



START LIST

3000 Metres Women - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record	8:28.83	Zola BUDD-PIETERSE	GBR	19	Roma (ITA)	7 Sep 1985
Championships Record	8:41.76	Beyenu DEGEFA	ETH	17	Bydgoszcz (POL)	20 Jul 2016
World U20 Leading	8:32.02	Melknat WUDU	ETH	19	New York, NY (USA) i	11 Feb 2024

Heat 1

2

29 August 2024 13:00 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	991	Bentalin YEKO	UGA	6 Nov 07	9:29.30	9:29.30
2	531	Aleshign BAWEKE	ETH	23 Jan 06	8:41.10	8:41.10
3	515	María VICIOSA	ESP	3 Nov 06	9:22.43	9:22.43
4	692	Ayala HARRIS	ISR	24 Jul 06	9:28.58	9:28.58
5	768	Mercy CHEPKEMOI	KEN	19 Oct 05	9:10.95	9:10.95
6	808	Loes KEMPE	NED	25 May 05	9:16.35	9:16.35
7	613	Sarah KÖCHER	GER	11 Sep 05	9:24.55	9:24.55
8	873	Zuzanna WIERNICKA	POL	21 Oct 06	9:08.10 i	9:08.10 i
9	367	Lilian MATEO TORREZ	BOL	4 Feb 05	9:54.38	9:54.38
10	576	Innes FITZGERALD	GBR	6 Apr 06	8:57.32	8:57.32
11	758	Miu SUZUKI	JPN	25 May 05	9:18.64	9:19.53
12	557	Jade LE CORRE	FRA	20 Oct 05	9:16.67	9:16.67
13	900	Li-mari DEKKER	RSA	17 Dec 05	9:29.52	9:29.52
14	1008	Katie CLUTE	USA	2 Sep 05	9:12.40	9:12.40

Heat 2

2

29 August 2024 13:16 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	337	Gabrielle SCHMIDT	AUS	25 Feb 06	9:23.94	9:23.94
2	483	Sofia THØGERSEN	DEN	6 Jul 05	8:50.26 i	8:50.26 i
3	772	Marion JEPNGETICH	KEN	4 Sep 05	8:59.03	9:14.46
4	573	Jess BAILEY	GBR	2 Aug 06	9:10.18	9:10.18
5	528	Marta ALEMAYO	ETH	8 Apr 08	8:45.40	8:45.40
6	975	Elsa SUNDQVIST	SWE	18 Aug 05	9:19.49	9:19.49
7	893	Alexandra Maria HUDEA	ROU	3 Dec 06	9:31.78	9:31.78
8	834	Andrea NYGÅRD VIE	NOR	4 Jul 06	9:28.85	9:28.85
9	761	Miyu YAMADA	JPN	15 Feb 05	9:14.09	9:14.09
10	934	Saima MURIĆ	SRB	19 May 06	9:28.58 i	9:28.58 i
11	846	Luz Lizandra ARIAS	PER	6 Feb 06	9:51.88	9:51.88
12	987	Keziah CHEBET	UGA	27 Nov 08	9:28.40	9:28.40
13	564	Fleur TEMPLIER	FRA	27 Apr 05	9:13.19	9:13.19
14	624	Vanessa MIKITENKO	GER	7 Jul 05	9:08.14	9:08.14

i = Indoor performance

ALL-TIME TOP LIST				2024 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2024
8:28.83	Zola BUDD-PIETERSE (GBR)	Roma (ITA)	7 Sep 85	8:32.02	Melknat WUDU (ETH)	New York, NY (USA) i	11 Feb
8:28.90	Sylvia SCHIERJOTT (GDR)	Senftenberg (GER) i	20 Feb 83	8:32.35	Medina EISA (ETH)	Boston, MA (USA) i	4 Feb
8:30.99	Aynadis MEBRATU (ETH)	Xiamen (CHN)	2 Sep 23	8:32.49	Senayet GETACHEW (ETH)	Boston, MA (USA) i	4 Feb
8:32.02	Melknat WUDU (ETH)	New York, NY (USA) i	11 Feb 24	8:33.65	Wubrist ASCHAL (ETH)	Oslo (NOR)	30 May
8:32.35	Medina EISA (ETH)	Boston, MA (USA) i	4 Feb 24	8:41.10	Aleshign BAWEKE (ETH)	Hawassa (ETH)	3 Jul
8:32.49	Senayet GETACHEW (ETH)	Boston, MA (USA) i	4 Feb 24	8:45.40	Marta ALEMAYO (ETH)	Hawassa (ETH)	3 Jul
8:33.56	Tirunesh DIBABA (ETH)	Birmingham (GBR) i	20 Feb 04	8:45.64	Nancy CHEROP (KEN)	Cork (IRL)	9 Jul
8:33.63	Meskerem MAMO (ETH)	Doha (QAT)	4 May 18	8:46.62	Janet Jepkoech CHEPKEMOI (KEN)	Fukuoka (JPN)	1 Aug
8:33.65	Wubrist ASCHAL (ETH)	Oslo (NOR)	30 May 24	8:48.10	Asmarech ANLEY (ETH)	Hawassa (ETH)	3 Jul
8:34.03	Lemlem HAILU (ETH)	Doha (QAT)	3 May 19	8:50.26	Sofia THØGERSEN (DEN)	Metz (FRA) i	3 Feb

