



RESULTS

400m Women - Semi-Final

First 3 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	49.42	Grit BREUER	GER 19	Tokyo (JPN)	27 Aug 1991
Championships Record CR	50.50	Ashley SPENCER	USA 19	Barcelona (ESP)	13 Jul 2012
World U20 Leading WU20L	50.83	Skyler FRANKLIN	USA 19	Lexington, KY (USA)	30 May 2026
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB	Season Best SB

Heat 1

3

6 August 2026

20:08 START TIME

29° C
TEMPERATURE

44 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	901	Anastazja KUŚ	POL 11 May 07	5	52.43	Q	0.213
2	1079	Clara ADAMS	USA 10 Nov 08	7	52.81	Q	0.273
3	357	Kadia ROCK	BAR 26 Oct 07	2	53.25	Q	0.174
4	953	Davida STRONG	RSA 2 Jun 08	4	53.37		0.227
5	759	Daniellia DIXON	JAM 5 Jan 10	6	53.77		0.169
6	622	Luna FISCHER	GER 30 Mar 07	8	53.96		0.243
7	499	Génesis Nicole CAÑOLA	ECU 17 Jul 07	1	54.00		0.195
8	856	Faith EZECHUKWU	NGR 29 Jan 10	3	54.68		0.216
9	832	Kenya MATURANA	MEX 21 Jan 08	9	54.97		0.270

Heat 2

3

6 August 2026

20:15 START TIME

29° C
TEMPERATURE

53 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	1126	Ataja STEPHANE-VAZQUEZ	USA 25 May 08	6	51.76	Q	0.259
2	324	Alice HILL	AUS 26 Jun 09	5	53.28	Q PB	0.223
3	597	Casey MUSGRAVE	GBR 11 Jul 07	7	53.51	Q	0.265
4	769	Shameika MCLEAN	JAM 19 Feb 10	9	54.24		0.239
5	726	Matilde ABELLI	ITA 24 Nov 08	4	54.27		0.175
6	445	ZHOU Wenyu	CHN 26 Feb 07	2	54.38		0.149
7	1133	Tyhra CHARLES	VIN 7 Jun 07	8	54.50		0.183
8	636	Eni KUSKE	GER 29 Jul 07	3	54.53		0.234
9	986	Teodora POPOVIĆ	SRB 7 Jun 09	1	55.45		0.183

Heat 3

3

6 August 2026

20:22 START TIME

29° C
TEMPERATURE

54 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	671	Tianna SPRINGER	GUY 24 Sep 07	5	52.48	Q	0.178
2	1030	Lenka GYMERŠKÁ	SVK 3 Jul 07	7	53.05	Q	0.222
3	969	Maša MEDJIMUREC	SLO 16 Jun 07	4	53.09	Q	0.178
4	325	Shari HURDMAN	AUS 28 Feb 07	6	53.44		0.199
5	566	Shade LAPORAL	FRA 7 Dec 07	8	54.05		0.228
6	303	Kettia AMBROSE	ANT 18 Jan 07	2	54.82		0.199
7	858	Jecinta LAWRENCE	NGR 2 Dec 10	1	54.86		0.175
8	351	Keyezra THOMAS	BAH 5 Jan 10	3	57.84		0.240
	740	Laura FRATTAROLI	ITA 21 May 08	9	DQ TR17.2.3		0.176

NOTE WA Rule TR17.2.3 - Lane infringement / : BIB 740 (Laura FRATTAROLI)

RESULTS

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ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
49.22	Christine MBOMA (NAM)	Windhoek (NAM)	17 Apr 21	50.83	Skyler FRANKLIN (USA)	Lexington, KY (USA)	30 May
49.42	Grit BREUER (GER)	Tokyo (JPN)	27 Aug 91	51.08	Ataja STEPHANE-VAZQUEZ (USA)	Eugene, OR (USA)	19 Jun
49.53	Beatrice MASILINGI (NAM)	Lusaka (ZAM)	11 Apr 21	51.24	Chioma NWACHUKWU (NGR)	Gainesville, FL (USA)	18 Apr
49.57	Athing MU-NIKOLAYEV (USA)	Eugene, OR (USA)	12 Jun 21	51.24	Elise COOPER (USA)	Austin, TX (USA)	1 May
49.77	Christina LATHAN (GDR)	Dresden (GER)	9 May 76	51.37	Ajayebe ALIYE (ETH)	Accra (GHA)	13 May
49.88	Salwa Eid NASER (BRN)	Bruxelles (BEL)	1 Sep 17	51.47	Kennedi BURKS (USA)	Lexington, KY (USA)	30 May
49.89	Sanya RICHARDS-ROSS (USA)	Sacramento, CA (USA)	17 Jul 04	51.54	Tyra COX (USA)	Gainesville, FL (USA)	18 Apr
50.01	JING Li (CHN)	Shanghai (CHN)	18 Oct 97	51.58	Camryn DAILEY (USA)	Baltimore, MD (USA)	2 May
50.07	Sydney MCLAUGHLIN-LEVRONE (USA)	Gainesville, FL (USA)	30 Mar 18	51.58	De'Kayla SIMPSON (USA)	Lexington, KY (USA)	28 May
50.19	Marita KOCH (GDR)	Berlin (GER)	10 Jul 76	51.61	Kaddel HOWARD (USA)	Baltimore, MD (USA)	2 May
				51.61	Clara ADAMS (USA)	Eugene, OR (USA)	19 Jun