



RACE ANALYSIS

3000m Steeplechase Women - Round 1

First 8 of each heat (Q) qualify to Final

Heat 2 **2**

5 August 2026 19:10 START TIME

28° C
TEMPERATURE

38 %
HUMIDITY

PLACE		BIB	NAME										DATE OF BIRTH				RESULT		
1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m		

1545Almaz YOHANNIS										ETH11 Dec 079:42.45									
1	20.60	2	18.84	3	19.07	4	19.67	5	19.64	6	18.65	7	18.68	8	19.82	9	19.59	10	18.81
	20.60 (14)		39.44 (14)		58.51 (13)		1:18.18 (13)		1:37.82 (9)		1:56.47 (2)		2:15.15 (1)		2:34.97 (1)		2:54.56 (1)		3:13.37 (1)
11	19.02	12	19.41	13	20.11	14	19.18	15	18.99	16	18.77	17	19.67	18	18.71	19	19.34	20	19.38
	3:32.39 (1)		3:51.80 (2)		4:11.91 (2)		4:31.09 (2)		4:50.08 (2)		5:08.85 (1)		5:28.52 (1)		5:47.23 (1)		6:06.57 (1)		6:25.95 (1)
21	19.56	22	19.03	23	19.65	24	19.58	25	20.42	26	19.56	27	20.36	28	19.88	29	19.92		18.54
	6:45.51 (1)		7:04.54 (1)		7:24.19 (1)		7:43.77 (1)		8:04.19 (1)		8:23.75 (1)		8:44.11 (1)		9:03.99 (1)		9:23.91 (1)		

2796Anatasha CHEPTOO										KEN17 Dec 079:51.02									
1	18.92	2	18.85	3	18.98	4	19.10	5	27.53	6	17.10	7	17.15	8	18.38	9	19.20	10	18.68
	18.92 (4)		37.77 (2)		56.75 (3)		1:15.85 (1)		1:43.38 (14)		2:00.48 (14)		2:17.63 (9)		2:36.01 (3)		2:55.21 (2)		3:13.89 (2)
11	18.60	12	19.27	13	19.98	14	19.27	15	18.98	16	18.92	17	19.75	18	18.98	19	19.55	20	20.00
	3:32.49 (2)		3:51.76 (1)		4:11.74 (1)		4:31.01 (1)		4:49.99 (1)		5:08.91 (2)		5:28.66 (2)		5:47.64 (2)		6:07.19 (2)		6:27.19 (2)
21	20.48	22	20.32	23	20.79	24	20.86	25	21.45	26	20.11	27	20.28	28	20.18	29	20.34		19.02
	6:47.67 (2)		7:07.99 (2)		7:28.78 (2)		7:49.64 (2)		8:11.09 (2)		8:31.20 (2)		8:51.48 (2)		9:11.66 (2)		9:32.00 (2)		

3 654 Anna Dafni ALMYROUDI STROUMPO										GRE					30 Mar 07		10:06.37		NU20R
1	19.06	2	19.01	3	19.23	4	19.94	5	19.83	6	20.15	7	20.32	8	19.98	9	20.28	10	20.05
19.06 (5)		38.07 (6)		57.30 (6)		1:17.24 (7)		1:37.07 (6)		1:57.22 (7)		2:17.54 (8)		2:37.52 (9)		2:57.80 (9)		3:17.85 (9)	
11	19.82	12	20.35	13	20.74	14	20.75	15	20.64	16	20.84	17	20.75	18	20.96	19	20.70	20	20.89
3:37.67 (7)		3:58.02 (7)		4:18.76 (7)		4:39.51 (7)		5:00.15 (5)		5:20.99 (5)		5:41.74 (5)		6:02.70 (6)		6:23.40 (6)		6:44.29 (6)	
21	20.75	22	20.59	23	21.34	24	20.65	25	21.37	26	20.34	27	19.81	28	19.70	29	19.41	18.12	
7:05.04 (6)		7:25.63 (6)		7:46.97 (6)		8:07.62 (6)		8:28.99 (6)		8:49.33 (5)		9:09.14 (5)		9:28.84 (5)		9:48.25 (5)			

4912			Michalina THAMM										POL					18 Apr 07		10:06.68PB	
1	18.65	2	19.13	3	18.91	4	19.58	5	20.16	6	20.31	7	20.01	8	19.97	9	20.01	10	20.28		
18.65 (2)		37.78 (3)		56.69 (2)		1:16.27 (2)		1:36.43 (2)		1:56.74 (3)		2:16.75 (3)		2:36.72 (4)		2:56.73 (5)		3:17.01 (5)			
11	20.13	12	20.66	13	20.83	14	20.74	15	21.08	16	20.66	17	20.76	18	20.60	19	20.77	20	20.77		
3:37.14 (6)		3:57.80 (6)		4:18.63 (6)		4:39.37 (6)		5:00.45 (6)		5:21.11 (6)		5:41.87 (6)		6:02.47 (5)		6:23.24 (5)		6:44.01 (5)			
21	20.68	22	20.43	23	21.09	24	20.88	25	21.19	26	20.55	27	20.05	28	19.75	29	19.46	18.59			
7:04.69 (5)		7:25.12 (5)		7:46.21 (5)		8:07.09 (4)		8:28.28 (4)		8:48.83 (4)		9:08.88 (4)		9:28.63 (4)		9:48.09 (4)					

5			1049			Majken SÖDERLUND LARSSON										SWE			26 Jun 07			10:06.96																											
1	19.09		2	18.93		3	19.20		4	19.68		5	19.71		6	20.27		7	19.97		8	20.23		9	19.98		10	19.96																					
19.09 (6)			38.02 (5)			57.22 (5)			1:16.90 (5)			1:36.61 (3)			1:56.88 (5)			2:16.85 (4)			2:37.08 (6)			2:57.06 (6)			3:17.02 (6)																						
11			20.09		12			20.58		13			20.82		14			20.45		15			20.47		16			20.69		17			20.73		18			20.41		19			20.62		20			21.07	
3:37.11 (5)			3:57.69 (5)			4:18.51 (5)			4:38.96 (4)			4:59.43 (4)			5:20.12 (4)			5:40.85 (4)			6:01.26 (4)			6:21.88 (4)			6:42.95 (4)																						
21			21.00		22			20.69		23			21.42		24			20.88		25			21.07		26			20.59		27			20.12		28			19.58		29			19.74		18.92				
7:03.95 (4)			7:24.64 (4)			7:46.06 (4)			8:06.94 (3)			8:28.01 (3)			8:48.60 (3)			9:08.72 (3)			9:28.30 (3)			9:48.04 (3)																									

6 1037 Anna ŠVRČEK			SVK												5 Nov 08		10:14.91		
1	18.53	2	18.92	3	18.97	4	19.87	5	20.05	6	20.12	7	19.66	8	19.81	9	19.99	10	20.47
18.53 (1)		37.45 (1)		56.42 (1)		1:16.29 (3)		1:36.34 (1)		1:56.46 (1)		2:16.12 (2)		2:35.93 (2)		2:55.92 (3)		3:16.39 (3)	
11	20.18	12	20.44	13	20.43	14	20.07	15	20.32	16	20.58	17	20.62	18	20.77	19	20.65	20	21.43
3:36.57 (3)		3:57.01 (3)		4:17.44 (3)		4:37.51 (3)		4:57.83 (3)		5:18.41 (3)		5:39.03 (3)		5:59.80 (3)		6:20.45 (3)		6:41.88 (3)	
21	21.65	22	21.00	23	21.43	24	21.21	25	21.64	26	21.22	27	21.79	28	21.80	29	22.45	18.84	
7:03.53 (3)		7:24.53 (3)		7:45.96 (3)		8:07.17 (5)		8:28.81 (5)		8:50.03 (6)		9:11.82 (6)		9:33.62 (6)		9:56.07 (6)			

RACE ANALYSIS

3000m Steeplechase Women - Round 1

7 1128 Sierra WALL										USA 7 Aug 07 10:14.92									
1	20.42	2	18.99	3	19.26	4	19.82	5	20.26	6	20.19	7	20.13	8	20.23	9	20.57	10	20.22
20.42 (13)		39.41 (13)		58.67 (14)		1:18.49 (14)		1:38.75 (12)		1:58.94 (12)		2:19.07 (13)		2:39.30 (11)		2:59.87 (11)		3:20.09 (11)	
11	20.39	12	20.91	13	20.48	14	20.66	15	20.76	16	20.74	17	21.13	18	21.02	19	21.55	20	21.68
3:40.48 (11)		4:01.39 (11)		4:21.87 (10)		4:42.53 (10)		5:03.29 (10)		5:24.03 (10)		5:45.16 (10)		6:06.18 (10)		6:27.73 (10)		6:49.41 (9)	
21	21.58	22	20.93	23	21.31	24	20.67	25	20.94	26	20.42	27	20.77	28	20.59	29	20.64	17.66	
7:10.99 (8)		7:31.92 (8)		7:53.23 (8)		8:13.90 (8)		8:34.84 (8)		8:55.26 (7)		9:16.03 (7)		9:36.62 (7)		9:57.26 (7)			

8 594 Ava JAMES										GBR 22 Jul 08 10:15.16									
1	19.66	2	18.68	3	19.27	4	20.02	5	19.73	6	20.04	7	19.89	8	20.16	9	20.21	10	20.13
19.66 (10)		38.34 (8)		57.61 (9)		1:17.63 (9)		1:37.36 (7)		1:57.40 (8)		2:17.29 (6)		2:37.45 (8)		2:57.66 (8)		3:17.79 (8)	
11	20.27	12	20.48	13	20.79	14	20.66	15	21.06	16	20.55	17	21.16	18	21.34	19	21.39	20	21.86
3:38.06 (9)		3:58.54 (9)		4:19.33 (9)		4:39.99 (8)		5:01.05 (9)		5:21.60 (7)		5:42.76 (7)		6:04.10 (7)		6:25.49 (7)		6:47.35 (7)	
21	21.89	22	21.64	23	22.00	24	20.99	25	20.85	26	20.67	27	21.21	28	20.52	29	20.44	17.60	
7:09.24 (7)		7:30.88 (7)		7:52.88 (7)		8:13.87 (7)		8:34.72 (7)		8:55.39 (8)		9:16.60 (8)		9:37.12 (8)		9:57.56 (8)			

9 1074 Daria DUBENETS										UKR 28 May 07 10:18.30									
1	19.66	2	19.21	3	19.53	4	19.69	5	20.12	6	20.41	7	20.39	8	20.38	9	20.60	10	20.24
19.66 (9)		38.87 (11)		58.40 (12)		1:18.09 (11)		1:38.21 (11)		1:58.62 (11)		2:19.01 (12)		2:39.39 (12)		2:59.99 (12)		3:20.23 (12)	
11	20.83	12	20.43	13	20.93	14	20.49	15	21.13	16	20.76	17	21.55	18	21.23	19	21.34	20	21.26
3:41.06 (12)		4:01.49 (12)		4:22.42 (12)		4:42.91 (12)		5:04.04 (12)		5:24.80 (12)		5:46.35 (12)		6:07.58 (11)		6:28.92 (11)		6:50.18 (11)	
21	21.68	22	21.08	23	21.34	24	21.11	25	21.28	26	20.94	27	20.90	28	20.24	29	20.44	19.11	
7:11.86 (10)		7:32.94 (9)		7:54.28 (9)		8:15.39 (9)		8:36.67 (9)		8:57.61 (9)		9:18.51 (9)		9:38.75 (9)		9:59.19 (9)			

10 1009 Amaja RAHM										SUI		27 Apr 07		10:19.82 NU20R					
1	20.16	2	18.82	3	19.36	4	19.77	5	19.77	6	20.26	7	19.92	8	20.31	9	20.38	10	20.69
20.16 (12)		38.98 (12)		58.34 (11)		1:18.11 (12)		1:37.88 (10)		1:58.14 (9)		2:18.06 (10)		2:38.37 (10)		2:58.75 (10)		3:19.44 (10)	
11	20.84	12	20.83	13	21.10	14	20.57	15	21.09	16	20.78	17	21.57	18	21.38	19	21.58	20	21.47
3:40.28 (10)		4:01.11 (10)		4:22.21 (11)		4:42.78 (11)		5:03.87 (11)		5:24.65 (11)		5:46.22 (11)		6:07.60 (12)		6:29.18 (12)		6:50.65 (12)	
21	21.91	22	21.82	23	21.37	24	21.05	25	21.38	26	20.72	27	20.71	28	21.05	29	21.01	18.15	
7:12.56 (11)		7:34.38 (11)		7:55.75 (10)		8:16.80 (10)		8:38.18 (10)		8:58.90 (10)		9:19.61 (10)		9:40.66 (10)		10:01.67 (10)			

11 689 Kamilah Arianna SALIM										HUN 30 Dec 08 10:28.14									
1	19.50	2	18.73	3	19.17	4	19.69	5	19.92	6	20.08	7	20.26	8	20.07	9	20.21	10	20.08
19.50 (8)		38.23 (7)		57.40 (7)		1:17.09 (6)		1:37.01 (5)		1:57.09 (6)		2:17.35 (7)		2:37.42 (7)		2:57.63 (7)		3:17.71 (7)	
11	20.08	12	20.66	13	20.76	14	20.83	15	20.99	16	20.60	17	22.02	18	21.74	19	21.95	20	21.92
3:37.79 (8)		3:58.45 (8)		4:19.21 (8)		4:40.04 (9)		5:01.03 (8)		5:21.63 (8)		5:43.65 (8)		6:05.39 (9)		6:27.34 (8)		6:49.26 (8)	
21	22.53	22	22.10	23	22.38	24	21.70	25	22.64	26	22.32	27	21.34	28	22.04	29	22.11	19.72	
7:11.79 (9)		7:33.89 (10)		7:56.27 (11)		8:17.97 (11)		8:40.61 (11)		9:02.93 (11)		9:24.27 (11)		9:46.31 (11)		10:08.42 (11)			

12 704 Dearbhla ALLEN										IRL 6 Nov 07 10:38.18									
1	18.90	2	18.97	3	19.19	4	19.80	5	20.04	6	19.94	7	20.35	8	19.56	9	19.90	10	20.13
18.90 (3)		37.87 (4)		57.06 (4)		1:16.86 (4)		1:36.90 (4)		1:56.84 (4)		2:17.19 (5)		2:36.75 (5)		2:56.65 (4)		3:16.78 (4)	
11	20.19	12	20.59	13	20.88	14	20.90	15	21.26	16	21.79	17	21.87	18	21.08	19	22.18	20	22.25
3:36.97 (4)		3:57.56 (4)		4:18.44 (4)		4:39.34 (5)		5:00.60 (7)		5:22.39 (9)		5:44.26 (9)		6:05.34 (8)		6:27.52 (9)		6:49.77 (10)	
21	22.98	22	22.47	23	24.18	24	23.24	25	22.26	26	22.23	27	22.83	28	23.73	29	22.90	21.59	
7:12.75 (12)		7:35.22 (12)		7:59.40 (12)		8:22.64 (12)		8:44.90 (12)		9:07.13 (12)		9:29.96 (12)		9:53.69 (12)		10:16.59 (12)			

13 878 Bronwen REES-JONES										NZL		22 May 07		11:03.60					
1	19.88	2	18.96	3	19.37	4	19.80	5	20.85	6	20.13	7	20.43	8	20.57	9	21.23	10	20.65
19.88 (11)		38.84 (10)		58.21 (10)		1:18.01 (10)		1:38.86 (13)		1:58.99 (13)		2:19.42 (14)		2:39.99 (14)		3:01.22 (14)		3:21.87 (13)	
11	20.80	12	21.08	13	22.24	14	22.37	15	22.55	16	22.57	17	23.86	18	23.32	19	23.45	20	23.82
3:42.67 (13)		4:03.75 (13)		4:25.99 (13)		4:48.36 (13)		5:10.91 (13)		5:33.48 (13)		5:57.34 (13)		6:20.66 (13)		6:44.11 (13)		7:07.93 (13)	
21	25.03	22	23.83	23	23.73	24	22.82	25	24.20	26	22.65	27	23.68	28	23.04	29	24.53	22.16	
7:32.96 (13)		7:56.79 (13)		8:20.52 (13)		8:43.34 (13)		9:07.54 (13)		9:30.19 (13)		9:53.87 (13)		10:16.91 (13)		10:41.44 (13)			

14 569 Adèle MARTIN										FRA		20 Jul 07		11:27.40					
1	19.34	2	19.03	3	19.21	4	19.81	5	20.20	6	20.96	7	20.40	8	20.51	9	21.65	10	22.00
	19.34 (7)		38.37 (9)		57.58 (8)		1:17.39 (8)		1:37.59 (8)		1:58.55 (10)		2:18.95 (11)		2:39.46 (13)		3:01.11 (13)		3:23.11 (14)
11	22.34	12	22.24	13	23.04	14	23.45	15	22.84	16	23.34	17	24.51	18	24.53	19	23.63	20	24.20
	3:45.45 (14)		4:07.69 (14)		4:30.73 (14)		4:54.18 (14)		5:17.02 (14)		5:40.36 (14)		6:04.87 (14)		6:29.40 (14)		6:53.03 (14)		7:17.23 (14)
21	25.21	22	25.99	23	24.71	24	25.14	25	25.88	26	25.35	27	24.43	28	24.59	29	24.44		24.43
	7:42.44 (14)		8:08.43 (14)		8:33.14 (14)		8:58.28 (14)		9:24.16 (14)		9:49.51 (14)		10:13.94 (14)		10:38.53 (14)		11:02.97 (14)		