



SUMMARY

3000m Steeplechase Women - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	8:58.78	Celliphine Chepteek CHESPOL	KEN 18	Eugene, OR (USA)	26 May 2017
Championships Record CR	9:12.71	Sembo ALMAYEW	ETH 19	Lima (PER)	29 Aug 2024
World U20 Leading WU20L	9:30.47	Mercy Chepngeno KOSKEY	KEN 19	Accra (GHA)	17 May 2026
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB	Season Best SB

5 August 2026

RANK	PLACE	HEAT	BIB	NAME	DATE OF BIRTH	RESULT
1	1	1	799	Mercy Chepngeno KOSKEY	KEN	16 Sep 07 9:36.19 Q
2	1	2	545	Almaz YOHANNIS	ETH	11 Dec 07 9:42.45 Q
3	2	2	796	Anatasha CHEPTOO	KEN	17 Dec 07 9:51.02 Q
4	2	1	537 	Wosane ASEFA	ETH	3 Jan 07 9:56.36 Q
5	3	1	1051	Fanny SZALKAI	SWE	8 Oct 08 9:57.93 Q 
6	3	2	654	Anna Dafni ALMYROUDI STROUMPO	GRE	30 Mar 07 10:06.37 Q 
7	4	2	912	Michalina THAMM	POL	18 Apr 07 10:06.68 Q 
8	5	2	1049	Majken SÖDERLUND LARSSON	SWE	26 Jun 07 10:06.96 Q
9	4	1	787	TAYA Rei	JPN	6 Mar 09 10:09.73 Q 
10	5	1	479	Ema BERKOVÁ	CZE	22 Dec 07 10:13.69 Q
11	6	2	1037	Anna ŠVRČEK	SVK	5 Nov 08 10:14.91 Q
12	7	2	1128	Sierra WALL	USA	7 Aug 07 10:14.92 Q
13	8	2	594	Ava JAMES	GBR	22 Jul 08 10:15.16 Q
14	6	1	506	Malak Abdelghany Abdalla IBRAHIM	EGY	16 Feb 08 10:15.40 Q
15	7	1	911	Zuzanna SZYMAŃSKA	POL	3 Nov 08 10:17.40 Q 
16	9	2	1074	Daria DUBENETS	UKR	28 May 07 10:18.30 
17	10	2	1009	Amaja RAHM	SUI	27 Apr 07 10:19.82 
18	8	1	921	Lara ROQUE	POR	15 Aug 08 10:20.25 Q 
19	9	1	599	Tilly NICKELL	GBR	31 Aug 07 10:25.12
20	11	2	689	Kamilah Arianna SALIM	HUN	30 Dec 08 10:28.14
21	10	1	643	Lena ROSSMANITH	GER	4 Nov 08 10:29.47
22	12	2	704	Dearbhla ALLEN	IRL	6 Nov 07 10:38.18
23	11	1	1116	Bella NELSON	USA	7 Aug 07 10:44.05
24	12	1	315	Tessa EBERT	AUS	22 Apr 08 10:45.87
25	13	2	878	Bronwen REES-JONES	NZL	22 May 07 11:03.60
26	14	2	569	Adèle MARTIN	FRA	20 Jul 07 11:27.40
		1	875	Caitlin KIRK	NZL	21 Feb 08 DNF

NOTE  BIB 537 (Wosane ASEFA) - First infringement of the inside border

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
8:58.78	Celliphine Chepteek CHESPOL (KEN)	Eugene, OR (USA)	26 May 17	9:30.47	Mercy Chepngeno KOSKEY (KEN)	Accra (GHA)	17 May
8:59.65	Faith CHEROTICH (KEN)	Eugene, OR (USA)	16 Sep 23	9:33.46	Almaz YOHANNIS (ETH)	Accra (GHA)	17 May
9:00.71	Sembo ALMAYEW (ETH)	Firenze (ITA)	2 Jun 23	9:33.80	Anatasha CHEPTOO (KEN)	Nairobi (KEN)	20 Jun
9:02.43	Jackline CHEPKOECH (KEN)	Bruxelles (BEL)	2 Sep 22	9:36.20	Birtukan GEDAMU (ETH)	Moskva (RUS)	5 Jun
9:06.88	Alemnath WALLE (ETH)	Eugene, OR (USA)	5 Jul 25	9:41.76	Wosane ASEFA (ETH)	Accra (GHA)	17 May
9:07.94	Peruth CHEMUTAI (UGA)	Monaco (MON)	20 Jul 18	9:45.27	Mercy Chepngeno MAGESO (KEN)	Nairobi (KEN)	11 Apr
9:10.74	Winfred YAVI (BRN)	Monaco (MON)	20 Jul 18	9:52.39	WAN Zhitong (CHN)	Rizhao (CHN)	27 Jun
9:16.41	Zerfe WONDEMEGEGN (ETH)	Tokyo (JPN)	4 Aug 21	9:57.93	Fanny SZALKAI (SWE)	Oregon	5 Aug
9:20.37	Birtukan ADAMU (ETH)	Roma (ITA)	26 May 11	9:58.55	Ema BERKOVÁ (CZE)	Wien (AUT)	20 Jun
9:20.55	Ruth JEBET (BRN)	Zürich (SUI)	28 Aug 14	9:59.84	Anna ŠVRČEK (SVK)	Fukuroi (JPN)	3 May