

RESULTS



3000 Metres Men - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record	WU20R	7:28.19	Yomif KEJELCHA	ETH	19	Paris (FRA) 27 Aug 2016
Championships Record	CR	7:42.09	Tadese WORKU	ETH	19	Nairobi 18 Aug 2021
World U20 Leading	WU20L	7:34.75	Tadese WORKU	ETH	19	Bregyó Athletic Center, Székesfehérvár (HUN) 6 Jul 2021
Area U20 Record	AU20R		National U20 Record	NU20R		Personal Best
						Season Best

18 August 2021 17:49 START TIME 21° C TEMPERATURE 52 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	251	Tadese WORKU	ETH	20 Jan 02	2	7:42.09	CR
2	243	Ali ABDILMANA	ETH	17 Feb 02	6	7:44.55	PB
3	229	Habtom SAMUEL	ERI	30 Nov 03	12	7:52.69	PB
4	231	Merhawi MEBRAHTU	ERI	21 Sep 03	11	7:55.50	PB
5	132	Lionel NIHIMBAZWE	BDI	5 May 05	3	8:04.07	PB
6	597	Dismas YEKO	UGA	9 Oct 04	4	8:08.76	
7	399	Daniel KINYANJUI	KEN	15 Jan 05	14	8:09.40	
8	591	Dan KIBET	UGA	10 Feb 04	13	8:09.98	
9	415	Benard Kibet YEGON	KEN	4 Sep 03	10	8:12.96	
10	437	Yassine LAARJ	MAR	2 Feb 02	8	8:27.59	
11	510	Jason BOWERS	RSA	10 Feb 03	15	8:30.76	
12	584	Devrim KAZAN	TUR	18 Jun 02	5	8:52.01	
13	544	Vid BOTOLIN	SLO	15 Aug 02	7	9:10.10	
14	448	Ajit YADAV	NEP	10 Jan 03	9	9:15.27	SB
	549	Abdifatah Aden HASSAN	SOM	2 Jun 03	16	DNF	
	122	Joseph Lobo MORRIS	ART	1 Jan 05	1	DQ	TR17.3.2

NOTE WA Rule TR17.3.2 - infringement of the inside border

INTERMEDIATE TIMES

100 m	15.43 Dismas YEKO	200 m	31.37 Dismas YEKO
300 m	47.83 Dismas YEKO	400 m	1:04.94 Dismas YEKO
500 m	1:21.03 Tadese WORKU	600 m	1:36.24 Tadese WORKU
700 m	1:50.95 Tadese WORKU	800 m	2:06.10 Tadese WORKU
900 m	2:22.63 Dan KIBET	1000 m	2:39.41 Tadese WORKU
1100 m	2:54.81 Tadese WORKU	1200 m	3:10.24 Tadese WORKU
1300 m	3:25.34 Tadese WORKU	1400 m	3:40.39 Tadese WORKU
1500 m	3:55.21 Tadese WORKU	1600 m	4:10.40 Tadese WORKU
1700 m	4:25.73 Tadese WORKU	1800 m	4:40.79 Tadese WORKU
1900 m	4:56.12 Tadese WORKU	2000 m	5:11.63 Ali ABDILMANA
2100 m	5:27.30 Tadese WORKU	2200 m	5:42.59 Tadese WORKU
2300 m	5:57.78 Tadese WORKU	2400 m	6:13.08 Tadese WORKU
2500 m	6:28.67 Tadese WORKU	2600 m	6:44.08 Tadese WORKU
2700 m	6:58.74 Tadese WORKU	2800 m	7:12.91 Tadese WORKU
2900 m	7:27.64 Tadese WORKU		

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
7:28.19	Yomif KEJELCHA (ETH)	Paris (FRA)	27 Aug 16
7:28.78	Augustine Kiprono CHOGE (KEN)	Doha (QAT)	13 May 05
7:29.11	Tariku BEKELE (ETH)	Rieti (ITA)	27 Aug 06
7:30.36	Haqos GEBRHIWET (ETH)	Hamad Stadium, Doha (QAT)	10 May 13
7:30.43	Isiah Kiplangat KOECH (KEN)	stadion, Stockholm (SWE)	17 Aug 12
7:30.67	Kenenisa BEKELE (ETH)	Bruxelles (BEL)	24 Aug 01
7:30.91	Eliud KIPCHOGE (KEN)	oudewijnstadion, Bruxelles (BEL)	5 Sep 03
7:32.17	Selemon BAREGA (ETH)	Bislett Stadion, Oslo (NOR)	13 Jun 19
7:32.37	Abraham CHERKOS (ETH)	ique de la Pontaise, Lausanne	11 Jul 06
7:32.72	John KIPKOECH (KEN)	Stadio Guidobaldi, Rieti (ITA)	29 Aug 10

SEASON TOP LIST

RESULT	NAME	VENUE	2021
7:34.75	Tadese WORKU (ETH)	Bregyó Athletic Center, Székesfehérvár (HUN)	6 Jul
7:39.27	Addisu YIHUNE (ETH)	Bregyó Athletic Center, Székesfehérvár (HUN)	6 Jul
7:44.55	Ali ABDILMANA (ETH)	Nairobi	18 Aug
7:48.07	Ryuji MIURA (JPN)	Juntendo University Stadium, Inzai (JPN)	12 Jun
7:49.61	Joel Ibler LILLESØ (DEN)	Friidrettsstadion, Jessheim (NOR)	6 Aug
7:52.11	Jude THOMAS (AUS)	Hagenauer Reserve, Box Hill, Melbourne (AUS)	29 Apr
7:52.69	Habtom SAMUEL (ERI)	Nairobi	18 Aug
7:55.01	Benard Kibet YEGON (KEN)	ternational Sports Centre, Kasaran	2 Jul
7:55.50	Merhawi MEBRAHTU (ERI)	Nairobi	18 Aug
7:55.65	Pol ORIACH (ESP)	Ibiza (ESP)	8 May