

START LIST



3000 Metres Men - Round 1

First 4 in each heat (Q) and the next 4 fastest (q) advance to the Final

	RESULT	NAME	COUNTRY	AGE	DATE	VENUE
World Record	7:24.90	Daniel KOMEN	KEN	21	6 Feb 1998	Budapest
Championships Record	7:34.71	Haile GEBRESELESSIE	ETH	23	9 Mar 1997	Paris (Bercy)
World Leading	7:29.94	Edwin Cheruiyot SOI	KEN	25	12 Feb 2012	Karlsruhe
World Leading	7:29.94	Augustine Kiprono CHOGE	KEN	25	12 Feb 2012	Karlsruhe

o = Outdoor performance

Heat 1
2
9 March 2012 19:00

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	11	Craig MOTTRAM	AUS	18 Jun 80	7:34.50	
2	327	Lopez LOMONG	USA	01 Jan 85	7:49.74	7:51.75
3	99	Yenew ALAMIREW	ETH	27 May 90	7:27.80	7:31.23
4	188	Edwin Cheruiyot SOI	KEN	03 Mar 86	7:29.94	7:29.94
5	243	Elroy GELANT	RSA	25 Aug 86		
6	138	Arne GABIUS	GER	22 Mar 81	7:38.13	7:38.13
7	40	Bilisuma SHUGI	BRN	19 Jul 89	7:43.88	7:43.88
8	303	Moses Ndiema KIPSIRO	UGA	02 Sep 86	7:37.40	7:37.40
9	109	Yoann KOWAL	FRA	28 May 87	7:44.26	7:44.26
10	202	Juan Luis BARRIOS	MEX	24 Jun 83	7:58.05	7:58.05

Heat 2
2
9 March 2012 19:15

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	326	Bernard LAGAT	USA	12 Dec 74	7:32.43	7:47.54
2	184	Augustine Kiprono CHOGE	KEN	21 Jan 87	7:28.00	7:29.94
3	87	Victor GARCÍA	ESP	13 Mar 85	7:51.95	7:59.16
4	39	Alemu BEKELE	BRN	23 Mar 90	7:48.04	7:48.04
5	15	Hayle IBRAHIMOV	AZE	18 Jan 90	7:41.48	7:41.48
6	102	Dejen GEBREMESKEL	ETH	24 Nov 89	7:34.14	7:34.14
7	292	Polat Kemboi ARIKAN	TUR	12 Dec 90	7:42.49	7:42.49
8	280	Cornelius PANGA	TAN	28 Apr 89		
9	108	Yohan DURAND	FRA	14 May 85	7:44.46	7:44.46
10	118	Mohamed FARAH	GBR	23 Mar 83	7:34.47	7:37.40
11	264	Robert KAJUGA	RWA	01 Jan 85		

ALL-TIME TOP LIST

RESULT	NAME	Venue	DATE
7:24.90	Daniel KOMEN (KEN)	Budapest	6 Feb 98
7:26.15	Haile GEBRESELESSIE (ETH)	Karlsruhe	25 Jan 98
7:27.80	Yenew ALAMIREW (ETH)	Stuttgart	5 Feb 11
7:28.00	Augustine Kiprono CHOGE (KEN)	Stuttgart	5 Feb 11
7:29.37	Eliud KIPCHOGE (KEN)	Stuttgart	5 Feb 11
7:29.94	Edwin Cheruiyot SOI (KEN)	Karlsruhe	12 Feb 12
7:30.51	Kenenisa BEKELE (ETH)	Stockholm	20 Feb 07
7:31.09	Tariku BEKELE (ETH)	Stuttgart	2 Feb 08
7:32.02	Sammy Alex MUTAHI (KEN)	Stockholm	10 Feb 10
7:32.41	Sergio SÁNCHEZ (ESP)	Valencia, ESP	13 Feb 10

SEASON TOP LIST

RESULT	NAME	Venue	DATE
7:29.94	Edwin Cheruiyot SOI (KEN)	Karlsruhe	12 Feb 12
7:29.94	Augustine Kiprono CHOGE (KEN)	Karlsruhe	12 Feb 12
7:31.23	Yenew ALAMIREW (ETH)	Karlsruhe	12 Feb 12
7:32.03	Eliud KIPCHOGE (KEN)	Karlsruhe	12 Feb 12
7:32.89	Isiah Kiplangat KOECH (KEN)	Liévin	14 Feb 12
7:34.14	Dejen GEBREMESKEL (ETH)	Stockholm	23 Feb 12
7:34.81	Thomas Pkemei LONGOSIWA (KEN)	Liévin	14 Feb 12
7:35.42	Caleb Mwangangi NDIKU (KEN)	Stockholm	23 Feb 12
7:37.00	Tariku BEKELE (ETH)	Birmingham, GBR	18 Feb 12
7:37.40	Moses Ndiema KIPSIRO (UGA)	Birmingham, GBR	18 Feb 12
7:37.40	Mohamed FARAH (GBR)	Birmingham, GBR	18 Feb 12