



MEN

START LIST

[illegible]

11 October 2009 9:30

BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
200	Jeff HUNT	AUS	82	1:02:44	1:02:44
201	Ndabili BASHINGILI	BOT	79	1:04:18	
202	Rapula DIPHOKO	BOT	89		
203	Kaelo MOSALAGAE	BOT	80	1:05:58	
204	Keineetse MOSWASI	BOT	79	1:03:21	
205	Godiraone NTHOMPE	BOT	86		
206	Giomar DA SILVA	BRA	72	1:04:01	1:04:01
207	Franck DE ALMEIDA	BRA	83	1:02:29	1:03:43
208	João DE LIMA	BRA	73	1:02:51	1:03:39
209	Marilson DOS SANTOS	BRA	77	59:33	1:03:03
210	Matt LOISELLE	CAN	84	1:04:10	1:04:10
211	Shiwei WU	CHN	86	1:05:22	1:05:22
212	Mengi PATOU	COD	84		
213	José Francisco CHAVES	CRC	80		
214	Cesar LIZANO	CRC	82		
215	Adhanom ABRAHA	ERI	77	1:04:46	1:04:46
216	Tesfahiwet GEBRETINSAE	ERI			
217	Zersenay TADESE	ERI	82	58:59	
218	Yemane TEAME	ERI	80	1:05:56	
219	Samuel TSEGAY	ERI	88		
220	Miguel Ángel GAMONAL	ESP	81	1:02:59	1:03:57
221	Fernando REY	ESP	80	1:02:26	1:03:47
222	Pablo VILLALOBOS	ESP	78	1:03:32	1:03:32
223	Taivo PÜI	EST	81	1:08:16	1:08:16
224	Abebe NEGEWO	ETH	84	1:04:18	1:04:18
225	Hailu MEKONNEN	ETH	80	1:01:29	1:01:29
226	Tilahun REGASSA	ETH	90	59:36	
227	Dereje TESFAYE	ETH	85	1:00:02	1:00:02
228	Solomon TSIGE	ETH	85	1:02:16	1:05:21

229	Benoit HOLZERNY	FRA	77	1:04:34	1:04:34
230	Fouad LARHIOUCH	FRA	80	1:03:06	1:03:06
231	Simon MUNYUTU	FRA	77	1:02:54	1:02:54
232	David RAMARD	FRA	78	1:02:46	1:04:29
233	James Kibocha THEURI	FRA	78	1:00:54	1:02:49
234	Andrew JONES	GBR	78	1:04:22	1:04:22
235	Andrew LEMONCELLO	GBR	82	1:05:17	1:05:17
236	Mark MILES	GBR	77	1:04:11	1:04:11
237	Gareth RAVEN	GBR	74	1:04:28	1:05:05
238	Philip WICKS	GBR	84	1:02:51	1:02:51
239	Ka Ho CHAN	HKG	84	1:09:01	
240	Joseph MCALISTER	IRL	80	1:05:51	1:05:51
241	Gary MURRAY	IRL	80	1:06:36	1:06:36
243	Francesco BONA	ITA	83	1:04:35	1:04:35
244	Daniele CAIMMI	ITA	72	1:01:35	1:07:40
245	Denis CURZI	ITA	75	1:02:31	
246	Daniele MEUCCI	ITA	85	1:02:56	1:02:56
247	Giovanni RUGGIERO	ITA	74	1:02:09	1:03:56
249	Ryosuke FUKUYAMA	JPN	80	1:02:49	1:02:58
250	Tomomi ITAKURA	JPN	84	1:02:58	1:02:58
251	Yukihiro KITAOKA	JPN	82	1:02:17	1:02:17
252	Yoshinori ODA	JPN	80	1:01:41	1:01:41
253	Atsushi SATO	JPN	78	1:00:25	1:01:29
254	Wilson Kwambai CHEBET	KEN	85	59:15	59:15
255	Kiplimo KIMUTAI	KEN	81	1:00:58	1:02:44
256	Wilson Kipsang KIPROTICH	KEN	82	58:59	58:59
257	Benard Kiprop KIPYEGO	KEN	86	59:10	59:10
258	Sammy Kirop KITWARA	KEN	86	58:58	58:58
259	Marcel TSCHOPP	LIE	74	1:07:51	
260	Chan Kit CHAN	MAC	88	1:17:21	
261	Ahmed BADAY	MAR	74	1:01:03	1:01:03
262	Rachid KISRI	MAR	75	1:02:15	1:02:15
263	Mourad MAROFIT	MAR	82	1:01:43	
264	Abdellah TAGHARRAFET	MAR	85	1:02:00	1:02:00
265	Arturo REGULES	MEX	75	1:05:07	1:05:07
266	Sergio REYES	MEX	80		
267	Juan Carlos ROMERO	MEX	77	1:03:20	
269	Jaime CALDÚA	PER	87	1:04:31	1:04:31
270	Jhon CUSI	PER	85	1:04:26	1:04:26
271	Constantino LEÓN	PER	74	1:04:18	1:04:46
272	Edmundo TORRES	PER	82	1:04:45	1:04:45

273	Cristinel IRIMIA	ROU	84	1:05:22	1:05:22
274	Jeffrey GWEBU	RSA	81	1:02:20	1:02:20
275	Olebogeng MASIRE	RSA	82	1:02:07	1:02:07
276	Stephen MOKOKA	RSA	85	1:01:26	1:01:26
277	Mbongeni NGXAZOZO	RSA	80	1:01:47	1:01:47
278	Xolisa TYALI	RSA	88	1:01:58	1:01:58
279	Gervais HAKIZIMANA	RWA	87	1:02:43	1:03:46
280	Sylvain RUKUNDO	RWA	88	1:01:59	1:04:27
281	Eric SEBAHIRE	RWA	83		
282	Jean Baptiste SIMUKEKA	RWA	83		
283	Antoine Simon LABICHE	SEY	70	1:07:24	
284	Gaylord SILLY	SEY	86	1:10:44	1:10:44
285	Mohamed ISAK	SOM	89		
286	Damian Paul CHOPA	TAN	86	1:01:33	1:01:33
287	Marco JOSEPH	TAN	89		
288	Fabiano Joseph NAASI	TAN	85	59:56	
289	Gitimi SHAMBA	TAN	83	1:02:04	1:04:17
290	Perhat ANNAGYLYJOV	TKM	85	1:13:24	
291	Ronnie HOLASSIE	TRI	71	1:04:15	
292	Moses ALIWA	UGA	86	1:02:50	1:02:50
293	Jackson KIPROP	UGA	86	1:02:59	1:02:59
294	Andrew POLLANDO	UGA	87		
295	Martin TOROITICH	UGA	83	1:02:19	
296	Scott BAUHS	USA	86	1:03:04	
297	Andrew CARLSON	USA	82	1:02:21	1:02:21
298	James CARNEY	USA	78	1:02:21	
299	Brett GOTCHER	USA	84	1:02:09	1:02:09
300	Dathan RITZENHEIN	USA	82	1:01:35	1:01:35
301	Daglas MASHILI	ZAM	76	1:04:35	

WORLD TOP ALL-TIME

RESULT	NAME	NAT	DATE
58:33	Samuel Kamau WANJIRU	KEN	17 Mar 07
58:52	Patrick Makau MUSYOKI	KEN	20 Feb 09
58:55	Haile GEBRSELESSIE	ETH	15 Jan 06
58:58	Sammy Kirop KITWARA	KEN	13 Sep 09
58:59	Zersenay TADESE	ERI	14 Oct 07
58:59	Wilson Kipsang KIPROTICH	KEN	20 Feb 09
59:05	Evans Kiprop CHERUIYOT	KEN	14 Oct 07
59:07	Paul Malakwen KOSGEI	KEN	2 Apr 06
59:08	Jonathan MAIYO	KEN	13 Sep 09
59:09	James Kipsang KWAMBAI	KEN	13 Sep 09

WORLD TOP 2009

RESULT	NAME	NAT	DATE
58:52	Patrick Makau MUSYOKI	KEN	20 Feb
58:58	Sammy Kirop KITWARA	KEN	13 Sep
58:59	Wilson Kipsang KIPROTICH	KEN	20 Feb
59:08	Jonathan MAIYO	KEN	13 Sep
59:09	James Kipsang KWAMBAI	KEN	13 Sep
59:10	Benard Kiprop KIPYEGO	KEN	13 Sep
59:15	Wilson Kwambai CHEBET	KEN	13 Sep
59:18	Deriba MERGA	ETH	20 Feb
59:23	John KIPROTICH	KEN	13 Sep
59:32	Robert Kipkorir KIPCHUMBA	KEN	13 Sep