

START LIST



400 Metres Hurdles Women - Round 1

First 4 in each heat (Q) and the next 4 fastest (q) advance to the Semi-Finals

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	52.20	Dalilah MUHAMMAD	USA	29	Des Moines, IA (USA)	28 Jul 2019
Championships Record CR	52.42	Melaine WALKER	JAM	26	Berlin (Olympiastadion)	20 Aug 2009
World Leading WL	52.20	Dalilah MUHAMMAD	USA	29	Des Moines, IA (USA)	28 Jul 2019

Heat 1

5

1 October 2019 17:30 START TIME

LANE	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	Jessica MOREIRA	BRA	16 Nov 01	55.94	55.94
3	Lauren BODEN	AUS	3 Aug 88	54.87	54.87
4	Lea SPRUNGER	SUI	5 Mar 90	54.29	55.13
5	Vera RUDAKOVA	ANA	20 Mar 92	54.48	55.57
6	Portia BING	NZL	17 Apr 93	55.86	55.86
7	Mariam Mamdouh FARID	QAT	1 Feb 98	1:10.33	1:10.33
8	Sydney MCLAUGHLIN	USA	7 Aug 99	52.75	52.85
9	Shiann SALMON	JAM	31 Mar 99	55.39	55.39

Heat 2

5

1 October 2019 17:38 START TIME

LANE	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	Anna RYZHYKOVA	UKR	24 Nov 89	54.35	54.64
3	Carolina KRAFZIK	GER	27 Mar 95	55.64	55.64
4	Jessica TURNER	GBR	8 Aug 95	55.95	55.95
5	Melissa GONZALEZ	COL	24 Jun 94	55.73	55.73
6	Yadisleidis PEDROSO	ITA	28 Jan 87	54.54	56.03
7	Kori CARTER	USA	3 Jun 92	52.95	55.09
8	Ronda WHYTE	JAM	6 Nov 90	54.29	55.31
9	Zuzana HEJNOVÁ	CZE	19 Dec 86	52.83	54.11

Heat 3

5

1 October 2019 17:46 START TIME

LANE	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	Sara Slott PETERSEN	DEN	9 Apr 87	53.55	54.89
3	Gianna WOODRUFF	PAN	18 Nov 93	55.60	55.91
4	Zurian HECHAVARRÍA	CUB	10 Aug 95	55.00	55.00
5	Dalilah MUHAMMAD	USA	7 Feb 90	52.20	52.20
6	Valeriya ANDREYEVA	ANA	13 Aug 92	55.70	55.91
7	Joanna LINKIEWICZ	POL	2 May 90	55.25	55.55
8	Paulien COUCKUYT	BEL	19 May 97	55.46	55.46

Heat 4

5

1 October 2019 17:54 START TIME

LANE	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	Yanique HAYE-SMITH	TKS	22 Mar 90	55.58	55.58
3	Femke BOL	NED	23 Feb 00	55.94	55.94
4	Sara KLEIN	AUS	19 May 94	56.07	56.07
5	Amalie IUDEL	NOR	17 Apr 94	55.15	55.15
6	Ayomide FOLORUNSO	ITA	17 Oct 96	54.75	54.75
7	Aminat JAMAL	BRN	27 Jun 97	55.54	55.84
8	Ashley SPENCER	USA	8 Jun 93	53.11	53.11
9	Hanne CLAES	BEL	4 Aug 91	55.20	55.36

START LIST
400 Metres Hurdles Women - Round 1

Heat 5

5

1 October 2019 18:02 START TIME

LANE	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	Tia-Adana BELLE	BAR	15 Jun 96	54.18	54.18
3	Meghan BEESLEY	GBR	15 Nov 89	54.52	55.20
4	Sarah CARLI	AUS	5 Sep 94	55.67	55.67
5	Lamiaie LHABZ	MAR	19 May 84	55.51	56.97
6	Linda OLIVIERI	ITA	14 Jul 98	55.97	55.97
7	Rushell CLAYTON	JAM	18 Oct 92	54.16	54.16
8	Zenély VAN DER WALT	RSA	22 May 00	55.05	55.73
9	Sage WATSON	CAN	20 Jun 94	54.52	55.16

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
52.20	Dalilah MUHAMMAD (USA)	Des Moines, IA (USA)	28 Jul 19
52.34	Yuliya PECHONKINA (RUS)	Tula (Arsenal Stadium)	8 Aug 03
52.42	Melaine WALKER (JAM)	Berlin (Olympiastadion)	20 Aug 09
52.47	Lashinda DEMUS (USA)	Daegu (DS)	1 Sep 11
52.61	Kim BATTEN (USA)	Göteborg (Ullevi Stadium)	11 Aug 95
52.62	Tonja BUFORD-BAILEY (USA)	Göteborg (Ullevi Stadium)	11 Aug 95
52.70	Natalya ANTYUKH (RUS)	London (Olympic Stadium)	8 Aug 12
52.74	Sally GUNNELL (GBR)	tuttgart (Gottlieb-Daimler Stadion)	19 Aug 93
52.75	Shamier LITTLE (USA)	Sacramento (Hornet Stadium), CA	25 Jun 17
52.75	Sydney MCLAUGHLIN (USA)	Knoxville (USA)	13 May 18

SEASON TOP LIST

RESULT	NAME	VENUE	2019
52.20	Dalilah MUHAMMAD (USA)	Des Moines, IA (USA)	28 Jul
52.85	Sydney MCLAUGHLIN (USA)	Zürich (SUI)	29 Aug
53.11	Ashley SPENCER (USA)	Des Moines, IA (USA)	28 Jul
53.73	Shamier LITTLE (USA)	Lausanne (Pontaise)	5 Jul
54.11	Zuzana HEJNOVÁ (CZE)	Lausanne (Pontaise)	5 Jul
54.16	Rushell CLAYTON (JAM)	London (GBR)	21 Jul
54.18	Tia-Adana BELLE (BAR)	Gainesville, FL (USA)	28 Mar
54.64	Anna RYZHYKOVA (UKR)	London (GBR)	21 Jul
54.70	Janieve RUSSELL (JAM)	Monaco (MON)	12 Jul
54.75	Ayomide FOLORUNSO (ITA)	Napoli (ITA)	10 Jul