



# RACE ANALYSIS

## 400m Women - Round 1

First 3 of each heat (Q) plus 6 fastest times (q) qualify to Semi-Final

Heat 7

7

6 August 2026

13:35 START TIME

32° C  
TEMPERATURE

34 %  
HUMIDITY

| PLACE | BIB       | NAME                            | DATE of BIRTH | RESULT    |           |       |  |  |  |
|-------|-----------|---------------------------------|---------------|-----------|-----------|-------|--|--|--|
| 1     | 100 m     | 2                               | 200 m         | 3         | 300 m     |       |  |  |  |
| 1     | 1079      | Clara ADAMS                     | USA           | 10 Nov 08 | 53.54     |       |  |  |  |
| 1     | 13.20     | 2                               | 12.66         | 3         | 13.30     | 14.38 |  |  |  |
|       | 13.20 (6) |                                 | 25.86 (4)     |           | 39.16 (3) |       |  |  |  |
| 2     | 566       | Shade LAPORAL                   | FRA           | 7 Dec 07  | 54.04     |       |  |  |  |
| 1     | 12.84     | 2                               | 12.45         | 3         | 13.77     | 14.98 |  |  |  |
|       | 12.84 (2) |                                 | 25.29 (2)     |           | 39.06 (2) |       |  |  |  |
| 3     | 856       | Faith EZECHUKWU                 | NGR           | 29 Jan 10 | 54.38     |       |  |  |  |
| 1     | 12.60     | 2                               | 12.30         | 3         | 14.04     | 15.44 |  |  |  |
|       | 12.60 (1) |                                 | 24.90 (1)     |           | 38.94 (1) |       |  |  |  |
| 4     | 674       | Annette MCGRATH                 | HAI           | 20 Jan 09 | 55.08     |       |  |  |  |
| 1     | 13.18     | 2                               | 12.74         | 3         | 14.15     | 15.01 |  |  |  |
|       | 13.18 (5) |                                 | 25.92 (5)     |           | 40.07 (5) |       |  |  |  |
| 5     | 831       | Alisson Judith MARTINEZ         | MEX           | 13 Jun 08 | 55.53     |       |  |  |  |
| 1     | 13.33     | 2                               | 13.74         | 3         | 13.96     | 14.50 |  |  |  |
|       | 13.33 (9) |                                 | 27.07 (9)     |           | 41.03 (8) |       |  |  |  |
| 6     | 346       | Ilaha GULIYEVA                  | AZE           | 6 Apr 07  | 55.55     |       |  |  |  |
| 1     | 13.10     | 2                               | 12.68         | 3         | 14.04     | 15.73 |  |  |  |
|       | 13.10 (4) |                                 | 25.78 (3)     |           | 39.82 (4) |       |  |  |  |
| 7     | 803       | Judith SINTILA                  | KEN           | 22 Mar 10 | 56.16     |       |  |  |  |
| 1     | 13.32     | 2                               | 12.94         | 3         | 14.41     | 15.49 |  |  |  |
|       | 13.32 (7) |                                 | 26.26 (7)     |           | 40.67 (7) |       |  |  |  |
| 8     | 458       | Silvanilda Carina DELGADO GOMES | CPV           | 29 Apr 08 | 56.61     | PB    |  |  |  |
| 1     | 12.96     | 2                               | 13.05         | 3         | 14.31     | 16.29 |  |  |  |
|       | 12.96 (3) |                                 | 26.01 (6)     |           | 40.32 (6) |       |  |  |  |
| 9     | 1056      | Kyah HYSON                      | TTO           | 20 Dec 09 | 57.58     |       |  |  |  |
| 1     | 13.33     | 2                               | 13.19         | 3         | 14.84     | 16.22 |  |  |  |
|       | 13.33 (8) |                                 | 26.52 (8)     |           | 41.36 (9) |       |  |  |  |