

## Changsha International Marathon

### IAAF Bronze Label Road Race

27 October 2019

#### Men's Race

Place	Name	Nation	Result	AVE. Pace	5km	10km	15km	U-turn	20km	21.0975km	25km	30km	35km	40km
1	ABDI ASEFA KEBEDE	ETH	02:10:23*	00:03:06	00:14:51	00:30:05	00:45:18	00:56:37	01:01:34	01:04:47	01:16:58	01:32:50	01:48:28	02:03:38
2	DAVID KIPRONO METTO	KEN	02:10:26	00:03:06	00:14:52	00:30:07	00:45:18	00:56:37	01:01:34	01:04:48	01:16:58	01:32:50	01:40:21	02:03:37
3	WORKNEH TESFA TIRUNEH	ETH	02:10:30	00:03:06	00:14:56	00:30:17	00:45:27	00:56:38	01:01:33	01:04:51	01:16:59	01:32:50	01:40:23	02:03:37
4	Paul Muchemi Maina	KEN	02:10:56	00:03:07	00:14:54	00:30:07	00:45:18	00:56:38	01:01:35	01:04:45	01:17:00	01:32:51	01:40:22	02:03:40
5	Mohamed El Talhaoui	MAR	02:11:08	00:03:07	00:14:55	00:30:07	00:45:18	00:56:38	01:01:35	01:04:49	01:16:58	01:32:50	01:40:21	02:03:46
6	彭建华 (PENG Jianhua)	CHN	02:13:20	00:03:10	00:14:50	00:30:07	00:45:17	00:56:35	01:01:30	01:04:45	01:16:57	01:32:50	01:40:21	02:04:52
7	ABRAHAM GIRMA BEKELE	ETH	02:14:48	00:03:12	00:14:51	00:30:07	00:45:17	00:56:37	01:01:35	01:04:47	01:16:58	01:32:50	01:40:56	02:06:31
8	赖晓斌 (LAI Xiaobin)	CHN	02:22:21	00:03:23	00:15:42	00:32:26	00:49:02	01:01:20	01:06:40	01:10:10	01:23:25	01:40:35	01:57:46	02:14:50
9	GEOFFREY RONO	KEN	02:22:38	00:03:23	00:14:52	00:30:07	00:45:37	00:57:17	01:02:26	01:05:49	01:18:55	01:36:09	01:46:23	02:13:46
10	石吉林 (SHI Jilin)	CHN	02:29:46	00:03:33	00:17:16	00:34:49	00:52:38	01:05:38	01:11:16	01:14:58	01:28:56	01:47:06	01:56:33	02:21:50
11	曾文波 (ZENG Wenbo)	CHN	02:31:01	00:03:35	00:17:16	00:34:51	00:52:38	01:05:38	01:11:15	01:14:58	01:28:55	01:47:06	01:56:47	02:22:58
12	魏郭超 (WEI Guochao)	CHN	02:31:43	00:03:36	00:17:50	00:36:31	00:54:35	01:07:44	01:13:23	01:17:09	01:31:10	01:48:52	01:58:23	02:23:57
13	周其祥 (ZHOU Qixiang)	CHN	02:34:08	00:03:39	00:17:15	00:34:50	00:52:38	01:05:41	01:11:23	01:15:08	01:29:11	01:48:53	01:59:01	02:25:36
14	谭增利 (TAN Zengli)	CHN	02:34:26	00:03:40	00:17:15	00:34:50	00:52:37	01:05:37	01:11:16	01:14:58	01:28:55	01:47:05	01:58:11	02:25:49
15	宋贱平 (SONG Jianping)	CHN	02:37:04	00:03:44	00:17:33	00:35:53	00:54:03	01:07:28	01:13:19	01:17:09	01:31:37	01:50:12	02:01:04	02:28:33
16	潘伟 (PAN Wei)	CHN	02:40:04	00:03:48	00:18:59	00:37:34	00:56:01	01:09:40	01:15:41	01:19:37	01:34:21	01:53:03	02:03:58	02:31:21
17	刘健一 (LIU Jianyi)	CHN	02:42:25	00:03:51	00:18:49	00:37:54	00:56:58	01:10:50	01:16:49	01:20:42	01:35:32	01:54:14	02:05:07	02:32:56
18	向清 (XIANG Qing)	CHN	02:43:48	00:03:53	00:17:16	00:34:53	00:53:11	01:06:39	01:12:38	01:16:33	01:31:08	01:50:40	02:03:13	02:33:21
19	修广民 (XIU Guangmin)	CHN	02:44:03	00:03:54	00:17:55	00:37:16	00:56:24	01:10:23	01:16:29	01:20:33	01:35:31	01:54:13	02:14:34	02:34:55
20	王成忠 (WANG Chengzhong)	CHN	02:44:30	00:03:54	00:18:14	00:37:16	00:56:22	01:10:21	01:16:21	01:20:16	01:35:10	01:54:12	02:14:34	02:34:56

#### Women's Race

Place	Name	Nation	Result	AVE. Pace	5km	10km	15km	U-turn	20km	21.0975km	25km	30km	35km	40km
1	TIGIST TESHOME AYANU	ETH	02:31:43*	00:03:36	00:17:15	00:34:49	00:52:38	01:05:41	01:11:24	01:15:08	01:29:11	01:47:35	01:58:24	02:23:56
2	Kanbouchia Soud	MAR	02:31:48	00:03:36	00:17:16	00:34:51	00:52:39	01:05:41	01:11:25	01:15:09	01:29:13	01:47:35	01:58:24	02:23:56
3	AYANTU ABERA DEMISSIE	ETH	02:32:34	00:03:37	00:17:16	00:34:50	00:52:38	01:05:40	01:11:24	01:15:08	01:29:12	01:47:35	01:58:23	02:24:22
4	Kassaye Agimas Wubu	ETH	02:33:10	00:03:38	00:17:16	00:34:50	00:52:38	01:05:41	01:11:26	01:15:09	01:29:12	01:47:35	01:58:24	02:24:29
5	RUTH WAITHIRA KARANJA	KEN	02:35:58	00:03:42	00:17:16	00:34:51	00:52:39	01:05:41	01:11:24	01:15:08	01:29:12	01:47:36	01:58:25	02:26:18
6	NAOMI JEPKOGEI MAIYO	KEN	02:36:49	00:03:43	00:17:16	00:34:50	00:52:38	01:05:52	01:11:41	01:15:38	01:30:36	01:49:46	02:00:29	02:27:57
7	NANCY JEBET KOECH	KEN	02:41:21	00:03:50	00:17:16	00:34:50	00:52:40	01:05:44	01:11:26	01:15:13	01:29:53	01:49:14	02:01:13	02:31:02
8	Polline Wanjiku Njeru	KEN	02:46:37	00:03:57	00:17:15	00:34:51	00:53:09	01:07:28	01:13:34	01:17:47	01:33:33	01:54:13	02:15:44	02:37:14
9	孔洁 (KONG Jie)	CHN	02:47:00	00:03:58	00:18:21	00:37:53	00:56:57	01:11:04	01:17:11	01:21:14	01:36:36	01:56:06	02:16:48	02:37:29
10	黄菲 (HUANG Fei)	CHN	02:53:19	00:04:07	00:20:00	00:40:24	01:00:21	01:15:09	01:21:32	01:25:43	01:41:26	02:01:46	02:14:17	02:43:42
11	张水华 (ZHANG Shuihua)	CHN	02:58:46	00:04:15	00:20:28	00:41:47	01:02:56	01:18:25	01:25:08	01:29:31	01:45:55	02:06:50	02:19:39	02:49:10
12	孙小平 (SUN Xiaoping)	CHN	03:00:49	00:04:17	00:21:05	00:42:51	01:04:01	01:19:24	01:26:06	01:30:31	01:46:55	02:07:50	02:21:01	02:51:03
13	石砚秀 (SHI Yanxiu)	CHN	03:01:14	00:04:18	00:19:51	00:41:15	01:02:03	01:17:25	01:24:04	01:28:26	01:44:59	02:06:40	02:20:05	02:50:48
14	李玉锦 (LI Yujin)	CHN	03:07:46	00:04:27	00:21:33	00:43:43	01:05:26	01:21:26	01:28:26	01:33:03	01:50:20	02:12:49	02:27:10	02:57:14
15	孙艳平 (SUN Yanping)	CHN	03:12:53	00:04:35	00:22:07	00:44:28	01:06:30	01:22:37	01:29:44	01:34:22	01:51:53	02:14:09	02:29:48	03:01:51
16	刘维 (LIU Wei)	CHN	03:15:59	00:04:39	00:22:02	00:44:33	01:07:20	01:24:31	01:32:03	01:37:01	01:55:42	02:19:02	02:34:12	03:05:30
17	胡楚虹 (HU Chuhong)	CHN	03:17:48	00:04:42	00:21:14	00:43:30	01:05:48	01:22:24	01:29:37	01:34:18	01:51:59	02:15:04	02:31:31	03:05:39
18	罗树梅 (LUO Shumei)	CHN	03:19:45	00:04:44	00:22:01	00:44:30	01:07:04	01:23:43	01:30:52	01:35:38	01:53:29	02:17:54	02:33:58	03:07:38
19	方烂芬 (FANG Lanfen)	CHN	03:20:55	00:04:46	00:22:08	00:45:10	01:08:02	01:25:00	01:32:23	01:37:13	01:55:28	02:19:04	02:35:48	03:09:28
20	贾宗霞 (JIA Zongxia)	CHN	03:22:11	00:04:48	00:23:31	00:47:42	01:11:03	01:27:57	01:35:10	01:39:54	01:58:14	02:22:07	02:38:25	03:11:16

Note: \* refers to new race record.