

# 23.10.2016

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MEDIO MARATÓN  
TRINIDAD ALFONSO 2015



MEDIO MARATÓN  
VALENCIA  
TRINIDAD ALFONSO  
2016



## 20 PRIMEROS HOMBRES

Pos. Gen.	DORSAL	NOMBRE	CLUB	Categoría	Pos. Cat.	Km 5	Km 10	Km 15	Km 20	Primer 5000	Segundo 5000	Tercer 5000	Cuarto 5000	TIEMPO OFICIAL	Veloc.	Diferenc.	
1	3	KIBET, STEPHEN KOSGEI	KENYA	INDEPENDIENTE	SENIOR MAS	1	0:13:59	0:28:01	0:42:19	0:56:25	0:13:59	0:14:02	0:14:18	0:14:06	0:59:27	2,49	
2	14	EL AZIZ, MUSTAPHA	MARRUE	INDEPENDIENTE	SENIOR MAS	2	0:14:00	0:28:01	0:42:20	0:56:26	0:14:00	0:14:01	0:14:19	0:14:06	0:59:29	2,49	a 0:00:02
3	12	ROTICH, EDWIN KIPSANG	KENYA	INDEPENDIENTE	SENIOR MAS	3	0:13:59	0:28:01	0:42:19	0:56:26	0:13:59	0:14:02	0:14:18	0:14:07	0:59:32	2,49	a 0:00:05
4	49	MAROFIT, MOURAD	MARRUE	INDEPENDIENTE	SENIOR MAS	4	0:13:59	0:28:02	0:42:20	0:56:27	0:13:59	0:14:03	0:14:18	0:14:07	0:59:33	2,49	a 0:00:06
5	10	YEGON, GEOFFREY	KENYA	INDEPENDIENTE	SENIOR MAS	5	0:14:00	0:28:01	0:42:19	0:56:36	0:14:00	0:14:01	0:14:18	0:14:17	0:59:46	2,50	a 0:00:19
6	2	YEGO, SOLOMON KIRWA	KENYA	INDEPENDIENTE	SENIOR MAS	6	0:13:59	0:28:01	0:42:21	0:56:55	0:13:59	0:14:02	0:14:20	0:14:34	1:00:11	2,51	a 0:00:44
7	11	KETER, KENNETH	KENYA	INDEPENDIENTE	PROMESA M	1	0:13:59	0:28:10	0:43:09	0:58:26	0:13:59	0:14:11	0:14:59	0:15:17	1:01:42	2,55	a 0:02:15
8	21	BEZABH, BELAY TILAHUN	ETIOPIA	INDEPENDIENTE	PROMESA M	2	0:14:01	0:28:35	0:43:40	0:58:39	0:14:01	0:14:34	0:15:05	0:14:59	1:01:51	2,56	a 0:02:24
9	1	CHEROBEN, ABRAHAM	BAHREIN	INDEPENDIENTE	SENIOR MAS	7	0:14:04	0:28:47	0:43:48	0:58:42	0:14:04	0:14:43	0:15:01	0:14:54	1:01:55	2,56	a 0:02:28
10	17	GITHAE, MICHAEL MUGO	KENYA	INDEPENDIENTE	PROMESA M	3	0:14:04	0:28:47	0:43:59	0:59:17	0:14:04	0:14:43	0:15:12	0:15:18	1:02:28	2,58	a 0:03:01
11	15	KIMITEI, WILFRED KIMELI	KENYA	INDEPENDIENTE	SENIOR MAS	8	0:14:00	0:28:30	0:43:49	0:59:39	0:14:00	0:14:30	0:15:19	0:15:50	1:02:51	2,59	a 0:03:24
12	50	CHAHDI, HASSAN	FRANCIA	INDEPENDIENTE	SENIOR MAS	9	0:14:40	0:29:33	0:44:44	0:59:54	0:14:40	0:14:53	0:15:11	0:15:10	1:03:05	2,59	a 0:03:38
13	16	MOEN, SORDRE NORDSTAD	NORUEG	INDEPENDIENTE	SENIOR MAS	10	0:14:40	0:29:33	0:44:44	0:59:54	0:14:40	0:14:53	0:15:11	0:15:10	1:03:06	2,59	a 0:03:39
14	13	YATOR, VINCENT KIPSEGECHI	KENYA	INDEPENDIENTE	SENIOR MAS	11	0:14:00	0:29:09	0:44:44	1:00:00	0:14:00	0:15:09	0:15:35	0:15:16	1:03:24	3,00	a 0:03:57
15	46	AHOUCAR, HASSANE		SPORTPHYSIOLOGY	VETERANO B	1	0:14:53	0:30:02	0:45:26	1:00:47	0:14:53	0:15:09	0:15:24	0:15:21	1:04:05	3,02	a 0:04:38
16	31	BENABBOU AZIZI, HOUSAME ED	ESPAÑA	A.D. MARATON	SENIOR MAS	12	0:15:15	0:30:43	0:46:16	1:01:42	0:15:15	0:15:28	0:15:33	0:15:26	1:04:56	3,05	a 0:05:29
17	7995	OUMELLAL, JAOUAD	ESPAÑA	C.A. CARNICAS SERRANO	SENIOR MAS	13	0:15:00	0:30:32	0:46:17	1:01:45	0:15:00	0:15:32	0:15:45	0:15:28	1:05:04	3,05	a 0:05:37
18	26	NUÑEZ SANCHEZ, JESUS ANTONI	ESPAÑA	C.A. BIKILA	VETERANO A	1	0:15:15	0:30:43	0:46:16	1:01:47	0:15:15	0:15:28	0:15:33	0:15:31	1:05:05	3,05	a 0:05:38
19	18	IGLESIAS BORREGO, RAFAEL	ESPAÑA	C.A. ADIDAS	VETERANO A	2	0:15:15	0:30:43	0:46:23	1:02:45	0:15:15	0:15:28	0:15:40	0:16:22	1:06:10	3,08	a 0:06:43
20	101	CUADRILLERO BARRANCO, JUAN	ESPAÑA	C.A. S.S. DE LOS REYES - C	VETERANO	1	0:15:15	0:30:55	0:47:00	1:02:53	0:15:15	0:15:40	0:16:05	0:15:53	1:06:15	3,08	a 0:06:48

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## 20 PRIMERAS MUJERES

Pos. Gen.	DORSAL	NOMBRE	CLUB	Categoría	Pos. Cat.	Km 5	Km 10	Km 15	Km 20	Primer 5000	Segundo 5000	Tercer 5000	Cuarto 5000	TIEMPO OFICIAL	Veloc.	Diferenc.
1	64	JEPCHIRCHIR, PERES	KENYA INDEPENDIENTE	SENIOR FEM	1	0:15:20	0:31:01	0:46:59	1:03:30	0:15:20	0:15:41	0:15:58	0:16:31	<b>1:07:09</b>	3,11	a 0:07:42
2	62	JEPCHUMBA, VIOLAH	KENYA INDEPENDIENTE	SENIOR FEM	2	0:15:15	0:30:55	0:47:20	1:04:38	0:15:15	0:15:40	0:16:25	0:17:18	<b>1:08:22</b>	3,14	a 0:08:55
3	65	CHELIMO, ROSE	BAHREIN INDEPENDIENTE	SENIOR FEM	3	0:15:34	0:32:07	0:49:02	1:06:00	0:15:34	0:16:33	0:16:55	0:16:58	<b>1:09:35</b>	3,18	a 0:10:08
4	66	YATOR, GLADYS JEPKEMOI	KENYA INDEPENDIENTE	SENIOR FEM	4	0:15:46	0:32:18	0:49:36	1:07:15	0:15:46	0:16:32	0:17:18	0:17:39	<b>1:11:00</b>	3,22	a 0:11:33
5	68	KIYOTA, MAO	JAPON INDEPENDIENTE	SENIOR FEM	5	0:16:21	0:33:08	0:50:18	1:07:29	0:16:21	0:16:47	0:17:10	0:17:11	<b>1:11:07</b>	3,22	a 0:11:40
6	82	HERNANDEZ, MARGARITA	MEXICO MEXICO	SENIOR FEM	6	0:17:12	0:34:22	0:52:03	1:09:43	0:17:12	0:17:10	0:17:41	0:17:40	<b>1:13:25</b>	3,29	a 0:13:58
7	71	NAIGAMBO, BEATA NANDAJALA	NAMIBIA INDEPENDIENTE	VETERANA A	1	0:17:12	0:34:21	0:52:08	1:09:56	0:17:12	0:17:09	0:17:47	0:17:48	<b>1:13:45</b>	3,30	a 0:14:18
8	8044	ESTEBAN POVEDA, MARTA	ESPAÑA C.A. CARNICAS SERRANO	SENIOR FEM	7	0:17:58	0:35:47	0:53:50	1:11:23	0:17:58	0:17:49	0:18:03	0:17:33	<b>1:15:01</b>	3,33	a 0:15:34
9	86	CASANUEVA CABRERO, MARISA	ESPAÑA NEW BALANCE	VETERANA A	2	0:17:41	0:35:35	0:53:50	1:11:28	0:17:41	0:17:54	0:18:15	0:17:38	<b>1:15:14</b>	3,34	a 0:15:47
10	81	REBOLLO SALGADO, ESMERALD	MEXICO MEXICO	SENIOR FEM	8	0:17:28	0:35:06	0:53:31	1:11:31	0:17:28	0:17:38	0:18:25	0:18:00	<b>1:15:24</b>	3,34	a 0:15:57
11	70	HE, YINLI	CHINA INDEPENDIENTE	SENIOR FEM	9	0:17:53	0:36:04	0:54:30	1:12:44	0:17:53	0:18:11	0:18:26	0:18:14	<b>1:16:43</b>	3,38	a 0:17:16
12	98	KRSINAR, NEJA	ESLOVE HAPPY GYM	SENIOR FEM	10	0:17:47	0:36:21	0:55:52	1:15:50	0:17:47	0:18:34	0:19:31	0:19:58	<b>1:20:17</b>	3,48	a 0:20:50
13	5025	GOMEZ NAVARRO, GEMA	ESPAÑA C.A. RIBA-PEU RIBA-ROJA	VETERANA A	3	0:18:50	0:38:08	0:57:36	1:16:48	0:18:50	0:19:18	0:19:28	0:19:12	<b>1:20:56</b>	3,50	a 0:21:29
14	298	REGLERO MARCOS, SARA	ESPAÑA A.A. MOSTOLES	SENIOR FEM	11	0:19:20	0:38:48	0:59:00	1:18:32	0:19:20	0:19:28	0:20:12	0:19:32	<b>1:22:42</b>	3,55	a 0:23:15
15	97	JAVORNIK, HELENA	ESLOVE A.D. STAJERSKA	VETERANA D	1	0:19:06	0:38:43	0:59:02	1:18:44	0:19:06	0:19:37	0:20:19	0:19:42	<b>1:22:58</b>	3,56	a 0:23:31
16	5958	ALBORCH FERRIS, SALUT	ESPAÑA MARINA DE EMPRESAS RU	SENIOR FEM	12	0:20:24	0:39:52	0:59:40	1:19:28	0:20:24	0:19:28	0:19:48	0:19:48	<b>1:23:33</b>	3,58	a 0:24:06
17	527	ROSADO, PATRICIA	PORTUG ACDR ARNEIRENSE	SENIOR FEM	13	0:19:30	0:39:06	0:59:16	1:19:25	0:19:30	0:19:36	0:20:10	0:20:09	<b>1:23:38</b>	3,58	a 0:24:11
18	597	SCHOUTEN, ESTHER	BELGICA INDEPENDIENTE	SENIOR FEM	14	0:20:01	0:39:56	0:59:51	1:19:30	0:20:01	0:19:55	0:19:55	0:19:39	<b>1:23:47</b>	3,58	a 0:24:20
19	8207	MELERO LACASIA, AMAIA	ESPAÑA INDEPENDIENTE	SENIOR FEM	15	0:20:04	0:40:01	1:00:08	1:20:07	0:20:04	0:19:57	0:20:07	0:19:59	<b>1:24:09</b>	3,59	a 0:24:42
20	450	CASINOS LOPEZ, MARIA JOSE	ESPAÑA LLEIDA UA	SENIOR FEM	16	0:20:04	0:40:00	1:00:08	1:20:06	0:20:04	0:19:56	0:20:08	0:19:58	<b>1:24:20</b>	4,00	a 0:24:53