



RACE ANALYSIS

Senior Race Men



24 March 2013 14:12 START TIME TEMPERATURE 73 % HUMIDITY
14:56 END TIME 73 %

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT
1st Lap	2nd Lap	3rd Lap	4th Lap	5th Lap	
1	143	Japhet Kipyegon KORIR	KEN	30 Jun 93	32:45
5:40 (14)	11:09 (1) 5:29	16:32 (2) 5:23	21:55 (1) 5:23	27:17 (2) 5:22	5:28
2	101	Imane MERGA	ETH	15 Oct 88	32:51
5:39 (2)	11:09 (2) 5:30	16:32 (3) 5:23	21:56 (5) 5:24	27:18 (3) 5:22	5:33
3	72	Teklemariam MEDHIN	ERI	24 Jun 89	32:54
5:39 (4)	11:10 (5) 5:31	16:32 (1) 5:22	21:56 (3) 5:24	27:17 (1) 5:21	5:37
4	229	Moses Ndiema KIPSIRO	UGA	02 Sep 86	33:08
5:39 (11)	11:10 (8) 5:31	16:32 (5) 5:22	21:56 (4) 5:24	27:18 (4) 5:22	5:50
5	234	Timothy TOROITICH	UGA	10 Oct 91	33:09
5:39 (7)	11:10 (6) 5:31	16:32 (4) 5:22	21:56 (2) 5:24	27:21 (5) 5:25	5:48
6	245	Ben TRUE	USA	29 Dec 85	33:11
5:42 (25)	11:11 (14) 5:29	16:35 (11) 5:24	21:58 (8) 5:23	27:25 (6) 5:27	5:46
7	71	Goitom KIFLE	ERI	03 Dec 93	33:16
5:41 (19)	11:10 (9) 5:29	16:35 (9) 5:25	21:58 (7) 5:23	27:29 (8) 5:31	5:47
8	14	Collis BIRMINGHAM	AUS	27 Dec 84	33:18
5:41 (22)	11:10 (4) 5:29	16:34 (6) 5:24	21:56 (6) 5:22	27:27 (7) 5:31	5:51
9	100	Feyisa LILESA	ETH	01 Feb 90	33:22
5:40 (16)	11:11 (12) 5:31	16:36 (12) 5:25	22:04 (11) 5:28	27:36 (11) 5:32	5:46
10	236	Chris DERRICK	USA	17 Oct 90	33:23
5:40 (15)	11:10 (10) 5:30	16:34 (8) 5:24	22:00 (10) 5:26	27:32 (9) 5:32	5:51
11	1	Rabah ABOUD	ALG	01 Jan 81	33:28
5:40 (17)	11:13 (20) 5:33	16:42 (19) 5:29	22:13 (18) 5:31	27:46 (15) 5:33	5:42
12	146	Hosea Mwok MACHARINYANG	KEN	12 Jun 86	33:29
5:41 (24)	11:10 (11) 5:29	16:34 (7) 5:24	21:59 (9) 5:25	27:32 (10) 5:33	5:57
13	92	Abera CHANE	ETH	10 May 85	33:31
5:46 (41)	11:13 (19) 5:27	16:37 (13) 5:24	22:05 (12) 5:28	27:42 (12) 5:37	5:49
14	90	Tesfaye ABERA	ETH	31 Mar 92	33:35
5:41 (18)	11:12 (18) 5:31	16:40 (15) 5:28	22:11 (13) 5:31	27:45 (13) 5:34	5:50
15	142	Geoffrey Kipkorir KIRUI	KEN	16 Feb 93	33:38
5:39 (5)	11:11 (15) 5:32	16:41 (17) 5:30	22:11 (14) 5:30	27:45 (14) 5:34	5:53
16	88	Sergio SÁNCHEZ	ESP	01 Oct 82	33:38
5:49 (54)	11:16 (25) 5:27	16:43 (20) 5:27	22:12 (16) 5:29	27:46 (16) 5:34	5:52
17	246	Ryan VAIL	USA	19 Mar 86	33:42
5:50 (62)	11:25 (49) 5:35	16:57 (34) 5:32	22:31 (26) 5:34	28:02 (21) 5:31	5:40



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Senior Race Men

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT			
		1st Lap						
		2nd Lap						
		3rd Lap						
		4th Lap						
		5th Lap						
37	244	James STRANG	USA	07 Dec 84	34:20			
		5:50 (61)		11:28 (55) 5:38	17:04 (43) 5:36	22:41 (38) 5:37	28:21 (36) 5:40	5:59
38	167	Arkadiusz GARDZIELEWSKI	POL	12 Jun 86	34:21			
		5:46 (45)		11:23 (40) 5:37	17:06 (45) 5:43	22:43 (41) 5:37	28:25 (38) 5:42	5:56
39	119	Steven VERNON	GBR	17 Oct 80	34:22			
		5:45 (37)		11:23 (41) 5:38	17:01 (42) 5:38	22:42 (40) 5:41	28:24 (37) 5:42	5:58
40	11	Abdelmadjed TOUIL	ALG	11 Feb 89	34:25			
		5:45 (36)		11:19 (32) 5:34	16:59 (37) 5:40	22:42 (39) 5:43	28:26 (40) 5:44	5:59
41	53	Cameron LEVINS	CAN	28 Mar 89	34:27			
		5:42 (26)		11:11 (16) 5:29	16:45 (21) 5:34	22:29 (23) 5:44	28:20 (35) 5:51	6:07
42	227	Phillip KIPLIMO	UGA	24 Mar 91	34:37			
		5:46 (43)		11:19 (31) 5:33	17:01 (41) 5:42	22:44 (43) 5:43	28:33 (42) 5:49	6:04
43	173	Tomasz SZYMKOWIAK	POL	05 Jul 83	34:38			
		5:49 (53)		11:26 (50) 5:37	17:09 (51) 5:43	22:51 (47) 5:42	28:36 (44) 5:45	6:02
44	57	Mathew WALTERS	CAN	16 Oct 89	34:39			
		5:48 (50)		11:27 (53) 5:39	17:12 (53) 5:45	22:53 (50) 5:41	28:38 (46) 5:45	6:01
45	118	Francis TICKNER	GBR	12 Oct 83	34:40			
		5:44 (31)		11:24 (42) 5:40	17:08 (49) 5:44	22:51 (46) 5:43	28:40 (50) 5:49	6:00
46	223	Fred ARAPSUDI	UGA	07 Apr 89	34:40			
		5:41 (20)		11:22 (37) 5:41	17:06 (47) 5:44	22:53 (48) 5:47	28:39 (49) 5:46	6:01
47	68	Samsom GEBREYOHANNES	ERI	07 Feb 92	34:43			
		5:55 (73)		11:35 (65) 5:40	17:14 (57) 5:39	22:55 (52) 5:41	28:39 (47) 5:44	6:04
48	178	Manuel DAMIÃO	POR	04 Jul 78	34:43			
		5:49 (57)		11:26 (51) 5:37	17:07 (48) 5:41	22:48 (45) 5:41	28:39 (48) 5:51	6:04
49	4	Ahmed DALI	ALG	26 Feb 84	34:47			
		5:41 (23)		11:15 (23) 5:34	16:53 (29) 5:38	22:40 (36) 5:47	28:36 (43) 5:56	6:11
50	210	Nelson MBUYA	TAN	06 Aug 88	34:48			
		5:57 (80)		11:39 (69) 5:42	17:20 (64) 5:41	23:00 (58) 5:40	28:46 (53) 5:46	6:02
51	116	Michael SKINNER	GBR	21 Nov 79	34:49			
		5:47 (47)		11:28 (54) 5:41	17:13 (54) 5:45	22:56 (53) 5:43	28:44 (51) 5:48	6:05
52	80	José ESPAÑA	ESP	05 May 86	34:50			
		5:56 (74)		11:33 (64) 5:37	17:16 (59) 5:43	22:59 (55) 5:43	28:46 (52) 5:47	6:04
53	64	Milan KOCOUREK	CZE	06 Dec 87	34:50			
		5:48 (48)		11:25 (47) 5:37	17:05 (44) 5:40	22:53 (49) 5:48	28:49 (57) 5:56	6:01
54	58	Kelly WIEBE	CAN	13 Jul 89	34:51			
		5:54 (68)		11:32 (58) 5:38	17:17 (61) 5:45	23:00 (57) 5:43	28:48 (55) 5:48	6:03
55	175	Krystian ZALEWSKI	POL	11 Apr 89	34:51			
		5:45 (39)		11:24 (43) 5:39	17:08 (50) 5:44	22:58 (54) 5:50	28:49 (56) 5:51	6:02



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Senior Race Men

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT						
<table border="1"> <thead> <tr> <th>1st Lap</th> <th>2nd Lap</th> <th>3rd Lap</th> <th>4th Lap</th> <th>5th Lap</th> <th></th> </tr> </thead> </table>						1st Lap	2nd Lap	3rd Lap	4th Lap	5th Lap	
1st Lap	2nd Lap	3rd Lap	4th Lap	5th Lap							
56	20	Stephen KELLY	AUS	06 May 88	34:52						
5:57 (78)	11:41 (71) 5:44	17:23 (68) 5:42	23:08 (63) 5:45	28:55 (60) 5:47	5:57						
57	180	António SILVA	POR	26 Mar 87	34:53						
5:44 (34)	11:20 (33) 5:36	17:06 (46) 5:46	22:54 (51) 5:48	28:48 (54) 5:54	6:05						
58	208	Dotto IKANGAA	TAN	13 Dec 88	35:01						
5:50 (58)	11:31 (56) 5:41	17:12 (52) 5:41	22:59 (56) 5:47	28:52 (58) 5:53	6:09						
59	192	Gladwin MZAZI	RSA	28 Aug 88	35:03						
5:53 (65)	11:31 (57) 5:38	17:18 (62) 5:47	23:04 (60) 5:46	28:54 (59) 5:50	6:09						
60	176	Krzysztof ZEBROWSKI	POL	09 Jul 90	35:05						
5:49 (56)	11:32 (60) 5:43	17:18 (63) 5:46	23:09 (64) 5:51	29:02 (62) 5:53	6:03						
61	74	Nguse AMLOSOM	ERI	10 Nov 86	35:06						
5:39 (6)	11:11 (17) 5:32	16:41 (18) 5:30	22:31 (27) 5:50	28:37 (45) 6:06	6:29						
62	46	Yolo NIKOLOV	BUL	04 Feb 84	35:08						
5:46 (44)	11:27 (52) 5:41	17:14 (56) 5:47	23:04 (61) 5:50	29:02 (63) 5:58	6:06						
63	16	Mitchel BROWN	AUS	30 Oct 88	35:10						
5:54 (70)	11:42 (73) 5:48	17:30 (73) 5:48	23:18 (70) 5:48	29:07 (68) 5:49	6:03						
64	168	Lukasz KUJAWSKI	POL	02 Mar 88	35:11						
5:48 (51)	11:33 (63) 5:45	17:21 (65) 5:48	23:19 (71) 5:58	29:12 (70) 5:53	5:59						
65	50	Lucas BRUCHET	CAN	23 Feb 91	35:12						
5:55 (71)	11:32 (59) 5:37	17:15 (58) 5:43	23:05 (62) 5:50	29:03 (64) 5:58	6:09						
66	199	Jean Baptiste SIMUKEKA	RWA	01 Feb 83	35:14						
5:49 (55)	11:37 (66) 5:48	17:22 (67) 5:45	23:09 (65) 5:47	29:05 (65) 5:56	6:09						
67	34	Sérgio DA SILVA	BRA	23 Sep 84	35:15						
5:57 (79)	11:42 (72) 5:45	17:26 (70) 5:44	23:15 (69) 5:49	29:07 (67) 5:52	6:08						
68	113	Philip NICHOLLS	GBR	29 Sep 83	35:15						
5:54 (67)	11:38 (67) 5:44	17:23 (69) 5:45	23:13 (66) 5:50	29:05 (66) 5:52	6:10						
69	93	Yigrem DEMELASH	ETH	26 Jan 94	35:16						
5:56 (77)	11:32 (62) 5:36	17:13 (55) 5:41	23:01 (59) 5:48	28:58 (61) 5:57	6:18						
70	129	Takumi HONDA	JPN	25 Jul 91	35:22						
5:50 (59)	11:32 (61) 5:42	17:22 (66) 5:50	23:13 (67) 5:51	29:08 (69) 5:55	6:14						
71	2	Lyes BELKHIR	ALG	05 Oct 87	35:37						
5:44 (32)	11:25 (48) 5:41	17:16 (60) 5:51	23:14 (68) 5:58	29:14 (71) 6:00	6:23						
72	220	Wissem HOSNI	TUN	08 Mar 85	35:37						
5:52 (63)	11:39 (68) 5:47	17:29 (72) 5:50	23:20 (72) 5:51	29:18 (72) 5:58	6:19						
73	195	Robert KAJUGA	RWA	01 Jan 85	35:41						
5:56 (76)	11:41 (70) 5:45	17:27 (71) 5:46	23:26 (73) 5:59	29:30 (73) 6:04	6:11						
74	39	Éderson PEREIRA	BRA	06 Jun 90	35:45						
6:01 (85)	11:54 (82) 5:53	17:43 (74) 5:49	23:38 (75) 5:55	29:36 (75) 5:58	6:09						



RACE ANALYSIS
Senior Race Men

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT
1st Lap	2nd Lap	3rd Lap	4th Lap	5th Lap	
75	198	Eric SEBAHIRE	RWA	01 Jan 83	35:53
5:56 (75)	11:51 (78) 5:55	17:44 (75) 5:53	23:36 (74) 5:52	29:36 (74) 6:00	6:17
76	161	Miguel Angel HERNANDEZ	MEX	26 Sep 85	36:02
5:59 (82)	11:53 (81) 5:54	17:48 (81) 5:55	23:46 (77) 5:58	29:48 (78) 6:02	6:14
77	136	Keigo YANO	JPN	03 Dec 91	36:05
5:48 (49)	11:46 (75) 5:58	17:46 (78) 6:00	23:52 (80) 6:06	29:52 (79) 6:00	6:13
78	177	Tiago COSTA	POR	03 Mar 88	36:12
5:59 (81)	11:50 (77) 5:51	17:47 (79) 5:57	23:46 (76) 5:59	29:48 (77) 6:02	6:24
79	134	Wataru UENO	JPN	02 Aug 90	36:18
6:04 (90)	11:52 (79) 5:48	17:45 (77) 5:53	23:49 (78) 6:04	29:48 (76) 5:59	6:30
80	132	Hiroyuki ONO	JPN	03 Oct 86	36:22
5:53 (66)	11:43 (74) 5:50	17:44 (76) 6:01	23:52 (81) 6:08	29:57 (80) 6:05	6:25
81	85	Jesús Antonio NUÑEZ	ESP	04 Sep 80	36:24
6:00 (83)	11:52 (80) 5:52	17:50 (82) 5:58	23:53 (82) 6:03	29:59 (81) 6:06	6:25
82	248	Edward MWANZA	ZAM	10 Mar 89	36:35
6:01 (86)	12:02 (87) 6:01	18:01 (84) 5:59	24:09 (86) 6:08	30:17 (85) 6:08	6:18
83	203	Abdelmunaim Yahya ADAM	SUD	01 Jan 93	36:38
6:02 (89)	12:01 (85) 5:59	18:05 (87) 6:04	24:08 (85) 6:03	30:11 (84) 6:03	6:27
84	196	Cyriaque NDAYIKENGURUKIYE	RWA	10 Mar 90	36:49
5:54 (69)	11:48 (76) 5:54	17:47 (80) 5:59	23:51 (79) 6:04	30:09 (83) 6:18	6:40
85	206	Edris YOUSIF	SUD	17 Jun 88	36:54
6:00 (84)	11:58 (83) 5:58	18:02 (86) 6:04	24:05 (84) 6:03	30:18 (86) 6:13	6:36
86	197	Felix NTIRENGANYA	RWA	05 May 87	37:18
6:11 (95)	12:11 (89) 6:00	18:18 (89) 6:07	24:29 (88) 6:11	30:45 (87) 6:16	6:33
87	188	Desmond MOKGOBU	RSA	23 Nov 88	37:26
5:55 (72)	12:06 (88) 6:11	18:18 (88) 6:12	24:30 (89) 6:12	30:50 (88) 6:20	6:36
88	164	Nader ALMASSRI	PLE	26 Jan 80	37:36
6:12 (97)	12:20 (91) 6:08	18:38 (91) 6:18	24:57 (91) 6:19	31:07 (90) 6:10	6:29
89	205	Hassan ISMAIL	SUD	01 Jan 91	37:40
6:10 (94)	12:18 (90) 6:08	18:32 (90) 6:14	24:48 (90) 6:16	31:09 (91) 6:21	6:31
90	186	David MANJA	RSA	08 Jun 91	37:41
6:02 (88)	12:02 (86) 6:00	18:01 (85) 5:59	24:18 (87) 6:17	30:50 (89) 6:32	6:51
91	163	Mynhardt Mbeumuna KAWANIVI	NAM	03 Mar 84	38:14
6:06 (92)	12:28 (94) 6:22	18:50 (94) 6:22	25:15 (93) 6:25	31:38 (92) 6:23	6:36
92	149	Adilet KYSHTABEKOV	KGZ	11 Apr 93	38:37
6:07 (93)	12:22 (92) 6:15	18:43 (92) 6:21	25:10 (92) 6:27	31:39 (93) 6:29	6:58
93	204	Ahmed HAWLI	SUD	25 Dec 86	38:52
6:11 (96)	12:25 (93) 6:14	18:49 (93) 6:24	25:18 (94) 6:29	31:54 (94) 6:36	6:58





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Senior Race Men

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT
		1st Lap			
		2nd Lap			
		3rd Lap			
		4th Lap			
		5th Lap			
94	62	Qiquan DUAN	CHN	15 Oct 88	38:53
		6:15 (98)			
		12:42 (95) 6:27			
		19:06 (95) 6:24			
		25:39 (95) 6:33			
		32:12 (95) 6:33			
		6:41			
95	61	Guojian DONG	CHN	16 Mar 87	39:38
		6:33 (101)			
		13:01 (97) 6:28			
		19:23 (96) 6:22			
		25:57 (96) 6:34			
		32:32 (96) 6:35			
		7:06			
96	222	Mubarak AL-MARASHDA	UAE	12 Jul 87	40:02
		6:27 (100)			
		13:00 (96) 6:33			
		19:35 (97) 6:35			
		26:20 (97) 6:45			
		33:06 (97) 6:46			
		6:56			
	209	Dickson MARWA	TAN	09 Mar 82	DNF
		6:04 (91)			
		12:00 (84) 5:56			
		17:57 (83) 5:57			
		23:54 (83) 5:57			
		30:07 (82) 6:13			
	37	Valério FABIANO	BRA	13 Jul 88	DNF
		6:17 (99)			
		15:31 (98) 9:14			
	40	Alemu BEKELE	BRN	23 Mar 90	DNF
		5:39 (9)			
	32	Daniel DA SILVA	BRA	10 Jul 88	DNF
		6:01 (87)			
	147	Jonathan Muia NDIKU	KEN	18 Sep 91	DNF
		5:39 (3)			
	38	Gilmar LOPES	BRA	30 May 89	DNF

