

START LIST



3000 Metres Steeplechase Men - Round 1

First 3 in each heat (Q) and the next 6 fastest (q) advance to the Final

RECORDS	RESULT NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	7:53.63 Saif Saaed SHAHEEN	QAT	22	Bruxelles (Boudewijnstadion)	3 Sep 2004
Championships Record CR	8:00.43 Ezekiel KEMBOI	KEN	27	Berlin (Olympiastadion)	18 Aug 2009
World Leading WL	8:04.82 Soufiane EL BAKKALI	MAR	23	Monaco (MON)	12 Jul 2019

Heat 1

3

1 October 2019 18:15 START TIME

ORDER	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	Martin GRAU	GER	26 Mar 92	8:24.29	8:28.94
2	Zak SEDDON	GBR	28 Jun 94	8:21.28	8:21.28
3	Tom Erling KÅRBØ	NOR	4 Feb 89	8:27.67	8:27.67
4	Fernando CARRO	ESP	1 Apr 92	8:05.69	8:05.69
5	Getnet WALE	ETH	16 Jul 00	8:05.51	8:05.51
6	Matthew HUGHES	CAN	3 Aug 89	8:11.64	8:17.26
7	Stanley Kipkoech KEBENEI	USA	6 Nov 89	8:08.30	8:14.20
8	Kaur KIVISTIK	EST	29 Apr 91	8:28.55	8:28.55
9	Leonard Kipkemoi BETT	KEN	3 Nov 00	8:08.61	8:08.61
10	Abdelkarim BEN ZAHRA	MAR	27 Oct 98	8:18.12	8:18.12
11	Boniface Abel SIKOWO	UGA	27 Jul 99	8:25.91	8:25.91
12	Amor BEN YAHIA	TUN	1 Jul 85	8:14.05	8:28.93
13	Fouad IDBAFDIL	ART	9 Feb 88	8:54.05	8:54.70
14	Djilali BEDRANI	FRA	1 Oct 93	8:09.47	8:09.47
15	Yohanes CHIAPPINELLI	ITA	18 Aug 97	8:24.26	8:24.26

Heat 2

3

1 October 2019 18:32 START TIME

ORDER	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	Osama ZOGLAMI	ITA	19 Jun 94	8:20.88	8:20.88
2	Soufiane EL BAKKALI	MAR	7 Jan 96	7:58.15	8:04.82
3	Rantso MOKOPANE	RSA	8 Aug 94	8:28.75	8:28.75
4	Krystian ZALEWSKI	POL	11 Apr 89	8:16.20	8:28.99
5	Karl BEBENDORF	GER	7 May 96	8:27.52	8:27.52
6	Lamecha GIRMA	ETH	26 Nov 00	8:07.66	8:07.66
7	Andrew BAYER	USA	3 Feb 90	8:14.46	8:16.52
8	Altobeli SANTOS DA SILVA	BRA	3 Dec 90	8:23.67	8:28.66
9	Ben BUCKINGHAM	AUS	8 Nov 91	8:27.51	8:27.51
10	Bilal TABTI	ALG	7 Jun 93	8:20.20	8:21.88
11	Abraham KIBIWOT	KEN	6 Apr 96	8:05.72	8:05.72
12	Yemane HAILESELASSIE	ERI	21 Feb 98	8:11.22	8:23.06
13	Daniel ARCE	ESP	22 Apr 92	8:20.16	8:20.16
14	John GAY	CAN	7 Nov 96	8:28.96	8:28.96
15	Albert CHEMUTAI	UGA	25 Nov 99	8:12.29	8:12.29

START LIST
3000 Metres Steeplechase Men - Round 1

Heat 3

3

1 October 2019 18:49 START TIME

ORDER	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	Avinash SABLE	IND	13 Sep 94	8:28.94	8:28.94
2	Benjamin KIGEN	KEN	5 Jul 93	8:05.12	8:05.12
3	Salem Mohamed ATTIAALLAH	EGY	1 Oct 93	8:28.87	8:28.87
4	Hillary BOR	USA	22 Nov 89	8:08.41	8:08.41
5	Topi RAITANEN	FIN	7 Feb 96	8:21.47	8:21.47
6	Carlos Andres SAN MARTIN	COL	19 Nov 93	8:32.24	8:32.24
7	Otmane NAIT HAMMOU	ART	1 Apr 95	8:58.71	8:58.71
8	Conseslus KIPRUTO	KEN	8 Dec 94	8:00.12	8:13.75
9	Ryan SMEETON	CAN	26 Oct 98	8:27.90	8:27.90
10	Benjamin KIPLAGAT	UGA	4 Mar 89	8:03.81	8:26.79
11	Ibrahim EZZAYDOUNI	ESP	28 Apr 91	8:14.49	8:14.49
12	Mohamed TINDOUFT	MAR	12 Mar 93	8:12.89	8:12.89
13	Takele NIGATE	ETH	2 Oct 99	8:09.50	8:09.50
14	Yoann KOWAL	FRA	28 May 87	8:12.53	8:26.16
15	Yaser Salem BAGHARAB	QAT	1 Jan 98	8:25.79	8:25.79
16	Chala BEYO	ETH	18 Jan 96	8:06.48	8:06.48

ALL-TIME TOP LIST

SEASON TOP LIST

RESULT	NAME	VENUE	DATE
7:53.63	Saif Saaeed SHAHEEN (QAT)	Bruxelles (Boudewijnstadion)	3 Sep 04
7:53.64	Brimin Kiprop KIPRUTO (KEN)	Monaco (Stade Louis II)	22 Jul 11
7:54.31	Paul Kipsiele KOECH (KEN)	Roma (Stadio Olimpico)	31 May 12
7:55.28	Brahim BOULAMI (MAR)	Bruxelles	24 Aug 01
7:55.72	Bernard BARMASAI (KEN)	Köln	24 Aug 97
7:55.76	Ezekiel KEMBOI (KEN)	Monaco (Stade Louis II)	22 Jul 11
7:56.16	Moses KIPTANUI (KEN)	Köln	24 Aug 97
7:56.81	Richard Kipkemboi MATEELONG (KEN)	ad Bin Suhaim	11 May 12
7:57.29	Reuben KOSGEI (KEN)	Bruxelles	24 Aug 01
7:58.15	Soufiane EL BAKKALI (MAR)	Monaco (MON)	20 Jul 18

RESULT	NAME	VENUE	2019
8:04.82	Soufiane EL BAKKALI (MAR)	Monaco (MON)	12 Jul
8:05.12	Benjamin KIGEN (KEN)	Monaco (MON)	12 Jul
8:05.51	Getnet WALE (ETH)	Monaco (MON)	12 Jul
8:05.69	Fernando CARRO (ESP)	Monaco (MON)	12 Jul
8:05.72	Abraham KIBIWOT (KEN)	Monaco (MON)	12 Jul
8:06.48	Chala BEYO (ETH)	Rabat (MAR)	16 Jun
8:07.66	Lamecha GIRMA (ETH)	Bruxelles (BEL)	6 Sep
8:08.41	Hillary BOR (USA)	Doha (QAT)	3 May
8:08.61	Leonard Kipkemoi BETT (KEN)	Doha (QAT)	3 May
8:09.47	Djalali BEDRANI (FRA)	Monaco (MON)	12 Jul