



# START LIST

## Shot Put Women - Qualification

Automatic qualifying mark 16.00 (Q) or at least best 12 qualify to Final

### NEW GROUP COMPOSITION

| RECORDS              | RESULT       | NAME                    | AGE    | VENUE                | DATE        |
|----------------------|--------------|-------------------------|--------|----------------------|-------------|
| World U20 Record     | <b>WU20R</b> | 20.54 Astrid KUMBERNUSS | GDR 19 | Orimattila (FIN)     | 1 Jul 1989  |
| Championships Record | <b>CR</b>    | 18.76 CHENG Xiaoyan     | CHN 19 | Lisboa (POR)         | 21 Jul 1994 |
| World U20 Leading    | <b>WU20L</b> | 18.50 Jessica OJI       | NGR 19 | New York, NY (USA) i | 1 Mar 2026  |

### Group A

6 August 2026 10:00 START TIME

| ORDER | BIB  | NAME                     | DATE of BIRTH | PERSONAL BEST | SEASON BEST |
|-------|------|--------------------------|---------------|---------------|-------------|
| 1     | 692  | . ANSHU                  | IND 13 Nov 07 | 15.99         | 15.99       |
| 2     | 628  | Antonia HEBERLE          | GER 17 Dec 08 | 15.23         | 15.23       |
| 3     | 663  | Maria RAFAILIDOU         | GRE 29 Jan 07 | 16.80         | 16.80       |
| 4     | 369  | Nafy THIAM               | BEL 19 Sep 07 | 17.30         | 17.30       |
| 5     | 312  | Manaia COULTER           | AUS 4 Aug 07  | 14.68         | 14.68       |
| 6     | 746  | Anita NALESSO            | ITA 18 Mar 07 | 16.67         | 16.67       |
| 7     | 806  | LEE Yae-ram              | KOR 17 Aug 08 | 14.97         | 14.87       |
| 8     | 504  | Belsy Jenniffer QUIÑONEZ | ECU 30 Apr 07 | 17.75         | 17.75       |
| 9     | 876  | Karmen-Elizabeth MARITZ  | NZL 29 Feb 08 | 15.04         | 15.04       |
| 10    | 412  | Talia PHANGURA           | CAN 31 Jul 08 | 14.65         | 14.65       |
| 11    | 469  | Zara VELTRUSKI           | CRO 26 Oct 09 | 14.77         | 14.77       |
| 12    | 770  | Able Deborah MILLS       | JAM 26 Jan 07 | 15.88         | 15.88       |
| 13    | 1109 | Addy MACARTHUR           | USA 13 Feb 07 | 15.35         | 15.35       |
| 14    | 436  | HE Yuxiao                | CHN 24 Nov 07 | 16.51         | 15.65       |
| 15    | 934  | Fortune CLETUS-OKOLO     | RSA 22 Apr 08 | 15.16         | 15.16       |
| 16    | 373  | Zerina BEŠLIJA           | BIH 24 Oct 08 | 14.88         | 14.88       |
| 17    | 379  | Edimara ALVES            | BRA 10 Dec 07 | 15.78         | 14.78       |
| 18    | 895  | Kinga JACKOWSKA          | POL 11 Mar 09 | 15.55         | 15.55       |
| 19    | 861  | Jessica OJI              | NGR 23 Jun 07 | 18.50 i       | 18.50 i     |

### Group B

6 August 2026 10:00 START TIME

| ORDER | BIB  | NAME                        | DATE of BIRTH | PERSONAL BEST | SEASON BEST |
|-------|------|-----------------------------|---------------|---------------|-------------|
| 1     | 941  | Johanne LAMPRECHT           | RSA 5 Mar 09  | 14.92         | 14.92       |
| 2     | 1076 | Anhelina SHEPEL             | UKR 14 Jul 08 | 16.12         | 16.12       |
| 3     | 591  | Alani DUMBUYA               | GBR 17 Mar 08 | 15.26         | 15.26       |
| 4     | 728  | Elettra BERNARDIS           | ITA 27 Dec 07 | 15.65         | 15.65       |
| 5     | 914  | Iga WYSOCZAŃSKA             | POL 24 Feb 07 | 15.16         | 15.16       |
| 6     | 546  | Maryann MACEDRU             | FIJ 23 Jul 08 | 14.76         | 14.76       |
| 7     | 525  | Andrea Njimi TANKEU DJEUDJI | ESP 14 Aug 07 | 15.18         | 15.18       |
| 8     | 827  | Kendra Silvery DUANY        | MEX 1 Feb 09  | 14.85         | 14.85       |
| 9     | 442  | ZHAI Xiaohan                | CHN 9 Oct 08  | 16.02 i       | 16.02 i     |
| 10    | 1110 | Jaslene MASSEY              | USA 15 Dec 07 | 16.88         | 16.88       |
| 11    | 655  | Anastasia Mihaela ANDREADI  | GRE 5 Mar 08  | 15.95         | 15.95       |
| 12    | 873  | Kate HALLIE                 | NZL 22 Feb 07 | 14.65         | 14.65       |
| 13    | 372  | Mejrema BARUČIJA            | BIH 26 Jul 09 | 14.74         | 14.74       |
| 14    | 928  | Adina Ionela FÎRȚALĂ        | ROU 4 Jan 07  | 14.95         | 14.95       |
| 15    | 644  | Emily SCHERF                | GER 10 Jan 07 | 16.98         | 16.98       |
| 16    | 989  | Aleksandra TRIFUNOVIĆ       | SRB 9 Feb 07  | 15.39         | 15.39       |
| 17    | 449  | Emma Louisa PAPALII         | COK 19 May 07 | 12.50         | 12.50       |
| 18    | 326  | Lauren KELLY                | AUS 5 Jan 08  | 15.01         | 15.01       |

**START LIST**  
**Shot Put Women - Qualification**

**NEW GROUP COMPOSITION**

i = Indoor performance

| ALL-TIME TOP LIST |                         |                       |           | 2026 TOP LIST |                                |                        |        |
|-------------------|-------------------------|-----------------------|-----------|---------------|--------------------------------|------------------------|--------|
| RESULT            | NAME                    | VENUE                 | DATE      | RESULT        | NAME                           | VENUE                  | 2026   |
| 20.54             | Astrid KUMBERNUSS (GDR) | Orimattila (FIN)      | 1 Jul 89  | 18.50         | Jessica OJI (NGR)              | New York, NY (USA) i   | 1 Mar  |
| 20.51             | Heidi KRIEGER (GDR)     | Budapest (HUN) i      | 8 Feb 84  | 17.75         | Belsy Jenniffer QUIÑONEZ (ECU) | Quito (ECU)            | 11 Jul |
| 20.23             | Ilke WYLUDDA (GDR)      | Karl Marx Stadt (GDR) | 16 Jul 88 | 17.30         | Nafy THIAM (BEL)               | Gainesville, FL (USA)  | 17 Apr |
| 20.02             | CHENG Xiaoyan (CHN)     | Beijing (CHN)         | 5 Jun 94  | 17.19         | Donna DOUGLAS (USA)            | Fayetteville, AR (USA) | 28 May |
| 19.67             | Stephanie STORP (FRG)   | Kamp-Lintfort (FRG)   | 20 Sep 87 | 16.98         | Emily SCHERF (GER)             | Rostock (GER)          | 13 Jun |
| 19.46             | GONG Lijiao (CHN)       | Beijing (CHN)         | 16 Aug 08 | 16.88         | Jaslene MASSEY (USA)           | Eugene, OR (USA)       | 19 Jun |
| 19.44             | Grit HAMMER (GDR)       | Potsdam (GDR)         | 1 Jul 84  | 16.80         | Maria RAFAILIDOU (GRE)         | Thessaloniki (GRE)     | 15 Jul |
| 19.34             | Ines WITTICH (GDR)      | Birmingham (GBR)      | 7 Aug 87  | 16.67         | Anita NALESSO (ITA)            | Siena (ITA)            | 13 Jun |
| 18.94             | Heike ROHRMANN (GDR)    | Halle (GER)           | 14 May 88 | 16.28         | Addyson STIVERSON (USA)        | Fleetwood, PA (USA)    | 25 Apr |
| 18.93             | Valerie ADAMS (NZL)     | Osaka (JPN)           | 10 May 03 | 16.22         | Darya VASILCHYK (BLR)          | Brest (BLR)            | 4 Jun  |