



RESULTS

3000m Steeplechase Women - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	8:58.78	Celliphine Chepteek CHESPOL	KEN 18	Eugene, OR (USA)	26 May 2017
Championships Record CR	9:12.71	Sembo ALMAYEW	ETH 19	Lima (PER)	29 Aug 2024
World U20 Leading WU20L	9:30.47	Mercy Chepngeno KOSKEY	KEN 19	Accra (GHA)	17 May 2026
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB	Season Best SB

Heat 1

2

5 August 2026

18:55 START TIME

28° C
TEMPERATURE

38 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT
1	799	Mercy Chepngeno KOSKEY	KEN 16 Sep 07	9	9:36.19 Q
2	537	Wosane ASEFA	ETH 3 Jan 07	1	9:56.36 Q
3	1051	Fanny SZALKAI	SWE 8 Oct 08	6	9:57.93 Q PB
4	787	TAYA Rei	JPN 6 Mar 09	2	10:09.73 Q SB
5	479	Ema BERKOVÁ	CZE 22 Dec 07	11	10:13.69 Q
6	506	Malak Abdelghany Abdalla IBRAHIM	EGY 16 Feb 08	10	10:15.40 Q
7	911	Zuzanna SZYMAŃSKA	POL 3 Nov 08	5	10:17.40 Q PB
8	921	Lara ROQUE	POR 15 Aug 08	12	10:20.25 Q NU20R
9	599	Tilly NICKELL	GBR 31 Aug 07	3	10:25.12
10	643	Lena ROSSMANITH	GER 4 Nov 08	4	10:29.47
11	1116	Bella NELSON	USA 7 Aug 07	13	10:44.05
12	315	Tessa EBERT	AUS 22 Apr 08	7	10:45.87
	875	Caitlin KIRK	NZL 21 Feb 08	8	DNF

NOTE **L** BIB 537 (Wosane ASEFA) - First infringement of the inside border

INTERMEDIATE TIMES

100 m	18.24 Fanny SZALKAI	200 m	37.03 Fanny SZALKAI
300 m	55.39 Mercy Chepngeno KOSKEY	400 m	1:13.81 Mercy Chepngeno KOSKEY
500 m	1:32.73 Mercy Chepngeno KOSKEY	600 m	1:51.44 Mercy Chepngeno KOSKEY
700 m	2:10.19 Mercy Chepngeno KOSKEY	800 m	2:28.66 Mercy Chepngeno KOSKEY
900 m	2:47.67 Mercy Chepngeno KOSKEY	1000 m	3:06.46 Mercy Chepngeno KOSKEY
1100 m	3:25.43 Mercy Chepngeno KOSKEY	1200 m	3:44.09 Mercy Chepngeno KOSKEY
1300 m	4:03.19 Mercy Chepngeno KOSKEY	1400 m	4:22.16 Mercy Chepngeno KOSKEY
1500 m	4:40.79 Mercy Chepngeno KOSKEY	1600 m	5:00.09 Mercy Chepngeno KOSKEY
1700 m	5:19.85 Mercy Chepngeno KOSKEY	1800 m	5:39.17 Mercy Chepngeno KOSKEY
1900 m	5:58.55 Mercy Chepngeno KOSKEY	2000 m	6:18.00 Mercy Chepngeno KOSKEY
2100 m	6:38.31 Mercy Chepngeno KOSKEY	2200 m	6:58.16 Mercy Chepngeno KOSKEY
2300 m	7:17.89 Mercy Chepngeno KOSKEY	2400 m	7:37.16 Mercy Chepngeno KOSKEY
2500 m	7:57.34 Mercy Chepngeno KOSKEY	2600 m	8:17.08 Mercy Chepngeno KOSKEY
2700 m	8:36.61 Mercy Chepngeno KOSKEY	2800 m	8:55.81 Mercy Chepngeno KOSKEY
2900 m	9:16.59 Mercy Chepngeno KOSKEY		

RESULTS

3000m Steeplechase Women - Round 1

Heat 2

2

5 August 2026

19:10 START TIME

28° C
TEMPERATURE

38 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	545	Almaz YOHANNIS	ETH 11 Dec 07	6	9:42.45	Q
2	796	Anatasha CHEPTOO	KEN 17 Dec 07	14	9:51.02	Q
3	654	Anna Dafni ALMYROUDI STROUMPOU	GRE 30 Mar 07	9	10:06.37	Q NU20R
4	912	Michalina THAMM	POL 18 Apr 07	2	10:06.68	Q PB
5	1049	Majken SÖDERLUND LARSSON	SWE 26 Jun 07	5	10:06.96	Q
6	1037	Anna ŠVRČEK	SVK 5 Nov 08	11	10:14.91	Q
7	1128	Sierra WALL	USA 7 Aug 07	13	10:14.92	Q
8	594	Ava JAMES	GBR 22 Jul 08	8	10:15.16	Q
9	1074	Daria DUBENETS	UKR 28 May 07	1	10:18.30	PB
10	1009	Amaja RAHM	SUI 27 Apr 07	12	10:19.82	NU20R
11	689	Kamilah Arianna SALIM	HUN 30 Dec 08	7	10:28.14	
12	704	Dearbhla ALLEN	IRL 6 Nov 07	4	10:38.18	
13	878	Bronwen REES-JONES	NZL 22 May 07	3	11:03.60	
14	569	Adèle MARTIN	FRA 20 Jul 07	10	11:27.40	

INTERMEDIATE TIMES

100 m	18.53 Anna ŠVRČEK	200 m	37.45 Anna ŠVRČEK
300 m	56.42 Anna ŠVRČEK	400 m	1:15.85 Anatasha CHEPTOO
500 m	1:36.34 Anna ŠVRČEK	600 m	1:56.46 Anna ŠVRČEK
700 m	2:15.15 Almaz YOHANNIS	800 m	2:34.97 Almaz YOHANNIS
900 m	2:54.56 Almaz YOHANNIS	1000 m	3:13.37 Almaz YOHANNIS
1100 m	3:32.39 Almaz YOHANNIS	1200 m	3:51.76 Anatasha CHEPTOO
1300 m	4:11.74 Anatasha CHEPTOO	1400 m	4:31.01 Anatasha CHEPTOO
1500 m	4:49.99 Anatasha CHEPTOO	1600 m	5:08.85 Almaz YOHANNIS
1700 m	5:28.52 Almaz YOHANNIS	1800 m	5:47.23 Almaz YOHANNIS
1900 m	6:06.57 Almaz YOHANNIS	2000 m	6:25.95 Almaz YOHANNIS
2100 m	6:45.51 Almaz YOHANNIS	2200 m	7:04.54 Almaz YOHANNIS
2300 m	7:24.19 Almaz YOHANNIS	2400 m	7:43.77 Almaz YOHANNIS
2500 m	8:04.19 Almaz YOHANNIS	2600 m	8:23.75 Almaz YOHANNIS
2700 m	8:44.11 Almaz YOHANNIS	2800 m	9:03.99 Almaz YOHANNIS
2900 m	9:23.91 Almaz YOHANNIS		

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
8:58.78	Celliphine Cheptek CHESPOL (KEN)	Eugene, OR (USA)	26 May 17
8:59.65	Faith CHEROTICH (KEN)	Eugene, OR (USA)	16 Sep 23
9:00.71	Sembo ALMAYEW (ETH)	Firenze (ITA)	2 Jun 23
9:02.43	Jackline CHEPKOECH (KEN)	Bruxelles (BEL)	2 Sep 22
9:06.88	Alemnat WALLE (ETH)	Eugene, OR (USA)	5 Jul 25
9:07.94	Peruth CHEMUTAI (UGA)	Monaco (MON)	20 Jul 18
9:10.74	Winfred YAVI (BRN)	Monaco (MON)	20 Jul 18
9:16.41	Zerfe WONDEMAGEGN (ETH)	Tokyo (JPN)	4 Aug 21
9:20.37	Birtukan ADAMU (ETH)	Roma (ITA)	26 May 11
9:20.55	Ruth JEBET (BRN)	Zürich (SUI)	28 Aug 14

2026 TOP LIST

RESULT	NAME	VENUE	2026
9:30.47	Mercy Chepnego KOSKEY (KEN)	Accra (GHA)	17 May
9:33.46	Almaz YOHANNIS (ETH)	Accra (GHA)	17 May
9:33.80	Anatasha CHEPTOO (KEN)	Nairobi (KEN)	20 Jun
9:36.20	Birtukan GEDAMU (ETH)	Moskva (RUS)	5 Jun
9:41.76	Wosane ASEFA (ETH)	Accra (GHA)	17 May
9:45.27	Mercy Chepnego MAGESO (KEN)	Nairobi (KEN)	11 Apr
9:52.39	WAN Zhitonq (CHN)	Rizhao (CHN)	27 Jun
9:57.93	Fanny SZALKAI (SWE)	Oregon	5 Aug
9:58.55	Ema BERKOVÁ (CZE)	Wien (AUT)	20 Jun
9:59.84	Anna ŠVRČEK (SVK)	Fukuroi (JPN)	3 May