



SUMMARY

Mixed 4X400m Relay - Round 1

First 2 of each heat (WQ) plus 2 fastest times (Wq) qualify to World Athletics Championships and World Athletics Relays Final

SPLIT TIMES ADDED

RECORDS	RESULT	TEAM		VENUE	DATE
World Record WR	3:07.41	UNITED STATES	USA	Paris (FRA)	2 Aug 2024
Championship Record CR	3:09.54	UNITED STATES	USA	Guangzhou (CHN)	11 May 2025
World Leading WL	3:09.69	GREAT BRITAIN & NI	GBR	Gaborone	2 May 2026
Area Record AR		National Record NR		Season Best SB	

2 May 2026

RANK	PLACE	HEAT	LANE	BIB	TEAM	REACTION	RESULT		
1	1	3	6	GBR	GREAT BRITAIN & NI	0.144	3:09.69	WQ	WL
2	1	1	5	USA	UNITED STATES	0.151	3:09.82	WQ	WL
3	2	3	4	KEN	KENYA	0.215	3:09.87	WQ	AR
4	2	1	7	ESP	SPAIN	0.130	3:09.89	WQ	NR
5	3	1	8	AUS	AUSTRALIA	0.150	3:10.57	Wq	AR
6	3	3	7	ITA	ITALY	0.195	3:10.60	Wq	SB
7	4	3	8	FRA	FRANCE	0.155	3:11.07		SB
8	5	3	5	RSA	SOUTH AFRICA	0.154	3:11.19		SB
9	1	2	7	JAM	JAMAICA	0.195	3:11.68	WQ	SB
10	4	1	4	IRL	IRELAND	0.206	3:12.05		SB
11	2	2	4	POL	POLAND	0.186	3:13.00	WQ	SB
12	3	2	3	NGR	NIGERIA	0.182	3:13.12		SB
13	4	2	6	JPN	JAPAN	0.168	3:13.61		SB
14	5	2	8	CAN	CANADA	0.167	3:14.93		SB
15	5	1	6	BEL	BELGIUM	0.245	3:15.26		SB
16	6	3	3	GER	GERMANY	0.162	3:15.28		SB
17	6	2	5	NED	NETHERLANDS	0.162	3:15.49		SB
18	6	1	3	IND	INDIA	0.214	3:16.00		SB
19	7	3	1	BOT	BOTSWANA	0.178	3:18.23		SB
20	7	2	2	CHN	PR OF CHINA	0.175	3:18.47		SB
		3	2	ETH	ETHIOPIA	0.215	DQ		TR24.22
		1	2	UGA	UGANDA	0.203	DQ		TR24.22

NOTE WA Rule TR24.22 - Exchanging positions before takeover: ETH (Ethiopia)
WA Rule TR24.22 - Exchanging positions before takeover: UGA (Uganda)

ALL-TIME TOP LIST

RESULT	TEAM	VENUE	DATE
3:07.41	UNITED STATES (USA)	Paris (FRA)	2 Aug 24
3:07.43	NETHERLANDS (NED)	Paris (FRA)	3 Aug 24
3:08.01	GREAT BRITAIN & NI (GBR)	Paris (FRA)	3 Aug 24
3:09.36	BELGIUM (BEL)	Paris (FRA)	3 Aug 24
3:09.43	POLAND (POL)	Madrid (ESP)	29 Jun 25
3:09.66	ITALY (ITA)	Madrid (ESP)	29 Jun 25
3:09.82	DOMINICAN REPUBLIC (DOM)	Eugene, OR (USA)	15 Jul 22
3:09.87	KENYA (KEN)	Gaborone	2 May 26
3:09.89	SPAIN (ESP)	Gaborone	2 May 26
3:09.92	IRELAND (IRL)	Roma (ITA)	7 Jun 24

2026 TOP LIST

RESULT	TEAM	VENUE	2026
3:09.69	GREAT BRITAIN & NI (GBR)	Gaborone	2 May
3:09.82	UNITED STATES (USA)	Gaborone	2 May
3:09.87	KENYA (KEN)	Gaborone	2 May
3:09.89	SPAIN (ESP)	Gaborone	2 May
3:10.57	AUSTRALIA (AUS)	Gaborone	2 May
3:10.60	ITALY (ITA)	Gaborone	2 May
3:11.07	FRANCE (FRA)	Gaborone	2 May
3:11.19	SOUTH AFRICA (RSA)	Gaborone	2 May
3:11.68	JAMAICA (JAM)	Gaborone	2 May
3:12.05	IRELAND (IRL)	Gaborone	2 May