# World Athletics Indoor Tour

## Dates and Disciplines

<table>
<thead>
<tr>
<th>City</th>
<th>Date</th>
<th>Men's 60m</th>
<th>Men's 800m (1000m)</th>
<th>Men's 3000m</th>
<th>Men's triple jump</th>
<th>Women's 400m (300m)</th>
<th>Women's 1500m</th>
<th>Women's 60m hurdles</th>
<th>Women's high jump</th>
<th>Women's long jump</th>
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</thead>
<tbody>
<tr>
<td>Boston</td>
<td>25 Jan</td>
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<tr>
<td>Karlsruhe</td>
<td>31 Jan</td>
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<td>Düsseldorf</td>
<td>4 Feb</td>
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<tr>
<td>Torun</td>
<td>8 Feb</td>
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<td>Glasgow</td>
<td>15 Feb</td>
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<td>Lévin</td>
<td>19 Feb</td>
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<tr>
<td>Madrid</td>
<td>21 Feb</td>
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</tbody>
</table>

### Follow Your Favourites

- **Men's 60m**: Boston, Dusseldorf, Torun, Glasgow, Lievin, Madrid
- **Men's 800m**: Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid
- **Men's 3000/5000m**: Boston, Karlsruhe, Dusseldorf, Lievin, Madrid
- **Men's pole vault**: Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid
- **Men's triple jump**: Boston, Lievin, Madrid
- **Men's shot put**: Dusseldorf, Torun, Madrid
- **Women's 400m**: Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Madrid
- **Women's 1500m**: Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid
- **Women's 60m hurdles**: Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid
- **Women's high jump**: Boston, Karlsruhe, Glasgow
- **Women's long jump**: Karlsruhe, Torun, Glasgow, Lievin

### Scoring

- **1st**: 10 points. **2nd**: 7 points. **3rd**: 5 points. **4th**: 3 points.
- **World record**: 3 bonus points.
- Best three results count towards point score.
- Most points at end of the series wins Tour discipline.
- Tour series winners receive US$20,000 and automatically qualify for the World Athletics Indoor Championships Nanjing 2020 by wild card.

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Note: the scoring disciplines in the World Athletics Indoor Tour rotate each year. This year's scoring disciplines will be next year's non-scoring disciplines.
**Dates and disciplines**

<table>
<thead>
<tr>
<th>City</th>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
</table>
| Boston  | 25 Jan | Men's 60m, 1000m, 3000m, triple jump  
Women's 300m, 1500m, 60m hurdles, high jump |
| Karlsruhe | 31 Jan | Men's 800m, 3000m, pole vault  
Women's 400m, 1500m, 60m hurdles, long jump |
| Düsseldorf | 4 Feb | Men's 60m, 800m, 3000m, pole vault, shot put  
Women's 400m, 1500m, 60m hurdles |
| Torun   | 8 Feb  | Men's 60m, 800m, pole vault, shot put  
Women's 400m, 1500m, 60m hurdles, long jump |
| Glasgow | 15 Feb | Men's 60m, 800m, pole vault  
Women's 400m, 1500m, 60m hurdles, high jump, long jump |
| Liévin  | 19 Feb | Men's 60m, 800m, 3000m, pole vault, triple jump  
Women's 1500m, 60m hurdles, long jump |
| Madrid  | 21 Feb | Men's 60m, 800m, 3000m, pole vault, triple jump, shot put  
Women's 400m, 1500m, 60m hurdles |
## Scoring disciplines at each meeting

<table>
<thead>
<tr>
<th>Discipline</th>
<th>Boston</th>
<th>Karlsruhe</th>
<th>Dusseldorf</th>
<th>Torun</th>
<th>Glasgow</th>
<th>Lievin</th>
<th>Madrid</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Men's 60m</strong></td>
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<tr>
<td><strong>Men's 800m</strong></td>
<td>Boston</td>
<td>Kimuruhe</td>
<td>Dusseldorf</td>
<td>Torun</td>
<td>Glasgow</td>
<td>Lievin</td>
<td>Madrid</td>
</tr>
<tr>
<td><strong>Men's 3/5000m</strong></td>
<td>Boston</td>
<td>Kimuruhe</td>
<td>Dusseldorf</td>
<td>Torun</td>
<td>Glasgow</td>
<td>Lievin</td>
<td>Madrid</td>
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<tr>
<td><strong>Men's pole vault</strong></td>
<td>Karlsruhe</td>
<td>Dusseldorf</td>
<td>Torun</td>
<td></td>
<td>Glasgow</td>
<td>Lievin</td>
<td>Madrid</td>
</tr>
<tr>
<td><strong>Men's triple jump</strong></td>
<td>Boston</td>
<td>Lievin</td>
<td>Madrid</td>
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<tr>
<td><strong>Men's shot put</strong></td>
<td>Dusseldorf</td>
<td>Torun</td>
<td>Madrid</td>
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<tr>
<td><strong>Women's 400m</strong></td>
<td>Boston</td>
<td>Karlsruhe</td>
<td>Dusseldorf</td>
<td>Torun</td>
<td>Glasgow</td>
<td>Lievin</td>
<td>Madrid</td>
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<tr>
<td><strong>Women's 1500m</strong></td>
<td>Boston</td>
<td>Karlsruhe</td>
<td>Dusseldorf</td>
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<td>Glasgow</td>
<td>Lievin</td>
<td>Madrid</td>
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<tr>
<td><strong>Women's 60m hurdles</strong></td>
<td>Boston</td>
<td>Karlsruhe</td>
<td>Dusseldorf</td>
<td>Torun</td>
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<tr>
<td><strong>Women's high jump</strong></td>
<td>Boston</td>
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<td>Glasgow</td>
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<td>Lievin</td>
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<tr>
<td><strong>Women's long jump</strong></td>
<td>Karlsruhe</td>
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<td>Glasgow</td>
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• **Most points** at end of the series wins tour discipline.

• Tour series winners will receive **US$20,000** and will automatically qualify for the World Athletics Indoor Championships Nanjing 2020 by *wild card*, subject to the approval of their national federation.