



RESULTS

3000m Steeplechase Men - Round 1

First 8 of each heat (Q) qualify to Final

BIB 2353 QUALIFIED BY THE REFEREE

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record [WU20R]	7:58.66	Saif Saaeed SHAHEEN	KEN 19	Bruxelles (BEL)	24 Aug 2001
Championships Record [CR]	8:06.10	Conseslus KIPRUTO	KEN 18	Barcelona (ESP)	15 Jul 2012
World U20 Leading [WU20L]	8:01.61	Edmund SEREM	KEN 19	Rabat (MAR)	31 May 2026
Area U20 Record [AU20R]		National U20 Record [NU20R]	Personal Best [PB]	Season Best [SB]	

Heat 1

2

6 August 2026

10:05 START TIME

28° C
TEMPERATURE

38 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	2078	Nicholas Kitum LOSIWARENG	KEN 17 Dec 07	17	8:45.26	Q
2	2351	Mohamed Ali HAMDI	TUN 23 Apr 08	4	8:47.76	Q [PB]
3	1504	Soheib DISSA	ALG 19 Sep 07	11	8:48.60	Q [PB]
4	1743	Bakr EL ASRI	ESP 28 Jan 07	14	8:48.65	Q
5	1705	Adam ČERVINKA	CZE 18 Mar 07	16	8:48.67	Q
6	1881	Levin SAVEUR	GER 11 Sep 07	12	8:50.12	Q
7	2191	Michał GAJDUS	POL 10 Jan 08	13	8:50.45	Q
8	1789	Basile ASTIER	FRA 24 Jan 08	10	8:50.78	Q
9	2065	SUGIMOTO Takumi	JPN 23 Jul 07	8	8:51.57	
10	2163	Haakon Kamlesh Heltzer SØRSTAD	NOR 1 Mar 08	15	9:01.03	
11	2306	Lars OESCHGER	SUI 11 Sep 07	1	9:02.33	
12	1819	Bradley ANDREWS-CALLEC	GBR 22 Feb 07	7	9:08.07	
13	1596	Wilmer SANTOS	BOL 3 Dec 07	3	9:15.06	
14	2137	Mario Francisco VAZQUEZ	MEX 10 Aug 07	6	9:39.47	
15	2215	Afonso OLIVEIRA	POR 4 Oct 07	5	9:45.67	
	2099	Ammar Omar ALSHANQITI	KSA 19 Apr 07	2	DNS	
	2390	Eli FITCHEN-YOUNG	USA 10 May 07	9	DNS	

INTERMEDIATE TIMES

100 m	16.77 Lars OESCHGER	300 m	51.73 Lars OESCHGER
400 m	1:10.23 Bradley ANDREWS-CALLEC	500 m	1:28.36 Bradley ANDREWS-CALLEC
600 m	1:46.86 Bradley ANDREWS-CALLEC	700 m	2:05.23 Bradley ANDREWS-CALLEC
800 m	2:23.30 Takumi SUGIMOTO	900 m	2:41.07 Bradley ANDREWS-CALLEC
1000 m	2:59.11 Bradley ANDREWS-CALLEC	1100 m	3:17.03 Bradley ANDREWS-CALLEC
1200 m	3:35.11 Takumi SUGIMOTO	1300 m	3:52.93 Bakr EL ASRI
1400 m	4:11.27 Bakr EL ASRI	1500 m	4:29.67 Bakr EL ASRI
1600 m	4:48.12 Mohamed Ali HAMDI	1700 m	5:05.81 Mohamed Ali HAMDI
1800 m	5:24.18 Soheib DISSA	1900 m	5:42.44 Soheib DISSA
2000 m	6:00.54 Soheib DISSA	2100 m	6:19.19 Soheib DISSA
2200 m	6:35.80 Adam ČERVINKA	2300 m	6:52.90 Adam ČERVINKA
2400 m	7:10.25 Adam ČERVINKA	2500 m	7:27.30 Mohamed Ali HAMDI
2600 m	7:43.60 Bakr EL ASRI	2700 m	7:59.83 Bakr EL ASRI
2800 m	8:15.08 Mohamed Ali HAMDI	2900 m	8:31.01 Mohamed Ali HAMDI

RESULTS
3000m Steeplechase Men - Round 1

BIB 2353 QUALIFIED BY THE REFEREE

Heat 2 **2**

6 August 2026

10:20 START TIME

28° C
TEMPERATURE

38 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	2081	Emmanuel Lemiso SOMEKI	KEN 3 Jun 08	15	8:47.61	Q
2	2116	Mahfoud BELLAL	MAR 26 Feb 07	7	8:48.48	Q
3	2361	Jeremiah KWEMOI	UGA 7 Apr 08	12	8:50.27	Q PB
4	1764	Marti TORREGROSSA	ESP 20 Jul 07	9	8:52.16	Q
5	2157	Ulrik Jåvoll HAGEN	NOR 25 Aug 08	14	8:52.21	Q
6	1512	Zakaria TOUAHRIA	ALG 27 Feb 08	4	8:53.08	Q
7	2054	KOGA Sota	JPN 5 Oct 07	11	8:53.42	Q
8	2385	Austen CARRERA	USA 28 Mar 07	16	8:53.45	Q PB
9	1800	Mathis DUBOIS	FRA 2 May 08	8	8:53.58	
10	1837	Dillon MILLARD	GBR 25 Feb 07	5	8:54.75	
11	1541	Jonathan NEETHLING	AUS 13 May 08	13	8:59.19	
12	1925	Bence ACSÁDI	HUN 11 Mar 08	3	9:02.41	
13	2216	Leonardo OLIVEIRA	POR 4 May 07	6	9:08.76	
14	2353	Mohamed Ali ZINOUBI	TUN 12 Oct 07	10	9:15.59	qR
15	2248	Siyabonga MBELEKI	RSA 20 Sep 07	1	9:18.06	
16	1891	Marco VOGGENREITER	GER 12 Jul 07	2	9:19.81	

INTERMEDIATE TIMES

100 m	17.52 Marti TORREGROSSA	200 m	36.82 Marti TORREGROSSA
300 m	55.80 Marti TORREGROSSA	400 m	1:14.96 Emmanuel Lemiso SOMEKI
500 m	1:33.54 Emmanuel Lemiso SOMEKI	600 m	1:51.77 Emmanuel Lemiso SOMEKI
700 m	2:10.32 Mahfoud BELLAL	800 m	2:29.16 Mahfoud BELLAL
900 m	2:45.87 Emmanuel Lemiso SOMEKI	1000 m	3:02.91 Emmanuel Lemiso SOMEKI
1100 m	3:20.53 Mahfoud BELLAL	1200 m	3:38.71 Emmanuel Lemiso SOMEKI
1300 m	3:55.78 Emmanuel Lemiso SOMEKI	1400 m	4:12.93 Emmanuel Lemiso SOMEKI
1500 m	4:30.38 Emmanuel Lemiso SOMEKI	1600 m	4:46.50 Emmanuel Lemiso SOMEKI
1700 m	5:02.81 Emmanuel Lemiso SOMEKI	1800 m	5:19.23 Emmanuel Lemiso SOMEKI
1900 m	5:36.85 Emmanuel Lemiso SOMEKI	2000 m	5:54.04 Emmanuel Lemiso SOMEKI
2100 m	6:11.48 Emmanuel Lemiso SOMEKI	2200 m	6:29.53 Jeremiah KWEMOI
2300 m	6:47.22 Jeremiah KWEMOI	2400 m	7:04.90 Emmanuel Lemiso SOMEKI
2500 m	7:21.74 Emmanuel Lemiso SOMEKI	2600 m	7:38.61 Emmanuel Lemiso SOMEKI
2700 m	7:55.91 Emmanuel Lemiso SOMEKI	2800 m	8:12.80 Emmanuel Lemiso SOMEKI
2900 m	8:30.27 Emmanuel Lemiso SOMEKI		

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
7:58.66	Saif Saeed SHAHEEN (KEN)	Bruxelles (BEL)	24 Aug 01
8:01.16	Conseslus KIPRUTO (KEN)	Shanghai (CHN)	18 May 13
8:01.36	Lamecha GIRMA (ETH)	Doha (QAT)	4 Oct 19
8:01.61	Edmund SEREM (KEN)	Rabat (MAR)	31 May 26
8:03.74	Raymond Kipkorir YATOR (KEN)	Monaco (MON)	18 Aug 00
8:05.21	Getnet WALE (ETH)	Doha (QAT)	4 Oct 19
8:05.52	Brimin Kiprop KIPRUTO (KEN)	Hengelo (NED)	31 May 04
8:06.96	Gilbert KIRUI (KEN)	London (GBR)	27 Jul 13
8:07.18	Musa Amer OBAID (QAT)	Athina (GRE)	24 Aug 04
8:07.69	Paul Malakwen KOSGEI (KEN)	Stockholm (SWE)	7 Jul 97

2026 TOP LIST

RESULT	NAME	VENUE	2026
8:01.61	Edmund SEREM (KEN)	Rabat (MAR)	31 May
8:22.91	Hailu AYALEW (ETH)	Bruxelles (BEL)	24 May
8:23.59	Eisa GIRMA (ETH)	Bruxelles (BEL)	24 May
8:24.40	Bakr EL ASRI (ESP)	Wien (AUT)	20 Jun
8:24.93	Isa ABDO (ETH)	Oordedem (BEL)	1 Aug
8:29.64	Ezekiel PIITRENG (KEN)	Raleigh, NC (USA)	26 Mar
8:35.30	Emmanuel Lemiso SOMEKI (KEN)	Nairobi (KEN)	23 May
8:35.33	Jemal JEWARO (ETH)	Addis Ababa (ETH)	18 Apr
8:35.43	Marti TORREGROSSA (ESP)	Barcelona (ESP)	7 Jul
8:37.98	Nicholas Kitum LOSIWARENG (KEN)	Nairobi (KEN)	23 May