

Freihofer's Run for Women 5-K (35th)
 (USATF Adirondack's 5k Open Women's Road Race Championship)
 Albany, NY, USA; Saturday, June 1
 Distance: 5 km, certified out-and-back course (NY09032JG)
 Finishers: 4245 (up from 3892 last year)
 Course Record: 15:11.1, Emily Chebet (KEN), 2010
 Prize Money: See primary details below; masters permitted to win prize money from all applicable categories
 Weather: Temperatures in the mid-80 degree Fahrenheit range (approaching 30 degrees Celsius)
 NOTE: Emily Chebet won here for the second time, overcoming hot and humid conditions --Ed.

WOMEN (gun times) -

1. Emily Chebet, 27, KEN	15:26	\$10,000
2. Esther Chemtai, 24, KEN	15:32	5,000
3. Isabella Ochichi, 33, KEN	15:35	3,000
4. Amy Van Alstine, 25, USA	16:01	PB 2,000
5. Merima Mohammed, 21, ETH	16:02	1,000
6. Amane Gobena, 31, ETH	16:06	750
7. Karolina Jarzynska, 31, POL	16:08	500
8. ZemZem Ahmed, 28, ETH	16:20	300
9. Alice Kimutai, 21, KEN	16:30	250
10. Megan Hogan, 25, Saratoga Springs, NY	16:30	200
11. Michelle Frey, 31, USA	16:31	
12. Millicent Kuria, 27, KEN	16:33	
13. Tera Moody, 32, USA	16:35	
14. Sarah Crouch, 23, USA	16:56	
15. McKenzie Melander, 23, USA	16:58	
16. Diane Nukuri-Johnson, 28, BDI	16:58	
17. Dorota Gruca, 42, POL	17:00	750m
18. Erica Jesseman, 24, Scarborough, ME	17:02	
19. Sheri Piers, 42, USA	17:25	500m
20. Jodie Robertson, 28, Melville, NY	17:36	