed for the USA and was never required to change allegiance). Ruptured her Achilles tendon when competing at the Boston Games on June 4, 4017. Married John Sember in March 2020. Coach/brother-in-law Jeff Porter In 2021: 5 Staten Island 'Gold' Tour; 3 Fayetteville American Track League 4; 2 EIC; 1 Prairie View Sprint Summit; 2 Miramar Invitational; 2 Gainesville Tom Jones Olympic 100; 3 Gainesville Tom Jones Olympic; 1 Des Moines Drake Relays Elite; 2 Walnut Golden Games; 1 Gateshead Diamond/May; 4 Jacksonville Duval County Challenge; 3 UK (sf 100); 1 Gateshead Diamond/July (she did the Gateshead Diamond Double)						
2117	LOBE Ricarda GER	27y	107d	1994	13.03	12.89 -16
Fifth at 2018 European Championships // 100 pb: 11.33 -16. 200 pb: 23.87 -16. 7 under-23 ECH 2015; 6 EIC 2017; sf WCH 2017; ht WIC 2018; 5 ECH 2018. 2 German 2018; 1 German indoor 2021 In 2021: 1 German indoor; 3 Weinheim; 2 Meilen; 8 Turku Paavo Nurmi Games; 1 Regensburg 'D'; 4 Leverkusen						
2213	PESIRIDOU Elisávet GRE	29y	167d	1992	13.06	12.93 -16
3x Balkan Champion. 15x Greek Champion (8 in + 7 out) // 100 pb: 11.68 -15 (11.84 -21). sf World Youth 2009; 6 ECH 2016 (2014-ht, 2018-sf); ht OLY 2016; 1 Balkan 2017/2019/2021 (1 indoor 2017/2018); sf EIC 2017 (2015/2021-ht); 4 ETCh 2017 (2019-7); ht WCH 2017; ht WIC 2018; 2 Mediterranean Games 2018. 1 Greek 2014/2015/2016/2017/2018/2019/2021 (1 indoor 2013/2014/2015/2016/2017/2018/2020/2021). Coach-Ioanna Siomou In 2021: 1 Greek indoor; 7ht EIC; 1 Athens & Eastern Attica Inter-Clubs; 5 Argostóli 100; 2 Castiglione della Pescaia; 1 Haniá; 1 Greek						
2260	JEAN Mulern HAI	28y	306d	1992	13.11	12.94 -17
Allegiance transferee from USA – holds dual citizenship with Haiti but never actually competed for the USA so there being no objections, she was formally cleared for Haiti by World Athletics from July 21, 2016 dq/ht OLY 2016; ht WCH 2017; ht WIC 2018. Graduate of criminal justice from Charleston Southern University in South Carolina In 2021: 4 Clermont FL Pure Spring; 5 Greensboro 'Aggie' Invitational; 1 South Florida Collegiate Challenge; 2 Miami 'TRUFIT'; 2 Leavenworth Kansas City Qualifier; 3 Marietta Dwight Phillips Invitational; 1 McDonough GA; dqht Miramar NACAC Invitational; 1 Jacksonville; 3 Bahamian; 2 Nassau Marlin; 7 Marietta Stars & Stripes						
2266	KOZAK Luca HUN	25y	57d	1996	12.81	12.71 -20 NR
Hungarian record holder // 100 pb: 11.49 -18 (11.63 -21). sf WJC 2014; 2 EJC 2015; sf EIC 2017; 3 under-23 ECH 2017; 3 WSG 2017; sf WIC 2018 (2016-sf); sf ECH 2018 (2016-ht); sf WCH 2019 (2017-ht); 8 EIC 2021 (2017-sf, 2019-scratched from final). 1 Hungarian 2016/2019/2020/2021 & indoor 2020. 1 Hungarian 100 2021 At the 2019 European Indoor Championships in Glasgow, she broke the 34 year-old Hungarian record to win her semi-final, but then turned her ankle while celebrating and had to scratch from the final. She was voted Hungarian woman athlete of 2020.Coach-Laszlo Suba In 2021: 3 Metz; 5 Liévin 'Gold' Tour; 5 Toruń 'Gold' Tour 60H; 8 EIC; 1 Savona; 1 Hungarian Team Champs (East) semi-final; 2 Gateshead Diamond/May; 1 Šamorín PTS; 2 Tatabánya (4 100); 1 Turku Paavo Nurmi Games; 1 Hungarian 100/100H; 7 Székesfehérvár Gyulai						
2335	LAVIN Sarah IRL	27y	62d	1994	12.95	12.95 -21
7x Irish Champion (4 out + 3 in) at hurdles // 100 pb: 11.61w, 11.67 -20. 200 pb: 23.65 -14. sf WJC 2012; 2 EJC 2013; 4 WSG 2019; sf EIC 2021. 1 Irish 2013/2014/2017/2018/2021 & indoor 2013/2014/2016. Physiotherapist. Coach-Noelle Morrissey In 2021: 4sf EIC; 4 Šamorín PTS; 6 Turku Paavo Nurmi Games; 2 'Meeting' Madrid; 1 Irish; 2 Lucerne						
2382	BOGLIOLO Luminosa ITA	26y	26d	1995	12.84	12.78 -19
2019 World Student Games Champion // 12.76w -19. sf WSG 2017; 2 Mediterranean Games 2018; sf ECH 2018; 1 WSG 2019; 1 ETCh 2019 (2021-2); sf WCH 2019; 6 EIC 2021 (2019-sf). 1 Italian 2018/2019/2020/2021 & indoor 2019. Former alpine skier. Coaches-Ezio Madonia & Antonio Dotti In 2021: 6 EIC; 3 Milan Bracco Trophy 100; 2 Savona; 3 Gateshead Diamond/May; 2 ETCh; 5 Florence Diamond; 4 'Meeting' Madrid; 1 Italian; 8 Székesfehérvár Gyulai						
2389	DI LAZZARO Elisa Maria ITA	23y	54d	1998	12.90	12.90 -21
Twice Italian Indoor Champion // sf World Youth 2015; 4 EJC 2017; ht WIC 2018; ht ECH 2018; sf EIC 2021. 1 Italian indoor 2017/2021. Coach-Santiago Antunez In 2021: 1 Italian indoor; 6sf EIC; 3 Savona; dq Andújar; 3 Hengelo FBK Games; dnf Florence Diamond; 3 'Meeting' Madrid; 2 Italian						
2457	ANDERSON Brittany JAM	20y	179d	2001	12.58	12.58 -21
1 World Youth 2017; 2 WJC 2018. Set world junior records of 12.79 & 12.79 in 2019 In 2021: 4 Gainesville Tom Jones Olympic; 2 Eugene Grand Prix; 1 Jacksonville North Florida Invitational; 1 Irvine 'Track Meet'; 1 Jacksonville Duval County Challenge; 3 Jamaican; 4 Székesfehérvár Gyulai; 5 Gateshead Diamond/July						

2518	TAPPER Megan JAM	27y	133d	1994	12.68	12.61 -19
<p>(Née Simmonds) 2019 World Championship finalist after pb in semi (but dnf after messing up first hurdle) 4 Youth Olympic 2010; 6 World Youth 2011; 2 North/Central American & Caribbean under-23 2014; sf OLY 2016; sf WCH 2017; 7 COM 2018; 3 Pan-Am Games 2019; dnf WCH Final 2019. 1 Jamaican 2016/2021. Coach/husband Mathue Tapper In 2021: 3 Lisse; 1 Vienna 'Mid Summer Track Night'; 5 Gateshead Diamond/May; 1 St. Pölten Prokop; 4 Florence Diamond; 1 Jamaican (so that's two Jamaican titles for her, each in Olympic years)</p>						
2520	THOMPSON Yanique JAM	25y	138d	1996	12.73	12.69 -17
<p>2018 Commonwealth Games bronze // 1 World Youth 2013; sf WJC 2014; sf WCH 2017/2019; 6 North/Central America & Caribbean 2018; 3 COM 2018; 4 Pan-Am Games 2019. 2 Jamaican 2018/2021. In May 2017 she fractured her wrist, but managed to recover in time to qualify for at compete at that year's London World Championships In 2021: 2 Spanish Town Jamaica Time Trial; 2 Kingston (May 22); 1 Kingston (May 29); 1 Kingston (Jun 5); 2 Jamaican; 4ht Marietta Stars & Stripes</p>						
2529	WILLIAMS Danielle JAM	28y	317d	1992	12.62	12.32 -19 NR
<p>Full name-Danielle Gracia Williams Shock World Champion in Beijing 2015, with her elder sister seventh 100 pb: 11.24 -13. 200 pb: 22.62 -13. 4 WJC 2010; 2 Pan-American junior 2010; 1 WSG 2015 (2013-3); 1 WCH 2015 (2013/2017-sf, 2019-3); 2 COM 2018 (2014-4); 2 North/Central American & Caribbean 2018; 1 Jamaican 2013/2015/2017/2018; 1 NCAA div 2 100/200 2013 (& 100/100H 2014). Her older sister Shermaine Williams (pb 12.78) is also a world-class hurdler. Their coach-Lennox Graham In 2021: 4 Boston Games; 3 Jacksonville Duval County Challenge; 4 Jamaican; 1 Marietta Stars & Stripes; 4 Gateshead Diamond/July</p>						
2662	AOKI Masumi JPN	27y	104d	1994	12.87	12.87 -21 NR
<p>Co-holder of Japanese record (with Asuka Terada). 2019 Asian Championships bronze 100 pb: 11.68 -14. sf World Youth 200 2011; 3 Asian Games 4x100 2014; 5 Asian Games 2018; 3 Asian Champs 2019. 1 Japanese 2018/2020 & indoor 2021. Coach-Ken Arai In 2021: 1 Japanese indoor; 4 Hiroshima Oda Memorial; 2 'Ready Steady' Tokyo; 1 Tottori</p>						
2669	KIMURA Ayako JPN	33y	47d	1988	13.12	13.03 -13
<p>Twice Asian Champion, despite only doing hurdles training once a week (in order to preclude injury, she reveals) 12.99w -17. ht OLY 2012; 1 Asian Champs 2013/2019 (2017-2); 3 Asian Games 2014; sf WCH 2017/2019. 1 Japanese 2011/2012/2014/2016/2017. Born/lives-Hiroshima. Coach-Atsushi Sawayanagi & Andreas Behm In 2021: 2 Japanese indoor; 1 Hiroshima Oda; 3 'Ready Steady' Tokyo; 4 Osaka; 4 Tottori; 7sf Japanese</p>						
2679	TERADA Asuka JPN	31y	196d	1990	12.87	12.87 -21 NR
<p>Japanese record holder & 4x champion, across a span of 14 years // 100 pb: 11.71 -07. sf WJC 2008 (ht 100); ht WCH 2009/2019; 8 IAAF Continental Cup 2010. 1 Japanese 2008/2009/2010/2021. She is returning from a six-year career break in which she married, gave birth (daughter Kaochan, now 6), and tried rugby before switching back to athletics in December 2018) In 2021: 5 Japanese indoor; 1 Hiroshima Oda Memorial; 1 'Ready Steady' Tokyo; 1 Osaka; 2 Tottori; 1 Japanese</p>						
2847	MORRISON Ebony LBR	26y	213d	1994	12.93	12.76 -16
<p>Allegiance transferee from the USA – cleared by World Athletics to compete for Liberia from July 5, 2021, carrying the Liberian flag at the Olympic opening ceremony 18 days later 5 North/Central America & Caribbean under-23 2016. Was at University of Miami [Her Liberian record is not her personal best or even her seasons's best, but her fastest since July 5: 12.94 at Marietta on July 9, 2021] In 2021: 1 Miramar South Florida Challenge; 1 Prairie View Relays; 4 Prairie View Sprint Summit; 8 Miramar Invitational; 1 Miami 'TRUFit'; 2 Leavenworth Kansas City Qualifier; 4 Boston Games; dqht Miramar NACAC Invitational; 1 Fort Lauderdale Elite #1; 1 Fort Lauderdale Elite #2; 5 Marietta Stars & Stripes; She was the Liberian flagbearer at the opening ceremony in Tokyo (along with NCAA 200m Champion Joe Fahnbulleh)</p>						
3003	SEDNEY Zoe NED	19y	226d	2001	12.94	12.94 -21
<p>2021 European indoor finalist // 200 pb: 23.63 -19. 2 European Youth 2018; 2 EJC 4x100 2019; 7 EIC 2021; 4 under-23 ECH 2021. 1 Dutch indoor 200 2018. She gave up hockey for athletics in 2014. One of four sisters, her elder sister Naomi anchored the Netherlands to European Championship relay gold in Amsterdam 2016 In 2021: 2 Dutch indoor; 6 Madrid 'Gold' Tour; 7 EIC; 1 Lisse; 6 Gateshead Diamond/May; 1 Oordegem Flanders Cup; 4 Hengelo FBK Games; 3 ETCh 1st League; 2 Dutch; 3 Lucerne; 4 under-23 ECH</p>						
3011	VISSER Nadine NED	26y	170d	1995	12.85	12.62 -19 NR
<p>Twice European Indoor Champion at 60m Hurdles. Sixth & seventh at the last two outdoor World Championship 100m Hurdles finals 100 pb: 11.25 -20 pbs in Heptathlon events: 100H: 12.57w/12.62; HJ: 1.80; SP: 13.89i/13.64; 200: 22.83w/23.46; LJ: 6.48; JT: 44.01; 800: 2:13.08 Heptathlon pb: 6467 -15. 4 EJC Heptathlon 2013; 10 ETCh LJ 2014; 3 WJC Heptathlon 2014 (2012-11); 3 WJC 100H 2014; ht ECH 100H 2014; 19 OLY Heptathlon 2016; =1 under-23 ECH 100H 2017 (2015-3); 7 WCH Heptathlon 2017 (2015-8); 1 WSG Heptathlon 2017; 3 WIC 60H 2018; 4 ECH 100H 2018 (2016-sf); 1 EIC 60H 2019/2021 (2015-sf, 2017-7); 6 WCH 100H 2019 (2017-7). Her partner Steven Nuytinck is a 7277 point Decathlete. Coach-Bart Bennema. 1.75/61kg In 2021: 3 Karlsruhe 'Gold' Tour 60H; 1 Düsseldorf 60H; 2 Berlin ISTAF 60H; 1 Liévin 'Gold' Tour 60H; 1 Dutch indoor 60H; 1 Madrid 'Gold' Tour 60H; 1 EIC 60H (Dutch record 7.77); 3 World Relays 4x100; dnf Vught Harry Schulting Games (hamstring tear; that was in May and she didn't race again until July); 2 Heusden; 2 Heusden Night of Athletics; 6 Székesfehérvár Gyulai; 3 Gateshead Diamond/July</p>						
3042	AMUSAN Tobi NGR	24y	97d	1997	12.48	12.48 -19/21
<p>Full name-Oluwatobiloba Amusan 2018 Commonwealth Games Champion at 100m Hurdles 12.44w -21. 100 pb: 11.31 -18. 200 pb: 22.60w, 22.92 -17. dq/sf World Youth 200 2013 (out of lane); 1 African Games 2015 & African Champs 2018; 5 WJC 12016; sf OLY 2016; 7 WIC 2018; 1 COM 2018; 1 African Champs 2018; 4 WCH 2019 (2017-sf). 1 NCAA 2017. 1 Nigerian 2021. Studied Human Movement at the University of Texas at El Paso. Coach-Lacena Golding-Clarke (was also Commonwealth Champion, in Manchester 2002) In 2021: Excellent indoor season in Europe, with a best of 7.94 in Karlsruhe; 1 Clermont FL Pure Sprint Elite; 3 Walnut Golden Games; 2 Boston Games; 1 Miramar NACAC Invitational; 1 Nigerian (hand-timed 12.3); 2 Marietta Stars & Stripes</p>						
3134	PIRELLI Camila PAR	32y	180d	1989	14.13	13.66 -14
<p>Full name-Ana Camila Pirelli Cubas Paraguayan record holder at 200m, 400m, 100mH, LJ, SP & Heptathlon pbs in Heptathlon events: 100H: 13.38w/13.40; HJ: 1.71; SP: 14.87; 200: 24.31; LJ: 5.85w/5.69; JT: 48.75; 800: 2:13.40 Heptathlon pb: 5907 -19. 2 South American Heptathlon 2013 (2018-3, 2019-4); 1 South American Games Heptathlon 2014; ht WCH 100H 2015; 1 Ibero-American Heptathlon 2018 (2016-3); 4 Pan-Am Games Heptathlon 2019 (2011/2015-9) In 2021: 3 Murray 100H (Mar 27); 2 Murray SP/JT (Mar 27); 2 Jacksonville 100H</p>						
3179	SICIARZ Klaudia POL	23y	136d	1998	12.90	12.82 -19
<p>2019 European under-23 silver // 12.74w -18. 8 World Youth 2015; 3 EJC 2017; sf ECH 2018; sf EIC 2019; 2 under-23 ECH 2019 (3 4x100). 1 Polish 2018 & indoor 2017/2019. She holds the official World junior indoor record (of 8.00 in 2017). Coach-Ewa Slusarczyk In 2021: 1 Kraków; 2 Šamorín PTS; 1 Prague Odložil; 1 Kraków; 3 Chorzów Kusocinski; 2 Polish; 2 Bydgoszcz Szewińska</p>						

3180	SKRZYSZOWSKA Pia POL	20y	100d 2001	12.77	12.77 -21
New European under-23 Champion // 100 pb: 11.22 -21. 200 pb: 23.95 -18. 8 European Youth 200 2018 (sf 100); 6 Youth Olympic 200 2018; 2 EJC 2019; 5 EIC 2021; 1 ETCh 100/100H 2021; 1 under-23 ECH 2021. Club-AZS AWF Warsaw. Mother-6.90 long jumper Jolanta Bartczak (3 EIC 1988). Coach/father-Jarosław Skrzyszowska In 2021: Long indoor season of 15 races but peaked well at the European indoors for 5th place and a pb of 7.88 (3rd Polish all-time); 2 World Relays 4x100; 1 Warsaw Szelesta Memorial 100; 1 Dessau Anhalt; 1 ETCh 100/100H (a great contribution to Poland's victory in the tournament); 2 Hengelo FBK Games; 6 Florence Diamond; 2 Chorzów Kusocinski; 1 Polish 100/100H; 1 under-23 ECH					
3248	CAMACHO-QUINN Jasmine PUR	24y	341d 1996	12.32	12.32 -21 NR
With her 12.32 at Gainesville on April 17, 2021, she's seventh world all-time 300 pb: 36.12 -20. 200 pb: 22.21w -18, 22.45 -20. 1 North/Central American & Caribbean under-23 100H 2016; dq sf OLY 100H 2016 (lost rhythm and deliberately knocked down hurdle). 1 NCAA 100H 2016/2018 (2016-2), representing the University of Kentucky; sf US 100H 2016. Her older brother Robert Quinn plays American Football for the 'Chicago Bears'. Coach-Edrick Floreal (same as Keni Harrison) Allegiance transferee from USA – she holds dual citizenship with Puerto Rico (her mother is Puerto Rican) and formally cleared by World Athletics to represent Puerto Rico from June 29, 2016 In 2021: 2 Fayetteville American Track League 4 200; 1 Bradenton Florida International 'pro' 200; 1 Columbia Gamecock Invitational; 1 Gainesville Tom Jones Olympic; 1 Fort Worth US F&F Open; 1 Jacksonville Duval County Challenge 'B' (dq 'A' race after false-starting); 1 Hengelo FBK Games; 1 Florence Diamond; Therefore unbeaten in all 12 races she's finished in 2021 (6 finals & 6 heats)					
3505	KAMBUNDJI Ditaji SUI	19y	70d 2002	12.94	12.94 -21
New European Junior Champion // 7 European Youth 2018; 14 Youth Olympic 2018; sf EIC 2021; 1 EJC 2021. 1 Swiss youth Heptathlon 2017; 1 Swiss 2020/2021 & indoor 2021. Elder sisters Muswama Kambundji (100m-11.84) & Mujinga Kambundji (100m-10.95 & World medallist indoors & out) In 2021: 1 Langenthal (4 100); 2 Basle Meier; 1 Meilen; 1 Zofingen; 3 Geneva; 4 ETCh 1st League; 1 Swiss; 1 Lucerne; 1 EJC					
3834	CLEMONS Christina USA	31y	61d 1990	12.51	12.51 -21
(Née Manning) 2018 World indoor silver // 3 WSG 2011; 5 WCH 2017; 2 WIC 2018; 1 World Relays Mixed Shuttle Hurdles 2019. 2 US 2018 (2019-8). 1 NCAA 2012 indoors & out (representing Ohio State University). Undertook a heavy racing programme in 2017 with more than 40 races indoors or out – yet still managed to clock her best time at the very end of the season (12.54 in Berlin). Married international 400m runner Kyle Clemons in 2018. Coach-Charles Ryan. Agent-John Regis In 2021: Long indoor season, ending in style with a win and season's best 7.81 in Toruń; 1 Auburn War Eagle Invitational; 2 Des Moines Drake Relays Elite; 1 Leavenworth Kansas City Qualifier; 2 Fort Worth US F&F Open; 3 Boston Games; 2 Jacksonville Duval County Challenge; 3 US; 4 Marietta Stars & Stripes					
3836	COCKRELL Anna USA	23y	335d 1997	12.54 -21	12.54 -21
In 2021 became only the second woman to win the 110-400 hurdles double at the US Collegiate Championships (Queen Harrison being the first, in 2010) 400H pb: 53.70 -21. 400 pb: 53.39 -21. 1 Pan-Am junior 400H 2015; 1 WJC 400H/4x400 2016; 1 North/Central American & Caribbean under-23 400H 2019; 2 Pan-Am Games 400H 2019 (1 4x400). 1 NCAA indoor 4x400 2018; 1 NCAA 400H 2019/2021 (1 100H 2021); 3 US 2021. Communications graduate from University of Southern California. Born-San Ramon, California In 2021: 2 University of Southern California Invitational 200; 1 San Diego Aztec Invitational 100H; 1 Florida Relays 400H 'B'; 1 Florida Relays 100H; 1 Long Beach Invitational 100H; 1 UCLA v USC 100H/400H; 1 Los Angeles 'Pacific 12' 100H/400H; 1 NCAA 100H/400H; 3 US 400H (5 100H)					
3840	CUNNINGHAM Gabbi USA	23y	157d 1998	12.53	12.53 -21
Fourth at the 2021 Olympic Trial, which turned out to be enough to get to the Games 100 pb: 11.21 -18. 200 pb: 22.89w, 23.04 -18. (11.38 -21). 3 Pan-Am Junior 200 2017. 1 US indoor 2020; 4 US 2021. Studied Communications at North Carolina State University. Coach-Allen Johnson (4x World Champion) In 2021: 1 Raleigh Relays 100/100H; 2 Prairie View Sprint Summit; 5 Miramar Invitational; 5 Gainesville Tom Jones Olympic; 9 Walnut Golden Games; 5 Jacksonville Duval County Challenge; 4 US (She missed third place by five milliseconds, but then got added to the team when second-placed Brianna McNeal lost her appeal against a doping suspension); 3 Székesfehérvár Gyulai					
3852	HARRISON Keni USA	28y	313d 1992	12.47	12.20 -16 WR
World record holder, in London on July 22, 2016 to beat by 0.01 the record which had stood to Yordanka Donkova BUL since 1988 400H pb: 54.09 -15. 100 pb: 11.35 -16. 200 pb: 22.85w -17, 23.00 -16 (23.10i, 23.30 -19). dq/sf WCH 2015 (false start); 4 WCH 2017; 1 WIC 2018 (2016-8); 1 North/Central American & Caribbean 2018; 2 WCH 2019. 1 US 2018/2019/2021. Sixth of 11 children of which nine are adopted including herself. A former competitive cheerleader whose acrobatic ability led her into hurdling. Coach-Edrick Floreal In 2021: 5 Texas Relays invitational 200; 1 Miramar Invitational; dnf Des Moines Drake Relays Elite (fell at the 2nd); 1 Austin Texas Invitational (4 100); 1 Walnut Golden Games; 1 Boston Games; 1 US					

WORLD ALL-TIME LIST	2021 WORLD LIST
1.....12.20.....Keni Harrison USA.....2016	1.....12.32.....Jasmine Camacho-Quinn PUR
2.....12.21.....Yordanka Donkova BUL.....1988	2.....12.44.....Tonea Marshall USA
3.....12.25.....Ginka Zagorcheva BUL.....1987	3.....12.47.....KeniHarrison USA
=4...12.26.....Lyudmila Narozhilenko RUS.....1992	4.....12.48.....Tobi Amusan NGR
.....12.26.....Brianna Rollins/McNeal USA.....2013	5.....12.50.....Brianna McNeal USA
6.....12.28.....Sally Pearson AUS.....2011	6.....12.51.....Christina Clemons USA
=7...12.32.....Danielle Williams JAM.....2019	=7...12.53.....Cindy Sember GBR
.....12.32.....Jas. Camacho-Quinn PUR.....202112.53.....Gabbi Cunningham USA
9.....12.33.....Gail Devers USA.....1999	9.....12.54.....Anna Cockrell USA
=10.12.34.....Sharika Nelvis USA.....2015	10...12.58.....Brittany Anderson JAM
.....12.34.....Nia Ali USA.....2019	

Women's 400 Metres Hurdles

Entrants: 43

Event starts: July 31

	Age	(Days)	Born	SB	PB
1005 BENHADJA Loubna ALG	20y	157d	2001	57.39	57.39 -21
400 pb: 55.19 -21. ht World Youth 2017; ht WJC 2018; 3 African Junior 2019; 2 Arab 2021 In 2021: 1 Algiers 'Elite' Day/Mar 6 400 (Mar 6); 1 Algerian winter 300H; 2 Batna; 1 Algiers 'Elite' Night/May 7 400; 1 Algiers 'Elite' Day/May 28; 2 Arab					
1049 CARLI Sarah AUS	26y	327d	1994	58.53	55.09 -20
2 World Youth 2011; 2 Oceanian 2019; sf WCH 2019. 3 Australian 2018/2019. She works as a financial advisor & mortgage broker. Former dancer, competing for 10 years in solo and troupe eisteddfods. Born-Wollongong. Coach-Melissa Logan In 2021: 3 Australian Capital Territory 400; 3 Townsville					
1149 BELLE Tia Adana BAR	25y	42d	1996	56.00	54.18 -19
2013 World Youth silver // 400 pb: 5248 -21. 100H pb: 13.45w -19, 13.48 -16. 2 World Youth 2013; sf WJC 2014; ht OLY 2016; ht WCH 2017/2019; ht COM 2018; 8 North/Central American & Caribbean 2018; 5 Pan-Am Games 2019. 1 NCAA div 2 2015/2016/2017. Coach-George Williams In 2021: 2 Myrtle Beach Connie Invitational 400 'C'; 4 Columbia Baskin Relays 200 (5 400 'B'); 1 Greensboro 'Aggie' Invitational 400 'C'; 7 University of South Carolina Open 200; 6 Des Moines Drake Relays Elite; dnf Charlottesville Virginia Grand Prix 'B'; 5 Irvine 'Track Meet'; 4 Fort Worth US F&F Open; 9 Jacksonville Duval County Challenge 'B'; 8 Hengelo FBK Games; 8 Florence Diamond; 5 Bahamian; 2 Lucerne; 5 Marietta Stars & Stripes					
1175 CLAES Hanne BEL	29y	359d	1991	57.28	55.20 -18
Fourth at 2018 European Championships // 400 pb: 53.99 -21. 200 pb: 23.26 -12. 7 WSG 200 2016; 4 ECH 2018; sf WCH 2019. 1 Belgian 200 2012/2013 (1 indoor 2011/2012) & 400H 2018/2019/2021 In 2021: 2 Rieti Perseus Trophy; 1 Belgian					
1176 COUCKUYT Paulien BEL	24y	71d	1997	54.95	54.95 -21 NR
Co-holder of Belgian record // 400 pb: 52.98 -20/21. 1 under-23 ECH 400H 2019; 5 WCH 4x400 2019. 1 Belgian 2020 In 2021: 1 Belgian indoor 400 'B'; 2 Oordegem; 7 World Relays 4x400; 1 Lier; 2 Oordegem Flanders Cup; 1 Oordegem Buyle 400; 7 Hengelo FBK Games; 2 Geneva (54.95 to equal the Belgian record of Ann Mercken set at the 1996 Olympics); 3 Heusden Night of Athletics; 1 Lokeren					
1288 da SILVA Chayenne BRA	21y	174d	2000	55.15	55.15 -21 NR
New Brazilian record holder (55.15 on June 25, 2021) // 8 World Youth 2017; sf WJC 2018; 3 South American 2021. Lives-Rio de Janeiro. Coach-Marsele Mazzoleni Machado In 2021: 2 Bragança Paulista São Paulo Trophy 'B'; 1 Bragança Paulista City Tournament; 2 Bragança Paulista 400; 2 Praia Grande São Paulo Trophy; 3 South American 400H/4x400; 5 Brazilian; 1 Bragança Paulista International; 1 Bragança Paulista 'Meeting Towards Tokyo'; 1 São Paulo Champs					
1347 JAMAL Aminat BRN	24y	32d	1997	57.00	55.13 -19
Full name-Aminat Yusuf Jamal Odeyemi Second leg for Bahraini team which won bronze in the mixed relay at Doha 2019 (she passed over to the now disgraced Salwa Eid Naser) 200 pb: 23.42 -18 (24.75 -21). 400 pb: 53.02 -18 (53.69 -21). 1 West Asian Junior 100H/400H 2016; 6 WJC 2016; ht WCH 2017; 2 Asian Games 2018 (2 4x400); 2 Asian Champs 2019 (1 4x400 & mixed 4x400); 3 WCH Mixed 4x400 2019; sf WCH 2019. 3 Nigerian 400H 2014. Originally a Nigerian national, acquired Bahrainian citizenship on March 13, 2015 and (as she never competed for Nigeria) cleared by World Athletics to represent Bahrain since March 12, 2016 In 2021: 2 Carolina (3 400); 1 Bradenton Florida International 'pro' (5 400); 4 Clermont FL Pure Spring 'B'; 1 Gainesville Tom Jones Colleges (4 400 'B'); 2 Clermont FL Pure Sprint Elite					
1402 MONTCALM Noelle CAN	33y	116d	1988	56.34	55.81 -14
5x Canadian Champion // 400 pb: 54.92 -12. 100H pb: 13.25w, 13.39 -10. 2 WSG 4x400 2013; ht WCH 2013/2017; 5 COM 2014 (5 4x400); sf OLY 2016; 7 North/Central American & Caribbean 2018. 1 Canadian 2013/2014/2016/2018/2021. Coach-Don Garrod In 2021: 2 Lynchburg Liberty Twilight; dnf Houston Tom Tellez Invitational 'B'; 8 Walnut Golden Games; 6 Irvine 'Track Meet'; 3 Fort Worth US F&F Open 'B'; 1 Ottawa; 1 Windsor; 1 Guelph 'Inferno' Festival; 1 Canadian; 1 Montréal Classic national					
1414 WATSON Sage CAN	27y	39d	1994	55.46	54.32 -19 NR
Broke Rosey Edeh's 23 year-old Canadian 400m hurdles record to reach her second World Championship final, in 2019 400 pb: 51.62 -18 (52.25 -21). 8 World Youth 2011 (3 Medley Relay); sf WJC 2012 (6 4x400); ht Pan-Am Games 2015 (3 4x400); 6 WCH 2017 (2015-sf); 5 COM 2018; 1 Pan-Am Games 2019 (2 4x400); 8 WCH 2019. 1 NCAA 2017. 1 Canadian 2017. Studied Business Marketing at Florida State University and then the University of Arizona. Coach-Fred Harvey Watch for her trademark red lipstick when she races ("part of my uniform") In 2021: 3 Tucson Williams/Murray 400; 1 Tucson Jim Click Shootout 400; 1 Tucson West Coast Classic; 5 Des Moines Drake Relays Elite; 1 Tucson Desert Heat Classic; 6 Walnut Golden Games; 4 Jacksonville Duval County Challenge; 3 Nashville Music City Carnival; 7 Oslo Diamond; 7 Székesfehérvár Gyulai					
1536 GONZALEZ Melissa COL	27y	35d	1994	55.45	55.45 -21 NR
Winner of the last two South American titles. Colombian record holder 400 pb: 53.04 -19. 100H pb: 13.42w, 13.71 -17. 2 South American 2017 (3 100H); 2 South American Games 2018; 7 Central American & Caribbean Games 2018; 1 South American 400H/4x400 2019 (2 4x100); ht WCH 2019; 1 South American 400H/4x400 2021. She holds dual citizenship with the USA, her father is Colombian. Younger sister-Samantha Gonzalez had 400H pb of 56.77 (2018) and was 5 World Youth 2013 for USA In 2021: 2 Texas Relays invitational; 1 Arlington Invitational 'B'; 3 Waco Michael Johnson Invitational 'C'; 1 Colombian; 1 Houston Tom Tellez Invitational 'B'; 1 College Station 'Aggie' Invitational; 3 Fort Worth US F&F Open; 1 South American 400H/4x400; 2 Prairie View USATF 'Showcase'; 2 Marietta Stars & Stripes					
1584 HEHAVARRIA Zurian CUB	25y	353d	1995	55.33	55.00 -19
Twice fourth in Pan-American Games // 400 pb: 52.43 -21. 3 Central American & Caribbean Games 2014/2018; 4 WJC 2014; 4 Pan-Am Games 2015/2019; 3 North/Central America & Caribbean 2015 (2018-4); ht OLY 2016; sf WCH 2019. 1 Cuban 2012/2014/2015/2017/2019 In 2021: 1 Havana (4x) and also runs of 52.43 (pb) & 52.74 on the flat; 1 World Relays 4x400 (led off); 1 Liège; 1 Heusden Night of Athletics					
1619 HEJNOVA Zuzana CZE	34y	222d	1986	-	52.83 -13 NR
In Beijing 2015 became the first woman to retain a world title at 400m Hurdles (but then fourth at both Rio 2016 & London 2017) 400 pb: 51.27i, 51.90 -13 (52.44 -19). 100H pb: 13.36 -11. 1 World Youth 2003; 2 WJC 2004 (2002-5); 1 EJC 2005 (2003-3); 3 under-23 ECH 2007; 1 ETCh 2010/2011/2019 (2009-3); 4 ECH 2010 (2006/2018-sf); 2 WIC 4x400 2010; 7 EIC Pentathlon 2011; 3 OLY 2012 (2008-7, 2016-4); 1 WCH 2013/2015 (2005/2007/2009-sf, 2011-7, 2017-4, 2019-5); ht EIC 800 2015; 2 EIC 400 2017 (2013-4). Her older sister Michaela represented the Czech Republic at heptathlon at the 2004 Olympics					

1659	SLOTT PETERSEN Sara DEN	34y	111d	1987	55.21	53.55 -16	NR
Her silver in Rio 2016 was Denmark's first-ever medal by a female in Olympic athletics 400 pb: 53.39 -20 (54.03i -21). sf EIC 400 2009/2015/2017; 3 WSG 2009 (2011-4); sf EIC 400 2015; 4 WCH 2015 (2009/2011/2017-sf, 2019-ht); 1 ECH 2016 (2010/2014-ht, 2012/2018-sf); 2 OLY 2016 (2012-sf). 1 Danish 2002 (at age 15)-2009/2011/2012/2014/2015/2019/2020. Full name-Sara Slott Petersen (Slott-father's name, Petersen-mother's name). Partner-Thomas Cortebeek, their son Tobias born October 8, 2013. Coach-Mikkel Larsen In 2021: 1 Danish indoor 400; 3 Ostrava Golden Spike; 1 Gateshead Diamond/May; 5 Hengelo FBK Games; 5 Florence Diamond; She was the Danish flagbearer at the opening ceremony in Tokyo (along with sailor Jonas Warrer)							
1896	LEHIKONEN Viivi FIN	21y	336d	1999	55.42	55.42 -21	
Former European Youth Champion // 400 pb: 54.56 -18.1 European Youth 2016; 3 EJC 2017; sf WJC 2018; ht ECH 2018; ht ETCh 2019; 4 under-23 ECH 2021 (2019-7). 1 Finnish 2018/2020; 1 Finnish indoor 300H 2020. Her athletic talent was discovered by those watching her ballet performances as a child, who noticed that her assemblés were more like those of a long jumper than a dancer In 2021: 1 Helsinki 200; 1 Jyväskylä (Jun 2); 1 Espoo; 4 Geneva; 1 ETCh 1st League; 1 Vaasa; 4 under-23 ECH							
1996	BEESELY Meghan GBR	31y	256d	1989	55.80	54.52 -15	
2018 was her breakthrough year: UK Champion at her eighth attempt, then European bronze medallist from lane 1 in Berlin 400 pb: 52.79 -11. 100H pb: 13.21 -15. 200 pb: 23.53 -15 (24.05i -19). Heptathlon pb: 5291 -08. 6 EJC 2007 (2 4x400); 3 WJC 2008; 7 COM 2010 (2 4x400); 3 under-23 ECH 2011; 8 WSG 2011; sf WCH 2013/2015/2017/2019; 3 WIC 4x400 2018; ht COM 2018; 3 ECH 2018 (2012-sf); 6 ETCh 2019. 1 UK 2018/2019 (2010/2014/2015/2017/2021-2, 2011/2012/2013-3). 1 UK indoor 400 2016. Coach-Benke Blomkvist She started athletics after winning a competition where the prize was a year's free membership of her local track (in Tamworth) In 2021: 1 Loughborough International; 1 Lee Valley 'Hurdles Fest'; 1 British League Premiership North/Jun 6; 1 Midland; 2 UK; 7 Gateshead Diamond/July							
2009	KNIGHT Jessie GBR	27y	44d	1994	54.69	54.69 -21	
Huge improvement across 2019 and 2020 at both 400m flat & hurdles to enter world top 10 & UK all-time top 10 400 pb: 51.9 -20, 51.57i -20 (52.17i -21). sf EIC 400 2021 (2 4x400). 1 English Schools 400 2012; 1 South of England 2017; 1 UK indoor 400 2020; 1 UK 2020 (2019/2021-3). She is on a break from working as a primary school teacher at Danetree School in Ewell. Coach-Marina Armstrong In 2021: 1 Manchester Invitational 400; 2 Manchester UK Trial 400; 4sf EIC 400 (2 4x400); 3 World Relays 4x400; 1 Nuneaton Birchfield H 'Warm Up'; 1 Ostrava Golden Spike; 3 UK; 4 Gateshead Diamond/July							
2028	TURNER Jessica GBR	25y	355d	1995	54.77	54.77 -21	
2021 UK Champion // 400 pb: 52.57 -20 (52.92 -21). sf WJC 2014; 2 under-23 2017; 5 WSG 2017; ht COM 2018; sf WCH 2019 (2017-ht). 2 UK 400 2020; 1 UK 2021 (2016-2); 1 British Universities 2015/2016. Coach-Nick Dakin In 2021: 2 Coventry 400; 1ht World Relays 4x400 (rested from final); 1 Loughborough Open; 2 Nuneaton Birchfield H 'Warm Up'; 2 Gateshead Diamond/May; 1 Oordegem Flanders Cup (pb down from 55.72 to 54.77 on one go); 1 Šamorin PTS; 3 Florence Diamond; 1 UK							
2114	KRAFZIK Carolina GER	26y	124d	1995	54.89	54.89 -21	
3x German Champion // 400 pb: 52.05 -21.sf WCH 2019; 2 ETCh 2021. 1 German 2019/2020/201. Coach-Werner Späth, who persuaded her to move to from 100H to 400H In 2021: 1 Pliezhausen; 1 Vught Harry Schulting Games; 1 Mannheim 'Road To Tokyo' #1 200 'C'; 1 Dessau Anhalt; 2 Weinheim; 2 ETCh (close race won by Britain's Lina Nielsen); 1 German; 1 Regensburg; 1 Lucerne; 7 Stockholm Diamond							
2400	MARCHIANDO Eleonora ITA	23y	305d	1997	55.16	55.16 -21	
Big advancement already in 2021 from 57.44 to 55.16 // 400 pb: 53.28 -21. ht World Youth 400 2013; 4 EJC 2015; sf WJC 2016 (8 4x400); ht EIC 400 2021 (4 4x400). 1 Italian 2021 In 2021: 3 Italian indoor; 5ht EIC 400 (4 4x400); 1 Milan 400; 5 World Relays 4x400; 1 Rieti (May 23); 3 ETCh 4x400; 1 Rieti (Jun 2); 3 Geneva; 2 'Meeting' Madrid; 1 Italian							
2403	OLIVIERI Linda ITA	23y	15d	1998	55.54	55.54 -21	
2019 European under-23 silver // 400 pb: 54.20 -19. sf World Youth 2015; 4 EJC 2017; ht ECH 2018; 2 under-23 ECH 2019; ht WCH 2019; 3 ETCh 2019. 1 Italian under-23 2018. She studied architecture at the Milan Polytechnic. Coach-Giorgio Ripamonti Her partner Tobia Bocchi goes in the Triple Jump in Tokyo In 2021: 4 Ancona 400; 1 Milan Bracco Trophy; 5 Ostrava Golden Spike; 3 ETCh; 6 Florence Diamond; 1 'Meeting' Madrid; 2 Italian							
2405	PEDROSO Yadisleidy ITA	34y	182d	1987	55.79	54.54 -13	NR
Italian record holder // 2 Central American & Caribbean Champs 2009; 1 Cuban National Games 2010; 7 ETCh 2014; 5 ECH 2014/2018; sf OLY 2016; sf WCH 2017/2019 (2015-ht); 1 Mediterranean Games 2018. 1 Italian 2013/2014/2015/2017. 1 She is a cousin of former Olympic Long Jump Champion Ivan Pedroso. Italian husband/coach Massimo Matrone (they married on October 21, 2010). Allegiance transferee from Cuba – last competed for that country in 2009, has lived in Italy since 2010, gained Italian citizenship in February 2013 and cleared by World Athletics to compete for Italy from December 2013 In 2021: 2 Rieti; 3 'Meeting' Madrid 'B'; 3 Italian; 2 Heusden Night of Athletics							
2508	NUGENT Leah JAM	28y	247d	1992	54.98	54.45 -16	
Allegiance transferee from USA – she holds dual citizenship with Jamaica but had been competing in US Championships, but opted for Jamaica and formally cleared to do so by World Athletics from July 22, 2016 100H pb: 12.83w -17, 13.11 -16. 6 OLY 2016; sf WCH 2017. 2 US youth 2009; 3 NCAA 2015, representing University of Kentucky. Born-Pennsylvania, father-Jamaican. Coach-Lennox Graham In 2021: 1 Athens GA Lawrence Memorial 'B'; 2 Irvine 'Track Meet'; 7 Jacksonville Duval County Challenge; 2 Nashville Music City Carnival; 3 Jamaican; 5 Oslo Diamond; 6 Stockholm Diamond							
2513	RUSSELL Janieve JAM	27y	257d	1993	53.68	53.46 -18	
2018 Commonwealth Games Champion and prolific relay medallist // 400 pb: 51.17 -16 (51.77 -21). 200 pb: 23.43 -18 (23.84 -21). Heptathlon pb: 5361 -11. 9 World Youth LJ 2009; 7 Youth Olympic Games LJ 2010; 3 WJC 4x400 2010 (sf 400); 2 Pan-American junior Heptathlon 2011; 1 WJC 2012 (2 4x400); 3 COM 2014 (gold 4x400 after running in heat); 5 WCH 2015; 7 OLY 2016; 1 COM 400H/4x400 2018; 2018; silver WCH Mixed 4x400 2019 (ran heat). 1 Jamaican Heptathlon 2011 (while still a junior); 1 Jamaican 2015/2021 In 2021: 3 Spanish Town Triangular Trial 400; 7 Kingston 200 (Feb 27); 7 Kingston 200 (Mar 13); 1 Kingston 400 (Mar 20); 5 Kingston 400 (Apr 17); 1 Miami 'TRUFIT' 400; 1 Clermont FL Pure Sprint Elite; 1 Spanish Town Jamaica Time Trial; 3 Gateshead Diamond/May; 1 Kingston (May 29); 1 Kingston (Jun 5); 1 Jamaican; 4 Stockholm Diamond; 3 Székesfehérvár Gyulai; 3 Gateshead Diamond/July							
2514	SALMON Shiann JAM	22y	120d	1999	54.97	54.97 -21	
2019 World semi-finalist. Holds world best for 200m Hurdles straight 400 pb: 51.74 -21. HJ pb: 1.82 -16. ht World Youth 2015; 2 WJC 2018 (3 4x400); sf WCH 2019; 1 North/Central American & Caribbean under-23 2021 (2019-2). 1 Jamaican junior HJ 2016 In 2021: 2 Fayetteville American Track League #3 400; 2 Texas Relays invitational; 2 Prairie View Sprint Summit; 3 Des Moines Drake Relays Elite; 2 Austin Texas Invitational 'B'; 5 Walnut Golden Games; 1 Boston Games 200H straight (world best 24.86, beating Shamier Little 24.91); 3 Jacksonville Duval County Challenge; 1 NACAC under-23							

2525	WHYTE Rhonda JAM	30y	265d	1990	54.33	54.29 -17
Big advancement at 400m hurdles from 55.58 to 54.29 in 2017, but disqualified at Worlds for line-stepping 400 pb: 51.28 -21. 200 pb: 23.20 -21. 6 WSG 2015; dq sf WCH 2017 (lane); 4 COM 2018; 8 Pan-Am Games 2019; ht WCH 2019. 1 Jamaican 2017. Coach-Maurice Wilson In 2021: 4 Spanish Town Triangular Trial 400; A series of 200s & 400m at early-season meets in Kingston, bests of 23.20 & 51.28, both winning pbs; 2 Spanish Town Jamaica Time Trial; 1 Irvine 'Track Meet'; 3 Boston Games 200H; 2 Jacksonville Duval County Challenge; 2 Miramar NACAC Invitational; 2 Jamaican; 1 Marietta Stars & Stripes						
2987	BOL Femke NED	21y	156d	2000	52.37	52.37 -21 NR
Rapid improvement to be the world's top 400m hurdler of 2020, now she's up to 3rd world all-time 400 pb: 50.37 -21. 400H pb: 53.44 -21. sf EJC 400 2017; 1 EJC 400H 2019; sf WCH 400H 2019 (4 4x400); 1 EIC 400/4x400 2021. 1 Dutch indoor 400 2019/2021. Coached by both Laurent Meuwly (SUI) & Bram Peters, who says "the last 100m is her strongest". Former judo player. 1.83 tall Unbeaten at 400m hurdles in 2020 (6 / 6 wins) and so far in 2021 (5 / 5 wins) and near to the European record of 52.34, which has stood to Yuliya Pechonkina since 2003 In 2021: 1 Vienna T&F 400; 1 Metz 400; 1 Toruń 'Gold' Tour 400; 1 Dutch indoor 400; 1 EIC 400/4x400 (49.99 split); 4 World Relays 4x400; 1 Oordegem Flanders Cup 400; 1 Hengelo FBK Games 400H; 1 Florence Diamond 400H; 1 ETCh 1st League 400; 4 Dutch 200; 1 Oslo Diamond 400H; 1 Stockholm Diamond 400H (52.37, 0.03 outside Pechonkina's European record); 1 Székesfehérvár Gyulai 400H (52.81); 1 Gateshead Diamond/July 400H (53.24, won by 1.29); She is unbeaten since the World semi-finals in 2019 when she was still a junior; Gateshead on July 13 was her 12th successive victory (6 in 2020, 6 in 2021)						
3075	IUEL Amalie Hammild NOR	27y	103d	1994	54.72	-19 NR
Norwegian record holder at 400m flat & hurdles // 400 pb: 51.81 -17. 5 under-23 ECH 2015; ht WCH 2015/2017/2019 & 400 2017; sf ECH 400 2018. 1 Norwegian 2016/2017 (1 400 2017). Studied Human Biology at the University of Southern California, Coach-Leif Olav Alnes (same as Warholm) Allegiance transferee from Denmark – gained Norwegian citizenship on June 26, 2015 and cleared by World Athletics to compete for Norway from July 7, 2015 (She has a Norwegian grandmother who was married to a Danish man) In 2021: 1 Bærum 300; 1 Oslo Boysen; 4 Oslo Diamond						
3076	KLOSTER Line NOR	31y	152d	1990	55.58	55.49 -18
Multiple Norwegian Champion at 400m flat // 400 pb: 52.78 -13 (54.71i -21). 200 pb: 23.58w, 23.72 -13. sf EIC 400 2013 (2015-ht); 10 ETCh 400 2013; ht ECH 400 2014; sf ECH 400H 2018. 1 Norwegian 400 2012/2013/2016 (1 indoor 2012/2013/2018) & 100H 2017. Coach-Petar Vukicevic In 2021: 1 Bærum 400 indoor; 1 Faro 200 (2 100); 3 Oordegem Flanders Cup; 1 Oslo Night of Highlights 200; 4 Prague Odložil; 1 'Meeting' Madrid 'B'; 1 Kuortane; 1 Lillestrøm						
3122	WOODRUFF Gianna PAN	27y	253d	1993	54.70	54.70 -21 NR
Central American Champion, former South American Champion (you can do both in you're from Panama) 400 pb: 52.78 -21. 2 Ibero-American 2016; 1 South American 2017 (2019-2); sf WCH 2017/2019; 1 Central American Champs 2019; 7 Pan-Am Games 2019. Holds dual citizenship with the USA because of a Panamanian mother, her declaration of Panama was confirmed by World Athletics from May 15, 2016. Her older sister Yasmin Woodruff is also an international athlete (8 Central American & Caribbean Games 100 2018). Lives-Los Angeles In 2021: 3 Texas Relays invitational 400; 3 Prairie View Sprint Summit; 1 Waco Michael Johnson Invitational 'C'; 1 Des Moines Drake Relays Elite; 2 Walnut Golden Games; 1 Fort Worth US F&F Open; 6 Jacksonville Duval County Challenge; 2 Miramar NACAC Invitational 400 'B'						
3172	LINKIEWICZ Joanna POL	31y	88d	1990	56.32	55.25 -16
2016 European silver, 2017 World Student Games silver (at 400m Hurdles) 400 pb: 53.41i -18, 53.72 -13 (54.61 -21). 4 Francophone Games 400H2013; 3 EIC 4x400 2015; 1 WSG 400H/4x400 2015; 2 ECH 2016 (2014-8, 2018-sf); sf OLY 2016; sf WCH 2017/2019 (2015-ht); 2 WSG 2017; silver WIC 4x400 2018; 3 ETCh 2019 (2011-9, 2013/2014-6, 2017/2019-5). 1 Polish 2013/2015/2016/2017/2018/2019/2020/2021 & indoor 400 2011. Former acrobat. Club-WKS Śląsk Wrocław In 2021: 3ht Polish indoor 400; 2 Dessau Anhalt; 5 ETCh; 2 Tatabánya; 1 Polish (8th time)						
3383	NEL Wenda RSA	32y	363d	1988	55.16	54.37 -15
(née Theron). Twice African Champion, 8x South African Champion // 400 pb: 52.03 -17 (52.72 -21). 200 pb: 23.39 -17 (24.27 -19). 100 pb: 11.57w -15, 11.60 -16. sf World Youth 200 2005; ht WJC 100/200 2006; 5 WSG 400H 2011; dq COM 2014 (for illegal hurdle clearance after originally finishing sixth); 1 African Champs 2014/2016 (2010-7, 2018-2); 7 WCH 2015 (2017-sf); sf OLY 2016; 3 COM 2018; 6 African Games 2019. 1 South African 2010/2011/2014/2015/2016/2017/2018/2021 In 2021: 2 Gauteng North; 1 Roodepoort Athletix Invitational; 1 South African; 1 Potchefstroom ACNW Open (2x); 1 Pretoria Athletics Gauteng North League #2 (2 400); 3 Hengelo FBK Games; 4 Florence Diamond; 1 Ninove 'B'						
3502	GIGER Yasmin SUI	21y	265d	1999	55.25	55.25 -21
Twice European under-23 bronze // 400 pb: 52.91 -19. 2 European Youth 2016; ht EIC 400 2017/2019; 1 EJC 2017; ht WCH 2017; 3 WJC 2018; sf ECH =2018; 6 EIC 4x400 2019; 3 under-23 ECH 2019/2021; 5 ETCh 2019. 1 Swiss 2019/2020 & indoor 400 2017/2018/2019 In 2021: 1 St. Gallen; 1 Zofingen; 6 Geneva; 2 ETCh 1st League; 2 Swiss; 4 Lucerne; 3 under-23 ECH						
3516	SPRUNGER Lea SUI	31y	146d	1990	55.16	54.06 -19 NR
Fourth & fifth in the last two World 400m hurdles finals // 400 pb: 50.52 -18 (52.22i -21). 200 pb: 22.38 -16. 100 pb: 11.34 -14. Heptathlon pb: 5651 -11. 13 World Youth Heptathlon 2007; 10 WJC Heptathlon 3 EJC Heptathlon 2009; 16 under-23 ECH Heptathlon 2011; ht OLY 200 2012; sf ECH 200 2014; dq/sf WIC 400 2018; 1 ECH 400H 2018 (2016-3); 1 EIC 400 2019 (2013/2015/2021-sf, 2017-5); 4 WCH 400H 2019 (2015-sf, 2017-5). Her older sister Ellen Sprunger is an international Hethathlete (pb 6124 -12), 19th in London 2012 Olympics. Coach-Laurent Meulwy (who has relocated to the Netherlands and also co-coaches Femke Bol) In 2021: 7 Swiss indoor 60; 3sf EIC 400; 2 ETCh 1st League 4x400; 1 Swiss 400H; 6 Oslo Diamond; 8 Stockholm Diamond; 6 Székesfehérvár Gyulai; 6 Gateshead Diamond/July						
3538	ZAPLETALOVA Emma SVK	21y	126d	2000	55.29	55.19 -20 NR
New European under-23 Champion, where she won by almost a full second 400 pb: 52.54 -20 (53.01 -21). 5 WJC 2018; ht ECH 2018 (8 4x400); 1 under-23 ECH 2021. 1 Slovak 2020/2021 & indoor 400 2017/2018. Coach-Peter Znava In 2021: 7ht World Relays Mixed 4x400; 1 Košice Slovak League #1 200; 4 Ostrava Golden Spike; 4 Gateshead Diamond/May; 2 Šamorín PTS; 4 Hengelo FBK Games; 4 ETCh 2nd League 400; 1 Slovak; 1 under-23 ECH (down from 55.19 to 54.28)						
3619	McKNIGHT Sparkle TTO	29y	220d	1991	55.62	55.15 -18
400 pb: 52.17 -13 (54.14i -21). ht WJC 400 2010; 5 Pan-Am Games 2015; sf WCH 2015/2017 (2013-ht); ht OLY 2016; 7 COM 2018. 1 Trinidadian 2013/2017 (1 400 2012). Was at the University of Arkansas. She got her name, she explains, after her father first saw her eyes as a new-born baby. Her own baby daughter, Ashaunte, born in 2014 In 2021: Best of 54.14 for indoor 400m flat, in Fayetteville; 1 Texas Relays invitational; 4 Prairie View Sprint Summit; 5 Waco Michael Johnson Invitational 'C'; 1 Fayetteville John McDonnell Invitational 'B'; 1 Baton Rouge LSU Invitational; 1 Fayetteville Arkansas Twilight; 3 Irvine 'Track Meet'; 5 Fort Worth US F&F Open; 5 Jacksonville Duval County Challenge 'B'; 4 Nashville Music City Carnival; 1 Bahamian; 3 Marietta Stars & Stripes						
3751	MYKOLENKO Mariya UKR	27y	116d	1994	57.29	56.25 -18
6x 2nd at Ukrainian Championships // 400 pb: 53.67 -18 (54.94 -21). sf ECH 2018; 4 WSG 2019. 2 Ukrainian 2013/2017/2018/2019/2020/2021 In 2021: 2 Ukrainian Team Champs (5 400); 1 St. Pölten Prokop; 3 Prague Odložil; 2 Ukrainian; 3 Balkan; 3 Liège; 1 Heusden Night of Athletics 'B'						

3757 RYZHYKOVA Anna UKR **31y** 247d 1989 **52.96** **52.96 -21 NR**
 (Née Yaroshchuk)
 European Championship silvers in 2014 (relay) & 2018 (hurdles)
 400 pb: 51.21 -21. 2 EJC 4x100 2007; 6 WJC 2008; 1 under-23 ECH 2011; 1 WSG 2011/2013; sf OLY 2012; 5 WCH 2013 (2011/2015-sf, 2019-7); 1 ETCh 2014 (2013/2019 -2); 2 ECH 2018 (2010-sf, 2012-3, 2014-ht); 2 ECH 4x400 2014; sf EIC 400 2019/2021. 1 Ukrainian 2009/2018/2019/2020/2021. 1 Ukrainian indoor 400 2014/2021.
 Coaches-Vasyl Yaroshchuk (father) & Volodymyr Kravchenko
 In 2021: 1 Ukrainian Indoor Team Champs 400; 1 Ukrainian indoor 400; 3sf EIC 400 (5 4x400); 1 Ukrainian Team Champs; 2 Ostrava Golden Spike; 2 Hengelo FBK Games; 2 Florence Diamond; 1 Ukrainian; 2 Oslo Diamond; 3 Stockholm Diamond (Substantial new Ukrainian record, 52.96)

3766 TKACHUK Viktoriya UKR **26y** 263d 1994 **54.02** **54.02 -21**
 2020 Balkan Champion // 400 pb: 51.85 -20 (53.68i -21). sf WJC 400 2012 (4 4x400); 8 ETCh 400 2015; ht WCH 2015/2017; sf OLY 2016; 7 ECH 2018; 1 Balkan 2020. 1 Ukrainian 2015/2017/2020/2021. Coach-Anatoliy Chumak
 In 2021: 4 Ukrainian indoor 400; 5 EIC 4x400; 1 Conegliano; 1 Prague Odložil; 1 Geneva; 1 Ukrainian; 3 Oslo Diamond; 5 Stockholm Diamond; 4 Székesfehérvár Gyulai

3836 COCKRELL Anna USA **23y** 335d 1997 **53.70** **53.70 -21**
 In 2021 became only the second woman to win the 110-400 hurdles double at the US Collegiate Championships (Queen Harrison being the first, in 2010)
 100H pb: 12.54 -21. 400 pb: 53.39 -21. 1 Pan-Am junior 400H 2015; 1 WJC 400H/4x400 2016; 1 North/Central American & Caribbean under-23 400H 2019; 2 Pan-Am Games 400H 2019 (1 4x400). 1 NCAA indoor 4x400 2018; 1 NCAA 400H 2019/2021 (1 100H 2021); 3 US 2021. Communications graduate from University of Southern California. Born-San Ramon, California
 In 2021: 2 University of Southern California Invitational 200; 1 San Diego Aztec Invitational 100H; 1 Florida Relays 400H 'B'; 1 Florida Relays 100H; 1 Long Beach Invitational 100H; 1 UCLA v USC 100H/400H; 1 Los Angeles 'Pacific 12' 100H/400H; 1 NCAA 100H/400H; 3 US 400H (5 100H)

3864 LITTLE Shamier USA **26y** 131d 1995 **52.39** **52.39 -21**
 2015 World Championship silver. Not selected for Tokyo 2021, but now 5th world all-time
 400 pb: 49.91 -21. 1 WJC 2014 (2012-dnf final. when she fell at the last hurdle when in medal contention); 1 WJC 4x400 2014; 1 Pan-Am Games 2015; 2 WCH 2015 (2017-sf); 1 NACAC 2018. 1 NCAA 2014/2015/2016 (representing Texas A&M University); 1 US 2015/2018. Born-Louisville. Coach-Chris Johnson
 In 2021: 1 Fayetteville American Track League 4 400 (50.57 indoors); 1 Texas Relays invitational 400; 1 Miramar Invitational 400; 1 Fayetteville John McDonnell Invitational 800; 5 Baton Rouge LSU Invitational 800; 1 Walnut Golden Games 400H; 2 Boston Games 200H; 1 Jacksonville Duval County Challenge 400H; 4 US 400H (was in third but faltered at 8th & lost momentum, allowing Anna Cockrell to pip her for a sport on the Tokyo team); 2 Stockholm Diamond (52.39 behind Femke Bol 52.37); 2 Székesfehérvár Gyulai; 2 Gateshead Diamond/July

3870 MCLAUGHLIN Sydney USA **21y** 356d 1999 **51.90** **51.90 -21 WR**
 New world record holder // 400 pb: 50.07 -18 (51.16 -21). 100H pb: 12.65 -21. 1 World Youth 2015; sf OLY 2016; 2 WCH 2019 (1 4x400 with 48.8 split). 1 NCAA 2018; 1 US 2021. Her father Willie McLaughlin was a 400m runner (sf US Olympic Trials 1984). Her older brother Taylor McLaughlin is the 2016 World junior silver medalist at 400m hurdles (pb 48.85 in 2019). Coach-Bob Kersee. Agent-Wes Felix (brother of Allyson)
 In 2021: 1 Pheonix Grand Canyon University Invitational 100H; 1ht Azusa Bryan Clay Invitational 400/100H; 4 Eugene Grand Prix 100H; 5 Walnut Golden Games 100H (pb and I went 15 the rest of the way, which is really what we wanted to do.)

3876 MUHAMMAD Dalilah USA **31y** 172d 1990 **52.42** **52.20 -19**
 DEFENDING OLYMPIC CHAMPION
 (Pronounced "Da - lill - ah", and not "Delilah" as in the Tom Jones song)
 400 pb: 51.62 -19 (53.77 -21). 1 World Youth 2007; 2 Pan-American junior 2009; 2 WCH 2013/2017; 1 OLY 2016; 1 WCH 400H/4x400 2019. 1 US 2013/2016. Coach-Lawrence Johnson (same group as 2013 World 100m Hurdles Champion Brianna Rollins). Missed most of 2014 with a virus, then hampered in 2015 with a knee injury. Business Graduate from University of Southern California. Coach-Lawrence Johnson (Formerly trained with Lashinda Demus under Yolanda Rich)
 In 2021: 5 Prairie View Sprint Summit 200/400; 4 Waco Michael Johnson Invitational 200; 1 Jacksonville Duval County Challenge 'B'; 1 Miramar NACAC Invitational; 2 US

4015 QUACH Thi Lan VIE **25y** 284d 1995 **-** **55.30 -18 NR**
 Vietnamese record holder
 Reigning Asian Champion & Asian Games Champion
 400 pb: 52.06 -14 (53.70 -21). 2 South East Asian Games 400H 2013 & 400 2015; 2 Asian Games 400 2014; 3 Asian Indoor Champs 400 2016; 1 Asian Champs 400 2017; 1 Asian Games 400H 2018 (originally silver but winner Kemi Adekoya BRN was disqualified for a doping violation); 1 Asian Champs 400H 2019
 In 2021: 1 Ho Chi Minh 400; She was the Vietnamese flagbearer at the opening ceremony in Tokyo (along with swimmer Huy Hoang Nguyen)

WORLD ALL-TIME LIST	2021 WORLD LIST
1.....51.90.....Sydney McLaughlin USA.....2021	1.....51.90.....Sydney McLaughlin USA
2.....52.16.....Dalilah Muhammad USA.....2019	2.....52.37.....Femke Bol NED
3.....52.34.....Yuliya Pechonkina RUS.....2003	3.....52.39.....Shamier Little USA
4.....52.37.....Femke Bol NED.....2021	4.....52.42.....Dalilah Muhammad USA
5.....52.39.....Shamier Little USA.....2021	5.....52.96.....Anna Ryzhykova UKR
6.....52.42.....Melaine Walker JAM.....2009	6.....53.68.....Janieve Russell JAM
7.....52.47.....Lashinda Demus USA.....2011	7.....53.70.....Anna Cockrell USA
8.....52.61.....Kim Batten USA.....1995	8.....54.02.....Viktoriya Tkachuk UKR
9.....52.62.....Tonya Buford USA.....1995	9.....54.24.....Nnenna Hailey USA
10.....52.70.....Natalya Antyukh RUS.....2012	10.....54.28.....Emma Zapletalová SVK
11.....52.74.....Sally Gunnell GBR.....1993	

Women's Discus Throw

Entrants: 34

Event starts: July 31

	Age	(Days)	Born	SB	PB
1071 STEVENS Dani AUS	33y	63d	1988	63.36	69.64 -17 AR
2009 World Champion (Australia's first global throws champion), then silver at London 2017 SP pb: 17.05 -14. dng World Youth SP 2003; 1 Commonwealth Youth SP/DT 2004; 1 World Youth 2005 (3 SP); 3 COM 2006 (12 SP); 6 WCP 2006; 1 WSG 2009 (2007-2); 1 WCH 2009 (2007-dng, 2011/2013-10, 2015-6, 2017-2); 1 COM 2014/2018; 2 IAAF Continental Cup 2014 (2010-4); 4 OLY 2016 (2008-8, 2012-11). 1 Australian 2008 -2012/2014-2018/2021 (1 SP 2012. Coached since the age of 10 by Dennis Knowles (ex-GBR). Née Samuels, married former junior international shot putter Joe Stevens in October 2016. 1.82/82kg Out of action in 2018/2019 with a back injury. Then underwent spinal surgery in February 2020 after injuring herself in the gym, causing nerve damage which meant she could not raise her right arm above 90°. She was only able resume training at the end of the year In 2021: 1 Sydney Classic; 1 Brisbane Classic; 1 Australian; 2 Cairns; 1 Brisbane; 1 Gold Coast Oceania Invitational #2; 1 Townsville					
1289 da SILVA Izabela BRA	25y	361d	1995	62.18	62.18 -21
2021 South American Champion // SP pb: 16.38 -14. 11 World Youth SP 2011 (dng DT); 1 WJC DT 2014 (dng SP); 1 South American DT 2021. 1 Brazilian DT 2021 In 2021: 1 Concepción del Uruguay (2x); 2 Bragança Paulista São Paulo Trophy; 2 Bragança Paulista City Tournament; 1 Praia Grande São Paulo Trophy (2x); 1 South American; 1 Brazilian; 1 Bragança Paulista International; 1 Bragança Paulista 'Meeting Towards Tokyo'; 1 São Paulo Champs					
1292 de MORAIS Andressa BRA	30y	220d	1990	62.41	65.34 -19 AR
4x South American Champion & South American record holder // HT pb: 58.89 -12. dng WJC 2008; 1 South American 2011/2015/2017/2019 (2013-5); 1 Ibero-American 2012/2018 (2014-3, 2016-5); dng OLY 2012/2016; 6 Pan-Am Games 2015; 2 World Military Games 2015; 11 WCH 2017 (2011/2015-dng); 1 South American Games 2018 (2014-4). 1 Brazilian 2012/2013/2015/2017. Served 16-month doping suspension in 2019/2020 and was stripped of the silver medal she'd won at the 2019 Pan-Am Games (at 65.98). Coach-Julian Mejias. 1.78/97kg In 2021: 1 Bragança Paulista São Paulo Trophy; 1 Bragança Paulista City Tournament; 1 Azusa Pacific 'Last Chance'; 1 Redlands; 5 Montreuil; 2 Lisbon City; 3 Braga; 2 Lignano Sabbiadoro; 1 Trieste; 3 Sotteville-lès-Rouen					
1336 MARTINS Fernanda Raquel BRA	33y	2d	1988	64.21	64.66 -18
Full name-Fernanda Raquel Borges Martins 2013 South American Champion 7 WSG 2011; 2 Ibero-American 2012/2014 (2016-3); 1 South American 2013 (2011-3, 2015/2017/2019-2); dng OLY 2016; 2 South American Games 2018; 2 Pan-Am Games 2019 (2011-9, 2015-4); 6 WCH 2019 (2013/2015/2017-dng). 1 Brazilian 2011/2014. Coach-João Paulo Alves da Cunha. 1.75/85kg In 2021: 1 Chula Vista High Performance #1; 1 Azusa Bryan Clay Invitational; 1 Chula Vista High Performance #2; 2 Chula Vista High Performance #3					
1455 GALLARDO Karen CHI	37y	144d	1984	59.72	61.10 -15 NR
Chilean record holder // 4 Central American & Caribbean Champs 2008; 2 South American 2009/2011/2021 (2013/2017-3, 2015/2019-4); 8 WSG 2009; 3 Ibero-American 2012; dng OLY 2012/2016; 5 Pan-Am Games 2015 (2007-12, 2019-9); dng WCH 2015/2017. Coach-Tulio Moya. 1.75/96kg In 2021: 1 Santiago de Chile (3x); 2 Concepción del Uruguay (Mar 26); 1 Concepción del Uruguay (Mar 27); 1 Chilean; 1 Las Condes (3x); 2 South American					
1468 CHEN Yang CHN	30y	19d	1991	65.14	67.03 -18
Fourth at 2019 World Championships // 7 OLY 2016; 1 Asian Champs 2017 (2019-2); 1 Asian Games 2018; 4 WCH 2019 (2018-10). From-Hebei Province. Coach-Xiao Yanling has held the Chinese record [71.68] since 1992. 1.80/97kg In 2021: 2 Chengdu Throws Grand Prix; 1 Chengdu Grand Prix; 1 Xi'an; 1 Dalian; 1 Chinese; 1 Chinese National Games Trial					
1469 FENG Bin CHN	27y	117d	1994	64.83	65.45 -19
2019 Asian Champion. Eighth at Rio 2016 & London 2017, then fifth at Doha 2019 4 World Youth 2011; 1 World Military Games 2015; 8 OLY 2016; 2 Asian Games 2018; 1 Asian Champs 2019; 5 WCH 2019 (2017-8); 1 World Military Games 2019. 1 Chinese 2015/2019; 2 Chinese National Games 2017. From-Shandong Province. Coach-Li Weibin. 1.84/95kg In 2021: 1 Chengdu Throws Grand Prix; 2 Chengdu Grand Prix; 1 Zaozhuang; 2 Chinese					
1484 SU Xinyue CHN	29y	263d	1991	59.92	65.59 -16
Twice Asian Champion // dng WJC 2010; 1 Asian Champs 2013/2015; 7 WCH 2017 (2013-dng, 2015-8); 2 Athletics World Cup 2018. From-Hebei Province. Coach-Xiao Yanling. 1.78/94kg In 2021: 4 Chengdu Throws Grand Prix; 3 Chengdu Grand Prix; 2 Xi'an; 2 Dalian; 3 Chinese; 3 Chinese National Games Trial					
1568 PERKOVIC Sandra CRO	31y	38d	1990	68.31	71.41 -17 NR
DEFENDING (& two-time) OLYMPIC CHAMPION (No woman has yet won three successive individual golds in athletics) Quintuple European Champion. Double Olympic Champion, double World Champion SP pb: 16.99i, 16.40 -11. 2 World Youth 2007; 3 WJC 2008 (2006-dng); dng WJC SP 2008; 1 EJC 2009 (2007-2); 5 EJC SP 2009; 9 WJC 2009; 1 ECH 2010/2012/2014/2016/2018; 1 OLY 2012/2016; 1 Mediterranean Games 2013; 1 WCH 2013/2017 (2009-9, 2015-2, 2019-3). Coach/partner-Edis Elkasevic was 2002 World Junior Champion at Shot Put ("he is the boss at stadium, and I am the boss at home"). 1.83/85kg In 2021: 1 Croatian winter; 3 Doha Diamond; 1 Montreuil; 2 Hengelo FBK Games; 1 Florence Diamond; 1 Sotteville-lès-Rouen; She was the Croatian flagbearer at the opening ceremony in Tokyo (along with shooter Josip Glasnović)					
1570 TOLJ Marija CRO	21y	242d	1999	63.39	63.39 -21
Croatia's other top discus thrower. 2019 European under-23 Champion SP pb: 15.82 -21. 4 European Youth DT 2016 (5 SP); dng WJC SP/DT 2016; 4 EJC DT 2017; 11 WJC DT 2018; 1 under-23 ECH DT 2019 (2021-5); dng WCH DT 2019. 1 Croatian SP/DT 2017/2019/2020/2021. She is a qualified car mechanic. Coach-Roland Varga (HUN) In 2021: 1 Croatian indoor SP; 1 Split DT; 1 Croatian winter SP (2 DT); 5 European Throws Cup DT (7 SP 'B'); 1 Zagreb Dinamo Zrinjevac DT; 6 Doha Diamond DT; 1 Croatian SP/DT; 4 Florence Diamond DT; 2 Kladno DT; 1 ETCh 2nd League DT (2 SP); 5 under-23 ECH DT (10 SP)					
1581 CABALLERO Denia CUB	31y	197d	1990	63.00	70.65 -15
2015 World Champion, then silver in 2019 & bronze in Rio 2016 // 1 Central American & Caribbean Games 2014; 1 Pan-Am Games 2015 (2011-3, 2019-3); 1 WCH 2015 (2011-9, 2013-8, 2017-5, 2019-2); 3 OLY 2016 (2012-dng). Former javelin thrower. 1.75/70kg In 2021: 2 Havana (Feb 20); 3 Havana (Feb 27); 2 Havana (May 22); 5 Doha Diamond; 4 Hengelo FBK Games; 7 Florence Diamond; 1 Geneva; 1 Braga; 2 Castellón					
1586 PEREZ Yaimé CUB	30y	61d	1991	68.99	69.39 -19
2019 Pan-American Games Champion. 2019 World Champion. 2018 & 2019 Diamond League Champion 1 WJC 2010. dng OLY 2012; 2 Pan-Am Games 2015; nm OLY final 2016; 1 Central American & Caribbean Games 2018; 1 North/Central American & Caribbean 2018; 1 Pan-Am Games 2019 (2015-2); 1 WCH 2019 (2013-11, 2015/2017-4). 1 Cuban 2013/2014/2017/2019. 1.75/74kg In 2021: 5 / 5 wins in Havana, the last of which was on May 22 when she threw her 68.99; 1 Doha Diamond; 1 Hengelo FBK Games; 2 Florence Diamond; 1 Leverkusen; 1 Castellón; 1 Lignano Sabbiadoro; 2 Sotteville-lès-Rouen; She was the Cuban flagbearer at the opening ceremony in Tokyo (along with wrestler Mijain Lopez Nunuz)					

1933	ROBERT-MICHON Mélina FRA	42y	11d	1979	65.30	66.73 -16	NR
2016 Olympic silver and medals from Moscow 2013 & London 2017 // 2 WJC 98; 1 under-23 ECH 2001 (99-12); 3 WSG 2001 (99-8); 2 ECP 2003 (2000-5, 2001-6, 2002-8, 2004/2008-4, 2006-7, 2007-5, 2008-4); 1 Mediterranean Games 2009; 1 ETCh 2013/2014/2015/2017 (2009/2019-2, 2011-4); 2 WCH 2013 (2003-11, 2007-12, 2009-8, 2015-10, 2017-3, 2019-10); 2 ECH 2014 (98/2006-dnq, 2002-12, 2012-6, 2016-5); 4 IAAF Continental Cup 2014; 2 OLY 2016 (2000/2004-dnq, 2008-7, 2012-5). 1 French 2000-2009/2012-2017/2019/2020/2021. Born-Voiron. Two daughters, Elyssa born 2010 & Enora born 2018. 1.80/85kg Half the population of her village (Colombe) turned out to welcome her home from Rio In 2021: 1 Vénissieux; 1 Salon-de-Provence; 1 French winter; 4 Montreuil; 5 Hengelo FBK Games; 1 Vénissieux; 1 French; These are sixth Olympics, she's done every one this century, and hasn't ruled out Paris 2024							
2099	CRAFT Shanice GER	28y	75d	1993	63.75	65.88 -14	
3x European bronze medallist // SP pb: 17.75 -14. 3 World Youth DT 2009; 1 Youth Olympic Games DT 2010; 1 EJC DT 2011; 1 WJC SP 2012 (2 DT); dnq EIC SP 2013; 2 under-23 ECH SP/DT 2013; 2 ETCh DT 2014; 3 ECH DT 2014/2016/2018; 1 under-23 ECH DT 2015 /2018(2 SP); 7 WCH DT 2015; 11 OLY DT 2016. 1 German DT 2014. Coach-Rene Sack. 1.84/94kg In 2021: 2 Neubrandenburg; 3 European Throws Cup; 3 Montreuil; 4 German; 1 Berlin (2x); 1 Kladno; 1 Halle; 4 Leverkusen; 1 Magdeburg							
2131	PUDENZ Kristin GER	28y	170d	1993	66.31	66.31 -21	
3x German Champion // 3 under-23 ECH 2015 (2013-4); 1 WSG 2017; 11 WCH 2019. 1 German 2019/2020/2021. Coaches-Jurgen Schult & Rene Sack In 2021: 1 Berlin; 1 Neubrandenburg; 1 Halle Throwing Day; 2 Neubrandenburg; 3 Schönebeck; 1 German; 3 Florence Diamond; 5 Leverkusen							
2140	STEINACKER Marike GER	29y	146d	1992	64.03	64.03 -21	
2 WSG 2015; 2 ETCh 2021. 2 German 2021. Based-Neubrandenburg. Coached by Dieter Kollark and advised by Astrid Kumburnuss In 2021: 3 Berlin; 3 Neubrandenburg (Apr 21); 2 Neubrandenburg; 2 Halle Throwing Day; 3 Neubrandenburg (May 22); 2 Schönebeck; 2 ETCh; 2 German; 2 Leverkusen; 1 Thum							
2143	VITA Claudine GER	24y	312d	1996	64.25	66.64 -19	
2019 World Student Games silver // SP pb: 18.09i -17, 17.90 -16. 2 World Youth 2013; 5 WJC 2014; 1 EJC 2015 (2 SP); 1 under-23 ECH 2017 (5 SP); 1 Athletics World Cup 2018; 4 ECH 2018; 2 WSG 2019; 1 ETCh 2019; 9 WCH 2019. Born-Frankfurt. Parents moved from Angola to Germany in the 90s. Coach-Dieter Kollark. 1.77/74kg In 2021: 2 Berlin; 1 Neubrandenburg; 3 Halle Throwing Day; 1 Neubrandenburg; 1 Schönebeck; 4 Doha Diamond; 3 German; 5 Florence Diamond; 3 Leverkusen; 2 Thum							
2210	ANAGNOSTOPOULOU Hrisoúla GRE	29y	336d	1991	59.87	61.53 -17	
11x Greek Champion // 10 World Youth 2007; 9 EJC 2009; dnq WJC 2010; 4 under-23 ECH 2011 (2013-5); 3 Mediterranean Games 2013/2018; 1 Balkan 2015/2016/2021 (2013/2014-2); dnq WCH 2015/2017/2019; 9 ECH 2016 (2014-dnq, 2018-10); dnq OLY 2016; 3 ETCh 2017/2019 (2013-9); 3 World Military Games 2019. 1 Greek 2011-2021. Coast guard officer. 1.75/85kg In 2021: 1 Cypriot winter; 11 European Throws Cup; 1 Tripoli Throws Festival; 6 Montreuil; 1 Greek; 5 ETCh 1st League; 1 Balkan							
2289	KAUR Kamalpreet IND	25y	146d	1996	66.59	66.59 -21	NR
New Indian record holder // 5 Asian Champs 2017; 6 WSG 2017 (representing Punjabi University). 1 Indian 2016/2017/2019. Works as a clerk for Indian Railways. 1.85/106kg "cricket is a passion and after some time I will take it up professionally. I am hoping to do well there too" In 2021: 1 Indian Federation Cup; 1 Patiala Grand Prix #4							
2290	PUNIA Seema IND	38y	2d	1983	63.72	64.84 -04	
(Née Antil) Four Commonwealth Games medals // SP pb: 14.96 -09. 3 WJC 2002; dnq OLY 2004/2012/2016; 5 Asian Champs 2005/2013 (2017-6); 2 COM 2006/2014/2018 (2010-3); dnq WCH 2009. 1 Indian 2000. Originally first at 2000 World Junior Championships, but later stripped of title after failing a doping test for a stimulant. Husband/coach-Ankush Punia. 1.80/96kg In 2021: 2 Indian Federation Cup; 1 Belarusian; 1 Indian Inter-State							
2404	OSAKUE Daisy ITA	25y	194d	1996	61.55	61.69 -19	
2019 World Student Games Champion // SP pb: 15.89i, 15.74 -18 (14.72 -21). HJ pb: 1.72 -19. HT pb: 46.79 -17 (43.95 -21). 11 Mediterranean Games 2018; 5 ECH 2018; 1 WSG 2019; 6 ETCh 2019; dnq WCH 2019. 1 NCAA div 2 2018. 1 Italian 2020/2021. On July 31, 2018 in Turin, she was the victim of a suspected racial attack when an egg was thrown at her in the street. Attends Angelo State University, Texas In 2021: 1 San Antonio (3 HT); 2 Abilene Christian U. Oliver Jackson Twilight (5 SP); 1 Canyon 'Lone Star' (3 SP); 6 NCAA div 2; 8 Florence Diamond; 1 Donnas (2x); 2 Nembro; 1 Mondovi; 1 Italian; 1 Vicenza							
2495	LAWRENCE Shadae JAM	25y	210d	1995	67.05	67.05 -21	NR
Jamaican record holder // 1 Central American & Caribbean junior 2014; dnq WJC 2014; dnq OLY 2016; dnq WCH 2017/2019; 6 Pan-Am Games 2019. 1 NCAA 2017 (2018-2, 201903); 1 Jamaican 2018/2019. Her twin sister Shardia Lawrence was 3rd in the 2017 & 2018 Jamaican Championships at triple jump. Attends Colorado State University. Coach-Brian Bedard. 1.73/84kg In 2021: 1 Tampa; 1 Florida State U. Relays; 1 Prairie View Sprint Summit; 1 Gainesville Tom Jones Colleges; 2 Jacksonville North Florida Invitational; 2 Tucson USATF 'Throws Fest' (Jamaican record 67.05 on same day as Van Klinken 70.22); 2 Prairie View USATF 'Showcase'; 2 Jamaican; 1 Kingston 'Throws R Us' (2 SP)							
2909	EMILIANOV Alexandra MDA	21y	313d	1999	64.40	64.40 -21	NR
Moldovan record holder // SP pb: 16.64 -18 (16.27 -19). 1 EJC 2017; 1 WJC 2018 (2016-3); 8 ECH 2018; 2 under-23 ECH 2019 (2021-10); dnq WCH 2019. 8 NCAA 2021, representing the University of Kansas In 2021: 15 NCAA indoor SP; 1 Columbia SP/DT; 1 Tulsa Oral Roberts U. Invitational; 2 Waco Michael Johnson Invitational (3 SP); 1 Lawrence Rock Chalk Classic (3 SP); 2 Manhattan 'Big 12' (3 SP); 8 NCAA; 1 ETCh 3rd League SP/DT; 10 under-23 ECH							
3008	VAN KLINKEN Jorinde NED	21y	177d	2000	70.22	70.22 -21	NR
Suddenly up from 65.94 to 70.22 in optimum conditions in Tucson on May 22, 2021, a Dutch record and the world's longest throw in three years SP pb: 18.06 -21. LJ pb: 5.85i, 5.68w, 5.67 -19. 10 WJC DT 2016 (dnq DT); 2 EJC SP 2017 (6 DT); 3 WJC SP 2018 (7 DT); dnq ECH DT 2018; 1 EJC SP 2019 (dnq DT); dnq WCH DT 2019; 1 under-23 ECH DT 2021 (4 SP). 1 Dutch DT 2020/2021; 1 NCAA DT 2021. Student of Global Management at Arizona State University. Coach-Brian Blutreich (pb 63.80 -92) "Long jump is my favorite event, and my 5.85m from last year [2nd Dutch junior indoor 2019] is still one of my proudest moments." In 2021: 3 NCAA indoor SP; 1 Tucson Williams/Murray DT; 1 Pheonix Grand Canyon University Invitational SP/DT; 1 Tucson Jim Click Shootout DT (2 SP); 1 Eugene West Coast Classic DT (2 SP); 1 Los Angeles 'Pacific 12' DT (2 SP); 1 Tucson Elite Classic DT; 1 Tucson USATF 'Throws Fest' DT (Dutch record 70.22) (5 SP); 1 NCAA DT (12 SP); 1 Dutch DT (2 SP); 1 under-23 ECH DT (4 SP)							
3052	ONYEKWERE Chioma NGR	27y	31d	1994	63.30	63.30 -21	NR
Reigning African & African Games Champion // SP pb: 16.85 -16. 3 African Champs SP/DT 2016; 1 African Champs 2018; 1 African Games 2019; dnq WCH 2019. 1 Nigerian 2021. Born-Lansing, Michigan, was at the University of Maryland. She works as a mechanical engineer for an American multinational producer of cars In 2021: 5 Prairie View Sprint Summit; 1 Grand Rapids; 1 Allendale; 2 Albuquerque Don Kirby; 2 Chula Vista High Performance #2; 5 Tucson Elite Classic; 5 Tucson USATF 'Throws Fest'; 1 Chula Vista 'Field Fest'; 4 Prairie View USATF 'Showcase'; 1 Colledgeville; 1 Nigerian							

3225 CA Liliana POR **34y** 266d 1986 **66.40** **66.40 -21 NR**
 New Portuguese record holder // SP pb: 13.85 -05 (13.79 -21). dng WJC 2004; 2 EJC 2005; 7 under-23 ECH 2007; 2 Mediterranean Games 2018; 7 ECH 2019 (2010-dng); dng WCH 2019; 1 ETCh 2021 (2009-11). Retired in 2013-2018 to start a family. 1 Portuguese 2009/2010/2020/2021
 In 2021: 1 Lisbon (3x); 1 Leiria (4x, including a Portuguese record 66.40 on March 6); 1 Vagos; 1 Faro (3 SP); 1 European Throws Cup; 1 ETCh; 2 Montreuil; 1 Huelva; 3 Hengelo FBK Games; 6 Florence Diamond; 2 Braga; 2 Maia; 1 Portuguese; 1 Cetniewo

3232 RODRIGUES Irina POR **30y** 174d 1991 **62.95** **63.96 -16**
 9x Portuguese Champion // SP pb: 15.00 -14. 3 EJC 2009 (2007-10); 5 WJC 2010 (2008-dng); 9 ETCh 2011; 9 WSG 2011; dng OLY 2012; 3 under-23 ECH 2013 (2001-5); dng WCH 2013/2015/2017/2019; 9 ECH 2019 (2012/2014/2016-dng). 1 Portuguese 2008/2011/2012/2013/2014/2016/2017/2018/2019 (1 SP 2012). Coach-Paulo Reis. 1.81/95kg
 In 2021: 2 Leiria (Feb 6); 2 Vagos; 2 Leiria (Mar 6); 2 Leiria Throws Trials; 1 Angra do Heroísmo; 1 Lisbon 'Meeting da Liberdade'; 2 European Throws Cup; 2 Huelva; 1 Portuguese Universities; 1 Lisbon City; 1 Maia; 2 Portuguese; 3 Castellón; 1 Portuguese Club Champs

3480 TOMASEVIC Dragana SRB **39y** 55d 1982 **60.24** **63.63 -06 NR**
 Serbian record holder. she's been national champion in Yugoslavia, Serbia, Serbia & Montenegro, Croatian and Slovenia
 SP pb: 14.81 -04 (12.36 -21). 10 EJC 2001; 11 under-23 ECH 2003; dng OLY 2004/2008/2012/2016; 1 Balkan 2005/2007/2011/2014/2017/2018; 1 Mediterranean Games 2005 (2013-2); 7 WCH 2005/2011 (2007/2009/2013/2015/2017/2019-dng); 3 WSG 2005/2007 (2009-10); 6 ECH 2010/2018 (2006-8, 2012-9, 2014-dng, 2016-11). 1 Yugoslavian 2000/2001 & Serbia + Montenegro 2003/2005 + Serbian 2007/2008/2013/2014/2015/2016/2017/2018/2019/2020 + Croatian 2008 + Slovenian 2009. Coach-Danilo Krtnic. 1.75/80kg
 In 2021: nm Serbian winter; 4 European Throws Cup; 2 Zagreb Dinamo Zrinjevac; 1 Serbian; 2 ETCh 3rd League (4 SP); 2 Balkan

3594 INSAENG Subenrat THA **27y** 169d 1994 **58.33** **61.97 -18 NR**
 Thai record holder. Silver & bronze from the last two Asian Championships
 5 Youth Olympic 2010; dng World Youth 2011; 1 Asian Junior 2012; 6 WJC 2012; 3 WSG 2013 (2015-4, 2019-5); dng WCH 2015/2017; dng OLY 2016; 2 Asian Champs 2017 (2015-4, 2019-3); 4 Asian Games 2018 (2014-5). 1.82/115kg
 In 2021: 7 Doha Diamond

3759 SEMENOVA Nataliya UKR **39y** 22d 1982 **63.63** **64.70 -08**
 (Née Fokina)
 2012 European bronze // 6 WJC 2000; 1 EJC 2001; 1 under-23 ECH 2003; 1 WSG 2003 (2005-8); dng OLY 2004/2008/2012/2016; 8 WCH 2007 (2005-9, 2015-12, 2013/2019-dng); 2 ECP 2008 (2004-7, 2007-3); 1 ETCh 2009 (2013-4, 2014-5, 2015-4, 2017-4, 2019-7); 3 ECH 2012 (2006-9, 2014-dng, 2016-6). 1 Ukrainian 2008/2011/2013/2014/2015/2016/2017/2019/2020/2021. Her husband Oleksiy Semenov is a 65.86 discus thrower. 1.78/75kg
 At the 2013 World Championships, she suffered a broken nose after being hit in the face by a discus being swung by Żaneta Glanc (POL) during warm-up
 In 2021: 1 Ukrainian winter; 2 Antalya; 1 Ukrainian Team Champs; 1 Moldovan; 1 Ukrainian; 1 Lutsk

3822 ALLMAN Valarie USA **26y** 156d 1995 **70.01** **70.15 -20 NR**
 In August 2019 threw a US record of 70.15 // HT pb: 63.65 -18. 2 WJC 2014; dng WCH 2017; 2 WSG 2017 (2015-5); 2 North/Central American & Caribbean 2018; 7 WCH 2019 (2017-dng). 1 US 2018/2019/2021. Danced professionally as a teenager, was part of the troupe (though not a contestant) on the TV show 'So You Think You Can Dance'. Born-Newark, Delaware. Lives-Austin. Coach-Zebulon Sion. Her agent was the late Andy Stubbs (deceased June 6, 2021)
 In 2021: 1 Texas Relays; 1 Chula Vista High Performance #3; 2 Doha Diamond; 1 Prairie View USATF 'Showcase'; 1 US (69.92 after 70.01 in qualifying); 1 Chula Vista Tokyo 'Tune Up'

3826 ASHLEY Whitney USA **32y** 161d 1989 **59.94** **64.80 -15**
 2016 US Champion // SP pb: 17.62i -16, 17.60 -17. 9 WCH 2015 (2013/2017-dng); dng OLY 2016; 5 Pan-Am Games 2019. 1 NCAA 2012, representing San Diego State University (she was their first NCAA Champion since 1985); 1 US 2016. She is the great-niece of Alice Coachman, the first black woman to win an Olympic gold medal (1 OLY HJ 1948). 1.76/90kg
 In 2021: nm Lawrence Rock Chalk Classic; nm Wichita; 4 Tucson Elite Classic; nm Tucson USATF 'Throws Fest'; 9 Doha Diamond; 5 US

3832 CARD Kelsey USA **28y** 342d 1992 **63.18** **63.52 -16**
 2016 US Collegiate Champion at Discus Throw // SP pb: 18.56 -16. HT pb: 61.67 -16. 3 Pan-Am junior SP 2011; 1 North/Central American & Caribbean under-23 SP/DT 2014; 7 Pan-Am Games DT 2015; dng OLY 2016; 7 Pan-Am Games DT 2019; dng WCH DT 2019. 2 NCAA SP/DT 2015; 1 NCAA DT 2016 (4 SP); 2 US DT 2019 (2016 -3). Studied Human Development and Family Studies at the University of Wisconsin. 1.78/115kg
 In 2021: (all DT) 3 Prairie View Sprint Summit; 4 Chula Vista High Performance #2; 1 Madison; 3 Tucson Elite Classic; 3 Tucson USATF 'Throws Fest'; 5 Chula Vista 'Field Fest'; 1 Chula Vista High Performance #4; 4 US

3844 DINCOFF Rachel USA **27y** 217d 1993 **64.41** **64.41 -21**
 SP pb: 16.95 -16. 3 US 2021 (2017-4, 2018-12). Was at Auburn University, now works as coach at New Mexico State University. Coach-Douglas Reynolds
 In 2021: 2 Tucson Williams/Murray; 1 Emporia State Relays; 2 Prairie View Sprint Summit; 1 Lubbock 'Masked Rider' Open; 1 Albuquerque Don Kirby; 3 Chula Vista High Performance #2; 1 Tucson Desert Heat Classic; 1 College Station 'Aggie' Invitational; 2 Tucson Elite Classic; 4 Tucson USATF 'Throws Fest'; 3 Chula Vista 'Field Fest'; 3 Prairie View USATF 'Showcase'; 3 US; 4 Sotteville-lès-Rouen

WORLD ALL-TIME LIST	2021 WORLD LIST
1.....76.80.....Gabriele Reinsch GDR.....1988	1.....70.22.....Jorinde van Klinken NED
=2...74.56.....Zdenka Silhavá TCH.....1984	2.....70.01.....Valarie Allman USA
.....74.56.....Ilke Wyludda GDR.....1989	3.....68.99.....Yaimé Pérez CUB
4.....74.08.....Diana Gansky GDR.....1987	4.....68.31.....Sandra Perković CRO
5.....73.84.....Daniela Costian ROU/AUS.....1988	5.....67.05.....Shadae Lawrence JAM
6.....73.36.....Irina Meszynski GDR.....1984	6.....66.59.....Kamalpreet Kaur IND
7.....73.28.....Galina Savinkova RUS.....1984	7.....66.40.....Liliana Cá POR
8.....73.22.....Tsevtanka Khristova BUL.....1984	8.....66.31.....Kristin Pudenz GER
9.....73.10.....Gisela Beyer GDR.....1984	9.....65.30.....Mélina Robert-Michon FRA
10...72.92.....Martina Hellmann GDR.....1987	10...65.14.....Chen Yang CHN