

RACE ANALYSIS

Senior Race Women



26 March 2017 15:54 START TIME

26° C TEMPERATURE
65 % HUMIDITY

16:53 END TIME

26° C

65 %

| PLACE | BIB | NAME | COUNTRY | DATE of BIRTH | RESULT |
|-----------|-----------|-------------------------------------|---------|---------------|---------------------|
| | | 1st Lap | | | |
| | | 2nd Lap | | | |
| | | 3rd Lap | | | |
| | | 4th Lap | | | |
| 1 | | Irene Chepet CHEPTAI | KEN | 4 Feb 92 | 31:57 |
| | 5:59 (5) | 12:25 (3) 6:26 (1) | | | |
| | | 18:53 (3) 6:28 (1) | | | |
| | | 25:27 (2) 6:34 (1) | | | 6:30 (1) |
| 2 | | Alice Aprot NAWOWUNA | KEN | 2 Jan 94 | 32:02 + 5 |
| | 5:58 (1) | 12:25 (1) 6:27 (7) | | | |
| | | 18:53 (1) 6:28 (1) | | | |
| | | 25:27 (1) 6:34 (1) | | | 6:35 (2) |
| 3 | | Lilian Kasait RENGERUK | KEN | 3 May 97 | 32:12 + 15 |
| | 5:58 (2) | 12:25 (2) 6:27 (7) | | | |
| | | 18:53 (2) 6:28 (1) | | | |
| | | 25:27 (3) 6:34 (1) | | | 6:45 (6) |
| 4 | | Hyvin Kiyeng JEPKEMOI | KEN | 13 Jan 92 | 32:32 + 35 |
| | 5:59 (4) | 12:25 (8) 6:26 (1) | | | |
| | | 19:00 (6) 6:35 (6) | | | |
| | | 25:41 (4) 6:41 (4) | | | 6:51 (9) |
| 5 | | Agnes Jebet TIROP | KEN | 23 Oct 95 | 32:32 + 35 |
| | 5:59 (3) | 12:25 (7) 6:26 (1) | | | |
| | | 19:02 (7) 6:37 (7) | | | |
| | | 25:51 (6) 6:49 (5) | | | 6:41 (4) |
| 6 | | Faith Chepngetich KIPYEGON | KEN | 10 Jan 94 | 32:49 + 52 |
| | 5:59 (11) | 12:25 (6) 6:26 (1) | | | |
| | | 18:54 (4) 6:29 (4) | | | |
| | | 25:47 (5) 6:53 (8) | | | 7:02 (14) |
| 7 | | Ruth JEBET | BRN | 17 Nov 96 | 32:50 + 53 |
| | 5:59 (7) | 12:25 (5) 6:26 (1) | | | |
| | | 19:15 (8) 6:50 (11) | | | |
| | | 26:12 (10) 6:57 (9) | | | 6:38 (3) |
| 8 | | Belaynesh OIJIRA | ETH | 26 Jun 90 | 32:53 + 56 |
| | 5:59 (9) | 12:34 (11) 6:35 (10) | | | |
| | | 19:22 (10) 6:48 (8) | | | |
| | | 26:12 (9) 6:50 (7) | | | 6:41 (4) |
| 9 | | Rose CHELIMO | BRN | 12 Jul 89 | 33:01 + 1:04 |
| | 5:59 (6) | 12:34 (10) 6:35 (10) | | | |
| | | 19:22 (9) 6:48 (8) | | | |
| | | 26:11 (8) 6:49 (5) | | | 6:50 (8) |
| 10 | | Senbere TEFERI | ETH | 3 May 95 | 33:12 + 1:15 |
| | 5:59 (8) | 12:25 (4) 6:26 (1) | | | |
| | | 18:59 (5) 6:34 (5) | | | |
| | | 25:58 (7) 6:59 (10) | | | 7:14 (26) |
| 11 | | Eunice Chebichii CHUMBA | BRN | 23 May 93 | 33:26 + 1:29 |
| | 5:59 (12) | 12:36 (13) 6:37 (12) | | | |
| | | 19:25 (11) 6:49 (10) | | | |
| | | 26:27 (11) 7:02 (12) | | | 6:59 (12) |
| 12 | | Mercyline CHELANGAT | UGA | 17 Dec 97 | 33:29 + 1:32 |
| | 5:59 (15) | 12:41 (15) 6:42 (15) | | | |
| | | 19:36 (13) 6:55 (13) | | | |
| | | 26:40 (14) 7:04 (15) | | | 6:49 (7) |
| 13 | | Gebeyanesh AYELE | ETH | 1 May 95 | 33:31 + 1:34 |
| | 5:59 (14) | 12:29 (9) 6:30 (9) | | | |
| | | 19:36 (12) 7:07 (17) | | | |
| | | 26:39 (12) 7:03 (13) | | | 6:52 (10) |
| 14 | | Sentayehu LEWETEGN | ETH | 9 May 96 | 33:33 + 1:36 |
| | 5:59 (17) | 12:39 (14) 6:40 (14) | | | |
| | | 19:40 (14) 7:01 (16) | | | |
| | | 26:39 (13) 6:59 (10) | | | 6:54 (11) |
| 15 | | Aliphine Chepkerker TULIAMUK | USA | 5 Apr 89 | 33:43 + 1:46 |
| | 6:00 (19) | 12:46 (17) 6:46 (16) | | | |
| | | 19:43 (16) 6:57 (14) | | | |
| | | 33:43 (91) 14:00 (99) | | | |
| 16 | | Failuna Abdi MATANGA | TAN | 28 Oct 92 | 33:48 + 1:51 |
| | 6:00 (20) | 12:46 (16) 6:46 (16) | | | |
| | | 19:43 (17) 6:57 (14) | | | |
| | | 26:46 (16) 7:03 (13) | | | 7:02 (14) |
| 17 | | Rachael Zena CHEBET | UGA | 5 Nov 96 | 33:58 + 2:01 |
| | 6:00 (21) | 12:47 (18) 6:47 (18) | | | |
| | | 19:40 (15) 6:53 (12) | | | |
| | | 26:45 (15) 7:05 (16) | | | 7:13 (24) |



RACE ANALYSIS
Senior Race Women

| PLACE | BIB | NAME | COUNTRY | DATE of BIRTH | RESULT | | | | |
|---|-------------------------|------------------------------|-------------------------|---------------|---------------------|---------|---------|---------|---------|
| <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <th style="width:25%;">1st Lap</th> <th style="width:25%;">2nd Lap</th> <th style="width:25%;">3rd Lap</th> <th style="width:25%;">4th Lap</th> </tr> </table> | | | | | | 1st Lap | 2nd Lap | 3rd Lap | 4th Lap |
| 1st Lap | 2nd Lap | 3rd Lap | 4th Lap | | | | | | |
| 18 | | Stella CHESANG | UGA | 1 Dec 96 | 34:27 + 2:30 | | | | |
| 5:59 (10) | 12:56 (19) 6:57 (20) | 20:08 (19) 7:12 (24) | 27:24 (17) 7:16 (23) | 7:03 (16) | | | | | |
| 19 | | Cavaline NAHIMANA | BDI | 14 Jan 97 | 34:35 + 2:38 | | | | |
| 6:01 (22) | 12:58 (21) 6:57 (20) | 20:13 (20) 7:15 (26) | 27:27 (18) 7:14 (18) | 7:08 (18) | | | | | |
| 20 | | Trihas GEBRE | ESP | 29 Apr 90 | 34:37 + 2:40 | | | | |
| 6:02 (23) | 12:56 (20) 6:54 (19) | 20:15 (21) 7:19 (33) | 27:29 (19) 7:14 (18) | 7:08 (18) | | | | | |
| 21 | | Doreen CHEMUTAI | UGA | 23 Oct 96 | 34:41 + 2:44 | | | | |
| 6:08 (32) | 13:14 (29) 7:06 (27) | 20:22 (26) 7:08 (18) | 27:36 (20) 7:14 (18) | 7:05 (17) | | | | | |
| 22 | | Stephanie BRUCE | USA | 14 Jan 84 | 34:42 + 2:45 | | | | |
| 6:15 (41) | 13:21 (32) 7:06 (27) | 20:30 (28) 7:09 (21) | 27:42 (24) 7:12 (17) | 7:00 (13) | | | | | |
| 23 | | Natosha ROGERS | USA | 7 May 91 | 34:47 + 2:50 | | | | |
| 6:12 (35) | 13:12 (26) 7:00 (22) | 20:22 (25) 7:10 (22) | 27:38 (23) 7:16 (23) | 7:09 (21) | | | | | |
| 24 | | Yuka HORI | JPN | 13 Jun 96 | 34:54 + 2:57 | | | | |
| 6:13 (39) | 13:14 (28) 7:01 (23) | 20:22 (24) 7:08 (18) | 27:37 (21) 7:15 (22) | 7:17 (31) | | | | | |
| 25 | | Doreen CHESANG | UGA | 16 Oct 90 | 34:55 + 2:58 | | | | |
| 6:03 (24) | 13:06 (23) 7:03 (24) | 20:21 (23) 7:15 (26) | 27:37 (22) 7:16 (23) | 7:18 (33) | | | | | |
| 26 | | Zerfie LIMENEH | ETH | 10 Feb 97 | 34:59 + 3:02 | | | | |
| 5:59 (16) | 13:04 (22) 7:05 (25) | 20:21 (22) 7:17 (31) | 27:47 (25) 7:26 (33) | 7:12 (23) | | | | | |
| 27 | | Azucena DÍAZ | ESP | 19 Dec 82 | 35:06 + 3:09 | | | | |
| | 13:24 (36) | 20:42 (33) 7:18 (32) | 27:56 (28) 7:14 (18) | 7:10 (22) | | | | | |
| 28 | | Magdalena SHAURI | TAN | 25 Feb 96 | 35:14 + 3:17 | | | | |
| 6:04 (26) | 13:12 (27) 7:08 (32) | 20:36 (30) 7:24 (38) | 27:54 (26) 7:18 (26) | 7:20 (35) | | | | | |
| 29 | | Emily CHEBET | UGA | 12 Dec 87 | 35:17 + 3:20 | | | | |
| 6:04 (25) | 13:11 (24) 7:07 (29) | 20:30 (29) 7:19 (33) | 27:59 (29) 7:29 (36) | 7:18 (33) | | | | | |
| 30 | | Sarah PAGANO | USA | 23 Jul 91 | 35:18 + 3:21 | | | | |
| 6:09 (33) | 13:14 (30) 7:05 (25) | 20:30 (27) 7:16 (28) | 27:55 (27) 7:25 (31) | 7:23 (37) | | | | | |
| 31 | | Anna KELLY | AUS | 16 Apr 94 | 35:21 + 3:24 | | | | |
| 6:20 (46) | 13:30 (42) 7:10 (36) | 20:46 (37) 7:16 (28) | 28:06 (30) 7:20 (27) | 7:15 (28) | | | | | |
| 32 | | Desi MOKONIN | BRN | 12 Jul 97 | 35:21 + 3:24 | | | | |
| 6:00 (18) | 13:12 (25) 7:12 (37) | 20:38 (31) 7:26 (43) | 28:07 (33) 7:29 (36) | 7:14 (26) | | | | | |
| 33 | | Louisa LEBALLO | RSA | 4 Dec 77 | 35:23 + 3:26 | | | | |
| 6:22 (52) | 13:29 (41) 7:07 (29) | 20:43 (34) 7:14 (25) | 28:06 (31) 7:23 (29) | 7:17 (31) | | | | | |
| 34 | | Gladys TEJEDA | PER | 30 Sep 85 | 35:24 + 3:27 | | | | |
| 6:06 (29) | 13:15 (31) 7:09 (34) | 20:44 (35) 7:29 (47) | 28:08 (35) 7:24 (30) | 7:16 (30) | | | | | |
| 35 | | Nazret WELDU | ERI | 1 Jan 90 | 35:34 + 3:37 | | | | |
| 6:06 (28) | 13:23 (33) 7:17 (43) | 20:46 (36) 7:23 (37) | 28:07 (34) 7:21 (28) | 7:27 (45) | | | | | |
| 36 | | Kesaoleboga MOLOTSANE | RSA | 8 Jan 92 | 35:48 + 3:51 | | | | |
| 6:17 (42) | 13:24 (35) 7:07 (29) | 20:40 (32) 7:16 (28) | 28:07 (32) 7:27 (34) | 7:41 (62) | | | | | |





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Senior Race Women

| PLACE | BIB | NAME | COUNTRY | DATE of BIRTH | RESULT | |
|-----------|-----------|------------------------------|---------|-------------------------|-------------------------|-----------|
| | | 1st Lap | | | | |
| | | 2nd Lap | | | | |
| | | 3rd Lap | | | | |
| | | 4th Lap | | | | |
| 37 | | Jovana DE LA CRUZ | PER | 12 Jul 92 | 35:48 | + 3:51 |
| | 6:29 (66) | 13:37 (45) 7:08 (32) | | 20:56 (42) 7:19 (33) | 28:23 (37) 7:27 (34) | 7:25 (40) |
| 38 | | Angelina Daniel TSERE | TAN | 23 Aug 99 | 35:49 | + 3:52 |
| | 6:05 (27) | 13:28 (38) 7:23 (60) | | 20:56 (41) 7:28 (45) | 28:28 (38) 7:32 (41) | 7:21 (36) |
| 39 | | Louise SMALL | GBR | 27 Mar 92 | 35:51 | + 3:54 |
| | 6:34 (81) | 13:46 (55) 7:12 (37) | | 20:57 (43) 7:11 (23) | 28:22 (36) 7:25 (31) | 7:29 (47) |
| 40 | | Mao ICHIYAMA | JPN | 29 May 97 | 35:53 | + 3:56 |
| | 6:19 (45) | 13:28 (39) 7:09 (34) | | 20:52 (38) 7:24 (38) | 28:29 (39) 7:37 (45) | 7:24 (39) |
| 41 | | Sasha GOLLISH | CAN | 27 Dec 81 | 35:56 | + 3:59 |
| | 6:12 (37) | 13:24 (34) 7:12 (37) | | 21:01 (44) 7:37 (58) | 28:30 (40) 7:29 (36) | 7:26 (43) |
| 42 | | Ana LOZANO | ESP | 22 Feb 91 | 36:03 | + 4:06 |
| | 6:21 (50) | 13:39 (48) 7:18 (46) | | 21:15 (51) 7:36 (55) | 28:50 (48) 7:35 (43) | 7:13 (24) |
| 43 | | Rebecca MURRAY | GBR | 26 Sep 94 | 36:04 | + 4:07 |
| | 6:33 (80) | 13:51 (61) 7:18 (46) | | 21:10 (47) 7:19 (33) | 28:39 (43) 7:29 (36) | 7:25 (40) |
| 44 | | Kenza DAHMANI TIFAH | ALG | 18 Nov 80 | 36:10 | + 4:13 |
| | 6:20 (47) | 13:38 (46) 7:18 (46) | | 21:06 (46) 7:28 (45) | 28:41 (44) 7:35 (43) | 7:29 (47) |
| 45 | | Simret WELDEGHABR | ERI | 2 May 97 | 36:10 | + 4:13 |
| | 6:13 (38) | 13:29 (40) 7:16 (40) | | 20:53 (39) 7:24 (38) | 28:32 (41) 7:39 (48) | 7:38 (57) |
| 46 | | Carmen TOAQUIZA | ECU | 5 Oct 95 | 36:11 | + 4:14 |
| | 6:24 (58) | 13:43 (52) 7:19 (50) | | 21:12 (49) 7:29 (47) | 28:46 (46) 7:34 (42) | 7:25 (40) |
| 47 | | Victoria COATES | CAN | 20 Aug 91 | 36:11 | + 4:14 |
| | 6:34 (82) | 13:55 (66) 7:21 (55) | | 21:19 (54) 7:24 (38) | 28:48 (47) 7:29 (36) | 7:23 (37) |
| 48 | | Elaina BALOURIS | USA | 17 Dec 91 | 36:26 | + 4:29 |
| | 6:14 (40) | 13:30 (43) 7:16 (40) | | 21:02 (45) 7:32 (52) | 28:41 (45) 7:39 (48) | 7:45 (67) |
| 49 | | Soledad TORRE | PER | 4 May 92 | 36:30 | + 4:33 |
| | 6:27 (63) | 13:43 (53) 7:16 (40) | | 21:13 (50) 7:30 (49) | 28:51 (49) 7:38 (47) | 7:39 (58) |
| 50 | | Maylelina Issa MBUA | TAN | 19 Apr 93 | 36:31 | + 4:34 |
| | 6:18 (43) | 13:40 (49) 7:22 (58) | | 21:16 (52) 7:36 (55) | 29:04 (53) 7:48 (59) | 7:27 (45) |
| 51 | | Sara RAMADHANI | TAN | 30 Dec 87 | 36:32 | + 4:35 |
| | 6:10 (34) | 13:30 (44) 7:20 (51) | | 21:11 (48) 7:41 (62) | 28:55 (51) 7:44 (56) | 7:37 (55) |
| 52 | | Claire SUMNER | CAN | 10 Mar 95 | 36:36 | + 4:39 |
| | 6:35 (86) | 13:55 (67) 7:20 (51) | | 21:19 (55) 7:24 (38) | 15:17 (100) | |
| 53 | | Diana LANDI | ECU | 11 Apr 86 | 36:37 | + 4:40 |
| | 6:29 (67) | 13:50 (59) 7:21 (55) | | 21:21 (56) 7:31 (51) | 29:01 (52) 7:40 (52) | 7:36 (53) |
| 54 | | Amina BETTICHE | ALG | 14 Dec 87 | 36:46 | + 4:49 |
| | 6:18 (44) | 13:39 (47) 7:21 (55) | | 21:23 (59) 7:44 (66) | 29:14 (55) 7:51 (63) | 7:32 (49) |
| 55 | | Ruth KIBREAB | ERI | 22 Mar 92 | 36:48 | + 4:51 |
| | 6:24 (60) | 14:01 (75) 7:37 (73) | | 21:39 (67) 7:38 (59) | 29:22 (61) 7:43 (55) | 7:26 (43) |





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Senior Race Women

| PLACE | BIB | NAME | COUNTRY | DATE of BIRTH | RESULT | |
|-----------|-----------|--------------------------------------|---------|-------------------------|-------------------------|-----------|
| | | 1st Lap | | | | |
| | | 2nd Lap | | | | |
| | | 3rd Lap | | | | |
| | | 4th Lap | | | | |
| 56 | | Teresa URBINA | ESP | 20 Mar 85 | 36:49 | + 4:52 |
| | 6:27 (64) | 13:53 (64) 7:26 (64) | | 21:25 (60) 7:32 (52) | 29:14 (56) 7:49 (60) | 7:35 (51) |
| 57 | | Gemma MAINI | AUS | 30 Nov 96 | 36:55 | + 4:58 |
| | 6:20 (48) | 13:40 (50) 7:20 (51) | | 21:22 (58) 7:42 (65) | 29:15 (57) 7:53 (67) | 7:40 (61) |
| 58 | | Rima CHENAH | ALG | 11 Feb 96 | 36:57 | + 5:00 |
| | 6:22 (51) | 13:50 (60) 7:28 (67) | | 21:51 (71) 8:01 (81) | 29:42 (67) 7:51 (63) | 7:15 (28) |
| 59 | | Julie-Anne STAEBLI | CAN | 21 Dec 93 | 36:58 | + 5:01 |
| | 6:35 (84) | 13:59 (71) 7:24 (62) | | 21:33 (63) 7:34 (54) | 29:19 (59) 7:46 (58) | 7:39 (58) |
| 60 | | Fumika SASAKI | JPN | 23 May 93 | 37:02 | + 5:05 |
| | 6:31 (74) | 14:03 (76) 7:32 (70) | | 21:39 (68) 7:36 (55) | 29:19 (60) 7:40 (52) | 7:43 (64) |
| 61 | | Nélida SULCA | PER | 10 Jul 87 | 37:05 | + 5:08 |
| | 6:24 (57) | 13:47 (56) 7:23 (60) | | 21:28 (61) 7:41 (62) | 29:18 (58) 7:50 (61) | 7:47 (70) |
| 62 | | Irene PELAYO | ESP | 16 Feb 80 | 37:10 | + 5:13 |
| | 6:29 (70) | 13:56 (69) 7:27 (66) | | 21:46 (69) 7:50 (71) | 29:36 (65) 7:50 (61) | 7:34 (50) |
| 63 | | Claire DUCK | GBR | 29 Aug 85 | 37:12 | + 5:15 |
| | 6:34 (83) | 13:51 (62) 7:17 (43) | | 21:29 (62) 7:38 (59) | 29:26 (62) 7:57 (70) | 7:46 (68) |
| 64 | | Emily RYAN | AUS | 14 Oct 94 | 37:12 | + 5:15 |
| | 6:31 (78) | 13:55 (68) 7:24 (62) | | 21:34 (65) 7:39 (61) | 29:28 (64) 7:54 (69) | 7:44 (65) |
| 65 | | Glenrose XABA | RSA | 31 Dec 94 | 37:17 | + 5:20 |
| | 6:23 (53) | 13:49 (57) 7:26 (64) | | 21:33 (64) 7:44 (66) | 29:26 (63) 7:53 (67) | 7:51 (71) |
| 66 | | Nawal YAHY | ALG | 9 Dec 91 | 37:24 | + 5:27 |
| | 6:25 (62) | 14:07 (79) 7:42 (81) | | 21:51 (72) 7:44 (66) | 29:43 (69) 7:52 (65) | 7:41 (62) |
| 67 | | Lisa BROOKING | CAN | 10 Jun 87 | 37:25 | + 5:28 |
| | 6:35 (87) | 14:09 (80) 7:34 (71) | | 21:56 (75) 7:47 (70) | 29:48 (70) 7:52 (65) | 7:37 (55) |
| 68 | | Bontu REBITU | BRN | 12 Dec 97 | 37:28 | + 5:31 |
| | 6:07 (30) | 13:46 (54) 7:39 (75) | | 22:03 (79) 8:17 (87) | 29:42 (68) 7:39 (48) | 7:46 (68) |
| 69 | | Gayanthika ARTIGALA ABERATHNA | SRI | 23 Dec 86 | 37:32 | + 5:35 |
| | 6:59 (95) | 14:52 (90) 7:53 (85) | | 22:44 (88) 7:52 (73) | 30:24 (80) 7:40 (52) | 7:08 (18) |
| 70 | | Jessica PAGUAY | ECU | 11 Jul 94 | 37:34 | + 5:37 |
| | 6:30 (71) | 13:52 (63) 7:22 (58) | | 21:37 (66) 7:45 (69) | 29:39 (66) 8:02 (73) | 7:55 (73) |
| 71 | | Sherilene GELDERBLOM | RSA | 3 Jan 96 | 37:35 | + 5:38 |
| | 6:30 (73) | 14:11 (84) 7:41 (80) | | 22:03 (78) 7:52 (73) | 30:00 (74) 7:57 (70) | 7:35 (51) |
| 72 | | Anna Emilie MØLLER | DEN | 28 Jul 97 | 37:36 | + 5:39 |
| | 6:29 (68) | 13:49 (58) 7:20 (51) | | 21:16 (53) 7:27 (44) | 28:53 (50) 7:37 (45) | 8:43 (82) |
| 73 | | CIRENCUOMU | CHN | 27 Aug 97 | 37:38 | + 5:41 |
| | 6:24 (59) | 14:00 (74) 7:36 (72) | | 21:57 (76) 7:57 (76) | 29:59 (73) 8:02 (73) | 7:39 (58) |
| 74 | | Kokob TEFAGABR | ERI | 4 Jun 94 | 37:45 | + 5:48 |
| | 6:12 (36) | 13:54 (65) 7:42 (81) | | 21:54 (74) 8:00 (79) | 30:09 (77) 8:15 (80) | 7:36 (53) |





RACE ANALYSIS
Senior Race Women

| PLACE | BIB | NAME | COUNTRY | DATE of BIRTH | RESULT | | |
|----------------|-------------------------------|----------------------------|--------------------------|----------------|--------------|----------------|--|
| 1st Lap | | 2nd Lap | | 3rd Lap | | 4th Lap | |
| 94 | Mekhrangez NAZAROVA | | TJK | 1 Jul 97 | 43:10 | + 11:13 | |
| 7:05 (96) | 15:42 (97) 8:37 (93) | 24:39 (98) 8:57 (93) | 33:59 (93) 9:20 (92) | 9:11 (90) | | | |
| 95 | Nadia DAGHER | | LBN | 28 Apr 90 | 43:39 | + 11:42 | |
| 7:26 (98) | 16:09 (99) 8:43 (95) | 25:14 (99) 9:05 (96) | 34:30 (95) 9:16 (91) | 9:09 (88) | | | |
| 96 | Nomvula NTSHALINTSHALI | | SWZ | 26 Nov 88 | 44:05 | + 12:08 | |
| 6:44 (91) | 15:24 (96) 8:40 (94) | 24:39 (97) 9:15 (98) | 34:15 (94) 9:36 (94) | 9:50 (96) | | | |
| 97 | Obilor LORINE | | NGR | 8 Nov 94 | 45:21 | + 13:24 | |
| 7:09 (97) | 16:24 (100) 9:15 (99) | 25:56 (100) 9:32 (100) | 35:44 (96) 9:48 (97) | 9:37 (94) | | | |
| 98 | Sylvie ANTOUN | | LBN | 14 Feb 92 | 45:23 | + 13:26 | |
| 7:54 (101) | 16:56 (101) 9:02 (98) | 26:11 (101) 9:15 (98) | 35:54 (97) 9:43 (95) | 9:29 (93) | | | |
| 99 | Hannah ADEWALE | | NGR | 13 Jul 94 | 46:09 | + 14:12 | |
| 7:27 (100) | 17:07 (102) 9:40 (100) | 26:46 (102) 9:39 (101) | 36:29 (98) 9:43 (95) | 9:40 (95) | | | |
| 100 | Rose LANGE | | NGR | 29 Dec 93 | 47:49 | + 15:52 | |
| 7:26 (99) | 17:34 (103) 10:08 (101) | 27:43 (103) 10:09 (103) | 37:52 (99) 10:09 (98) | 9:57 (97) | | | |
| | Lavinia HAITOPE | | NAM | 3 Mar 90 | DNF | | |
| 6:08 (31) | 13:25 (37) 7:17 (43) | 20:55 (40) 7:30 (49) | 28:34 (42) 7:39 (48) | | | | |
| | Dera DIDA | | ETH | 26 Oct 96 | DNF | | |
| 5:59 (13) | 12:36 (12) 6:37 (12) | 19:44 (18) 7:08 (18) | | | | | |
| | Andrea STEYN | | RSA | 30 Dec 83 | DNF | | |
| 6:31 (75) | 14:11 (82) 7:40 (78) | 22:21 (84) 8:10 (85) | | | | | |
| | Naomi YUNANA | | NGR | 16 Feb 94 | DNF | | |
| 8:31 (102) | | | | | | | |

