



SUMMARY

400 Metres Women - Round 1

First 2 of each heat (Q) plus 2 fastest times (q) qualify to Semi-Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	49.17	Femke BROEDERS-BOL	NED 24	Glasgow (GBR)	2 Mar 2024
Championship Record CR	49.17	Femke BROEDERS-BOL	NED 24	Glasgow (GBR)	2 Mar 2024
World Leading WL	50.28	Ella ONOJUWWEVWO	NGR 21	Fayetteville, AR (USA)	13 Mar 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

20 March 2026

RANK	PLACE	HEAT	LANE	BIB	NAME	DATE of BIRTH	RESULT	
1	1	6	6	554	Lurdes Gloria MANUEL	CZE 12 Jul 05	51.08	Q
2	1	5	6	584	Mette BAAS	FIN 10 Sep 00	51.42	Q NR
3	1	1	5	693	Lieke KLAVER	NED 20 Aug 98	51.48	Q
4	2	6	5	676	Mercy Adongo OKETCH	KEN 30 Jul 02	51.57	Q
5	1	4	6	717	Natalia BUKOWIECKA	POL 17 Jan 98	51.60	Q
6	2	5	5	782	Emma ZAPLETALOVÁ	SVK 24 Mar 00	51.70	Q
7	3	5	4	631	Wadeline VENLOGH	HAI 19 Feb 98	51.80	q
8	2	4	3	574	Paula SEVILLA	ESP 28 Jun 97	51.86	Q
9	1	2	3	741	Sofia LAVRESHINA	POR 14 Jun 03	51.87 (.865)	Q NR
10	3	4	5	809	Bailey LEAR	USA 17 Mar 01	51.87 (.870)	q
11	2	2	5	698	Myrte VAN DER SCHOOT	NED 16 Apr 04	51.97	Q
12	2	1	3	563	Bassant HEMIDA	EGY 28 Sep 96	52.13 (.125)	Q
13	3	2	6	801	Rosey EFFIONG	USA 8 May 01	52.13 (.128)	
14	1	3	6	570	Blanca HERVAS	ESP 30 Sep 02	52.15 (.141)	Q
15	3	6	3	729	Justyna ŚWIĘTY-ERSETIC	POL 3 Dec 92	52.15 (.147)	
16	2	3	5	536	Zoe SHERAR	CAN 7 Nov 99	52.16 (.153)	Q
17	3	3	3	559	Lada VONDROVÁ	CZE 6 Sep 99	52.16 (.155)	
18	3	1	4	646	Alessandra BONORA	ITA 7 Sep 00	52.20	PB
19	4	3	4	614	Louisa STONEY	GBR 11 Jan 02	52.24	
20	4	1	6	604	Yemi Mary JOHN	GBR 3 May 03	52.28	
21	1	7	5	704	Henriette JÆGER	NOR 30 Jun 03	52.29	Q
22	2	7	6	591	Amandine BROSSIER	FRA 15 Aug 95	52.30	Q
23	3	7	3	518	Helena PONETTE	BEL 3 Feb 00	52.34	
24	4	4	4	546	Veronika DRLJAČIĆ	CRO 13 Dec 01	52.53	
25	4	5	3	530	Emma CANNAN	CAN 22 Jul 03	52.57	
26	4	2	4	711	Annalies KALMA	NZL 6 Dec 03	53.03	
27	4	6	4	779	Daniela LEDECKÁ	SVK 4 Nov 96	53.13	
28	4	7	2	519	Caitlyn BOBB	BER 23 Apr 03	54.15	SB
29	5	7	4	526	Julia RIBEIRO	BRA 7 May 05	54.35	PB
30	5	5	2	523	De Cassia FERREIRA	BRA 10 May 99	55.50	PB

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
49.17	Femke BROEDERS-BOL (NED)	Glasgow (GBR)	2 Mar 24
49.24	Isabella WHITTAKER (USA)	Virginia Beach, VA (USA)	15 Mar 25
49.48	Britton WILSON (USA)	Albuquerque, NM (USA)	11 Mar 23
49.59	Jarmila KRATOCHVÍLOVÁ (TCH)	Milano (ITA)	7 Mar 82
49.68	Natalya NAZAROVA (RUS)	Moskva (RUS)	18 Feb 04
49.76	Tat'ána KOCEMBOVÁ (TCH)	Wien (AUT)	2 Feb 84
49.78	Aaliyah BUTLER (USA)	College Station, TX (USA)	1 Mar 25
50.01	Sabine BUSCH (GDR)	Wien (AUT)	2 Feb 84
50.02	Nicola SANDERS (GBR)	Birmingham (GBR)	3 Mar 07
50.04	Olesya KRASNOMOVETS-FORSHEVA (RUS)	ikva (RUS)	18 Feb 06

2026 TOP LIST

RESULT	NAME	VENUE	2026
50.28	Ella ONOJUWWEVWO (NGR)	Fayetteville, AR (USA)	13 Mar
50.47	Dejanae OAKLEY (JAM)	Fayetteville, AR (USA)	14 Mar
50.51	Amber ANNING (GBR)	Fayetteville, AR (USA)	7 Feb
50.62	Henriette JÆGER (NOR)	Metz (FRA)	8 Feb
50.66	Britton WILSON (USA)	Fayetteville, AR (USA)	13 Feb
50.68	Madison WHYTE (USA)	Fayetteville, AR (USA)	13 Mar
50.70	Sanaria BUTLER (USA)	Fayetteville, AR (USA)	13 Mar
50.78	Emma ZAPLETALOVÁ (SVK)	Metz (FRA)	8 Feb
50.97	Natalia BUKOWIECKA (POL)	Torun (POL)	22 Feb
51.00	Lieke KLAVER (NED)	Ostrava (CZE)	3 Feb