



RESULTS

Shot Put Women - Heptathlon

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Hep. U20 Best WH20B	15.38	Sara GAMBETTA	GER 19	Mannheim (GER)	12 May 2012
Champ. Heptathlon Best CHB	14.72	Zola NDOUMA-MONA	FRA 19	Oregon	5 Aug 2026
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB	Season Best SB

Group A

5 August 2026 18:20 START TIME 28° C 38 %
TEMPERATURE HUMIDITY
18:56 END TIME 28° C 38 %

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	1	2	3	POINTS	TOTAL
1	588	Thea BROWN	GBR 19 Mar 07	9	11.85 PB	11.14	11.17	11.85	651	2694
2	532	Mia Mireia UUSORG	EST 21 Nov 07	3	11.33 PB	X	11.33	11.19	617	2408
3	343	Isabella WING	AUS 13 Jun 07	2	11.20 PB	11.00	11.20	10.39	608	2269
4	648	Elenor SERVATIUS	GER 27 Apr 07	11	10.96	10.96	10.07	10.84	592	2363
5	900	Zuzanna KOZAN	POL 7 Jul 07	6	10.93 PB	10.40	10.45	10.93	591	2387
6	645	Maria SCHNEMILICH	GER 28 Jan 07	10	10.79 PB	10.42	10.79	10.76	581	2491
7	530	Annika PÖLLUAAS	EST 11 Dec 07	1	10.79	10.79	9.97	10.71	581	2298
8	559	Nuppu WILLMAN	FIN 10 Mar 07	4	10.65	9.72	10.65	10.62	572	2437
9	1092	Chiora ENYINNA-OKEIGBO	USA 7 Nov 07	8	10.33 PB	9.45	10.33	X	551	2371
10	577	Lalie POUZANCRE-HOYER	FRA 11 Feb 07	7	10.13	9.41	10.13	9.43	538	2406
11	1107	Destiny LOOK	USA 27 Apr 08	12	10.08 PB	9.09	9.87	10.08	535	2207
12	744	Rita MANFREDINI	ITA 3 May 08	5	9.04	8.77	8.98	9.04	467	1993

Group B

5 August 2026 18:19 START TIME 28° C 38 %
TEMPERATURE HUMIDITY
18:55 END TIME 28° C 38 %

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	1	2	3	POINTS	TOTAL
1	572	Zola NDOUMA-MONA	FRA 24 May 07	7	14.72 CHB	14.72	14.30	14.25	842	2784
2	558	Enni VIRJONEN	FIN 14 May 07	11	14.35 PB	13.44	13.32	14.35	817	2694
3	916	Natacha CANDÉ	POR 25 Jan 07	5	12.96	12.48	12.96	12.72	725	2704
4	843	Julia DOKTER	NED 14 Jan 07	4	12.70 PB	12.70	12.56	12.34	707	2524
5	340	Bailey VAN DEN BROEK	AUS 6 Apr 08	3	12.67	12.67	12.01	11.69	706	2402
6	1008	Anna PFISTER	SUI 18 Jun 07	8	12.61 PB	11.53	11.83	12.61	702	2531
7	1002	Norina HUG	SUI 4 May 08	1	12.49	11.40	10.61	12.49	694	2430
8	845	Meike HUISTRA	NED 7 Feb 08	12	12.23 PB	X	12.16	12.23	676	2453
9	721	Ísold SÆVARSDÓTTIR	ISL 17 Feb 07	9	12.13	11.62	12.13	11.91	670	2469
10	810	Nikola BUNDE	LAT 11 Mar 07	6	12.10 PB	11.51	12.04	12.10	668	2515
11	602	Matilda QUICK	GBR 2 Nov 07	2	11.88	11.88	X	11.85	653	2419
12	813	Adriana REITMANE	LAT 7 Jul 07	10	11.51	11.51	X	10.50	629	2376