



# 400 Metres

## 1st Round

# WOMEN

## START LIST

	RESULT	NAME	NAT	AGE	DATE	VENUE
WR	47.60	Marita KOCH	GDR	28	6 Oct 1985	Canberra
CR	47.99	Jarmila KRATOCHVÍLOVÁ	TCH	32	10 Aug 1983	Helsinki
WL	49.23	Sanya RICHARDS	USA	24	3 Jul 2009	Oslo (Bislett)

First 3 of each heat (Q) plus 6 fastest times (q) qualified

### Heat 1

6

15 August 2009 13:05

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	262	Indira TERRERO	CUB	85	<b>50.98</b>	51.56
3	659	Phyo Thet KHIN	MYA	89		
4	809	Lyudmila LITVINOVA	RUS	85	<b>50.27</b>	50.27
5	506	Libania GRENOT	ITA	83	<b>50.30</b>	50.30
6	580	Marina MASLENKO	KAZ	82	<b>51.41</b>	52.68
7	846	Tiandra PONTEEN	SKN	84	<b>50.83</b>	52.52
8	523	Christine DAY	JAM	86	<b>51.54</b>	51.54

### Heat 2

6

15 August 2009 13:12

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	603	Joy Nakhumicha SAKARI	KEN	86	<b>51.56</b>	51.56
3	658	Khoury KEITA	MTN	85		
4	534	Novlene WILLIAMS-MILLS	JAM	82	<b>49.63</b>	50.05
5	1051	Kineke ALEXANDER	VIN	86	<b>51.35</b>	52.77
6	426	Sorina NWACHUKWU	GER	87	<b>51.53</b>	51.53
7	969	Jessica BEARD	USA	89	<b>50.56</b>	50.56
8	615	Kia DAVIS	LBR	76	<b>51.55</b>	52.52

### Heat 3

6

15 August 2009 13:19

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	1052	Racheal NACHULA	ZAM	90	<b>51.39</b>	52.92
3	535	Shericka WILLIAMS	JAM	85	<b>49.69</b>	49.98
4	192	Evodie Lydie SARAMANDJI	CAF	83	<b>1:01.21</b>	
5	667	Folasade ABUGAN	NGR	90	<b>50.89</b>	51.44
6	351	Solen DÉSSERT-MARILLER	FRA	82	<b>51.42</b>	52.24
7	871	Nawal EL JACK	SUD	88	<b>51.19</b>	51.60
8	159	Amantle MONTSHO	BOT	83	<b>49.83</b>	50.61

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# 400 Metres Women - 1st Round START LIST



## Heat 4

6 15 August 2009 13:26

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	700	Rozina SHAFQAT	PAK	82	<b>55.86</b>	
3	678	Amaka OGOGBUNAM	NGR	90	<b>52.16</b>	52.16
4	866	Chandrika RASNAYAKE	SRI	87	<b>52.36</b>	53.41
5	985	Debbie DUNN	USA	78	<b>50.66</b>	50.66
6	799	Anastasiya KAPACHINSKAYA	RUS	79	<b>49.97</b>	49.97
7	124	Christine AMERTIL	BAH	79	<b>50.09</b>	51.43
8	841	Fatou Bintou FALL	SEN	81	<b>50.62</b>	51.65

## Heat 5

6 15 August 2009 13:33

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	474	Trish BARTHOLOMEW	GRN	86	<b>51.29</b>	52.01
3	241	Norma GONZÁLEZ	COL	82	<b>51.90</b>	51.90
4	393	Christine OHURUOGU	GBR	84	<b>49.61</b>	51.14
5	144	Claudine YEMALIN	BEN	86	<b>55.79</b>	55.79
6	479	Aliann POMPEY	GUY	78	<b>50.90</b>	50.90
7	1022	Sanya RICHARDS	USA	85	<b>48.70</b>	49.23
8	338	Makelesi BATIMALA	FIJ	77	<b>51.89</b>	

## Heat 6

6 15 August 2009 13:40

LANE	BIB	NAME	NAT	YEAR	PERSONAL BEST	2009 BEST
2	562	Asami TANNO	JPN	85	<b>51.75</b>	52.10
3	390	Nicola SANDERS	GBR	82	<b>49.65</b>	51.21
4	806	Antonina KRIVOSHAPKA	RUS	87	<b>49.29</b>	49.29
5	194	Esther AKINSULIE	CAN	84	<b>51.70</b>	51.70
6	842	Amy Mbacke THIAM	SEN	76	<b>49.86</b>	50.71
7	251	Sharolyn SCOTT	CRC	83	<b>55.76</b>	55.76
8	548	Rania ALQEBALI	JOR	91	<b>59.00</b>	

### WORLD TOP ALL-TIME

RESULT	NAME	NAT	DATE
47.60	Marita KOCH	GDR	6 Oct 85
47.99	Jarmila KRATOCHVÍLOVÁ	TCH	10 Aug 83
48.25	Marie-José PÉREC	FRA	29 Jul 96
48.27	Olga VLADYKINA-BRYZGINA	URS	6 Oct 85
48.59	Tatána KOCEMBOVÁ	TCH	10 Aug 83
48.63	Cathy FREEMAN	AUS	29 Jul 96
48.70	Sanya RICHARDS	USA	16 Sep 06
48.83	Valerie BRISCO-HOOKS	USA	6 Aug 84
48.89	Ana GUEVARA	MEX	27 Aug 03
49.05	Chandra CHEESEBOROUGH	USA	6 Aug 84

### WORLD TOP 2009

RESULT	NAME	NAT	DATE
49.23	Sanya RICHARDS	USA	3 Jul
49.29	Antonina KRIVOSHAPKA	RUS	23 Jul
49.97	Anastasiya KAPACHINSKAYA	RUS	24 Jul
49.98	Shericka WILLIAMS	JAM	3 Jul
50.05	Novlene WILLIAMS-MILLS	JAM	13 Jul
50.27	Lyudmila LITVINOVA	RUS	24 Jul
50.30	Libania GRENOT	ITA	2 Jul
50.33	Tatyana VESHKUROVA	RUS	23 Jul
50.39	Joanna ATKINS	USA	13 Jun
50.39	Monica HARGROVE	USA	13 Jul

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