



START LIST

3000m Steeplechase Women - Final

SUBSTITUTES: NEXT PLACINGS IN THE HEAT OF THE WITHDRAWING ATHLETE

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	8:58.78	Celliphine Chepteek CHESPOL	KEN 18	Eugene, OR (USA)	26 May 2017
Championships Record CR	9:12.71	Sembo ALMAYEW	ETH 19	Lima (PER)	29 Aug 2024
World U20 Leading WU20L	9:30.47	Mercy Chepnqeno KOSKEY	KEN 19	Accra (GHA)	17 May 2026

7 August 2026 19:42 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	921	Lara ROQUE	POR 15 Aug 08	10:20.25	10:20.25
2	911	Zuzanna SZYMAŃSKA	POL 3 Nov 08	10:17.40	10:17.40
3	787	TAYA Rei	JPN 6 Mar 09	10:06.59	10:09.73
4	506	Malak Abdelghany Abdalla IBRAHIM	EGY 16 Feb 08	10:10.28	10:10.28
5	594	Ava JAMES	GBR 22 Jul 08	10:06.78	10:06.78
6	1128	Sierra WALL	USA 7 Aug 07	10:08.30	10:08.30
7	912	Michalina THAMM	POL 18 Apr 07	10:06.68	10:06.68
8	654	Anna Dafni ALMYROUDI STROUMPOU	GRE 30 Mar 07	10:06.37	10:06.37
9	1049	Majken SÖDERLUND LARSSON	SWE 26 Jun 07	10:02.35	10:02.35
10	479	Ema BERKOVÁ	CZE 22 Dec 07	9:58.55	9:58.55
11	1037	Anna ŠVRČEK	SVK 5 Nov 08	9:57.11	9:59.84
12	799	Mercy Chepnqeno KOSKEY	KEN 16 Sep 07	9:30.47	9:30.47
13	796	Anatasha CHEPTOO	KEN 17 Dec 07	9:33.80	9:33.80
14	537	Wosane ASEFA	ETH 3 Jan 07	9:20.83	9:41.76
15	545	Almaz YOHANNIS	ETH 11 Dec 07	9:33.46	9:33.46
16	1051	Fanny SZALKAI	SWE 8 Oct 08	9:57.93	9:57.93

NOTE  BIB 537 (Wosane ASEFA) - First infringement of the inside border

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
8:58.78	Celliphine Chepteek CHESPOL (KEN)	Eugene, OR (USA)	26 May 17
8:59.65	Faith CHEROTICH (KEN)	Eugene, OR (USA)	16 Sep 23
9:00.71	Sembo ALMAYEW (ETH)	Firenze (ITA)	2 Jun 23
9:02.43	Jackline CHEPKOECH (KEN)	Bruxelles (BEL)	2 Sep 22
9:06.88	Alemnat WALLE (ETH)	Eugene, OR (USA)	5 Jul 25
9:07.94	Peruth CHEMUTAI (UGA)	Monaco (MON)	20 Jul 18
9:10.74	Winfred YAVI (BRN)	Monaco (MON)	20 Jul 18
9:16.41	Zerfe WONDEMEGEGN (ETH)	Tokyo (JPN)	4 Aug 21
9:20.37	Birtukan ADAMU (ETH)	Roma (ITA)	26 May 11
9:20.55	Ruth JEBET (BRN)	Zürich (SUI)	28 Aug 14

2026 TOP LIST

RESULT	NAME	VENUE	2026
9:30.47	Mercy Chepnqeno KOSKEY (KEN)	Accra (GHA)	17 May
9:33.46	Almaz YOHANNIS (ETH)	Accra (GHA)	17 May
9:33.80	Anatasha CHEPTOO (KEN)	Nairobi (KEN)	20 Jun
9:36.20	Birtukan GEDAMU (ETH)	Moskva (RUS)	5 Jun
9:41.76	Wosane ASEFA (ETH)	Accra (GHA)	17 May
9:45.27	Mercy Chepnqeno MAGESO (KEN)	Nairobi (KEN)	11 Apr
9:52.39	WAN Zhitong (CHN)	Rizhao (CHN)	27 Jun
9:57.93	Fanny SZALKAI (SWE)	Oregon	5 Aug
9:58.55	Ema BERKOVÁ (CZE)	Wien (AUT)	20 Jun
9:59.84	Anna ŠVRČEK (SVK)	Fukuroi (JPN)	3 May