



RESULTS

1500m Women - Round 1

First 5 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	3:51.34	LANG Yinglai	CHN 18	Shanghai (CHN)	18 Oct 1997
Championships Record CR	4:04.64	Brenda CHEBET	KEN 18	Cali (COL)	6 Aug 2022
World U20 Leading WU20L	3:59.28	Haregeweyni KALAYU	ETH 17	Rabat (MAR)	31 May 2026
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB	Season Best SB

Heat 1

3

6 August 2026

19:03 START TIME

34° C
TEMPERATURE

31 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	793	Caren CHEPCHIRCHIR	KEN 25 Dec 08	1	4:12.09	Q
2	1125	Claire STEGALL	USA 5 Jun 07	9	4:13.09	Q
3	919	Mariana MOREIRA	POR 21 Mar 08	8	4:14.07	Q PB
4	638	Lera MILLER	GER 20 Mar 07	6	4:14.40	Q
5	779	KIDA Miori	JPN 30 Nov 07	3	4:15.56	Q PB
6	318	Mia Jade GRAY	AUS 15 Nov 09	14	4:15.85	PB
7	518	Claudia GUTIERREZ	ESP 17 Jun 07	11	4:17.96	
8	423	Allison WASSON	CAN 21 Apr 08	13	4:19.09	PB
9	1071	Baskaline CHEROTWO	UGA 8 Nov 09	2	4:21.01	
10	951	Lara STANDER	RSA 6 Jun 10	4	4:21.67	
11	837	Mireya BUGEJA	MLT 26 Apr 07	12	4:25.04	
12	807	SONG Dawon	KOR 2 Aug 08	5	4:26.54	
13	708	Gemma GALVIN	IRL 19 Feb 07	7	4:32.24	
14	877	Zara POMFRET	NZL 30 May 07	10	4:34.02	

INTERMEDIATE TIMES

100 m	16.34 Miori KIDA	200 m	34.43 Miori KIDA
300 m	51.80 Miori KIDA	400 m	1:08.89 Miori KIDA
500 m	1:26.08 Miori KIDA	600 m	1:43.81 Miori KIDA
700 m	2:01.81 Allison WASSON	800 m	2:19.46 Allison WASSON
900 m	2:36.75 Allison WASSON	1000 m	2:54.06 Allison WASSON
1100 m	3:10.91 Caren CHEPCHIRCHIR	1200 m	3:27.48 Caren CHEPCHIRCHIR
1300 m	3:42.66 Caren CHEPCHIRCHIR	1400 m	3:57.57 Caren CHEPCHIRCHIR

RESULTS

1500m Women - Round 1

Heat 2

3

6 August 2026

19:14 START TIME

33° C
TEMPERATURE

32 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	801	Josephine Sembeyo MANCHA	KEN 8 Aug 07	5	4:12.21	Q
2	540	Haregeweyni KALAYU	ETH 29 May 09	3	4:12.54	Q
3	819	Saida EL-BOUZY	MAR 5 Apr 07	8	4:13.13	Q
4	871	Wilma Bekkemoen TORBIÖRNSSON	NOR 31 May 07	13	4:16.43	Q
5	650	Paula TERHORST	GER 1 Jul 07	12	4:17.18	Q
6	735	Giulia COLARIETI	ITA 26 Jan 07	4	4:17.77	PB
7	908	Oksana PESTKA	POL 1 May 08	2	4:18.22	
8	995	Tina CAPOL	SUI 23 Nov 07	11	4:20.96	PB
9	411	Raiya MATONOVICH	CAN 7 Jun 07	14	4:21.44	
10	683	Sára FEKETE	HUN 30 Mar 09	10	4:24.34	
11	926	Lenuta CONSTANTIN	ROU 16 Nov 07	6	4:25.17	
12	345	Pauline SCHEDLER	AUT 30 Jun 07	1	4:27.29	
13	1040	Ebba-Stina BJUVE	SWE 27 Aug 07	7	4:27.58	
14	975	Amelie Njoki ŠULC	SLO 4 Apr 07	9	4:39.29	

INTERMEDIATE TIMES

100 m	16.42 Paula TERHORST	200 m	34.19 Paula TERHORST
300 m	52.86 Paula TERHORST	400 m	1:11.61 Paula TERHORST
500 m	1:28.97 Josephine Sembeyo MANCHA	600 m	1:45.85 Josephine Sembeyo MANCHA
700 m	2:02.55 Josephine Sembeyo MANCHA	800 m	2:19.36 Josephine Sembeyo MANCHA
900 m	2:35.62 Haregeweyni KALAYU	1000 m	2:52.83 Josephine Sembeyo MANCHA
1100 m	3:09.68 Josephine Sembeyo MANCHA	1200 m	3:26.35 Josephine Sembeyo MANCHA
1300 m	3:41.88 Josephine Sembeyo MANCHA	1400 m	3:57.43 Josephine Sembeyo MANCHA

Heat 3

3

6 August 2026

19:27 START TIME

33° C
TEMPERATURE

33 %
HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	536	Elsabet AMARE	ETH 23 Feb 09	8	4:18.24	Q
2	1106	Ellery LINCOLN	USA 23 Jan 09	3	4:19.06	Q
3	338	Milla ROBERTS	AUS 8 Mar 07	7	4:19.55	Q
4	584	Lyla BELSHAW	GBR 16 Dec 07	6	4:20.19	Q
5	776	DRURY Sherry	JPN 16 Nov 07	9	4:20.20	Q
6	880	Scarlett ROBB	NZL 4 Aug 08	2	4:22.28	
7	997	Cassandra GOUTTEFARDE	SUI 13 Feb 08	10	4:22.33	PB
8	820	Chaimae ZAHIRI	MAR 5 Oct 07	12	4:25.87	
9	952	Andrea STEYNBERG	RSA 15 Jan 07	14	4:26.33	
10	1069	Felister CHEKWEMOI	UGA 15 Aug 07	11	4:26.70	
11	978	Ana Vita VERNEKER	SLO 3 Sep 08	1	4:28.16	
12	754	Margherita VEDOVATO	ITA 27 Oct 08	13	4:29.64	
13	680	Szonja DOMOKOS	HUN 16 Feb 09	4	4:35.61	
774		Noora Shihab Ahmad KURAN	JOR 3 Aug 07	5	DNF	

INTERMEDIATE TIMES

100 m	16.73 Ellery LINCOLN	200 m	35.88 Ellery LINCOLN
300 m	54.74 Ellery LINCOLN	400 m	1:13.30 Ellery LINCOLN
500 m	1:31.12 Felister CHEKWEMOI	600 m	1:48.48 Felister CHEKWEMOI
700 m	2:05.80 Felister CHEKWEMOI	800 m	2:23.31 Felister CHEKWEMOI
900 m	2:40.56 Felister CHEKWEMOI	1000 m	2:57.77 Felister CHEKWEMOI
1100 m	3:15.09 Felister CHEKWEMOI	1200 m	3:31.75 Elsabet AMARE
1300 m	3:47.55 Elsabet AMARE	1400 m	4:02.91 Elsabet AMARE

Timing by SEIKO

AT-1500-W-h----.RS6..v1

Issued at 19:35 on Thursday, 06 August 2026

2 3

WORLD ATHLETICS PARTNERS

SEIKO

SONY

TDK

TBS

RESULTS

1500m Women - Round 1

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
3:51.34	LANG Yinglai (CHN)	Shanghai (CHN)	18 Oct 97	3:59.28	Haregeweyni KALAYU (ETH)	Rabat (MAR)	31 May
3:53.22	Birke HAYLOM (ETH)	Xiamen (CHN)	20 Apr 24	4:00.32	Saron BERHE (ETH)	Xiamen (CHN)	23 May
3:53.91	YIN Lili (CHN)	Shanghai (CHN)	18 Oct 97	4:01.32	Elsabet AMARE (ETH)	Montreuil (FRA)	17 Jun
3:53.97	LAN Lixin (CHN)	Shanghai (CHN)	18 Oct 97	4:03.90	Nancy JEPNGETICH (KEN)	Rabat (MAR)	31 May
3:54.52	ZHANG Linq (CHN)	Shanghai (CHN)	18 Oct 97	4:03.91	Caren CHEPCHIRCHIR (KEN)	Rabat (MAR)	31 May
3:56.98	Faith KIPYEGON (KEN)	Doha (QAT)	10 May 13	4:03.99	Yordanos TSIGAB (ETH)	Rabat (MAR)	31 May
3:57.72	Saron BERHE (ETH)	Eugene, OR (USA)	5 Jul 25	4:04.59	Claire STEGALL (USA)	Eugene, OR (USA)	19 Jun
3:58.93	Diribe WELTEJI (ETH)	Hengelo (NED)	8 Jun 21	4:04.96	Hana MEKONIN (ETH)	Tomblaine (FRA)	3 Jul
3:59.28	Haregeweyni KALAYU (ETH)	Rabat (MAR)	31 May 26	4:05.53	Phoebe GILL (GBR)	Manchester (GBR)	16 May
3:59.53	Dawit SEYAUM (ETH)	Marrakech (MAR)	8 Jun 14	4:06.20	Yenenesh SHIMKET (ETH)	Modena (ITA)	20 Jun