

RACE ANALYSIS



400 Metres Women - Round 1

First 2 of each heat (Q) plus 2 fastest times (q) qualify to Semi-Final

Heat 2 **7**

20 March 2026 11:14 START TIME

PLACE	BIB	NAME	DATE of BIRTH	RESULT			
1	100 m	2	200 m	3	300 m		
1	741	Sofia LAVRESHINA	POR	14 Jun 03	51.87 ^{NR}		
1	12.45	2	12.05	3	13.14	14.23	
	12.45 (4)		24.50 (4)		37.64 (3)		
2	698	Myrte VAN DER SCHOOT	NED	16 Apr 04	51.97		
1	12.40	2	11.99	3	13.02	14.56	
	12.40 (2)		24.39 (2)		37.41 (2)		
3	801	Rosey EFFIONG	USA	8 May 01	52.13		
1	11.96	2	11.92	3	13.31	14.94	
	11.96 (1)		23.88 (1)		37.19 (1)		
4	711	Annalies KALMA	NZL	6 Dec 03	53.03		
1	12.42	2	12.05	3	13.38	15.18	
	12.42 (3)		24.47 (3)		37.85 (4)		

