



START LIST

3000 Metres Steeplechase Men - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record WU20R	7:58.66	Saif Saaeed SHAHEEN	KEN	19	Bruxelles (BEL)	24 Aug 2001
Championships Record CR	8:06.10	Coneslus KIPRUTO	KEN	18	Barcelona (ESP)	15 Jul 2012
World U20 Leading WU20L	8:20.05	Edmund SEREM	KEN	17	Nairobi (KEN)	22 May 2024

Heat 1

2

28 August 2024 12:50 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	1769	Ishak DAHMANI	FRA	3 Mar 05	8:44.32	8:44.32
2	2241	Aarno LIEBL	SUI	21 May 05	8:43.94	8:43.94
3	2294	Hosea CHEMUTAI	UGA	13 Dec 06	8:51.44	8:51.44
4	1999	Matthew KOSGEI	KEN	14 Mar 06	8:21.98	8:21.98
5	1930	Francesco MAZZA	ITA	30 Jul 05	8:57.93	8:57.93
6	2126	Jakub ABRAMCZYK	POL	21 Jan 06	8:51.49	8:51.49
7	2042	Abdelwahed AACHOUR	MAR	28 Jun 05	9:00.23	9:00.23
8	1981	Tetsu SASAKI	JPN	24 Nov 06	8:37.23	8:37.23
9	2100	Johannes SANDVIK BØ	NOR	23 Jan 06	8:59.51	8:59.51
10	2288	Rayen MEJRI	TUN	15 Nov 05	8:58.74	8:58.74
11	1749	Berihun MOGES	ETH	18 Mar 05	8:49.10	8:49.10
12	2075	Nathan HOUWAARD	NED	26 Nov 05	8:47.27	8:47.27
13	1524	Toby CHIPPENDALE	AUS	18 Dec 06	9:00.56	9:00.56
14	2331	Luke KNEPP	USA	25 Jan 05	8:54.42	8:54.42
15	1506	Anes DJAYAHIA	ALG	10 Jan 05	8:43.17	8:43.17
16	1886	Sharuk KHAN	IND	25 Jul 06	8:51.75	8:57.90

Heat 2

2

28 August 2024 13:05 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	2290	Saif ZUIDI	TUN	11 Jul 05	8:45.90	8:45.90
2	1725	Andres LARA	ESP	23 Jun 06	8:56.83	8:56.83
3	2043	Houssam BABA	MAR	25 Apr 05	8:59.68	8:59.68
4	1895	Ranvir Ajay SINGH	IND	4 Jul 05	8:58.67	8:58.67
5	1678	Daniel MARÁK	CZE	22 Oct 06	8:53.76	8:53.76
6	1511	Ameur OUNADJELA	ALG	27 May 05	8:54.98	8:54.98
7	2001	Edmund SEREM	KEN	27 Dec 07	8:20.05	8:20.05
8	2144	Krzysztof ZIELIŃSKI	POL	14 Jul 05	8:48.23	8:48.23
9	1975	Soma NAGAHARA	JPN	12 Oct 05	8:32.12	8:37.36
10	2168	Mihai-Alin ȘAVLOVSCI	ROU	22 Aug 06	9:01.13	9:01.13
11	2327	Wyatt HAUGHTON	USA	12 May 05	8:42.91	8:42.91
12	1743	Hailu AYALEW	ETH	21 Jan 08	8:47.60	8:47.60
13	1934	Alberto POMINI	ITA	23 Jun 05	9:00.22	9:00.22
14	2292	Cuma ÖZCAN	TUR	15 Jul 05	8:46.09	8:46.09
15	1833	Paul WALOCHNY	GER	14 Aug 05	8:57.70	8:57.70
16	1875	Benjámín SZABÓ	HUN	20 Oct 06	8:57.95	8:57.95
17	2117	Lizardo HUAMANI	PER	26 Jan 06	9:31.93	9:31.93

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ALL-TIME TOP LIST				2024 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2024
7:58.66	Saif Saaeed SHAHEEN (KEN)	Bruxelles (BEL)	24 Aug 01	8:20.05	Edmund SEREM (KEN)	Nairobi (KEN)	22 May
8:01.16	Conseslus KIPRUTO (KEN)	Shanghai (CHN)	18 May 13	8:21.25	Milkesa FIKADU (ETH)	Huelva (ESP)	30 Apr
8:01.36	Lamecha GIRMA (ETH)	Doha (QAT)	4 Oct 19	8:21.98	Matthew KOSGEI (KEN)	Douala (CMR)	23 Jun
8:03.74	Raymond Kipkorir YATOR (KEN)	Monaco (MON)	18 Aug 00	8:32.82	Hirko HAYILU (ETH)	Nairobi (KEN)	20 Apr
8:05.21	Getnet WALE (ETH)	Doha (QAT)	4 Oct 19	8:35.88	Hicham ERBIBI (FRA)	Nice (FRA)	15 Jun
8:05.52	Brimin Kiprop KIPRUTO (KEN)	Hengelo (NED)	31 May 04	8:37.23	Tetsu SASAKI (JPN)	Fukuoka (JPN)	31 Jul
8:06.96	Gilbert KIRUI (KEN)	London (GBR)	27 Jul 13	8:37.36	Soma NAGAHARA (JPN)	Kobe (JPN)	21 Apr
8:07.18	Musa Amer OBAID (QAT)	Athina (GRE)	24 Aug 04	8:41.21	Kenneth KIPNGENO (KEN)	Chitose (JPN)	20 Jul
8:07.69	Paul Malakwen KOSGEI (KEN)	Stockholm (SWE)	7 Jul 97	8:41.80	Joash RUTO (KEN)	Nairobi (KEN)	22 May
8:07.71	Hilal YEGO (KEN)	Shanghai (CHN)	15 May 11	8:42.73	Yonah KIMUTAI (KEN)	Nairobi (KEN)	22 May